



Six Months Masters Course in
**Sexual
Medicine**



About Us

MHPro is a Continuing Medical Education (CME) platform to upskill healthcare professionals with evidence-based knowledge delivered online with immersive learning experience. The MHPro curriculum aims to prepare clinicians to master Basic Sciences, which then empowers them to deal with patients and their problems in a hospital or outpatient milieu. During the program, new clinical skills and considerable medical knowledge, and domain-specific core competencies will be stressed as clinicians acquire both diagnostic and therapeutic skills



MHPro is committed to a competency based curriculum. Learners will be graded and receive pertinent feedback

Welcome to MHPro





Course Introduction

A highly specialized specialty comprehensively crafted by multi-specialty national and international experts in their respective field, sexual medicine is dedicated to quantitative and objective diagnostic examinations of various diseases and disorders, and psychosocial conditions affecting sexuality. It includes a varied knowledge spectrum from endocrinologist to dermatologist, gynecology, and psychiatry as well as urologist perspective of sexual medicine thereby brightening the diagnostic and treatment horizon serving as a total sexual health education package





Learning Objectives:

- Gain knowledge and skills required for delivering reproductive healthcare
- To prepare professionally trainees in interview skills, capacity to collect history, evaluate to make a proper diagnosis and plan the care appropriately
- To learn theoretical and practical aspects of sexual and marital problems and their solutions
- Learn management approaches to various Sexually Transmitted Infections (STIs)
- Identify possible causes and manage medical aspects of infertility in males and females
- Understand various options available for reproductive health promotion
- Become expert in the advanced comprehensive men's health evaluation



Learning outcomes:

- Understand the sexual and reproductive health needs of the local communities
- Implement evidence based sexual and reproductive health programs
- Evaluate effectiveness of reproductive health interventions
- Assessment of circumstances of the development of the Sexual Dysfunction
- Carry out psychosexual counseling and behavioral exercises
- Manage common STIs



Program Director



Dr. S S Vasan

Uro-Andrologist & Medical Director,
Ankur Healthcare, Bengaluru, India
President SASSM



Course Directors



Dr. Peter HC Lim

Medical Director, Andrology,
Urology & Continence Centre,
Gleneagles Hospital, Singapore



Dr. Rupin Shah

Consultant Andrologist &
Microsurgeon, Lilavati Hospital
& Research Centre, Mumbai, India



Who should take up this course?



Medical Graduates, PG Students in the field of Urology, General Surgery, Gynecology, and Reproductive Medicine, Embryologists, Psychiatrists, Dermatologists, Lab technicians in the field of Andrology and Embryology





Curriculum

Module Name	Chapter Name
The need for men's sexual health in today's era	• The case for men's health
Sexual Development & Sexuality	• History of sexual medicine - the evolution • Sexual development Male and Female - Sexual Response Cycle and its Determinants • Anatomy of the male reproductive system • Development of the Male Reproductive System • Spermatogenesis and Spermiogenesis • Sperm Transport and Maturation • HPG axis in Men and its Role in Spermatogenesis • Seminal Plasma and Its Role • Hypothalamus and Pituitary Disorders • Hormones in sexual development / behavior
Adolescent Sexual Medicine and Challenges in Management	• Introduction to Sexuality in Adolescents • Evaluation of Puberty • Components of Adolescent Sexuality and terms related to it • Stages of sexuality development in adolescents- early, mid and late • Assessing sexual health - HEADSSS / psychosocial history and sexual health history





Curriculum

Module Name	Chapter Name
Adolescent Sexual Medicine and Challenges in Management	• Sexual Behaviour and STD • Media and Adolescent sexuality • Comprehensive Sexuality Education
Evaluation of Sexual dysfunction in office clinical practice	• Male Sexual Dysfunction - Clinical Challenges Management Strategy for Gynaecologists • Effects of Tobacco on Sexual Health
Sexual Evaluation by Psychologist Perspectiv	• Sexual medicine clinic - do's & donts - consents • Relevant history taking and problem classification • Mindfulness in sexual therapy - the new trend • Steps of Mx of psychogenic ED: Psychotherapy or Drugs - alone or combined? how to choose? • Sex Therapy for PME - Is there a role? • Limitations & concerns of sex therapy
Recent concepts in sexual dysfunction	• Inflammation and Male Infertility • Inflammation and Sexual Dysfunction • Relevance of endothelial testing





