

PRELIMINARY ANNOUNCEMENT

23RD CONTINUING PROFESSIONAL DEVELOPMENT (CPD) SERIES



Organised by:



THE BRANDLAUREATE
CSR AWARDS 2018
NATIONAL DIABETES
INSTITUTE



THE BRANDLAUREATE
CSR BRANDLEADERSHIP
AWARDS 2018
PROF. MUSTAFFA EMBONG

Endorsed by:



'DIABETES ASIA 2026' CONFERENCE (DAC 2026)

HYBRID CONFERENCE
(Physical and Online)



15

THURSDAY

16

FRIDAY

17

SATURDAY

OCTOBER, 2026

Voco Kuching by IHG

**Lot 3186-3187, Block 16, KCLD,
Jalan Lapangan Terbang Baru, 93350 KUCHING
SARAWAK, MALAYSIA**

Supported by:



Co-Sponsor:



**Secretariat 'Diabetes Asia 2026' Conference (DAC 2026)
National Diabetes Institute (NADI)**

**No.1, Jalan SS3/50, 47300 Petaling Jaya, Selangor, MALAYSIA
Tel: +603-7876 1676/ 7876 1677 HP: +6019-662 2950
Fax: +603-7876 1679 Email: enquiry@nadidiabetes.com.my
Website: www.nadidiabetes.com**

**Stand a chance
to win
CASH PRIZES
for free paper
presentation awards
&
Many exciting prizes in
LUCKY DRAW!!!**

NADI Continuing Professional Development Series

Prevalence of diabetes mellitus, especially of type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. Thus, there is an urgent need for strategies to prevent this 'epidemic' and for early diagnosis of diabetes. Beyond these, there is need for ensuring optimal management of the disease, its complications and associated diseases.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises the Continuing Professional Development (CPD) annually since its inception in 2002. In 2008, this CPD was expanded as 'Diabetes Asia Conference' (DAC) to emphasise the uniqueness of diabetes presentation and management in Asians.

This year, the 'Diabetes Asia 2026' Conference is to be held in Kuching, Sarawak on the island of Borneo with support from the Sarawak Government through BESARAWAK. Delegates will have the opportunity to experience Sarawak's diverse culture and appreciate its unique flora and fauna.



IMPORTANT INFORMATION

Regarding this 'Diabetes Asia 2026' Conference (DAC 2026)

This DAC 2026 Conference will either be a hybrid (physical and online) or a fully physical meeting, depending on response by participants.

Please clearly indicate your preference in the REPLY FORM

Objectives of the Conference

The Continuing Professional Development (CPD) Series as "Diabetes Asia 2026" Conference aims to help improve management of diabetes with emphasis on recent advances and practical aspects of diabetes care.

Participants are expected to be able to:

- ◆ Appreciate recent advances, practical aspects of diabetes care.
- ◆ Understand ways of ensuring early diagnosis and optimal management for good control of diabetes, complications and associated diseases
- ◆ Apply knowledge gained during the Conference to further improve care for persons with diabetes in the community

Who Should Attend

Healthcare professionals responsible for managing people with diabetes including:

- Medical and Surgical Specialists
- General Physicians and Surgeons
- Primary Care Physicians
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nutritionists and Dietitians
- Researchers (Clinical & Basic Sciences) in Diabetes
- Health Education Officers
- Diabetes Educators
- Other Healthcare Professionals involved in Diabetes Care

★ ★ ★ FREE PAPER AWARDS (CASH PRIZES) ★ ★ ★

"BEST ORAL PRESENTATION AWARDS (CLINICAL RESEARCH)"

BEST AWARD: RM 3,000
SECOND AWARD: RM 2,000
THIRD AWARD: RM 1,000

"BEST ORAL PRESENTATION AWARDS (SCIENTIFIC RESEARCH)"

BEST AWARD: RM 2,000
SECOND AWARD: RM 1,500
THIRD AWARD: RM 1,000

"BEST POSTER PRESENTATION AWARDS"

BEST AWARD: RM 2,000
SECOND AWARD: RM 1,000
THIRD AWARD: RM 750

***A Certificate of Award will also be presented to the winners.**
THE JUDGES' DECISION IS FINAL. No further correspondence is allowed

Certificate of attendance **for all Delegates & CPD Points** will be applied for Malaysian Doctors, Nurses, Dietitians, Pharmacists, Nutritionists, Medical Assistants, Diabetes Educators & Health Education Officers

The 'Diabetes Asia 2026' Conference (DAC 2026) will emphasise on recent advances in the understanding and care of diabetes, its complications and related diseases.

