

Presented by the Osher Center for Integrative Medicine  
University of California San Francisco, School of Medicine

UCSF

# Applying Integrative Medicine in Everyday Practice: An Overview and Immersion

1440 Multiversity • Scotts Valley, CA



## COURSE DIRECTOR

**Anand Dhruva, MD**

Associate Director of Education,  
Director of the Clinical Fellowship in Integrative Medicine,  
and Integrative Oncologist  
Osher Center for Integrative Medicine  
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## FACULTY

**Brad Jacobs, MD**

CEO & Executive Medical Director, BlueWave Medicine  
Chairman of the Board, Academy of Integrative  
Health and Medicine

Friday – Sunday

**February 22-24, 2019**

REGISTER NOW!

**2019**

[cme.ucsf.edu](http://cme.ucsf.edu)

# Applying Integrative Medicine in Everyday Practice: An Overview and Immersion

**February 22-24, 2019**

1440 Multiversity • Scotts Valley, CA

This immersive, three-day course focuses on clinical “how-to” aspects of integrative medicine. We provide an experiential introduction to the practice of integrative medicine by focusing on pragmatic, effective, evidence-based modalities and how they can be applied to address specific clinical conditions. Educational sessions are enhanced by hands-on learning opportunities, including nutrition-based cooking and herb preparation in a state-of-the art teaching kitchen, and meditation and mindful movement among the redwoods. This course, offered by the UCSF Osher Center for Integrative Medicine, is designed for physicians of all medical specialties who are interested in gaining a foundational understanding of the practice of integrative medicine.

## REGISTRATION FEES

**\$1500** Standard • **\$1625** Balcony

Registration Fee Includes:

- Course registration and electronic syllabus
- Overnight accommodations (single occupancy)
- Three daily gourmet meals served in Kitchen Table - dinner Friday 2/22/19; breakfast, lunch, and dinner on Saturday 2/23/19; and breakfast and lunch on Sunday 2/24/19
- Access to campus amenities including the Healing Arts Center steam room, fitness center, trails, and adjunct wellness classes offered in the morning and afternoon
- Botanical herb preparation and nutritional cooking workshops in a beautiful, state-of-the-art teaching kitchen
- Daily Parking

Balcony registration fee includes all of the above plus a room with a balcony

Additional guest fees are \$625 for two nights. Guests are not intended to participate in the educational sessions.



## REGISTER TODAY!

For full agenda and to register, please visit our website at [cme.ucsf.edu](http://cme.ucsf.edu)

You may also reach us by calling the Office of Continuing Medical Education at (415) 476-4251 or email [info@ocme.ucsf.edu](mailto:info@ocme.ucsf.edu).

0569 • **Office of Continuing Medical Education**  
3333 California Street, Suite 450 • San Francisco, CA 94118

## ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. UCSF designates this live activity for a maximum of **15.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurses:** For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credit™* issued by organizations accredited by the ACCME.

**Physician Assistants:** AAPA accepts category 1 credit from AOACCME, Prescribed Credit from AAFP, and *AMA Category 1 Credit™* for the PRA for organizations accredited by the ACCME.

**Pharmacy:** The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.



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