

Essentials of Primary Care Psychiatry CME Conference

August 19-20, 2016

**Renaissance Long Beach Hotel
Long Beach, CA**

14.25 CME Hours

Jointly Provided by:
The California Psychiatric Association and
the University of California, Irvine School of Medicine



SCHEDULE

Friday, August 19, 2016

COURSE DESCRIPTION

This two-day conference for primary care physicians and other health providers will integrate recent scientific data with current clinical practice regarding Mood and Anxiety Disorders, Substance Misuse, Personality Disorders, Collaborative Care, Pain Psychiatric Management and How to do a Primary Care Psychiatric Interview.

Registrants will receive a copy of *Lippincott's Primary Care Psychiatry Textbook*.

TARGET AUDIENCE

Primary care physicians and allied health professionals interested in mental health.

EDUCATIONAL NEED

Primary care providers have not been trained on the diagnosis of depression within a primary care/medical setting. While guidelines for treatment of depression within primary care exist, many providers are uncomfortable with implementing them due to perceptions of risk and stigma.

SYLLABUS

The syllabus will be available to pre-registered attendees via pdf (Drop Box) prior to the conference for downloading and printing.

7:00-8:00 AM	Registration, Continental Breakfast and Exhibits
8:00-8:15 AM (.25 CME)	Welcome Robert McCarron, DO and Shannon Suo, MD
8:15-9:15 AM (1 CME)	Practical Approaches to Doing a Primary Care Psychiatric Assessment Robert McCarron, DO
9:15-10:00 AM (.75 CME)	Substance Misuse: Update on Assessment and Treatment Glen Xiong, MD
10:00-10:15 AM	Break in Exhibit Room
10:15-11:45 AM (1.5 CME)	Mood Disorders: Diagnosis and Treatment Considerations Shawn Hersevoort, MD
11:45-12:30	Lunch (provided) Visit Exhibits
12:30-2:00 PM (1.5 CME)	Anxiety Disorders: Diagnosis and Treatment Considerations Jaesu Han, MD
2:00-2:15 PM	Break in Exhibit Room
2:15-3:30 PM (1.25 CME)	Small Group Case Discussions Mood Disorders and the Psychiatric Assessment Shawn Hersevoort, MD Amir Ramezani, PhD
	Substance Misuse Glen Xiong, MD Rachel Robitz, MD
	Anxiety Disorders and the Psychiatric Assessment Jaesu Han, MD David Liu, MD
	Chronic Pain and Mental Health Robert McCarron, DO and Shannon Suo, MD
3:45-5:00 PM (1.25 CME)	Repeat Small Groups

Saturday, August 20, 2016

7:30-8:00 AM	Continental Breakfast in Exhibit Room
8:00-9:15 AM (1.25 CME)	Psychiatry and Chronic Pain Management David Copenhaver, MD
9:15-10:15 AM (1 CME)	Personality Disorders in Primary Care, Just What You Need to Know Shannon Suo, MD
10:15-10:30 AM	Break in Exhibit Room
10:30-11:30 AM (1 CME)	Psychotic Disorders: Diagnosis and Treatment Considerations Jim Bourgeois, MD
11:30-12:30 PM (1 CME)	Collaborative Care: Can This Be Helpful in Your Practice? David Liu, MD
12:30-1:15 PM	Lunch-Visit Exhibits
1:15-2:30 PM (1.25 CME)	Small Group Case Discussions Mood Disorders and the Psychiatric Assessment Shawn Hersevoort, MD Amir Ramezani, PhD Substance Misuse Glen Xiong, MD Rachel Robitz, MD Anxiety Disorders and the Psychiatric Assessment Jaesu Han, MD David Liu, MD Jim Bourgeois, MD Chronic Pain and Mental Health Robert McCarron, DO Shannon Suo, MD David Copenhaver, MD
2:45-4:00 PM (1.25 CME)	Repeat Small Groups

CME/EVALUATION FORMS

Please turn in the Evaluation Form offered at the registration desk within 2 weeks of completion of the conference to receive appropriate credit.

LEARNING OBJECTIVES

At the conclusion of the activity, the participant should be able to:

- Effectively screen for depression in a primary care setting.
- Implement evidence-based treatment for depression
- Identify when it is appropriate to seek mental health consultation/referral.
- Identify medically ill patients at high-risk for depression.
- Describe the common symptoms or signs that overlap between medical and psychiatric illness.
- Use appropriate history-taking and diagnostic studies to differentiate medical from psychiatric illness.
- Provide evidence-based treatment for common co-morbid psychiatric illness within a medically ill patient.

