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MEDS

Metabolic & Endocrine Disease Summit

REGISTER BY
JUNE 28
SAVE \$100!

27.5 CE/CME
CREDITS
AVAILABLE

Submitted for 8
Pharmacotherapy
contact hours

Advanced Education Presented by and for NPs and PAs

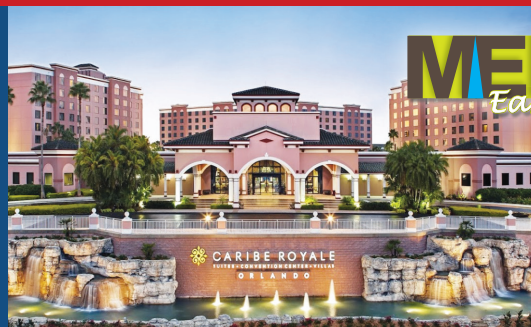
MEDS
West



JULY 31-AUGUST 3, 2019

WYNDHAM SAN DIEGO BAYSIDE, CALIFORNIA

MEDS
East



OCTOBER 2-5, 2019

CARIBE ROYALE, ORLANDO, FLORIDA

PRESENTING THE LATEST UPDATES AND GUIDELINES ON...

- Diabetes
- Thyroid Dysfunction
- Obesity
- Parathyroid and Hypercalcemia
- Osteoporosis
- Pituitary Disease
- Adrenal Disease
- Diabetic Neuropathy
- Metabolic Syndrome
- Non-alcoholic Fatty Liver Disease (NAFLD) *and much more!*

PLUS, OPTIONAL POST-CONFERENCE INSULIN WORKSHOP
WORKSHOP HAS LIMITED SPACE AVAILABLE. FIRST COME. FIRST SERVED!

For complete information and to register go to
MEDSummit-cecme.org

ACCREDITATION INFORMATION

Joint Accreditation Statement



In support of improving patient care, this activity has been planned and implemented by the Postgraduate Institute for Medicine and Global Academy for Medical Education. Postgraduate Institute for Medicine is jointly accredited by the American Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Nursing Education

The maximum number of hours awarded for this Continuing Nursing Education activity is 27.5 contact hours (a maximum of 24 contact hours for the general sessions and a maximum of 3.5 contact hours for the workshop). Pharmacotherapy contact hours for Advanced Practice Registered Nurses will be designated on your certificate.

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of Cincinnati and Global Academy for Medical Education, Inc. The University of Cincinnati is accredited by the ACCME to provide continuing medical education for physicians.

Physician Credit Designation

The University of Cincinnati designates this Live Activity for a maximum of 27.5 *AMA PRA Category 1 Credits™* (A maximum of 24 credits for the general sessions and a maximum of 3.5 credits for the workshop). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants Credit Designation

The American Academy of Physician's Assistants (AAPA) accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credits™* from organizations accredited by ACCME.

OPTIONAL INTERACTIVE INSULIN WORKSHOP

ESSENTIAL NUTS AND BOLTS OF INSULIN MANAGEMENT

(3.5 CE/CME Credits Available)

1:30-5:30 PM

Saturday, August 3 (San Diego) and Saturday, October 5 (Orlando)

Led by: Scott Urquhart, PA-C, DFAAPA

This interactive workshop will include a case-based presentation, small groups, and a classroom-style format where you will learn a pragmatic approach to insulin management.

Limited space available. First come. First served!

Group rates available for 2 or more. See our website.

HOW TO REGISTER

- Register online at: www.MEDSummit-CECME.org
- Email: MEDS@globalacademycme.com

MEDS WEST RATE SCHEDULE

	Until June 28	After June 28	Onsite
NPs, PAs, and Other Clinicians	\$395	\$495	\$545
PCMG/ASEPA Members	\$345	\$395	\$545
Optional Pre-Conference Insulin Workshop	\$95	\$125	\$150

MEDS EAST RATE SCHEDULE

	Until Aug 30	After Aug 30	Onsite
NPs, PAs, and Other Clinicians	\$395	\$495	\$545
PCMG/ASEPA Members	\$345	\$395	\$545
Optional Pre-Conference Insulin Workshop	\$95	\$125	\$150

A refund less a \$50 administrative fee as follows: You may cancel your registration using our online registration system prior to July 1, 2019 (MEDS West) or September 3, 2019 (MEDS East). After July 1, 2019 (MEDS West) or September 3, 2019 (MEDS East) no refunds will be granted. After the refund date, you have two options: you can transfer your registration to another party using our online registration system, or receive a credit in the amount you paid less a \$50 administrative fee to be applied to your registration for next year's conference. Refunds will not be issued to no-shows.

