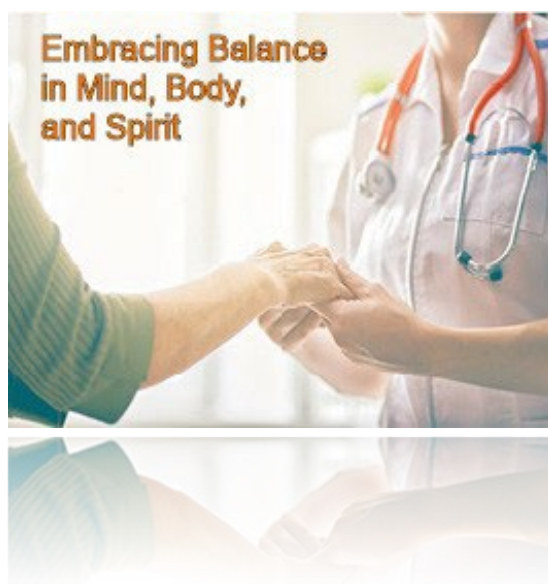


2023 Winter Family Medicine Update

Courtyard by Marriott - Columbia, Missouri



January 26 - 29, 2023

Conference Information

Educational Objectives

- Learn, review, and update clinical and technical knowledge.
- Compare and relate medical knowledge and skills with those of peers and experts.
- Discuss new information in the different areas of medicine and how that information will impact the care of your patients.
- Gain insight into the distinctive osteopathic approach to the practice of medicine.
- Diagnose and treat illness as well as develop a plan for the prevention and/or therapeutic management of the various disorders presented.

Who Should Attend

- All Family Physicians
- Nurse Practitioners
- Physician Assistants
- Nurses
- Allied Healthcare Professionals
- Primary Care Providers

Accreditation Statement

The MSACOFPP is an accredited sponsor by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The MSACOFPP designates this program for a maximum of 28.5 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.



The AAFP has reviewed 2023 Winter Family Medicine Update and deemed it acceptable for up to 25.50 Live AAFP Prescribed credits. Term of Approval is from 01/26/2023 to 01/29/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)[™] toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

CME Attestation and Reporting

Attendees will complete individual and overall evaluations and attestations via a secure website. Attestations are required to award proper CME credit. Without completed attestation, NO CME credit will be awarded. It will be the responsibility of the physician to honestly complete the on-line evaluation and attestation.

CME credits will be reported to the AOA by the Missouri Society of the American College of Osteopathic Family Physicians.

Attendance Policy

To preserve the integrity of our registration process, please wear your name badge while attending all parts of the conference. Those who attend virtually will be required to sign in to view the sessions.

Grievance Policy

All grievances should be in writing and specify the nature of the grievance. Initially, all grievances should be directed to the MSACOFPP Convention Committee and the Executive Director. All grievances will receive an initial response in writing within 30 days of receipt. The MSACOFPP will resolve the grievance, if possible. If the participant does not receive a satisfactory response, they must then submit a complaint in writing to the Council on Continuing Medical Education, American Osteopathic Association, 142 East Ontario Street, Chicago, Illinois 60611.

Hotel Information

Courtyard by Marriott

3301 Lemone Industrial Blvd. Columbia, MO.

A block of rooms has been reserved for this program at a group rate of \$114 plus tax, per room, per night. The block will be held until January 4, 2023.

To make hotel reservations go to

<https://www.marriott.com/events/start.mi?id=1665503245473&key=GRP>

and use group code **OFF**. All rooms are \$114 per night. You may also call the hotel directly at 573-443-8000. See the hotel website for cancellation details and hotel amenities.

Program and Schedule

Thursday January 26, 2023

6:30 – 7:30 a.m. Breakfast

7:15 a.m. Call to order and announcements

7:30 – 8:30 a.m. **Screening for and detecting melanoma**

Jonathan Cleaver, DO

8:30 – 9:30 a.m.

Adult eating disorders

Stephanie Bagby-Stone, MD

9:30 – 9:45 a.m. Break

9:45 – 10:45 a.m.

