

Lifestyle Medicine 2018

AUSTRALASIA

Personalised medicine
Nutrigenomics
Microbiome
Health tech
Dementia
Obesity
CVD



17-19 AUGUST 2018
Sofitel, Brisbane, Australia

STREAMS

- Nutrigenomics, health tech & personalised medicine
- Microbiome & metabolic dysfunction in obesity & CVD
- Brain health, cognition, cognitive decline & dementia
- Scientific abstracts – short oral & poster presentations

PRE-CONFERENCE WORKSHOPS

- Lifestyle intervention for disease modification & reversal
- Positive psychology, emotional wellbeing, sleep and stress
- Nutrigenomic strategies for the gut-brain biome
- Lifestyle Medicine and your practice of the future

WHO SHOULD ATTEND

GPs, Specialists & Dentists
Public Health Physicians
Health Policy Professionals
Scientists & Researchers
Academics & Educators
Dietitians & Nutritionists
Exercise Physiologists
Nurses & Practice Nurses
Diabetes Educators
Psychologists

Counsellors
Social Workers
Naturopaths
Psychotherapists
Pharmacists
Physiotherapists
Osteopaths & Chiropractors
Occupational Therapists
Other Allied Health Practitioners
Practice & PHN/PHO Personnel

RACGP
QI&CPD and
allied health
CPD POINTS
will apply

EARLY BIRD DISCOUNTS 31 MAR & 31 MAY

USE CONFERENCE PROMO CODE 'LM18FLYER' FOR A SPECIAL DISCOUNT

Enhancing health, Evolving care

Ten years since obesity became a National Health Priority Area, it is an inconvenient truth that obesity is still on the rise, driven by overconsumption and under activity, environmental, societal and other factors. Likewise for type 2 diabetes, cardiovascular disease and dementia. Ironically, while genetic predisposition is usually considered to be less predictive of disease than 'lifestyle', the factors that create ill health also influence gene expression, affecting not only disease progression and prognosis, but the health of future generations.

Read more at www.lifestylemedicine.org.au/conference

www.lifestylemedicine.org.au

KEY DATES

Registrations

1st early bird closes	31 March
2nd early bird* closes	31 May
*CHECK THE WEBSITE FOR ANY CHANGES	

Scientific abstracts

Round 1 closes	30 April
Round 2* closes	30 June

*PROCESSED ON RECEIPT / SUBJECT TO AVAILABILITY

SESSION TIMES

- **PRE-CONFERENCE WORKSHOPS**
10am-5.30pm Friday 17 August
- **SPECIAL GUEST EVENT - DEBATE & DIALOGUE**
7pm-9.30pm Friday 17 August
- **MAIN CONFERENCE (2 DAYS)**
9am-5pm Sat 18 - Sun 19 August
(ONE DAY REGISTRATIONS AVAILABLE)
- **GALA CONFERENCE DINNER**
7am-11pm Saturday 18 August
(MOSTLY PLANT BASED BUFFET, LIVE MUSIC AND DANCE FLOOR)
- **OPTIONAL MASTERCLASSES & BOARD EXAM**
9am-1pm Monday 20 August

Register online at www.lifestylemedicine.org.au.

LOCATION



Brisbane is the perfect destination for both local and international visitors.

Explore the

hub of lifestyle and culture at South Bank, take a day trip down to the Gold Coast or up to the Sunshine Coast, hop on a plane up to the Great Barrier Reef or the tropical rainforests and rivers of the Daintree.

CONTINUING EDUCATION

- RACGP QI&CPD points
(Category 1 points for Friday workshops)
- ACRRM PDP points
- RNZCGP MOPS points
- CPD/CME points for most allied health

SPONSORSHIP

Opportunities to sponsor and exhibit at the conference are expected to sell out again. Reach an estimated 400-500 delegates in person over three days. Please enquire for the prospectus.

ENQUIRIES

NATIONAL TOLL FREE 1300 673 643
INTERNATIONAL +61 466 884 656
EMAIL info@lifestylemedicine.org.au



Enhancing health, Evolving care

The Australasian Society of Lifestyle Medicine (ASLM) and partner organisations are proud to invite you to attend the third international conference on Lifestyle Medicine in science, health policy and clinical practice to be held in Australasia.



With not one, but three leading lights of Lifestyle Medicine to guide you through the feast of options, our Masters of Ceremonies, Drs Caroline West, Darren Morton and Joanna McMillan will keep you moving, laughing, singing & dancing!

The conference features a 'how to' multidisciplinary clinical focus designed for doctors and allied health practitioners, blended with an exploration of determinants and systemic issues for public health physicians and health policy professionals. Complimented by scientific abstracts integrated into the main program.

An impressive line-up of leaders in medicine, science and health policy from Australia, New Zealand, Asia, Europe and the Americas will once again explore the conference themes, with a focus on translational research and innovation in practice.

Lifestyle Medicine promotes prevention, early intervention, self-management, modification, and dare we say it, even regression of many chronic conditions.

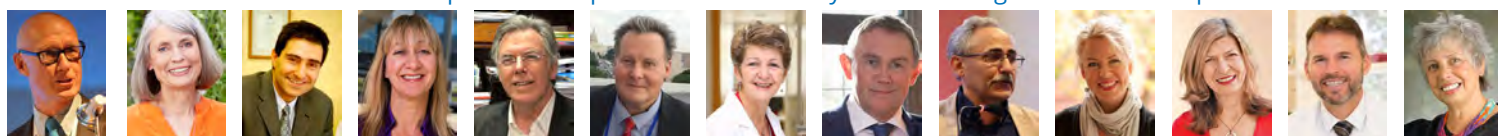
Let us re-inspire your practice at this special event.



Dr Sam Manger
MBBS, BSc, FRACGP, FASLM
President, ASLM



See the full line-up of invited speakers at www.lifestylemedicine.org.au/conference/speakers



www.lifestylemedicine.org.au