



David Geffen
School of Medicine

THE 4th ANNUAL UCLA Diabetes Symposium



CME OFFICE OF
CONTINUING
MEDICAL
EDUCATION

DAVID GEGGEN SCHOOL OF MEDICINE at **UCLA**

Saturday, December 3, 2016
Loews Santa Monica Beach Hotel
Santa Monica, California

The 4th Annual UCLA Diabetes Symposium

Diabetes poses a major healthcare challenge. The prevalence of diabetes is rising and providers of all types are increasingly required to address glycemic control and diabetes-related complications. Treatments are broadening and newer technologies offer promise, but must also be used with care. The UCLA Annual Diabetes Symposium is a one-day CME program offering providers of varying backgrounds a chance to review optimal state-of-the-art care to the patient with diabetes. Experts in the field and its associated complications will review current best practices. Additionally, workshops aiming to address various aspects of management include updates in technology, pre-diabetes, and cardiovascular disease management.

Course Objectives

At the completion of this course, participants should be able to:

- Describe the treatment of type 2 diabetes mellitus
- Outline diagnosis and treatments associated with pre-diabetes
- Describe treatment of cardiovascular disease prevention in diabetes
- Outline the connection between sleep disorders and diabetes
- Outline goals of diabetes therapy both before and during medical procedures
- Identify how to screen for and treat diabetes kidney disease
- Describe the latest uses of technology in diabetes care

Target Audience

The UCLA Diabetes program has been designed for physicians, nurse practitioners, physician assistants, certified diabetes educators, nurse educators, dietitians, pharmacists, and other healthcare practitioners whose practice includes care of patients with diabetes.

General Information

Conference Location

Loews Santa Monica Beach Hotel
1700 Ocean Avenue
Santa Monica, CA 90401
310-458-6700

Hotel Accommodations

There is a very limited number of hotel rooms available at a discounted rate of \$369, first come, first served basis for Friday, December 2nd only. Please call Jess Reichert, Revenue Manager, directly at 310-576-3151 to book a room. Please note that this is not a room block. No other rooms will be made available at the discounted rate once the limit has been reached.

Parking

Valet parking is \$12.00

Fees

Physicians: \$175.00
Allied Health Professionals
and Students: \$150.00

Refunds

A service charge of \$75 will be withheld from all refunds (full refund if course is canceled or rescheduled). Requests must be in writing and received by November 4, 2016. You may fax your refund request to (310) 794-2624.

Enrollment

Online

Go to www.cme.ucla.edu/courses to enroll online using your American Express, Discover, MasterCard or Visa. Click on 4th Annual UCLA Diabetes Symposium

By Mail

Enroll by mail with your American Express, Discover, MasterCard or Visa by using the form attached. Mail to the Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, 10920 Wilshire Blvd., Suite 1060, Los Angeles, CA 90024.

By Phone

Use your American Express, Discover, MasterCard or Visa to enroll over the phone. Call 310-794-2620.

By Fax

Enroll by fax with your American Express, Discover, MasterCard or Visa by sending the completed enrollment form with credit card information and authorizing signature. Fax to 310-794-2624.

Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA designates this live activity for a maximum of 6.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure

The FDA has issued a concept paper which classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is “truly independent” and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced, and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy now mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We, at UCLA, fully endorse the letter and spirit of these concepts.

Course Faculty

COURSE DIRECTOR

Matthew Freeby, MD

Assistant Clinical Professor of Medicine
Director, Gonda Diabetes Center
Associate Director, Diabetes Clinical Programs
Division of Endocrinology, Diabetes and Hypertension

COURSE CO-DIRECTORS

Dianne S. Cheung, MD, MPH

Assistant Clinical Professor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health–South Bay
Endocrinology

Evelyne Fleury-Milfort, NP, BC-ADM, CDE

Director, Diabetes Education Program
Division of Endocrinology, Diabetes and Hypertension
Department of Medicine

GUEST FACULTY

Jack L. Leahy, MD

Chief, Division of Endocrinology, Diabetes and Metabolism
University of Vermont
Colchester, Vermont

Beth Pyatak, PhD, OTR/L, CDE

Assistant Professor
Chan Division of Occupational Science and Occupational Therapy
Herman Ostrow School of Dentistry
University of Southern California
Los Angeles, California

FACULTY – DAVID GEFKEN SCHOOL OF MEDICINE AT UCLA

Sheila H. A. Ahmadi, MD

Associate Professor of Medicine
Division of Endocrinology, Diabetes and Hypertension
UCLA Gonda (Goldschmied) Diabetes Center

David Ahn, MD

Clinical Instructor
Division of Endocrinology, Diabetes and Hypertension
Department of Medicine

Vanessa Arguello, MD

Clinical Instructor
Division of Endocrinology, Diabetes and Hypertension

Peter Butler, MD

Professor, Medicine
Director, Larry Hillblom Islet Research Institute

Susan S. Davis, MD

Assistant Clinical Professor of Medicine
Division of Endocrinology, Diabetes and Hypertension
UCLA Health–Santa Monica

