

Three Months Fellowship Course in

COSMETIC GYNECOLOGY & SEXOLOGY





About Us

MHPro is a Continuing Medical Education (CME) platform to upskill healthcare professionals with evidence-based knowledge delivered online with immersive learning experience. The MHPro curriculum aims to prepare clinicians to master Basic Sciences, which then empowers them to deal with patients and their problems in a hospital or outpatient milieu. During the program, new clinical skills and considerable medical knowledge, and domain-specific core competencies will be stressed as clinicians acquire both diagnostic and therapeutic skills

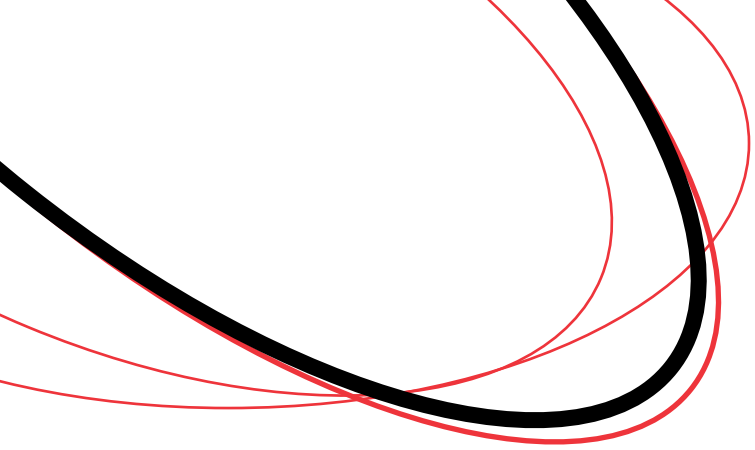
MHPro is committed to a competency-based curriculum. Learners will be graded and receive pertinent feedback

Welcome to MHPro



Course Introduction

The Fellowship in Cosmetic Gynecology & Sexology is a structured program designed for medical professionals seeking to specialize in the rapidly growing field of aesthetic and functional female intimate health and sexual wellness. This online, self-paced course blends clinical theory, aesthetic procedures, hormonal health, and psychosexual counseling into one comprehensive curriculum. Participants will gain expert knowledge in vaginal rejuvenation, labiaplasty, PRP therapy, laser applications, sexual dysfunction, and relationship counseling, empowering them to address the holistic wellness of female patients



Learning Objectives:

- **By the end of this course, participants will:**
- Understand the anatomical, physiological, and psychological foundations of female sexual health
- Learn the principles and practice of cosmetic gynecology procedures including non-invasive and minimally invasive techniques
- Diagnose and manage common female sexual dysfunctions using evidence-based approaches
- Gain familiarity with use of lasers, radiofrequency, PRP, and fillers in cosmetic intimate procedures
- Learn counseling techniques and communication strategies for psychosexual and relationship concerns
- Recognize ethical, medico-legal, and cultural considerations in aesthetic intimate care
- Apply a patient-centric, multidisciplinary approach to female sexual and cosmetic health

Learning Outcomes:

- **Upon successful completion, participants will:**
- Confidently offer aesthetic gynecological procedures within clinical practice
- Provide effective counseling and treatment plans for sexual dysfunctions and psychosexual disorders
- Handle discussions around intimate wellness sensitively and professionally
- Integrate cosmetic and sexual medicine solutions tailored to individual patient needs
- Contribute to women's wellness through a holistic and integrative care model
- Stay updated with global best practices and evidence-based innovations in cosmetic gynecology

Who should take up this course?

Gynecologists & Obstetricians, Dermatologists & Aesthetic Physicians, Plastic Surgeons, Sexologists & Psychologists, General Practitioners & Family Physicians

Program Director



Dr. S S Vasani

Uro-Andrologist
Medical Director & CEO, Ankur Healthcare
Bengaluru, India

Course Director



Dr. Padmini Prasad

Obstetrician Gynaecologist
& Sexual Health Consultant, Ramamani Nursing Home
Bengaluru, India



Dr. Ma Esperanza Anna Lyn D. Tubban

Owner & Medical Director,
Belliva Skin & Gyne Aesthetic Clinic,
Olongapo, Philippines



Curriculum

Course Title: Cosmetic Gynecology & Sexology

Module:

Introduction

Chapter:

- Anatomy and Functions of Female Intimate Area - Skingyne
- Physiology of the Sexual Response Cycle
- An Overview of Cosmetic Gynecology
- Cosmetic Procedures In Gynecology
- Female Sexual Response Cycle

Vulva

- "Female Intimate Aesthetic: Vulva Rejuvenation Depigmentation - How to Lighten Skin in Intimate Areas?"
- Vulva Rejuvenation: Vulvar Dermal Fillers & Skin Tightening/Lift /Volume
- Vulva Rejuvenation: Hair Removal Procedures & Lasers and Light
- Skin Conditions : Pathologic Vs Aesthetic
- Vulval Benign Disorder to Cosmesis

Vagina

- "Female Intimate Aesthetic Vagina Rejuvenation:
 - Tightening Introitus / Canal
 - Moisture
 - Sexual Rehabilitation
 - Hormonal Changes
 - Energy Based Devices"
- "O Shot / Gspot Amplification
 - Prp / Prf
 - Exosomes
 - Growth Factors
 - Hyaluronic Acid
 - Biostimulant"

Curriculum

Course Title: Cosmetic Gynecology & Sexology

Module:

Vagina - Sexual Dysfunction

Chapter:

- Vaginal Rejuvenation - Addressing women intimate health
- Genito-pelvic Pain/Penetration Disorder (GPPPD) - Female Sexual Dysfunction
- Non Consummation of Marriage & Vaginismus
- Female Sexual Dysfunction
- Female Cancer and Sexual Dysfunction
- Preconception Care - Medication History - Setting Things Right

Menopause

- Menopause and Sexuality
- Botox in Gynecology
- Fillers in Aesthetic Gynecology
- Laser in Cosmetic Gynecology

Cosmetic Gynecology recent developments

- Laser for SUI
- GU Syndrome in Menopause
- Regeneration of Vulvovaginal Tissue with Laser
- Sexual Shots
- Women at Different Ages. Changes throughout the Life Cycle
- Setting up a Cosmetic Gynaecology Clinic
- The Sexmed Therapy Guideline



Curriculum

Course Title: Cosmetic Gynecology & Sexology

Module:

PART II - Surgical

Chapter:

Surgical Management Part 1

- Labiaplasty & Clitoral Unhooding
- Vaginoplasty & Perineoplasty

Surgical Management Part 2

- Surgical Aesthetics: An Insight
- Surgical Management of Vaginal Laxity
- Labiaplasty
- Types of Labiaplasty
- Hymenoplasty
- Clitoral Surgery
- "Cauterization of Genital Warts
 - Hpv Screening /Guides
 - Papsmears /Sti Workups"

Certificate Sample