FACULTY

Course Chairs

Robert McCarron, DO, DFAPA, Health Sciences Associate Professor
Director, Pain Psychiatry and Behavioral Science
Director, Integrated Internal Medicine Psychiatry Education
Department of Anesthesiology, Division of Pain Medicine
Department of Psychiatry and Behavioral Sciences
Department of Internal Medicine
UC Davis School of Medicine



Shannon Suo, MD, DFAPA, Health Sciences Associate Professor
Department of Psychiatry and Behavioral Sciences
UC Davis School of Medicine

Guest Faculty

James A. Bourgeois, MD, Clinical Professor and Vice Chair, Clinical Affairs
Department of Psychiatry/Langley Porter Psychiatric Institute
University of California, San Francisco, UCSF Weill Institute for Neurosciences

David Copenhaver, MD, MPH, Assistant Professor, Director of Cancer Pain Management and supportive care, Director of Pain Medicine Telehealth Programs, Center for Pain Medicine, Division of Pain Medicine, Department of Anesthesiology and Pain Medicine, University of California at Davis

Jaesu Han, MD, Associate Clinical Professor, Department of Psychiatry and Family Medicine
UC Davis School of Medicine

Shawn Hersevoort, MD, Director, Integrated Mental Health, Acting Director of Psychosomatic Medicine, Assistant Clinical Professor, Health Sciences, UCSF Fresno Department of Psychiatry and Sleep Medicine

David Liu, MD, MS, Health Sciences Assistant Clinical Professor, Department of Psychiatry and Behavioral Sciences, UC Davis School of Medicine

Amir Ramezani, PhD, Neuropsychologist, Associate Director, Pain Psychiatry and Behavioral Health, Division of Pain Medicine, Department of Anesthesiology and Pain Medicine
UC Davis School of Medicine

Rachel Robitz, MD, Chief resident, Family Medicine/Psychiatry, Community psychiatry fellow
University of California San Diego

Glen Xiong, MD, Health Sciences Associate Professor, Department of Psychiatry and Behavioral Sciences
UC Davis School of Medicine

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint provider-ship of the University of California, Irvine School of Medicine and the California Psychiatric Association. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation: The University of California, Irvine School of Medicine designates the live activity for a maximum of 14.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA PRA Category 1 Credits™ can be used by multidisciplinary team members.

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME.

For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™* (report up 14.25 hours of credit and fill in “CME Category 1” for the provider number).

Physician Assistant: The National Commission of Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

Psychologist: This educational activity is recognized by the California Board of Psychology as meeting the continuing education requirements toward license renewal for California psychologist (self-reporting required).

HOTEL RESERVATIONS

HOTEL RESERVATIONS

Renaissance Long Beach Hotel
111 East Ocean Boulevard
Long Beach, CA 90802
562-437-5900 or 877-622-3056

Please make hotel reservations early. The hotel has reserved a number of rooms for the California Psychiatric Association's Primary Care Conference, August 19 -20, 2016. After these rooms are filled, reservations are accepted only if additional space is available and may be at a higher cost.



RESERVATIONS MUST BE MADE BEFORE JULY 28, 2016

\$175 Single or Double Occupancy. Hotel room rates are subject to applicable state and local taxes in effect at time of check in. Please specify that you are with the California Psychiatric Association to get this special rate.

To book your room directly with the hotel via their website please log onto:

https://resweb.passkey.com/Resweb.do?mode=welcome_gi_new&groupID=59992150

Conference Registration Form

Essentials of Primary Care Psychiatry CME Conference
Renaissance Long Beach, Long Beach, CA
August 19-20, 2016

Name _____

Address _____

City/State/Zip _____

Phone _____

Email _____

____ MD ____ DO ____ Ph. D ____ PA ____ RN ____ Psychologist ____ LCSW ____ MFT

Other _____

Institution/Employer (as you would like it to appear on your badge) _____

REGISTRATION FEES

	Early Discount	After July 19, 2016
Physician	\$335.00	\$365.00
Other health-care professional	\$295.00	\$335.00
Trainee	\$75.00	\$90.00

_____ Charge for Printed Syllabus \$30.00, PDF is included in registration fee.

You are welcome to pay online at WWW.CALPSYCH.ORG via PayPal

Or

Please make checks payable to California Psychiatric Association or charge your VISA or MasterCard by calling CPA at 800-772-4271 or filling in the information needed below and return this form to:

California Psychiatric Association

921 11th Street, STE. 502

Sacramento, CA 95814 (916) 442-5196 1-800-772-4271 FAX: (916) 442-6515

Check Enclosed for Total Amount of \$ _____

Please Charge My: (circle one) VISA / MasterCard

Credit Card # _____ Expiration Date: _____

Signature _____

Please fax or email your registration form to Lila Schmall, Fax: 916-442-6515 Email: lila-schmall@calpsych.org

For more information, please log onto www.calpsych.org or call 800-772-4271