

Transforming Acute Care for Frail Older People

Recognising and Responding to Frailty

Monday 14 January 2019 De Vere West One Conference Centre, London

10% card payments discount*
15% Group booking discount**



Chair & Speakers include:

Dr Amit Arora

Consultant Geriatrician & Clinical Lead for Geriatric Medicine, University Hospital of North Midlands NHS Trust & Past Chairman of the England Council British Geriatrics Society

Prof Martin Vernon

National Clinical Director for Older People NHS England

Supporting Organisations:



Transforming Acute Care for Frail Older People

Recognising and Responding to Frailty

Monday 14 January 2019 De Vere West One Conference Centre, London

10% card payments discount*
15% Group booking discount**

"Acute frailty service redesign is crucial to deliver high quality, sustainable healthcare. Rising patient demand across urgent and emergency care services means increasing admissions impact on patient flow in emergency departments (ED), increased bed occupancy and outlying patients across the hospital with an inevitable negative impact on patient outcomes and experience and increased length of stay. Trusts need support to improve quality, effectiveness and productivity across acute frailty care pathways."

NHS England June 2018

"Frailty is a loss of resilience that means people living with frailty do not bounce back quickly after a physical or mental illness, an accident or other stressful event. In clinical terms, frailty is characterised by loss of biological reserves across multiple organ systems and increasing vulnerability to physiological decompensation after a stressor event. People living with frailty are likely to have a number of different issues or problems, which, taken individually, might not be very serious but when added together have a large impact on health, confidence and wellbeing."

- The overall prevalence of frailty in people aged over 60 is 14% and it tends to be more common in women (ELSA (2016))
- 5% of people aged 60-69 have frailty. This rises to 65% in people aged over 90. In England there are 1.8 million people aged over 60 and 0.8 million people aged over 80 living with frailty
- Frailty is linked with poor mobility, difficulty doing everyday activity, or simply 'slowing up'
- Frailty results in large increases in the health cost for care settings such as inpatient, outpatient and nursing homes
- Frailty progresses with age. As the population of England ages the prevalence and impact of frailty is likely to increase."

NHS England 2018

"Between 5% and 10% of all people attending emergency departments (ED) and 30% of patients in acute medical units (AMU) are older people with frailty. Identifying frailty must become an embedded part of the acute assessment of people aged over 65 to enable earlier targeted assessment and intervention." NHS Improvement June 2018

This conference focuses on the important issue of transforming acute care for people with frailty: improving the quality of care for people with frailty and supporting them to stay out of hospital. Redesign of acute frailty services is crucial to meeting increasing demand and improving the quality of life for older people.

This conference will enable you to:

- Network with colleagues who are working to improve acute care for frail older people
- Learn from outstanding practice in developing dedicated frailty services
- Reflect on national developments and learning with an update from **Prof Martin Vernon**, National Clinical Director for Older People
- Improve the way you support people with frailty
- Develop your skills in identifying and diagnosing frailty
- Understand how you can improve the response to emergency admissions
- Identify key strategies for preventing unnecessary hospital admission
- Learn from the delivery of a frailty improvement programme in acute care
- Understand how to improve the training and education of frontline staff to support frail older people on the ward
- Ensure frailty presenting as falls is effectively identified and managed
- Improve prescribing and reduce polypharmacy
- Reflect on how we can improve end of life care and planning for people with advanced frailty
- Self-assess and reflect on your own practice
- Gain cpd accreditation points contributing to professional development and revalidation evidence

Follow the conference on Twitter #FrailtyNHS

10.00 Chair's Welcome & Introduction: Changing care systems for people with frailty: the frailty passport

Dr Amit Arora *Consultant Geriatrician & Clinical Lead for Geriatric Medicine, University Hospital of North Midlands NHS Trust & Past Chairman of the England Council British Geriatrics Society*

10.40 Delivering a frailty improvement programme in acute care Frailty at the Front Door: improving quality, reducing length of stay

Dr Kirsty Rodger
Geriatrician lead for Front Door Frailty Service
with **Joy Reid**
Nurse Consultant for Older People
NHS Fife

- delivering an effective frailty improvement programme
- improve the processes for delivering early effective comprehensive geriatric assessment
- improve the coordinated response to frailty
- strengthening links between secondary, primary and social care to ensure all care options are considered
- lessons from our experience

11.10 Question and answers, followed by tea & coffee at 11.20

11.45 Identifying and diagnosing Frailty: proactive frailty case finding and assessment

Dr Jayne Youde
Consultant Geriatrician
Derby Hospitals NHS Foundation Trust

- proactive frailty case finding
- how do we actively identify people with frailty: tools that can help
- diagnosing frailty: case studies in practice

12.15 Improving the response to emergency admissions Case Study: The UK's first Older Peoples Emergency Department

Dr Sarah Bailey
Clinical Lead for Frailty
Norfolk & Norwich University Hospitals NHS Foundation Trust

- raising awareness of frailty
- ensuring early access to a specialist assessment team
- working to improve the response to emergency admissions: an older peoples emergency department

12.45 Preventing unnecessary hospital admission and delivering effective care closer to home

Debbie Crewe
Consultant Practitioner in Frailty for the Frailty Support Team
Southern Health NHS Foundation Trust

- looking at the patients' pathway more holistically
- the role of the Frailty Support mobile team
- offering rapid assessment in the patients home

