

30TH ANNUAL FALL CONFERENCE ON

HIGH RISK OBSTETRICS

*Including topics on: Cardiac Disease, Preeclampsia, Sepsis,
IUGR, Electronic Fetal Monitoring, and much more...*

**The Westin San Diego
Gaslamp Quarter**

SAN DIEGO, CALIFORNIA

SEPTEMBER 29 – OCTOBER 1, 2016

SPONSORED BY



*A Non-Profit Corporation for
Continuing Medical & Nursing Education*



*"As always, a great conference with top-notch speakers.
The locations are always incentives, but the content is
what makes these conferences stand apart."*

– Michele Benoit-Wilson, MD

*"I love Symposia Medicus conferences! Symposia Medicus is the best –
great clinical information in beautiful places, best bang for the buck!"*

– Deborah O'Connell, CNM

"Wonderful course in a wonderful location!"

– Larry Smithing, MD

Register On-Line...

**for this conference or view other educational conferences at
www.symposiamedicus.org**

CONFERENCE DESCRIPTION

Our **30th Annual Fall Conference on High Risk Obstetrics** is designed for physicians, certified nurse midwives, nurse practitioners, physician assistants, nurses, and other healthcare professionals who face challenges in the care of the high risk pregnant patient. The goal of this conference is to increase knowledge and enhance the competence of attendees. Emphasis will be placed on practical application of the evidence-based topics presented.

Topics for this year's conference have been selected based on the educational needs determined from the identified professional practice gaps. The gaps were derived from a variety of sources including evaluations and outcomes data from past participants; clinical expert input; Symposia Medicus' online survey; and other medical and nursing data.

Conference format will include didactic lectures, case studies, and question and answer sessions.

An outstanding faculty has been assembled for this conference. Each member was selected based on their individual area of expertise and ability to communicate current, evidence-based, and practical information to participants.

You are sure to enjoy our **30th Annual Fall Conference on High Risk Obstetrics** while sharing ideas and experiences with colleagues from across the country in the exciting setting of San Diego.

CONFERENCE OBJECTIVES

As a result of participating in this conference, you should have increased knowledge and enhanced competence to...

- Manage the pregnant patient with thyroid disease
- Identify the effects of Hepatitis C
- Recognize severe sepsis and septic shock
- Create a treatment plan for patients with cardiac disease
- Review the adverse consequences of drug use in pregnancy
- Identify management options in the second stage of labor for patients with regional anesthesia

ACCREDITATION

This educational activity was planned and produced in accordance with the **ACCME** and **ANCC** Essentials and Standards relating to continuing medical and nursing education.

Symposia Medicus is accredited by the **Accreditation Council for Continuing Medical Education (ACCME)** to provide continuing medical education for physicians.

Symposia Medicus is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

At the conclusion of participating in this conference, participants are entitled to a certificate of credit. Successful completion of this activity will be determined by the submission of an attendance verification form. Each participant should only claim credit commensurate with the extent of their participation in the activity.

CONTINUING EDUCATION CREDIT

Physicians

Symposia Medicus designates this live activity for a maximum of **19 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ACOG

The American College of Obstetricians and Gynecologists has assigned 19 cognate credits to this program.

Certified Nurse Midwives

The **American Midwifery Certification Board (AMCB)** accepts Category 1 CME approval from organizations accredited by the ACCME.

Physician Assistants

NCCPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 19 hours of Category 1 credit for completing this program.

Nurse Practitioners/Nurses

The **ANCC** contact hours awarded for completion of this conference are 19.

Provider is also approved by the California Board of Registered Nursing, Provider #CEP2335, for 22.8 contact hours.

Pharmacology Credit for Prescriptive Authority

A maximum of 3 hours in pharmacology credit for prescriptive authority may be earned by attending this educational conference. Sessions awarding pharmacology credit for prescriptive authority are denoted with an Rx in the schedule

EDUCATIONAL RESOURCES

Each registrant will have online access to session materials. **The session materials will be available for download approximately two weeks prior to the conference (you'll receive an email with instructions).** If you wish to receive a hard copy of the session materials, please check the box on the registration form in this brochure.

If you are unable to attend this conference, extra copies of the session materials (either paper or digital copy) will be available one week after the conference. The cost is \$60 for a hard copy and \$25 for the digital copy. To place your order, please email publications@symposiamedicus.org.

