

2025 Annual Psych Retreat

January 31 - February 1, 2025
Cary, NC

PRE-CONFERENCE SCHEDULE

FRIDAY | JANUARY 31, 2025

- 12:00PM.....**PRE-CONFERENCE REGISTRATION OPENS**
- 1:00.....**Managing Gradual Dose Reduction in Long Term Care Settings;** Benedetto Palombo, PMHNP-BC | 1.0 CH; 1.0 Pharmacotherapeutic CH
- 2:00.....**Health Disparities and Substance-Use Disorders: The Role of Primary Care and Integrative Services;** Jaclyn Bandell, DNP, FNP-C, CARN-AP & Carolyn Anderson, PMHNP-BC, CARN-AP | 2.0 CH; 1.5 Pharmacotherapeutic CH

RETREAT SCHEDULE

- 3:00.....**RETREAT REGISTRATION OPENS**
- 3:00.....**Networking and Exhibitor Showcase**
- 5:00.....**Welcome, Dinner and Product Theater Showcase**
- 6:00.....**Networking and Exhibitor Showcase**
- 6:30.....**OPENING KEYNOTE: Perspective Through A Rural Lens: Maintaining Health and Hope;** Dr. Anna S. Hamrick, DNP, FNP-C | 1.0 CH
- 7:30.....**The Duality of the 'Bottom Girl' in Human Trafficking: Navigating the Line Between Victim and Perpetrator;** Erin Stanley, DNP, RN, CCLS, CEN, SANE-A, SANE-P | 1.0 CH

SATURDAY | FEBRUARY 1, 2025

- 8:00AM.....**REGISTRATION OPENS**
- 8:30.....**Facilitating Empathy Through the Lens of Narrative Medicine;** Diane Caruso, DNP, FNP-BC, PMHNP-BC | 1.0 CH
- 9:30.....**More than Just Hand-Washing: Recognizing the Lesser-Known Symptom Presentations of Obsessive-Compulsive Disorder;** Erin Jones, LCMHC & Ben Eckstein, LCSW | 1.0 CH
- 10:30.....**The Psychological Impact of Chronic Pain: How Do We Improve Patient Outcomes?;** Dr. Ivy M. Bagley, DNP, MSN, APRN, FNP-C, IBCLC, CDP, NHDP-BC, PMH-BC | 1.0 CH
- 11:30.....**Networking and Exhibitor Showcase**
- 12:30PM.....**Lunch and Council Business Meeting | Pathways to Equity: Preparing Psych Mental Health Nurse Practitioners and Nurses for Rural and Underserved Settings;** Panelists Representing Psych Mental Health Nursing Programs in North Carolina | 0.75 CH
- 1:30.....**Networking and Exhibitor Showcase**
- 2:00.....**Silent Suffering: Addressing Suicide Risk Behaviors in Sexual Assault Survivors;** Erin Stanley, DNP, RN, CCLS, CEN, SANE-A, SANE-P | 1.0 CH
- 3:00.....**Perinatal Mental Health: A Public Health Crisis;** Christena Raines, MSN, RN, WHCNP, PMHNP-BC, PMH-C | 1.0 CH; 0.5 Pharmacotherapeutic CH
- 4:00.....**Nursing in Rural Healthcare: Embracing Change, Co-Designing the Future;** Trish Baise, DNP, RN, NEA-BC, FACHE | 1.0 CH
- 5:00.....**Break**
- 5:15.....**Enhancing Communication and Team Building through Implicit Bias Mitigation and Cultural Humility Development;** Lufei Young, PhD, PMHNP-BC, ACNP-BC & Teresa S. Cronell, EdD, MSN, RN, CCRN | 1.5 CH
- 6:15.....**Closing Remarks**

Registration form on reverse side (Schedule subject to change)

"Responding to the Needs of Rural Communities and Population Health"

PRESENTED BY

The North Carolina Nurses Association's Council of Psychiatric/Mental Health Nurses.

RETREAT GOAL

The purpose of the 2025 Psych Retreat is for nurses to gain knowledge of current and future trends in psychiatric and mental health nursing practice and policy.

WHO SHOULD ATTEND?