CONFERENCE CHAIR



SCOTT URQUHART, PA-C, DFAAPA

2018 America's Top PA Award Winner, Point of Care Network Past President, American Society of Endocrine PAs (ASEPA) Adjunct Clinical Professor, PA Program James Madison University Harrisonburg, Virginia Clinical Instructor, PA Program George Washington University Washington, D.C. Diabetes and Thyroid Associates Fredericksburg, VA

CO-CHAIR



CHRISTINE KESSLER, MN, ANP-BC, CNS, BC-ADM, FAANP

Nurse Practitioner Founder Metabolic Medicine Associates King George, VA

FACULTY



JI HYUN (CJ) CHUN, PA-C, MPAS, BC-ADM

President, ASEPA Physician Assistant OptumCare Medical Group Laguna Niguel, CA



DONNA L. JORN SAY, MS, BSN, CPNP, BC-ADM, CDE, CDT

Diabetes Program Manager/Clinical Specialist Mills-Peninsula Medical Center, Sutter Health Burlingame, CA



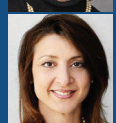
DAVIDA KRUGER, MSN, APRN-BC, BC-ADM

Certified Nurse Practitioner Henry Ford Health System Division of Endocrinology, Diabetes, Bone Disease Detroit, MI



ELLEN D. MANDEL, DMH, MPA, MS, PA-C, RDN, CDE

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RICHARD POPE, MPAS, PA-C, DFAAPA, CPAAPA

Founder and Past President Society of PAs in Rheumatology Physician Assistant, Dept. of Rheumatology Western Connecticut Medical Group Danbury Hospital Adjunct Clinical Professor, Dept. of PA Studies Quinnipiac University Danbury, CT



JOYCE ROSS, MSN, CRNP

Certified Clinical Lipid Specialist Consultant/ Speaker Past-President Preventive Cardiovascular Nurses Association Past-President National Lipid Association Clinical Affiliate: University of Pennsylvania West Chester, PA



CHRISTOPHER E. SADLER, MA, PA-C, CDE, DFAAPA

Senior Medical Science Liaison Janssen Pharmaceutical Inc. Past President, ASEPA Physician Assistant Diabetes and Endocrine Associates La Jolla, CA



R. MIMI SECOR, DNP, FNP-BC, FAANP, FAAN

2018 America's Top NP Award Winner, Point of Care Network Nurse Practitioner Senior Lecturer Advanced Practice Education Associates Onset, MA



KIM ZUBER, PA-C, MS

Executive Director American Academy of Nephrology PAs Outreach Chair National Kidney Foundation St. Petersburg, FL

WEDNESDAY SAN DIEGO/ORLANDO

6:45 AM	Breakfast/Exhibits
7:10 AM	Breakfast Symposium
8:15 AM	Welcome
8:30 AM	Right Between the Eyes: Suspecting Pituitary Disorders Ji Hyun (CJ) Chun, PA-C, MPAS, BC-ADM
9:25 AM	Considering Cushing's Disease: Yours to Keep or Refer? Scott Urquhart, PA-C, DFAAPA
9:45 AM	Adrenal Insufficiency/Adrenal Fatigue: Fact vs. Fiction Scott Urquhart, PA-C, DFAAPA
10:15 AM	Break/Exhibits
11:00 AM	Morning Symposium
12:15 PM	Pheochromocytoma / Adrenal Incidentaloma: Yours to Keep or Refer? Scott Urquhart, PA-C, DFAAPA
1:00 PM	Q&A Panel
1:15 PM	Lunch
1:30 PM	Luncheon Symposium
2:30 PM	Dessert Break/Exhibits
3:00 PM	PCOS Update 2019 R. Mimi Secor, DNP, FNP-BC, FAANP, FAAN
3:50 PM	Metabolic Syndrome 2019: The New Focus on Metabolic Mayhem Christine Kessler MN, ANP-BC, CNS, BC-ADM, FAANP
4:20 PM	Non-alcoholic Fatty Liver Disease (NAFLD): A Harbinger of Deadly Dysmetabolism Christine Kessler, MN, ANP-BC, CNS, BC-ADM, FAANP
4:35 PM	Types of Hypertriglyceridemia: What Do You Do With It? Joyce L. Ross, MSN, CRNP
5:20 PM	Healthy Clinician-Happy Patient: Patient Engagement, Empowerment and Self Care R. Mimi Secor, DNP, FNP-BC, FAANP, FAAN
6:05 PM	Q & A Panel
6:30 PM	Adjourn for Evening