💣 Cash Prizes, Hampers and Vouchers @ Lucky Draws

To encourage active participation and attendance, lucky draws shall be conducted at the end of the Conference. Lucky winners may receive cash rebates or hampers from advertisers or vouchers from hotels.

To be eligible for the Lucky Draws, participants must visit the exhibitors' booths and tabletops to receive their respective chops as proof of attendance.

Organising Committee

Patron	YABhg. Tun Dr. Mahathir Mohamad
Advisor	Professor Dato' Anuar Zaini Md. Zain
Chairman	Emeritus Professor Dato' Mustaffa Embong
Secretary	Dato' Dr. Nor 'Aini Abu Bakar
Treasurer	Ms. Rosmawati Yusoff

Sub Committees

Scientific Committee
Professor Dato' Mafauzy Mohamed (Chairman)
Professor G.R Letchuman
Professor Norlaila Mustafa
Datuk Dr. Zanariah Hussein

Fund Raising & Exhibition
Ms. Rosmawati Yusoff

Audiovisual
Signature Production

Secretariat
Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)
Dr. Mohamad Nizam Mustafa
Mr. Muhamad Adlee Md Arshad
Ms. Nurulhuda Athirah Hadri

International Advisory Board

Emeritus Professor Augusto D. Litonjua, *Philippines*
Emeritus Professor Clive S. Cockram, *Hong Kong*
Emeritus Professor Morsi Arab, *Egypt*
Emeritus Professor Philip Home, *United Kingdom*
Emeritus Professor Thep Himathongkam, *Thailand*
Professor Eberhard Standl, *Germany*
Professor Harold E. Lebovitz, *USA*
Professor Luc Van Gaal, *Belgium*
Professor Timothy Davis, *Australia*
Professor Xu Zhang Rong, *China*

Local Organising (Sarawak) Committee

Dr William Voon (Chairman)
Connie Tan
Angeline Lipen
Dorothy Chong
Jessie Voon
Maria Voon
Pauline Tiun
Sr Lai Jin Moi
Vallery Voon

INVITED CONFERENCE SPEAKERS *

International Faculty

Pre-Recorded Session



Professor Philip Home (Confirmed)
Professor of Diabetes Medicine
Institute of Cellular Medicine (Diabetes),
The Medical School,
Newcastle University
UNITED KINGDOM



Professor Luc Van Gaal
Professor of Medicine
Department of Endocrinology,
Diabetology & Metabolic Disease
Antwerp University Hospital (UZA)
BELGIUM



Professor Harold E. Lebovitz (Confirmed)
Division of Endocrinology,
State University of New York
UNITED STATES OF AMERICA



Professor Eberhard Standl (Confirmed)
Professor of Medicine
Diabetes Research Group e.V.,
The Helmholtz Center, Munich
GERMANY

In-Person Attendance



Professor Lee Chi Ho, Paul
Chief of Endocrinology, Diabetes and
Metabolism
Department of Medicine,
University of Hong Kong
HONG KONG



Professor Rinki Murphy
Professor of Medical Medicine
Faculty of Medical and Health Sciences,
University of Auckland, Grafton Campus
NEW ZEALAND



Professor Timothy Davis (Confirmed)
Head of Unit Winthrop Professor
Consultant Physician in General Medicine &
Diabetes,
School of Medicine & Pharmacology,
Fremantle Hospital Unit,
The University of Western Australia
AUSTRALIA



Professor C.V. Harinarayan
Director, Institute of Endocrinology,
Diabetes, Thyroid & Osteoporosis Disorders,
Sakra World Hospital
INDIA



