

Organised by

International Journal
of Palliative Nursing



St Catherine's Hospice Scarborough



BRITISH JOURNAL OF
**HOSPITAL
MEDICINE**

**DISCOUNTED RATE
AVAILABLE UNTIL
20TH JULY 2015**

A two-day conference organised by the British Journal of Hospital Medicine
and International Journal of Palliative Nursing
In association with Saint Catherine's Hospice

Maintaining Connections in a Fragmented Society

**Palliative Care: Working together,
connecting for excellence**

Thursday 8th & Friday 9th October 2015

Venue: The Spa Conference Centre, Scarborough



To book your place:



Call us on +44(0)20 7501 6762



www.mahealthcareevents.co.uk/maintainingconnections



This conference will be supported by the pharmaceutical industry, who will be present on the day with exhibition stands

Maintaining Connections Palliative Care: Working together

Thursday 8th October 2015

08.00 – 09.00 **Registration and refreshments**

09.00 – 09.10 **Welcome and introduction by Chair**

CHAIR: Mr Mike Wilkerson Chief Executive, St Catherine's Hospice, Scarborough

CONNECTING & WORKING TOGETHER: INTEGRATED PALLIATIVE CARE FOR SERIOUS NON-MALIGNANT CONDITIONS

09.10 – 10.00 **KEYNOTE ADDRESS: End of life care has been the death of palliative care**

Professor Miriam Johnson Professor of Palliative Medicine, Hull-York Medical School & Honorary Consultant, St Catherine's Hospice, Scarborough

10.00 – 10.30 **Heart failure**

Dr Karen Hogg Consultant Cardiologist, Department of Cardiology, Glasgow Royal Infirmary

10.30 – 11.00 **Dementia**

Maureen Taggart National Dementia Nurse Consultant, Alzheimer Scotland

11.00 – 11.30 **Liver**

Dr Linsey Corless Hepatology Consultant, Hull Royal Infirmary

11.30 – 12.00 **Refreshments and exhibition viewing**

CONNECTING: CLINICAL ASPECTS – PROFESSIONAL PERSPECTIVES AND OVERLOOKED SYMPTOMS

12.00 – 12.30 **Sedation for terminal agitation: the experience of healthcare professionals and bereaved carers**

Professor Jane Seymour Sue Ryder Care Professor of Palliative and End of Life Studies, School of Health Sciences, The University of Nottingham

12.30 – 13.00 **Sleep disturbance, the forgotten symptom: what can we do to help?**

Dr Belinda Batten Associate Specialist in Palliative Care, St Catherine's Hospice, Scarborough

13.00 – 13.45 **Lunch and exhibition viewing**

WORKSHOPS

Choose 1 workshop from 1 to 5 to attend

13.45 – 15.00 **1. Maintaining professionalism for nurses: revalidation and burn out prevention**

Ms Adele Bird Membership Development Facilitator, RCN Yorkshire & Humber Region

2. Maintaining professionalism for doctors: revalidation and burn out prevention

Speaker to be confirmed

3. Prescribing in end stage heart failure: rationalising what to keep and what to stop

Professor Miriam Johnson Professor of Palliative Medicine, Hull-York Medical School & Honorary Consultant, St Catherine's Hospice, Scarborough

4. Mindfulness: practical in the everyday clinical practice

Dr Sara Booth Associate Lecturer, University of Cambridge

5. Prescribing in end stage liver disease: rationalising what to keep and what to stop

Dr Elaine Boland Consultant in Palliative Medicine, Hull Royal Infirmary

Dr Linsey Corless Hepatology Consultant, Hull Royal Infirmary

15.00 – 15.30 **Refreshments and exhibition viewing**

CONNECTING WITH THE MARGINALISED

CHAIR: To be confirmed

15.30 – 16.00 **What are the needs of transgender and gender variant people at end of life?**

Dr Louis Bailey Post Doctoral Research Associate, SEDA Research Group, HYMS, University of Hull

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- 16.00 – 16.30 **What are the needs of people with learning disabilities at the end of life?**
Dr Mike Hughes Palliative Care Consultant, Manorlands Sue Ryder Hospice, West Yorkshire
- 16.30 – 17.00 **What are the needs of people in who are homeless or in prison at the end of life?**
Lorraine McBride Macmillan Project Lead for Palliative and End of Life Care in Prisons, Compton Hospice, Wolverhampton
- 17.00 – 17.15 **Discussion**
- 17.15 – 18.30 **Networking reception and close of day one**