Infant nutrition updates

Meleah Morales, DO

10:45 – 11:45 a.m.

Congestive heart failure

Walter Coats, DO

CONCURRENT SESSIONS

8:30 – 9:30 a.m.

OMT for all

James Starrett, DO

9:30 – 9:45 a.m. Break

9:45 – 10:45 a.m.

Pearls for acute onset of upper and lower back pain

Kevin Treffer, DO, FACOFP

10:45 – 11:45 a.m.

OMM approach to Temporomandibular Disorder

Kevin Treffer, DO, FACOFP

11:45 – 1:00 p.m. Buffet Lunch

11:45 – 1:00 p.m. Women in Medicine Lunch and Town Hall

1:00 – 2:00 p.m. **Pelvic Floor PT and its role in pelvic floor dysfunction**

Carlee Hill, DPT

2:00 – 3:00 p.m. **Caring for adults and children with Down Syndrome**

Jessica Richter, DO, MPH

3 – 3:15 p.m. Break

3:15 – 4:15 p.m. **Hepatitis C updates**

Blair Thedinger, MD

4:15 – 5:15 p.m. **Alcoholism in the outpatient setting**

Elizabeth Bowman, DO

5:15 – 7:00 p.m. HAPPY HOUR WITH EXHIBITORS

DINNER ON YOUR OWN

Friday January 27, 2023

6:30 – 7:30 a.m. BREAKFAST WITH EXHIBITORS

7:30 – 8:30 a.m. **SGLT2s outside of DM**

Patrick Nakashima-Moran, DO

8:30 – 9:30 a.m. **Healthcare disparities among minority groups**

Christopher Paynter, DO, FACOFP

9:30 – 10:00 a.m. BREAK WITH EXHIBITORS

10:00 – 11:00 a.m. **Recommendations in Type 2 Diabetes care/orals and noninjectables**

Nicole Ducharme, DO

11:00 – 12:00 **Spinal and axial interventions**

David Sherwood, DO

Noon – 1:30 p.m. LUNCH WITH EXHIBITORS

1:30 – 2:30 p.m. **Keynote Speaker
Chad Carden**

“How You Treat the Patient Is Just as Important as How the Patient Gets Treated”



2:30 – 3:30 p.m. **Chronic weight management/obesity medicine update**

Cherry Cockrell, MD

3:30 – 3:45 p.m. Break

3:45 – 4:45 p.m. **Social determinants of health**

Rex Archer, MD, MPH

4:45 – 5:45 p.m. **Diagnosing and managing alcoholic hepatitis/cirrhosis**

Jhony Doumit, MD

DINNER ON YOUR OWN

Program and Schedule

Saturday January 28, 2023

6:30 – 8:30 a.m. Breakfast

6:30 – 7:30 a.m. Yoga sponsored by the
Women Physicians Committee – Varsity room

7:30 – 8:30 a.m. **Screening and treatment of obstructive sleep apnea**
Gracia Nabhane, MD

8:30 – 9:30 a.m. **COPD treatment and updates**
Gracia Nabhane, MD

9:30 – 9:45 a.m. Break

9:45 – 10:45 a.m. **Caring for patients with opioid use disorder**
Ben Grin, MD

10:45 – 11:45 a.m. **Diagnosing and treating constipation in children**
Amana Nasir, MD

Noon – 1:45 p.m. Lunch and Membership Meeting

Physician Wellness Mega Session

2:00 – 3:30 p.m. **Physician wellness panel**
Russ Carpenter, DO; Kevin Craig, MD,
Katie Davenport-Kabonic, DO; Craig Rooney, PhD;
Amanda Shipp, MD
Patrick Nakashima-Moran, DO, moderator

3:30 – 3:45 p.m. Break

3:45 – 4:45 p.m. **Physician resiliency: pausing amidst reintegration**
Katie Davenport-Kabonic, DO

5:00 – 6:30 p.m. President's Social

6:30 – 9 p.m. Young Physicians Social

DINNER ON YOUR OWN

Sunday January 29, 2023

6:30 – 7:30 a.m. Breakfast

7:30 – 8:30 a.m. **Eye movement desensitization reprocessing**
James Smith, PhD

8:30 – 9:30 a.m. **Chronic pain management**
John Lucio, DO

9:30 – 9:45 a.m. Break

9:45 – 10:45 a.m. **Geriatric and dementia care**
Mana Hobson, MD

10:45 – 11:45 a.m.
Social determinants of health coding and resources for physicians
Angela Jordan, CPC, CPMS, COBGC and Kym Jones, CHW

Program and Schedule

Students and Residents

The student and resident program is sponsored by:



Poster Contest!