Professor Eun-Jung Rhee
Department of Endocrinology and
Metabolism,
Kangbuk Samsung Hospital,
Sungkyunkwan University School of
Medicine
SOUTH KOREA



Professor Nemencio Almare Nicodemus Jr.
(Confirmed)
Professor
University of the Philippines-College of
Medicine,
Department of Medicine,
Philippine General Hospital
PHILIPPINE

*Subject to confirmation

The International Faculty will be complemented by more than 30 local experts in diabetes and related fields

Conference Outline *

15 OCTOBER 2026		16 OCTOBER 2026			17 OCTOBER 2026		
THURSDAY		FRIDAY			SATURDAY		
(0700 - 0815) REGISTRATION		(0800 - 0900) Breakfast Symposium 1 [Slot for Sponsor]			(0715 - 0815) Breakfast Symposium 2 [Slot for Sponsor]		
(0815- 0900) Plenary 1					(0815- 0900) Plenary 4		
(0900- 0945) Special Lecture 1 [Slot for Sponsor]		(0900- 0945) Special Lecture 2 [Slot for Sponsor]			(0900- 0945) Plenary 5		
BREAK (0945-1015)							
(1015 - 1215)		(1015 - 1215)			(1015 - 1215)		
Main Symposium 1A [Slot for Sponsor]	Main Symposium 1B [Slot for Sponsor]	Main Symposium 2A	Main Symposium 2B		Main Symposium 4A	Main Symposium 4B	
(1215-1315)		(1215-1315)			(1215-1315)		
Lunch Symposium 1A [Slot for Sponsor]	Lunch Symposium 1B [Slot for Sponsor]	Friday Prayers	Lunch Symposium 2A [Slot for Sponsor]	Lunch Symposium 2B [Slot for Sponsor]	Lunch Symposium 3 [Slot for Sponsor]		
LUNCH (1315 - 1415)			LUNCH (1315 - 1415)		LUNCH (1315 - 1415)		
(1415 - 1545)		(1415 - 1545)			(1415 - 1545)		
Experts’ Case Discussion		Main Symposium 3A		Main Symposium 3B		Main Symposium 5A	Main Symposium 5B
1	2						
Free Paper Presentations							
1 (ORAL-Session 1)	2 (POSTER)						
BREAK (1545 – 1615)							
(1615 – 1700) Plenary 2		(1615 – 1700) Plenary 3			(1615 – 1700) Plenary 6		
(1700 – 1745)		(1700 – 1745)			(1700 – 1745)		
PLENARY 7 / Meet the Professor	PLENARY 8	PLENARY 9	PLENARY 10 / Meet the Professor		Free Paper Presentation Awarding Ceremony & Lucky Draws		
					(1745) End of Conference		
Dinner Symposium 1 [Slot for Sponsor]		Dinner Symposium 2 [Slot for Sponsor]					

*Subject to changes

PLENARY TOPICS

A. CONFIRMED

1. Increased Risk Of Cancer-An Integral Component Of The Cardio Renal Metabolic Disease Cluster And Its Management. **Professor Eberhard Standl, GERMANY**
2. The New Diabetes Playbook : Obesity-First, Kidney-Smart, Heart-Failure-Ready, Tech-Enabled.
Professor Nemencio Almare Nicodemus Jr., PHILIPPINES
3. Role Of Basal Insulin In T2DM; History And Re-Evaluation.
Professor Philip Home, UK
4. Regional Adiposity: Genetics, Metabolic Consequences And Treatment. **Professor Harold E. Lebovitz, USA**
5. Improving Risk Prediction For Chronic Kidney Disease Complicating Type 2 Diabetes. **Professor Timothy Davis, AUSTRALIA**

B. TENTATIVE

5 Topics: Awaiting confirmation from International Speakers

Symposium Themes/ Topics include:

