

Hand and Wrist Trauma Course

Course objective

- 1.To cover a broad spectrum of surgical procedures in arthroscopic surgery.
- 2.To provide indications for surgical treatment and discuss operative complications.
- 3.To highlight technicalities of surgical interventions through videos
4. To allow discussion between the experts and the surgeon trainees
5. To provide hands-on sessions to improve skills in arthroscopic and trauma surgery through practice on Cadaveric tissue under experts' tutorials.
- 6.To describe postoperative clinical results and practical applications of evidence-based clinical medicine.

What is unique about this course

- Lectures by expert faculty
- Hands-on human cadavers, giving a more realistic operating room experience
- Ample time to practice & acquire skills

✓ Course Accreditation & endorsement

American College of Surgeons UAE Chapter

✓ Continuing Medical Education (CME) Credits

TBA - CME Credits from Sharjah Health Authority (SHA)

Date

08- 09 JAN 2026

Course Fees

AED 4500+ 5% VAT

Target audience

Orthopedic Surgeons



Faculty

Dr. Mostafa Azab

Ass. Professor Orthopedic Surgery Consultant Shoulder & Upper Limb Reconstruction and Arthroscopy

Dr. Sherief El-Sayed

Consultant of Orthopedic surgery (Egypt) Senior Specialist of Orthopedic Surgery (KSA) Specialist Orthopedic surgeon (DOH)

Program Overview

✓ Day 1	08:00 am- 17:20 pm
Time	Topic
8:20-8:25	Welcome Note
8:25-8:30	Course Objectives
8:30-8:50	Fracture of the Distal Radius
8:50 -9:10	Complications of Distal Radius Fracture and associated injuries
9:10-9:30	DRUJ Injuries
9:30-9:50	Principles of Wrist Arthroscopy
9:50-10:10	Scaphoid Fractures – acute injuries
10:10-10:30	CMC Arthritis and thumb base fractures
10:30-11:00	Scaphoid Nonunion
11:00-11:30	Coffee Break
11:30-11:40	Transfer to Wet Lab
11:40-12:20	Dorsal approach to forearm and wrist
12:20-1:00	Palmar approach to forearm and wrist
1:00-1:40	Palmar approach to scaphoid
1:40-2:30	Lunch Break
2:30-3:20	Dorsal approach to scaphoid
3:20-4:00	Approaches to CMC Joint
4:00-5:00	Demo wrist scope
5:00-5:20	Summary of Day 1

✓ Day 2	08:00 am- 17:20 pm
Time	Topic
8:25-8:30	Metacarpal fractures
8:30-8:50	Phalangeal fractures
8:50-9:10	Dislocations around the hand
9:10-9:30	Flexor tendon injuries
9:30-9:50	Extensor tendon injuries
9:50-10:10	Fingertip injuries
10:10-10:30	Stenosing tenosynovitis around the hand and wrist
10:30-11:00	Compression Neuropathy wrist
11:00-11:30	Coffee Break
11:30-11:40	Transfer to Wet Lab
11:40-12:20	Dorsal approach to metacarpal and phalanges
12:20-1:00	Palmar approach to flexor tendons
1:00-1:40	Palmar shotgun approach
1:40-2:30	Approach to nail bed
2:30-3:20	Lunch Break
3:20-4:00	Carpal tunnel and Guyon canal compression
4:00-5:00	Finger Flaps
5:00-5:20	Closing and Summary

Book Now



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