Posters selected by the Convention and Education Committee will be featured on Friday from 9 a.m. to 5 p.m. Awards will be given at the membership meeting on Saturday.

Saturday January 28, 2023

7:30 – 11:45 a.m. Student and Resident Programming

7:30 – 9:30 a.m. “Learning Styles” led by Becky Wolfe. Becky is a certified coach and trainer who will lead students and residents in determining their learning styles and gaining an appreciation of other approaches which leads to understanding, better communication and ultimately better problem solving.

OPEN TO PRACTICING PHYSICIANS FOR ADDITIONAL FEE

9:45 – 10:45 a.m. **Biopsies workshop** led by Dominic Wu, MD

OPEN TO PRACTICING PHYSICIANS FOR ADDITIONAL FEE

10:45 – 11:45 a.m. **Sutures workshop** led by Jessica Richter, DO, MPH and Aaron Neisen, DO

The rest of the day for students and residents merges with the main CME schedule.

6:30 – 9 p.m. Young Physicians Social

For students, residents, and physicians in practice less than five years. Join your colleagues off site for some networking and noshing!

Load the shuttle bus in front of the hotel at 6:30 to head to D. Rowe’s Restaurant where refreshments will be provided. You bring the fun! The bus will return to the hotel at approximately 9 p.m.

Special Events



Exhibit Hall



The exhibit hall will be open Thursday evening and through lunch on Friday. Be sure to take time to visit with the vendors whom you haven’t seen in two years!



Yoga sponsored by
the Women Physicians Committee!



Get your Saturday morning started with mind, body, and spirit balance led by Katie Davenport-Kabonic, DO!



Keynote Speaker **Chad Carden** is a nationally known speaker who is on a life mission to improve the way employers and employees interact to create greater engagement and better results. He is a straight shooter and understands that business today is all about building even stronger relationships with the people you work with and serve.



Women in Medicine Luncheon on Thursday will include a Town Hall event focused on women physician experiences and best practices.

Membership Meeting

During the annual Membership Meeting on Saturday, we will vote on new Board members, meet new DiRenna Scholars, announce the student and resident poster contest winners, recognize Society award recipients, and hear from the ACOFP. You should not miss this meeting!



President’s Social



Join us for happy hour and welcome Jessica Richter, DO, MPH as our new Society President!



Lactation Room hosted by

the Women Physicians Committee

A private, quiet, and welcoming space will be available on site throughout the conference for nursing mothers.

Registration Information

IN PERSON ATTENDANCE

Those who register for and attend the conference in person will have access to all the CME presentations (up to 28.5 credit hours) as well as all extra non cme activities taking place over the course of the conference. That includes the exhibit hall, keynote address, president's reception, student and resident poster and research contests, yoga, and women in medicine lunch. Please be sure to choose any of the extra "sessions" or events you plan to attend. There is no additional cost for any of these activities.

The derm/biopsies workshop and sutures workshop on Saturday morning are also open to physicians for a small fee. These are also non cme activities, however.

In person attendees will have until March 3, 2023 to complete their session surveys and attestations.

Please read through the registration options carefully before you finalize your purchase.

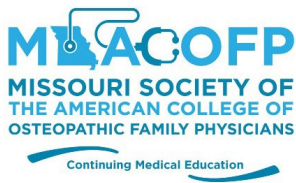
Bring your laptop or tablet! Participants may download meeting materials from the meeting platform or view during the CME sessions.