13.15 Question and answers, followed by lunch at 13.20

14.00 KEYNOTE SESSION: Changing care systems for people with frailty

Prof Martin Vernon
National Clinical Director for Older People
NHS England

- frailty: national update and understanding prevalence
- agreeing care standards and ambitions for frailty
- ensuring all clinicians acquire the knowledge and skills appropriate for safe and competent care of older people with comorbidities and frailty
- improving acute care for frail older people

14.30 Training frontline staff to effectively support frail people on the ward

Sue Lyne
Nurse Consultant for Frailty and Older People
East Sussex NHS Foundation Trust

- supporting older frail inpatients
- the role of the frailty practitioner service
- working in partnership to prevent unnecessary or prolonged stays in hospital

15.00 Frailty presenting as falls - a different challenge?

Dr Wallace Tan
Chair of Falls Group, and Consultant Geriatrician
Croydon University Hospital NHS Trust

- identifying the root cause and contributing factors to a fall
- recognising frailty during falls assessment
- frailty presenting as falls - a different challenge?
- falls and syncope: managing underlying health issues and comorbidity
- secondary falls prevention: working with people with frailty

15.30 Question and answers, followed by tea & coffee at 15.40

16.00 Frailty, Prescribing and Polypharmacy

Speaker to be announced

- safe prescribing for people with frailty
- polypharmacy and stopping medicines safely
- monitoring medications: case study

16.30 Advanced Frailty and End of Life Care

Dr Victor Pace
Consultant in Palliative Medicine,
St Christopher's Hospice

- how do we improve access to specialist palliative care for people with advanced frailty?
- understanding the trajectory of frailty? Recognising and planning for end of life care in older people with frailty
- what does good end of life care look like for people with frailty?

17.00 Question and answers, followed by close

10% card payments discount*
15% Group booking discount**

Transforming Care for Frail Older People

Monday 14 January 2019

De Vere West One Conference Centre, London

Download

> How to book Book online via credit card and receive a 10% discount* www.healthcareconferencesuk.co.uk Fax the booking form to 0208 181 6491 Post this form to Healthcare Conferences UK 8 Wilson Drive, Ottershaw, Surrey, KT16 0NT

> Your Details (please complete a new form for each delegate. Photocopies are acceptable)

Dr Mr Mrs Ms (Please Circle)

First Name

Surname

Job Title

Department

Organisation

Address

Postcode

Telephone

Fax

Email

Please write your address clearly as confirmation will be sent by email, if you prefer confirmation by post please tick this box, ☐
Please also ensure you complete your full postal address details for our records.

Please specify any special dietary or access requirements

This form must be signed by the delegate or an authorised person before we can accept the booking

(By signing this form you are accepting the terms and conditions below)

Name

Signature

Date

> Payment

☐ **By Cheque** A cheque for is enclosed

Please make Cheques Payable to: Healthcare Conferences UK Ltd.

☐ **By Invoice** Please send an invoice to

Name

Organisation

Address

Postcode

PURCHASE ORDER NUMBER
(If Applicable)

Please note if you are requesting an invoice many NHS organisations now require a Purchase Order Number to be provided. If you do not provide this number this may slow down the processing of this delegate place.

☐ **By B A C S**

For Payments in £: Sort Code 40-46-22 Account No. 21553690

☐ Please send your BACS remittance form as confirmation of payment

☐ Your BACS Reference

☐ **By credit card** Please debit my Visa/Mastercard/Switch

All sections must be completed

Cardholder's Name

Card No.

Valid From

Expiry Date

Issue No. (switch only)

You will be contacted during the processing of your booking to confirm the payment card security code. (this is the last three digits of the number printed on the back of your card)

Signature

Card billing address

Promotional Code

Conference Documentation

☐ I cannot attend the conference but would like to receive a PDF containing the conference handbook material, which includes speaker slides, at £49 each.

The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email jayne@hc-uk.org.uk

Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date: Monday 14 January 2019

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
☐ £300 + VAT (£360.00) for voluntary sector / charities.
☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

*Credit card Discount

10% discount when you book via credit or debit card. This offer is exclusive to card bookings and cannot be used in conjunction with any other Healthcare Conferences UK offer.

**Group Rates

A discount of 15% is available to all but the first delegate from the same organisation, booked at the same time, for the same conference.

Terms & Conditions

A refund, less a 20% administration fee, will be made if cancellations are received, in writing, at least 4 weeks before the conference. We regret that any cancellation after this cannot be refunded, and that refunds for failure to attend the conference cannot be made, but substitute delegates are welcome at any time.

Accommodation

On confirmation of your booking you will receive information for booking accommodation should you require it.

Confirmation of Booking

All bookings will be confirmed by email, unless stated otherwise. Please contact us if you have not received confirmation 7-10 days after submitting your booking.

Exhibition

If you are interested in exhibiting at this event, please contact Carolyn Goodbody on 01932 429933, or email carolyn@hc-uk.org.uk

Credits

CPD Certified. Recognised by the Good Governance Institute. Conference Producer is a member of the British Association for Professional Conference Organisers.

The information provided will be held on the Healthcare Conference UK's database and may be used to update you with details of other events that we organise. If you DO NOT wish to receive this information, please tick this box ☐

We occasionally release your details to companies sponsoring or exhibiting at our events. If you DO NOT wish to receive information from these companies, please tick this box ☐

Healthcare Conferences UK reserve the right to make changes to speakers and programmes without prior notice.
©Healthcare Conferences UK Ltd 2018