THURSDAY SAN DIEGO/ORLANDO

6:45 AM	Breakfast/Exhibits
7:10 AM	Breakfast Symposium
8:15 AM	Case Studies in Type 2 Diabetes: Applying Current Guidelines Scott Urquhart, PA-C, DFAAPA; Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTc
9:15 AM	Diabetes Medications: Making CO\$TLY Decisions Scott Urquhart, PA-C, DFAAPA; Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTc
9:35 AM	Break/Exhibits
10:20 AM	Morning Symposium

11:35 AM	Case Studies continued: Moving Beyond Your Comfort Zone Donna Jornsay, MS, BSN, CPNP, BC-ADM, CDE, CDTc; Davida F. Kruger, MSN, APRN-BC, BC-ADM
12:45 PM	Q&A Panel
12:55 PM	Lunch
1:10 PM	Luncheon Symposium
2:10 PM	Dessert Break/Exhibits
2:35 PM	Tips for Effective Communication in Diabetes Management Moderator: Ellen D. Mandel, DMH, MPA, MS, PA-C, RD, CDE Presenter: Donna Jornsay, MS, BSN, CPNP, CDE, BC-ADM, CDTc
2:50 PM	Mind and Body: The Vicious Cycle of Depression in Diabetes and Chronic Illness Ellen D. Mandel, DMH, MPA, MS, PA-C, RD, CDE
3:35 PM	Numb Toes and Other Woes: Diabetic Peripheral and Autonomic Neuropathies (Assessment and Treatment) Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTc
4:10 PM	Nephrology Secrets: Clearing the Confusion Kim Zuber, PA-C, MS
4:55 PM	Adult Onset Diabetes: Which Type is it? Ji Hyun (CJ) Chun, PA-C, MPAS, BC-ADM
5:25 PM	Up, Up, and Away! Grounding Glucocorticoid-Induced Hyperglycemia Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTc
5:50 PM	All Hooked Up! An Overview of Diabetes Technology for the PCP Lucia M. Novak, MSN, ANP-BC, BC-ADM, CDTc
6:05 PM	Q&A Panel
6:20 PM	Adjourn for Evening
6:20 PM	Poster Reception

FRIDAY SAN DIEGO/ORLANDO

6:45 AM	Breakfast/Posters
7:10 AM	Breakfast Symposium
8:15 AM	A Peek at the Gut, the Biome, and Autoimmunity Christine Kessler, MN, ANP-BC, CNS, BC-ADM, FAANP
8:30 AM	Thyroid Disease: Nailing the Diagnosis Moderator: Christine Kessler, MN, ANP-BC, CNS, BC-ADM, FAANP Presenter: Christopher E. Sadler, MA, PA-C, CDE, DFAAPA
8:50 AM	Hot Tips on Cold Case Studies: Treating Hypo and Hyperthyroidism Presenters: Christine Kessler, MN, ANP-BC, CNS, BC-ADM, FAANP; Christopher E. Sadler, MA, PA-C, CDE, DFAAPA
10:00 AM	Break/Posters
10:30 AM	Mid-Morning Symposium