VIRTUAL ATTENDANCE

Those who register to attend virtually will have live access to all the CME presentations with the ability to ask questions of the presenters via a chat function. Access to the recorded sessions will also be made available until March 3, 2023. All session surveys and attestations must be completed by March 3, 2023.

Virtual attendees are also invited to attend the membership meeting on Saturday. The meeting will not be recorded, but virtual attendees will be given the opportunity to attend via Zoom. Access to the event app will give you access to other attendees and the ability to connect and engage with them as well as exhibitors.

Information on how to access the CME presentations and app, including log in information, will be sent to you about a week before the conference begins.



2023 Winter Family Medicine Update January 26 - 29, 2023
REGISTRATION FORM or register online at www.msacofp.org

Please PRINT. Use a separate form for each registrant

First/Last Name _____

Degree(s): _____ AOA #: _____ AAFP#: _____

Mailing Address: _____ Is this: Home Business

City/State/Zip: _____

Phone: _____

E-mail: _____

Please list any food restrictions (i.e. vegetarian, gluten free) or allergies: _____

By registering for this conference, I authorize MSACFP to use photographs of me with or without my name for any lawful purpose, including print or on-line marketing.

☐ **I have registered with an Allied Health Professional and am entitled to the \$100 discount. (AHP must register separately)**
AHP name is: _____

Payment Method

☐ Check to MSACFP ☐ Master Card ☐ Visa

☐ Discover ☐ American Express (CVC is 4 digits on the front)

Card # _____

Exp. Date _____ CVC Code: _____

Name on Card: _____

Billing Address for Credit Card: _____

Print Name: _____

Authorized Signature: _____

Date: _____

Mail this form and payment to:
 MSACFP 2334 Highway F Hermann, MO 65041

For questions: rmundwiller@msacofp.org or 573-634-4667

Early Bird Rates: On or Before January 5, 2023

Regular Rates: On or After January 6, 2023 - registration closes January 13.

Medical Students and Residents attend at no cost

Nurse Practitioners or other allied health professionals are encouraged to attend. You receive a \$200 discount, and the physician receives a \$100 discount.

CANCELLATION FEES: On or before January 5, 2023: \$50 FEE
 On or after January 6, 2023: NO REFUNDS

MEMBERS (Paid MO ACOFP Members)	Early Bird	Regular
FULL SEMINAR VIRTUAL ONLY	☐ \$599	☐ \$699
Full Seminar IN PERSON	☐ \$599	☐ \$699
MSACFP Life Member IN PERSON	☐ \$499	☐ \$599
Thursday & Friday IN PERSON	☐ \$475	☐ \$575
Friday & Saturday IN PERSON	☐ \$475	☐ \$575
Saturday & Sunday IN PERSON	☐ \$425	☐ \$525
Student or Resident IN PERSON	☐ Free	☐ Free
Member 1st Time Attendee IN PERSON	☐ \$499	☐ \$599
Member < 5 years in Practice IN PERSON	☐ \$499	☐ \$599
NON-MEMBERS		
FULL SEMINAR VIRTUAL ONLY	☐ \$725	☐ \$825
Full Seminar IN PERSON	☐ \$725	☐ \$825
Thursday & Friday IN PERSON	☐ \$625	☐ \$725
Friday & Saturday IN PERSON	☐ \$625	☐ \$725
Saturday & Sunday IN PERSON	☐ \$525	☐ \$625
First Time Attendee IN PERSON	☐ \$599	☐ \$699
< 5 years in Practice IN PERSON	☐ \$599	☐ \$699
Allied Health Professional IN PERSON		☐ \$399
WORKSHOPS and other in person NON CME events		
Biopsies Workshop Saturday	☐ \$20	☐ 20
Sutures Workshop Saturday	☐ \$20	☐ 20
Thurs. Women in Medicine Lunch (no add'l chg)	☐	
Friday morning Yoga (no add'l chg)	☐	
Sat. Membership Mtg & Lunch (no add'l chg)	☐	
Young physicians social (no add'l chg) if you are < 5 years in Practice	☐	

Total Amount Due \$ _____