CONFERENCE FACULTY

John R. Barton, MD, FACOG

Conference Co-Chair

Associate Professor, Department of OB/GYN
University of Kentucky
Director, Maternal-Fetal Medicine
Baptist Health Lexington
Lexington, Kentucky

Kimberly B. Fortner, MD, FACOG

Associate Professor
Obstetrics & Gynecology
Director of Obstetrics
Division Director, Maternal-Fetal Medicine
University of Tennessee Medical Center
Knoxville, Tennessee

Adam Kinney Hiett, MD

Volunteer Clinical Assistant Professor
Obstetrics & Gynecology
Indiana University School of Medicine
St. Vincent Women's Maternal-Fetal Medicine
Director, Maternal-Fetal Medicine & Genetics
St. Vincent Women's Hospital
Indianapolis, Indiana

Sarah J. Kilpatrick, MD, PhD

Professor &
The Helping Hand of Los Angeles Endowed Chair
Chair, Department of Obstetrics & Gynecology
Associate Dean for Faculty Development
Cedars-Sinai Medical Center
Los Angeles, California

Stephanie R. Martin, DO

Conference Co-Chair

Director, Southern Colorado Maternal-Fetal Medicine
Director, Maternal-Fetal Medicine Services
St. Francis Medical Center/Centura South State
Colorado Springs, Colorado
Visiting Associate Clinical Professor
University of Colorado School of Medicine
Aurora, Colorado

Samantha A. Sommerness, DNP, APRN, CNM

Clinical Assistant Professor
University of Minnesota School of Nursing
Minneapolis, Minnesota

Consistent with ACCME and ANCC guidelines, it is the policy of Symposia Medicus to ensure balance, independence, objectivity, and scientific rigor in all educational activities. Prior to the planning of this educational activity, everyone who is in a position to control content (including planners, reviewers, speakers, moderators, Symposia Medicus Staff, Board of Trustees, and Planning Committee members), were asked to disclose all relevant financial relationships with any commercial interest. This information is intended to assist learners in forming their own judgments about the content presented. Disclosure information will be included in the session materials for this activity, and it will also be verbally disclosed on-site.

CONFERENCE SCHEDULE

Thursday, September 29

- 7:00am Conference Registration/Check-in During Continental Breakfast
- 8:00 **Welcome & Introduction**
John R. Barton, MD
- 8:15 **Cardiac Disease in Pregnancy**
Stephanie R. Martin, DO
- 9:00 **Management of Severe Sepsis & Septic Shock in Pregnancy** (Rx = 20 minutes)
John R. Barton, MD
- 9:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:15 Break
- 10:30 **Hepatitis C: Concepts & Updates**
Kimberly B. Fortner, MD
- 11:15 **Preeclampsia: Management & Complications** (Rx = 15 minutes)
Stephanie R. Martin, DO
- Noon **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 12:30pm Lunch Break (on your own)
- 1:45 **Laboratory & Ultrasound Screening for Fetal Aneuploidy**
John R. Barton, MD
- 2:30 **Management of Thyroid Disease in Pregnancy** (Rx = 20 minutes)
Sarah J. Kilpatrick, MD, PhD
- 3:15 Break
- 3:30 **Prevention of Primary Cesarean Section**
Samantha A. Sommerness, DNP, APRN, CNM
- 4:15 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 5:00 Adjourn for the Day

Friday, September 30

- 7:30am Continental Breakfast
- 8:00 **Electronic Fetal Monitoring: Using it Effectively**
Sarah J. Kilpatrick, MD, PhD
- 8:45 **Treatment of Threatened Preterm Labor** (Rx = 20 minutes)
Adam Kinney Hiett, MD
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break
- 10:15 **Controversies in the Management of Twin Deliveries**
Stephanie R. Martin, DO

- 11:00 **Maternal Mortality: Why Women Die & What We Can Do**
Sarah J. Kilpatrick, MD, PhD
- 11:45 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 12:15pm Lunch Break (on your own)
- 1:30 **Intrauterine Growth Restriction: Identification & Management** (Rx = 15 minutes)
Adam Kinney Hiett, MD
- 2:15 **Management of Hemorrhage & Use of Blood Products** (Rx = 20 minutes)
Stephanie R. Martin, DO
- 3:00 Break
- 3:15 **The Effects of Drug Use by Pregnant Women** (Rx = 20 minutes)
Adam Kinney Hiett, MD
- 4:00 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 4:45 Adjourn for the Day