Yaroslav Gofnung, MD

Assistant Clinical Professor
Division of Endocrinology, Diabetes and Hypertension
UCLA Health–Westlake Village

Jennifer Han, MD

Assistant Clinical Professor of Medicine
Division of Endocrinology, Diabetes and Hypertension
UCLA Health–South Bay

Nirav V. Kamdar, MD, MPP

Assistant Professor
Department of Anesthesiology and Perioperative Medicine

Tannaz Moin, MD, MBA, MSHS

Assistant Professor
Division of Endocrinology, Diabetes and Metabolism
HSR&D Center for the Study of Healthcare Innovation, Implementation & Policy
VA Greater Los Angeles Healthcare System

Arti D. Shah, MD

Assistant Clinical Professor
Division of Endocrinology, Diabetes and Hypertension
Department of Medicine

Na Shen, MD

Clinical Instructor
Division of Endocrinology, Diabetes and Hypertension
Department of Medicine

Karol E. Watson, MD, PhD

Professor of Medicine/Cardiology
Co-Director, UCLA Program in Preventive Cardiology
Director, UCLA Barbra Streisand Women's Heart Health Program

James Wilson, MD, MS, FACP

Medical Director, UCLA Stone Center
Director, Surgical Consultative Nephrology
Associate Professor of Medicine

Michelle Zeidler, MD, MS

Associate Professor of Medicine
Director, VA GLA Sleep Center
Program Director, UCLA Sleep Fellowship
Division of Pulmonary, Critical Care & Sleep Medicine

SYMPOSIUM PLANNING COMMITTEE

Peter Butler, MD

Dianne S. Cheung, MD, MPH

Evelyne Fleury-Milfort, NP, BC-ADM, CDE

Matthew Freeby, MD

Program Schedule

Saturday, December 3, 2016

7:00 Registration/Continental Breakfast/Exhibits

7:50 Welcome and Introduction
Matthew Freeby, MD

Management of Diabetes and Related Disorders: Session I

Moderators: *Dianne S. Cheung, MD, MPH, and Jennifer Han, MD*

8:00 Update on Prevention of Cardiovascular Disease in Diabetes
Karol E. Watson, MD, PhD

8:35 Pre-Diabetes: Metformin vs. Lifestyle Modifications
Tannaz Moin, MD, MBA, MSHS

9:10 Where's Your Goal? Individualizing Glycemic Targets
Matthew Freeby, MD

9:30 Break and Exhibits

Moderators: *Yaroslav Gofnung, MD, and Na Shen, MD*

10:00 Type 2 Diabetes Mellitus: What Follows after Metformin?
Jack L. Leahy, MD

10:50 Diabetes: Differences in Pathophysiology and Complications in an Asian Population
Arti D. Shah, MD

11:25 Sleep and Diabetes Connection
Michelle Zeidler, MD, MS

12:00 Lunch and Exhibits

Management of Diabetes and Related Disorders: Session II

Moderators: *Vanessa Arguello, MD, and Susan S. Davis, MD*

- 1:00 **Diabetes and Dementia: How Connected Are They?**
Peter Butler, MD
- 1:35 **Pre- and Peri-Operative Diabetes Recommendations**
Nirav V. Kamdar, MD, MPP
- 2:10 **Improving Patient Engagement in Diabetes**
Beth Pyatak, PhD, OTR/L, CDE
- 2:45 **Break and Exhibits**

Moderators: *Sheila H. A. Ahmadi, MD, and*
Evelyne Fleury-Milfort, NP, BC-ADM, CDE

- 3:05 **Diabetes and Kidney Disease: Prevention and Treatment**
James Wilson, MD, MS, FACP
- 3:40 **Using New Technologies in Diabetes Care**
David Ahn, MD
- 4:15 **Closing Remarks**
- 4:25 **Adjourn**

Registration (Please Print)

Course Title and Number		Registration Fee
4th Annual UCLA Diabetes Symposium M167-11		
Physicians: \$175.00		
Allied Health Professionals and Students: \$150.00		
Tuition includes registration in the symposium, syllabus, continental breakfast, lunch and coffee break.	TOTAL	

Last four digits of your Social Security Number

Name (First/Middle/Last) ☐ Male ☐ Female

Degree Specialty

Preferred Mailing Address

City/State/ZIP

() - ()
Area Code Phone Fax: Area Code

E-Mail Address

☐ Check enclosed payable to: The Regents of the University of California
☐ Charge: ☐ MasterCard ☐ Visa ☐ Discover ☐ American Express

Card Number Expiration Mo/Yr

Authorizing Signature

Mail to:
UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
Diabetes Symposium
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024

UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
405 Hilgard Avenue MC 29
Los Angeles, California 90095-6938

NONPROFIT
ORGANIZATION
U.S. POSTAGE

PAID

U C L A

THE 4TH ANNUAL
UCLA Diabetes Symposium

Saturday, December 3, 2016

Loews Santa Monica Beach Hotel
Santa Monica, California

Register today!

Enroll now by mail, fax, phone or online.

www.cme.ucla.edu/courses