11:30 AM	Managing the "Hot" Mess of Thyroiditis Moderator: Christine Kessler, CNS, ANP, BC-ADM, CDTc, FAANP Presenter: Christopher E. Sadler, MA, PA-C, CDE, DFAAPA
12:00 PM	Expert Tips on Evaluating Thyroid Nodules Christopher E. Sadler, MA, PA-C, CDE
12:45 PM	Thyroid Q&A Panel
1:00 PM	Lunch
1:15 PM	Luncheon Symposium
2:15 PM	Dessert Break/Posters
2:45 PM	New Therapies for the Treatment of Hypercholesterolemia: How to Use Them Joyce L. Ross, MSN, CRNP
3:45 PM	Obesity and Weight: Tackling the Biggest Metabolic Challenge of Our Age Christine Kessler MN, ANP-BC, CNS, BC-ADM, FAANP
4:45 PM	Empowering Eating Patterns: Keto, Fasting, Meal Replacers, and Holistic Approaches for Metabolic Health Ellen D. Mandel, DMH, MPA, MS, PA-C, RD, CDE
5:45 PM	Therapeutic Lifestyle & Metabolic Health Panel Panelists: Christine Kessler MN, ANP-BC, CNS, BC-ADM, FAANP; Ellen D. Mandel, DMH, MPA, MS, PA-C, RD, CDE; R. Mimi Secor, DNP, FNP-BC, FAANP, FAAN
6:05 PM	Adjourn for Evening

SATURDAY SAN DIEGO/ORLANDO

6:45 AM	Breakfast
7:10 AM	Breakfast Symposium
8:10 AM	NEW Case Studies in Renal Medication Dosing Kim Zuber, PA-C, MS
8:55 AM	Hypercalcemia/Parathyroid Disease: 3 Case Scenarios Ji Hyun (CJ) Chun, PA-C, MPAS, BC-ADM Scott Urquhart, PA-C, DFAAPA
9:40 AM	Gout: A Primer for Primary Care for this Painful Arthritis Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA
10:10 AM	Break
10:25 AM	Osteoporosis: Sticks and Stones Will Break my Bones or Maybe NOT! Richard S. Pope, MPAS, PA-C, DFAAPA, CPAAPA
11:40 AM	Men's and Women's Health Issues and Endocrine Disease Ji Hyun (CJ) Chun, PA-C, MPAS, BC-ADM R. Mimi Secor, DNP, FNP-BC, FAANP, FAAN
12:40 PM	MEDS Wrap Up Panel – Last Chance "Brain-Picking" Q&A
1:00 PM	Symposium Adjournment
1:30 PM	Optional Post-conference Insulin Workshop (Pre-registration required) Faculty: Scott Urquhart, PA-C, DFAAPA

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ADVANCED EDUCATION IN HIGH DEMAND AREAS
OF PRACTICE, PRESENTED BY AND FOR NPs AND PAs

TOPICS INCLUDE:

- Diabetes
- Thyroid Dysfunction
- Osteoporosis
- Adrenal Disease
- Metabolic Syndrome
- Obesity

OPTIONAL POST-CONFERENCE
INSULIN WORKSHOP

and much more!

REGISTER BY JUNE 28 TO SAVE \$100!

**Clinician
Reviews**

7 Century Drive, Suite 302
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PCMG
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PIM Postgraduate Institute
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Medical Education**

Go to MEDSummit-cecme.org for complete information and to register now at discount rates.

What Your NP and PA Colleagues Say About MEDS

"This summit was hands down THE BEST conference I have been to in my career. Every presenter was so passionate, dynamic and inspirational in their respective areas of expertise. GREAT JOB!"



"This was a fabulous conference. ALL the speakers were excellent and provided information in a manner that was engaging, well documented, and extremely useful. I particularly loved and appreciated the continual patient focus attitude and collegiality of the speakers. So proud of fellow NPs and PAs. Keep up your good work."



"I have worked in endocrinology for 15 years. This is the first PA/NP conference that I have ever attended that I did not feel was too basic."



"Don't think twice if you provide patient care—this is your must do conference!"

ABOUT OUR VENUES

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MEDS

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\$183 a night

For reservations:
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Discount Expiration Date:
July 1, 2019

MEDS

EAST



**CARIBE ROYALE
ORLANDO, FLORIDA**

All-suite property with free parking for MEDS attendees

Discount room block rate:
\$159 a night (2 bedroom villas with full kitchen available for \$259).

For reservations:
Call 888-258-7501

Discount Expiration Date:
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