Saturday, October 1

- 7:30am Continental Breakfast
- 8:00 **Second Stage Labor: Managing Patients with Regional Anesthesia** (Rx = 30 minutes)
Samantha A. Sommerness, DNP, APRN, CNM
- 8:45 **Identification & Management of Cytomegalovirus in Pregnancy** (Rx = 20 minutes)
Kimberly B. Fortner, MD
- 9:30 **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 10:00 Break (Hotel check-out, if applicable)
- 10:15 **A Primer on Third Stage Management: Clinical Considerations for the Obstetric Team**
Samantha A. Sommerness, DNP, APRN, CNM
- 11:00 **Pregnancy in the Patient Over 35 Years of Age**
John R. Barton, MD
- 11:45 **Pertussis: Resurgence, Detection, and Prevention**
Kimberly B. Fortner, MD
- 12:30pm **Questions & Answers Group Discussion**
Faculty Panel & Audience
- 1:15 *Conference Adjourns*

Rx = Pharmacology Credit for Prescriptive Authority will be granted for these sessions

CONFERENCE REGISTRATION, LODGING, & TRAVEL INFORMATION

Enrollment for this conference is limited in order to provide the best possible learning environment. **Early registration is advised.**

You can register the following ways:

- On-line at our website, www.symposiamedicus.org; OR
- Call Monday-Friday, 8:30am-5:00pm (Pacific Time), (925) 969-1789 with Visa, MasterCard, American Express, or Discover; OR
- By mail, make check payable to Symposia Medicus and send with registration form to 399 Taylor Blvd., Suite 201, Pleasant Hill, CA 94523-2287.

For additional conference or lodging information, call Symposia Medicus at (925) 969-1789, or visit our website at www.symposiamedicus.org.

CONFERENCE REGISTRATION INFORMATION

TUITION:	EARLY <i>If postmarked by July 21, 2016</i>	REGULAR <i>If postmarked after July 21, 2016</i>
Physicians	\$640	\$740
Residents, Nurses, PAs, & All Others	\$540	\$640

- Discounts are available for retired healthcare providers, active U.S. military, and groups of three or more. For more information, please contact Symposia Medicus prior to registering.
- Tuition includes continuing education, online access to session materials, continental breakfast on Thursday, Friday, and Saturday mornings, and break refreshments for conference registrants.
- Conference registration will be confirmed via email and **more information on travel, hotel, and activities will be emailed and also available on our website**
- This conference meets the requirements for CE tax deductibility; however, we suggest you consult your financial authority for more information

AIR TRAVEL INFORMATION

You will fly into San Diego International Airport (SAN), which is approximately 15 minutes from **The Westin San Diego Gaslamp Quarter**. Information on ground transportation will be sent to registrants and available online at our website.

Symposia Medicus has arranged for discount fares with **Alaska, Delta and United airlines** for this conference. Reservations can be made either through your travel agency or through the airlines at the website or Convention Desk numbers listed below.

In order to receive the discounted rate, you or your travel agent must refer to the Symposia Medicus Group ID number listed here.

Alaska Airlines	For discounts on Alaska Airlines flights, please book online at www.alaskaair.com and click on the link "Advanced Search," located at the bottom of the "Book Flights" box. Once you click on this link, another page will appear. On this page, you will need to insert ECMW701 in the "Discount Code" box, located at the right hand side of the page.
Delta Airlines	For discounts on Delta Airlines, please visit www.delta.com and click on the link "Advanced Search," located at the bottom of the "Book a Trip" box. Once you click on this link, another page will appear. On this page, you will need to insert NMLF7 in the "Meeting Event Code" box, located at the right hand side of the page. For questions, please call the Delta Airlines Convention Desk at (800) 328-1111.
United Airlines	For discounts on United Airlines flights, please book online at www.ual.com and insert ZVGQ589086 into the e-certificate code box. For questions, please call the United Airlines Convention Desk at (800) 426-1122.

CAR RENTAL DISCOUNT

For conference discounts, Symposia Medicus has made arrangements with **AVIS and Budget Car Rentals**. Reservations can be made by phone; please refer to the conference code and the conference/airport location when making your reservations. Please see below:

AVIS	800-331-1600	AWD #B766625
Budget	800-772-3773	BCD #U076767

CONFERENCE LODGING INFORMATION

Symposia Medicus has **conference group rates** at **The Westin San Diego Gaslamp Quarter**.

These special rates will only be available until **Monday, September 5, 2016** and will only be available after that date on a space and rate available basis. We recommend you reserve your lodging **as soon as possible, as rooms at the conference group rates are limited and on a first come, first served basis. Rooms may sell out and/or room rates may increase prior to the release date.**

The Westin San Diego Gaslamp Quarter 910 Broadway Circle San Diego, California 92101 Direct: (619) 239-2200

These group rates will also be available three days before and three days after the conference (based on availability) if you wish to extend your stay in San Diego.

