

A Practical Guide to Implementing the
New NICE Guidance & Quality Standard on

Diabetic Foot Problems

Prevention and Management

10% card payments discount*
15% group booking discount**

Friday 1 July 2016

Hallam Conference Centre, London



Chair and Speakers Include:

Prof Jonathan Valabhji
*National Clinical Director
for Obesity and Diabetes
NHS England*

Dr Gerry Rayman
*Member, Guideline Development Group
Diabetic Foot Problems NICE & Head of
Diabetes Service Ipswich Hospitals NHS Trust*

Supporting Organisation



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"More than 135 people with diabetes have a leg, foot or toe amputated each week. This is shocking, especially as four out of five of these amputations are preventable." Diabetes UK

"100 diabetes related amputations take place in the UK each week. 80% of these could be prevented if people were more aware of the risk and knew how to minimise it." NHS England 2015

"There are over 7,000 diabetes related amputations annually in England. This is over 135 amputations a week amongst people with diabetes..up to 80% people die within 5 years of having an amputation – mortality rate of 39% - 80%. Some studies suggest only 50% survive two years..Diabetic foot ulcers precede more than 80% of amputations...Amputations and foot ulcers have a huge impact on quality of life in terms of pain, mobility, depression, relationships and ability to work... There is evidence that providing an integrated foot care pathway, with trained staff in foot protection services in the community and speedy access to multidisciplinary specialist teams, considerably lowers risk of amputation .."Amputations are costly to the NHS, for example in England in 2012 it was estimated that between £639 - £662 million is spent each year on foot ulcers and amputations. This is approximately £1 in every £150 the NHS spends... Despite the potential of developing such a devastating complication, more than half of people with diabetes surveyed in 2007 said that they did not realise that having the condition puts them at more risk of having an amputation. However, amputations and ulcers are preventable through access to good quality structured care and improved awareness amongst people with diabetes about their risk status and what action to take. NICE Guidance sets out best practice recommendations for prevention and management of foot problems for people with diabetes. This includes providing an annual foot check to everyone with diabetes and assessing their risk status; having foot protection services for all those at increased risk of diabetic foot disease; and ensuring rapid access to a multidisciplinary foot care team /service (MDT) for people who are having a "foot attack" – an acute foot problem in someone with diabetes requiring urgent attention. There should be national and local diabetes action plans and targets for improvement" Diabetes UK

Chaired by **Dr Gerry Rayman** Consultant Physician & Head of Service, The Diabetes & Endocrine Centre and Diabetes Foot Clinic & Research Unit, Ipswich Hospitals NHS Trust & Member, Guideline Development Group, Diabetic foot problems at NICE, and with a keynote opening address from **Professor Jonathan Calabhji, National Clinical Director for Obesity and Diabetes at NHS England**, this conference focuses on improving practice in the prevention and management of diabetic foot problems including implementing the 2015 updated NICE guideline and Quality Standard. Through national updates, extended focus sessions and practical case studies the conference will update delegates on best practice in improving the care of patients with and at risk of diabetic foot problems.

Follow the conference updates on twitter #DiabeticFoot

10.00 Chair's welcome and Introduction

Dr Gerry Rayman *Consultant Physician & Head of Service, The Diabetes & Endocrine Centre and Diabetes Foot Clinic & Research Unit, Ipswich Hospitals NHS Trust & Member, Guideline Development Group, Diabetic foot problems, NICE*

10.00 Welcome and Opening Address

Professor Jonathan Valabhji
*National Clinical Director for Obesity and Diabetes
NHS England*

- NHS England Update

10.20 Implementing the updated NICE guidance on the Diabetic Foot

Dr Gerry Rayman
*Consultant Physician & Head of Service,
The Diabetes & Endocrine Centre and Diabetes Foot Clinic &
Research Unit, Ipswich Hospitals NHS Trust
& Member, Guideline Development Group, Diabetic foot
problems, NICE*

- practicalities and challenges for implementation
- the new guidance and quality standard: what has changed?
- how can we ensure care within 24 hours of a person with diabetic foot problems being admitted to hospital, or the detection of diabetic foot problems
- implementation in practice: our experience in Ipswich
- is it possible to eliminate avoidable amputations? Should we be looking at the zero tolerance approach that has worked for infection and pressure ulcers?

10.45 Putting Feet First: communicating the importance of diabetic foot care

Catherine Gooday
*Implementation Group Member, Putting Feet First
Implementation Group, Diabetes UK Principal Podiatrist, Norfolk
& Norwich University Hospitals NHS Foundation Trust & Member,
Guideline Development Group, Diabetic foot problems, NICE*

- how do we educate people with diabetes know how to look after their feet and know what to expect from their health service
- ensuring local health services provide an integrated footcare pathway – the right treatment at the right time in the right place
- raising awareness in health professionals and in people with diabetes
- the Diabetes UK 'Putting Feet First Campaign'

11.15 Question and answers, followed by coffee

11.45 Learning from the National Diabetes Foot Care Audit (NDFA)

Professor William Jeffcoate
*Group Chair, National Diabetes Foot Care Audit (NDFA)
& Consultant Diabetologist, Nottingham City Hospital*

- learning from the national diabetes foot care audit (NDFA)
- does referral and treatment comply with national recommended guidance?
- are the outcomes of treatment as good as they can be?
- using the findings to improve care at a local level

12.15 EXTENDED SESSION Effective Risk Assessment and Identification of the at risk foot

Dr Matthew Young
*Consultant Diabetologist
Royal Infirmary of Edinburgh
and Editor Diabetic Foot Journal*

- developing effective screening for early identification of problems
- risk assessment, risk stratification and identification of the foot at risk
- moving from risk assessment to action: ensuring appropriate referral
- developing effective foot protection services

13.15 Question and answers, followed by lunch

14.00 EXTENDED SESSION Types and management of active foot disease

Professor Frances Game
*Consultant Diabetologist
Derby Teaching Hospitals NHS Foundation Trust*

- types and management of active foot disease
- advanced assessment
- diabetic foot infections
- Charcot Neuroarthropathy in the Diabetic Foot
- management of painful neuropathy

14.45 EXTENDED SESSION The principles of effective foot ulcer care

Tina Chambers
*Immediate past Chair of the Tissue Viability Society,
Tissue Viability Consultant, Educator and Advisor,
Tina Chambers Ltd*

- effective management of foot ulcers
- the role of the podiatry team
- what works? The evidence

15.30 Question and answers, followed by Tea

16.00 EXTENDED SESSION: Conducting and learning from Root Cause Analysis

Simon Robinson
*Barrister Accredited Mediator
Five Paper Chambers*

- developing your skills in effective root cause analysis and investigation
- conducting an effective root cause analysis for a foot amputation
- learning from RCA

17.00 Close

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Implementing the New NICE Guidance & Updated Quality Standard on Diabetic Foot Problems: Prevention and Management

Friday 1st July 2016 Hallam Conference Centre, London

Download

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Department

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Please also ensure you complete your full postal address details for our records.

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Conference Documentation

☐ I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email **jayne@hc-uk.org.uk**

Venue

Hallam Conference Centre, 44 Hallam Street London, W1W 6JJ.. A map of the venue will be sent with confirmation of your booking.

Date Friday 1st July 2016

Conference Fee

☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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