The retreat is open to all nurses interested in psychiatric-mental health service delivery; APRNs, point-of-care nurses and students.

HOTEL & VENUE

Embassy Suites by Hilton-Raleigh-Durham Research Triangle
201 Harrison Oaks Boulevard
Cary, NC 27513
• 919.677.1840
• <https://bit.ly/PsychHotel2025>
• Room Block Discount ends 12/31/24 or when block is full.

CONTACT HOURS

PRE-CONFERENCE

3.0 CH
2.50 Pharmacotherapeutic CH

RETREAT

10.25 CH
0.5 Pharmacotherapeutic CH

TOTAL CONTACT HOURS

13.25 CH
3.0 Pharmacotherapeutic CH

North Carolina Nurses Association is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

2025 Annual Psych Retreat

January 31 - February 1, 2025



REGISTER ONLINE

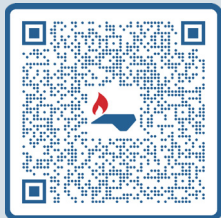
Scan the QR Code, or visit
<https://bit.ly/Psych2025>.

CONTACT HOURS

PRE-CONFERENCE | 3.0 CH
2.5 Pharmacotherapeutic CH

RETREAT | 10.25 CH
0.5 Pharmacotherapeutic CH

TOTAL CONTACT HOURS | 13.25 CH
3.0 Pharmacotherapeutic CH



HOTEL INFORMATION

Embassy Suites by Hilton - Raleigh-Durham Research Triangle
201 Harrison Oaks Boulevard | Cary, NC 27513

To book a reservation, call 919.677.1840 (Reference Code: NCNA Psych Nurses Retreat), or scan the QR code to book online.

Room Block Discount Ends December 31, 2025 at 11:59pm, or when room block is full.

Register for the Pre-Conference, the Retreat, or Both!

Early Bird Rate ends December 13, 2024! Pre-registration ends January 23, 2025.

To Mail Or Fax A Registration, Fill Out The Form Below

Early Bird ends 12/13/24

	Precon Only	Retreat Only	Both
--	----------------	-----------------	------

Regular Rate 12/14 - 1/23/25

	Precon Only	Retreat Only	Both
--	----------------	-----------------	------

☐ NCNA Member	☐ \$66	☐ \$246	☐ \$312	☐ \$85	☐ \$305	☐ \$390
☐ Guest	☐ \$99	☐ \$368	☐ \$467	☐ \$127	☐ \$458	☐ \$585

CANCELLATION / REFUND POLICY:

To request a refund, please submit the details in writing via email to RNs@ncnurses.org. Requests received by January 17, 2025 will be refunded at 80%. Refunds will be paid after March 1, 2025. Substitutions are accepted in lieu of a refund.

Name:

Preferred 1st Name for Nametag:

Email:

Phone Number (☐ C) (☐ H) (☐ W) :

Address:

City: ST: Zip:

What best describes your role
as it pertains to Psychiatric Nursing:

- ☐ I am a Psych Generalist RN
☐ I am a Psych APRN
☐ I am a Pre-Licensure Nursing Student
☐ I am a Licensed Psych RN/APRN Student

NCNA gives Psych Retreat attendees
and exhibitors names/contact
information of all attendees for
networking. **Place a check in this box
if you DO NOT want your contact info
added to this list for distribution.** ☐

PAYMENT: CHECK Please make checks payable to the:
North Carolina Nurses Association

Check is: ☐ Business ☐ Personal #

PAYMENT: CHARGE

☐ VISA ☐ MasterCard

CARD NUMBER:

EXP DATE:

BILLING ZIP CODE:

PRINT NAME AS IT APPEARS ON CARD:

CARDHOLDER'S SIGNATURE:

Email Scanned Form (credit card payment only): RNs@ncnurses.org

Fax Form (credit card payment only): ATTN PSYCH RETREAT to 919.829.5807

Mail Form: ATTN PSYCH RETREAT, 4350 Lassiter at North Hills Avenue, Suite 250, Raleigh, NC 27609

Please notify NCNA ASAP if you have any dietary restrictions. — Questions? 919.821.4250 | RNs@ncnurses.org