To make your reservation, please call (800) 937-8461 or (619) 239-2200. You must refer to the Symposia Medicus Group in order to receive group rates. To make your reservation online, please visit the following link https://www.starwoodmeeting.com/Book/SymposiaMedicus

Room Type	Group Rates (Single/Double Occupancy)	Description (all rooms are non-smoking)
Traditional Room	\$259/night	Approximately 350 sq. ft. and located on lower floors of the hotel with limited views. Room includes a king bed or two double beds, Heavenly Bed and Bath amenities, flat screen TV, coffee maker, iron & ironing board, and mini bar.
Deluxe Room	\$279/night	Deluxe Room is the same as the Traditional Room, however, located on mid- to higher floors of the hotel with downtown or bay views.
Executive King Room	\$299/night	Approximately 450 sq. ft., located on higher floors of the hotel, with downtown or bay views and same amenities as the Traditional Room.
By reserving with the Symposia Medicus group, you will receive complimentary in-room wireless internet access and discounted self-parking to \$18 per day and valet parking to \$35 per day (both normally \$42 per day).		

TERMS & CONDITIONS

Hotel Policies

- A deposit equal to one night's room & tax is due to the hotel with major credit card upon making your reservation. Each guestroom must have at least one registered guest 21 years of age or older.
- Above conference group rates are per room, per night and **do not** include the following (*subject to change*):
 - 10.50% Occupancy Tax
 - 2% Tourism Marketing District (billed as TMD)
 - 0.27% California Tourism Fee
- Maximum guestroom occupancy is four, regardless of age
- Additional occupants (18 years & over) are \$20 per person, per night
- Children 17 years & under are free in room with adult(s)
- **Rollaways & Cribs:** Rollaway beds and cribs are both complimentary (based on availability and subject to change)
- **Check-in time is 3:00pm and check-out time is noon.** A late check-out can only be confirmed on the date of departure by the front desk and is based on availability. Additional charges may apply.
- **Early Departure Fee:** In the event that a guest checks-out prior to the reserved check-out date, an early departure fee of \$100 will be charged. Guests wishing to avoid this fee must advise the hotel at or before check-in.
- **Credit/Debit Card Policy:** Upon check-in, the hotel will require a credit card and will place a hold for any estimated incidental charges during your stay. Please be aware that if you use a debit card instead of a credit card, the funds will be immediately removed from your account (even if you have prepaid your stay). The amount will be based on the average length of your stay, plus an estimate of incidental charges. These funds will not be released back into your account for 10 or more business days after you check-out.
- **Parking:** Self-parking is available at a rate of \$18 per day and valet parking is available at a rate of \$35 per day (both discounted from \$42 per day)
- **Hotel cancellations** must be made directly with the hotel at least 72 hours prior to scheduled arrival (check-in) date, or you will be charged a cancellation fee equal to your one night's deposit and tax

Cancellation Policies

- Conference cancellations must be made **in writing (via email or mail) to Symposia Medicus** and a 10% of paid tuition processing fee will be assessed. No refunds will be made if cancellation is emailed/postmarked after **August 25, 2016**; however, tuition, less 10% processing fee, may be applied to a future Symposia Medicus conference.
- **All cancellations must be emailed to registrar@symposiamedicus.org OR mailed to Symposia Medicus. If mailed, it must be postmarked by the dates stated above.**
- In the unlikely event of conference cancellation by Symposia Medicus, full tuition refunds will be made. Symposia Medicus will not be responsible for refunding travel or any other expenses.



CONFERENCE LOCATION

Welcome to San Diego, California's second largest city, where blue skies keep watch over 70 miles of majestic coastline, a gentle Mediterranean climate, and friendly locals create a welcoming vibe all its own. Bordered by the Pacific Ocean to the west, the Anza-Borrego Desert and the Laguna Mountains to the east, and Mexico to the south, the diverse neighborhoods of San Diego are spread out over 4,200 square miles, offering endless opportunities for exploration and activities.

Spend a day relaxing in one of the many beach communities, then hiking in the east San Diego County mountains the next. Visit the quaint and charming island town of Coronado or the picturesque village of La Jolla. San Diego's regions are so unique and diverse; there are plenty of options to discover something new. You won't want to miss favorites like the San Diego Zoo, Sea World, USS Midway Museum, Birch Aquarium, or LEGOLAND, all located nearby.