Friday 9th October 2015

08.15 – 08.45 **Registration & refreshments**

08.45 – 09.00 **Welcome back and introduction by Chair**

CONNECTING IN THE BIG SOCIETY

CHAIR: To be confirmed

09.00 – 09.30 **Caring for someone close to you at the end of life: a national picture**
Professor Miriam Johnson Professor of Palliative Medicine, Hull-York Medical School & Honorary Consultant, St Catherine's Hospice, Scarborough

09.30 – 10.00 **Carers: contribution, benefits, burdens and support**
Professor Gunn Grande Professor in Palliative Care, University of Manchester

10.00 – 10.30 **Volunteers: contribution, benefits, burdens and support**
Moira Welham Head of Community Partnership, St Nicholas Hospice Care, Bury St Edmonds
Dr Sarah Mollart Consultant in Palliative Medicine, St Nicholas Hospice Care, Bury St Edmonds

10.30 – 11.00 **Refreshments and exhibition viewing**

11.00 – 12.30 **DEBATE: This house believes that 'survivorship' should form a core component of specialist palliative care services**
CHAIR: Dr Julian Fester GP, Whitby
Proposer: Dr Wendy Makin Macmillan Consultant in Palliative Care and Oncology, The Christie NHS Foundation Trust, Manchester
Seconder: Mrs Kath Sartain End of Life Care Lead, York NHS Trust
Opposer: Dr Jason Ward Palliative Care Consultant, St Gemma's Hospice, Leeds
Seconder: Dr Claire Rayment Consultant in Palliative Medicine, Marie Curie Hospice, Bradford

12.30 – 13.15 **Lunch and exhibition viewing**

WORKSHOPS

Choose 1 workshop from 1 to 5 to attend

- 13.15 – 14.30 **1. Mindfulness: practical in everyday clinical practice**
Dr Sara Booth Associate Lecturer, University of Cambridge
- 2. Rehabilitation: who, what, and how?**
Dr Matthew Maddocks Lecturer and Specialist Physiotherapist, Cicely Saunders Institute, King's College London
- 3. Neuro spasticity: practical tips for everyday practice**
Mrs Debi Adams Neurology CNS, St Catherine's Hospice, Scarborough
Richard Baetke Senior Physiotherapist, York Teaching Hospital NHS Foundation Trust
Louise Lockley Clinical Specialist Physiotherapist, York Teaching Hospital NHS Foundation Trust
- 4. Intimacy and sex: how to talk about it and how can we help?**
Ms Emma Matthews Multiple Sclerosis CNS Neurology, Northampton Hospital
- 5. Common palliative care drugs: benefit or burden, what's the evidence?**
Professor Miriam Johnson Professor of Palliative Medicine, Hull-York Medical School & Honorary Consultant, St Catherine's Hospice, Scarborough

CHAIR: Louise Barnes Lecturer & Practitioner, St Catherine's Hospice, Scarborough

14.45 – 15.30 **Connecting with the media: getting the message across**
Dr Helen Jamison Head of Media Relations, Wellcome Trust, London

15.30 **Closing comments, evaluation and close of conference**

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8th & 9th October 2015 |

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I understand that this registration booking is subject to the booking conditions.

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Workshops *All delegates must choose a workshop for each day*

Day 1 Workshops: 1 2 3 4 5

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Conference fee includes

Entrance to the conference, lunch & refreshments on both days, networking reception, full conference documentation and certificate of accreditation.

Confirmation of booking

All bookings will be confirmed by email, unless otherwise stated. Please contact us if you have not received your confirmation 5-7 days after submitting your booking.

Exhibition & Sponsorship

If you are interested in exhibiting or sponsoring this event contact: Thomas on +44 (0)207 501 6746 thomas.jeanes@markallengroup.com

The Venue

The Spa Conference Centre, South Bay, Scarborough, YO11 2HD

A map of the venue will be sent with your booking.

Accommodation

Once your booking is confirmed we will send you a list of recommended hotels.

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