1 Therapeutics: GLP-1 Receptor Agonists

2 New Approach: Long-acting Cardiometabolic Therapies

3 Advances in Managing Diabetes in Children & Adolescents (Wearable Devices, Prevention)

4 Roles of Other Healthcare Professionals (Primary Care Physicians, Clinical Pharmacists, Diabetes Educators)

5 Early Detection and Management of Diabetic Complications (Kidneys, Eyes, Nerves)

6 Advances in Managing Heart Diseases Associated with Diabetes

7 The Future of Diabetes Technologies (Sensors, Algorithms, Smart Pens)

8 Nutrition, Diet and ? Exercise Pill

9 The Quest to Prevent or Cure Diabetes

10 Newer Drugs in The Pipeline for Diabetes and Associated Diseases

Lunch Symposium

Lunch Symposium 1A : Slot for Sponsor
Lunch Symposium 1B : Slot for Sponsor
Lunch Symposium 2A : Slot for Sponsor

Lunch Symposium 2B : Slot for Sponsor
Lunch Symposium 3 : Slot for Sponsor

**subject to Changes*

FREE PAPER PRESENTATION

Free paper presentation is open for all aspects (clinical and scientific) of research relating to diabetes, its complications and co-morbidities.

Participants are encouraged to submit free papers for Oral or Poster Presentation. Please visit our website for further information.

Closing date for free paper abstract submission is September 1, 2026

Free paper presentation will be judged for "Best Oral Presentation for Clinical Research Awards", "Best Oral Presentation for Scientific (Basic) Research Awards" and "Best Poster Presentation Awards". An awarding ceremony will be held at the end of the Conference.

Free Paper Presentation is open only for in-person (physical) registration.

Registration & Fees:

Registration form is enclosed with **this ANNOUNCEMENT**. Completed form must be returned with the proof of registration fee payment to the Secretariat of the **'Diabetes Asia 2026' Conference** by mail or fax.

Registration fee covers admission to all **NADI 'Diabetes Asia 2026' Conference** sessions and trade exhibition, conference bag, identification tag and printed materials, Conference lunches and tea/coffee breaks. The fees are as follows:

CONFERENCE FEE (In-Person/ Physical)

REGISTRATION	Local Delegate*	International Delegate
EARLY BIRD REGISTRATION (before August 15, 2026)	RM 850.00	USD 400
AFTER August 15, 2026	RM 950.00	USD 500

CONFERENCE FEE (Virtual/ Online)

REGISTRATION	Local Delegate*	International Delegate
EARLY BIRD REGISTRATION (before August 15, 2026)	RM 550.00	USD 280
AFTER August 15, 2026	RM 650.00	USD 380

(* Subsidised rates)

**SPECIAL DISCOUNT IS AVAILABLE FOR GROUP BOOKING.
PLEASE CHECK WITH THE SECRETARIAT FOR DETAILS.**

Please register early to enjoy "Early Bird" discount for registration.

For **ONLINE REGISTRATION & PAYMENT DETAILS**,
please visit www.nadidiabetes.com

REGISTRATION FEE SHOULD BE MADE PAYABLE TO:
NATIONAL DIABETES INSTITUTE
PLEASE REFER TO THE INSTRUCTION ON PAYMENT.

For further Information and Updates regarding the 'Diabetes Asia 2026' Conference (DAC 2026), please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Athirah / Mr. Adlee)
National Diabetes Institute (NADI)

No. 1, Jalan SS 3/50 47300 Petaling Jaya, Selangor, MALAYSIA

Tel: +603-7876 1676 / 1677 HP: +6019-662 2950 Fax: +603-7876 1679

Email: enquiry@nadidiabetes.com.my OR Visit our website: www.nadidiabetes.com

About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for people with diabetes, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation(NGO)** managed by a Board of Trustees, comprising of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The main objectives of NADI are:

- to be a National Diabetes Education Resource Centre for the country
- to establish and run a comprehensive health facility including a National Diabetes Hospital for the management of diabetes and its complications
- to create and maintain a National Diabetes Registry
- to coordinate and conduct research in diabetes and related conditions
- to be the national coordinating centre for diabetes in Malaysia in respect to statistics, education, management, research, policy and planning on diabetes and associated diseases
- to prevent diabetes and associated cardiometabolic conditions such as high blood pressure, high blood cholesterol and heart disease through promotion of healthy lifestyle