The Westin San Diego Gaslamp Quarter hotel is ideally located in the heart of downtown San Diego's historic and vibrant Gaslamp Quarter. The Gaslamp Quarter is home to more than 150 restaurants, coffeehouses, nightclubs, shops, and galleries. Whether you opt for traditional food with flair, or shopping for something a bit off the beaten path, your visit to the Gaslamp Quarter will be a truly unique experience. The Westin San Diego Gaslamp Quarter, an AAA Four Diamond hotel, offers every imaginable amenity, as well as proximity to all that the Gaslamp Quarter offers: the very best of San Diego shopping malls, dining, entertainment, and cultural activities.

Whatever your pleasure, you'll be sure to find it in San Diego, at our **30th Annual Fall Conference on High Risk Obstetrics**.

For our complete calendar of conferences, please visit www.symposiamedicus.org. Brochures are available 6-8 months prior to the conference.

2016 CALENDAR OF FUTURE CONFERENCES

1364	23rd Annual Conference on Office GYN & Women's Health for the Primary Care Provider	Kauai, Hawaii	Feb 10-13
1365	20th Annual Winter Conference on Clinical Issues in OB/GYN	Cancun, Mexico	Feb 17-20
1368	23rd Annual Spring Conference on High Risk Obstetrics	Maui, Hawaii	Mar 9-12
1369	23rd Annual Spring Conference on Women's Health	St. Maarten, Caribbean	Mar 9-12
1373	17th Annual National Conference on Fetal Monitoring	Las Vegas, Nevada	Apr 7-9
1374	3rd Annual Spring Conference on Integrative Medicine in Women's Health	Hilton Head Island, South Carolina	May 11-14
1375	21st Annual Conference on High Risk & Critical Care Obstetrics	St. Petersburg, Florida	May 11-14
1377	Challenges in Male & Female Sexual Healthcare	Napa, California	Jun 22-25
1380	Hot Topics in Pediatric Emergencies	Alaska Cruise (<i>Celebrity Cruises – Solstice</i>)	Jul 15-22
1381	21st Annual Summer Conference on Emergencies & Challenges in Primary Care	Alaska Cruise (<i>Celebrity Cruises – Solstice</i>)	Jul 29-Aug 5
1382	23rd Annual Summer Conference on Obstetrics & Gynecology	Hilton Head Island, South Carolina	Aug 3-6
1384	17th Annual Fall Conference on Integrative Medicine in Women's Health	Sedona, Arizona	Sep 14-17
1385	27th Annual National Conference on Women's Health Care	Las Vegas, Nevada	Sep 26-28
1388	Current Issues in Women's Health	Italy & Greek Isles Cruise (<i>Celebrity Cruises – Reflection</i>)	Sep 30-Oct 10
1389	34th Annual Fall Conference on Obstetrics	Grand Cayman, Cayman Islands	Oct 19-22
1391	24th Annual Fall Conference on Issues in Women's Health	Cancun, Mexico	Oct 26-29
1393	Challenges in Obstetrics & Gynecology	Eastern Caribbean Cruise (<i>Celebrity Cruises – Reflection</i>)	Nov 12-19
1395	23rd Annual Fall Conference on Challenges in Taking Care of the High Risk Pregnancy	Marco Island, Florida	Nov 16-19
1396	22nd Annual Conference on Women's Health: Care of Women Over 50	Grand Cayman, Cayman Islands	Nov 16-19
1398	22nd Annual Conference on Challenges in Gynecology	New York City, New York	Dec 16-17

CONFERENCE REGISTRATION FORM

Register on-line at www.symposiamedicus.org

OR COMPLETE THIS FORM AND MAIL WITH APPROPRIATE PAYMENT TO:



Symposia Medicus
399 Taylor Blvd., Suite 201
Pleasant Hill, CA 94523-2287
Phone: (925) 969-1789

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PLEASE PRINT LEGIBLY: (Show name and **one** degree as you would like it printed on your conference materials):

Registrant's Name: _____
First Last Degree: _____

Registrant Email Address (required): _____

All registrants must provide their individual email address in order to register for this conference. Confirmation/receipt will be emailed to this address.

Email an additional copy of my confirmation/receipt to: _____
(Provide additional email address)

Mailing Address: _____
Street City State Zip

Check if above address is: Work _____ Home _____ Provide office/workplace name here: _____

Primary Work: () _____ Home: () _____

Cell: () _____ Fax: () _____

Professional
Specialty: _____

The session materials will be available for download on our website
approximately two weeks before the conference.

If you prefer to also receive a hard copy of the session materials please check here ☐

#1387

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Please note that all information contained in this brochure is subject to change without notice.
ALL INFORMATION PROVIDED BY REGISTRANTS WILL REMAIN CONFIDENTIAL TO SYMPOSIA MEDICUS.