Curriculum

Module Name	Chapter Name
Management of Sexual Dysfunction / ED in office clinical practice	• Quick history format for evaluating male sexual dysfunction • Using PDE5 inhibitors effectively • Management of Non-Responders to PDE5 Inhibitors • Erectile Dysfunction - evaluation. A practical, therapy-guided approach for the urologist • Introduction to Penile Prosthesis • Penile Prosthesis - types and approaches • Complications of Penile Prosthesis • Management of Priapism • Congenital Penile Curvature & Peyronie's Disease • Late Onset Hypogonadism • Case scenarios
Influence of Dermatological conditions on sexual function	• Dermatological conditions those can adversely influence the sexual relationship • Genital dermatoses those can result in Sexual Dysfunctions • Certain genital conditions raises concern and Sexual Dysfunctions • Genital Hygiene
Influence of STI/HIV & Genital variations on sexual function	• The role of Prepuce - Phimosis, Paraphimosis and Circumcision • Balanoposthitis and vulvovaginitis





Curriculum

Module Name	Chapter Name
Influence of STI/HIV & Genital variations on sexual function	• Epididymitis, Orchitis, epididymo-orchitis and prostatitis • Genital discharges in men • Female Genital Discharges • Impacts of STI-HIV on marriage, parenthood and resuming sex after treatment • Myths and misconceptions on STI-HIV • Serology of Syphilis and HIV • Post exposure prophylaxis, preexposure prophylaxis and universal work precautions • Venerophobia and HIV Phobia
Psychiatry and Sexual Medicine	• Sexual evaluation by psychiatrist perspective • Psychiatric disorders and sexual problems - Introduction • Treatment of psychiatric disorders and treatment emergent sexual dysfunctions • Adult Sexual Violence: Harassment, Assault and Rape • Sexual Addiction Disorders • Pornography & Sexuality
Co-Morbidity and Sexual dysfunction	• Sexual evaluation & Mx. by General Physician perspective • Sexual evaluation by geriatrician perspective & Mx. • Approach to erectile dysfunction in diabetes





Curriculum

Module Name	Chapter Name
Non ED sexual dysfunction: A Practical approach	• Retrograde ejaculation - Management • Patient concerns in young: shrinkage/ lack of early morning/thin semen/ decrease in force of ejaculation • Premature Ejaculation - Treatment advances and future • LGBTQIA+ • Traction devices of length and peyronies • Testicular, penile and postejaculatory pain - Mx. and role of surgery • Hypoactive sexual desire disorder • Phimosis: Foreskin Stretching devices • Infertility & Sexual Dysfunction • Case scenarios
Guidelines and Complexities in sexual dysfunction Management	• Sexual Medicine and Sexual Dysfunction • PME - CLINICAL CHALLENGES AND TREATMENT MODALITIES • Sexual Desire Disorders - Part 1 • Sexual Desire Disorders - Part 2
Gender and Sexuality	• Purpose of knowledge & knowhow in gender issues • Terminologies : Why the changes? Present state of art • Hormone therapy
Female Sexual Dysfunction: FSD	• History, Investigation & Classification of the problem • Female HSDD





Curriculum



Module Name	Chapter Name
Female Sexual Dysfunction: FSD	• Hypoactive sexual desire disorder (HSSD) in women • Medical Management of Female Sexual Dysfunction: Critical Evaluation of Drugs • Dont know whether I have orgasms • UTI and Sex • Treatment of Vaginismus • FSD - Vaginismus • Dyspareunia • Urological issues with Sex • Flibanserin • Mistakes in Use of PDE5 Inhibitors Leading to Failure of Therapy • Using PDE5I's • Testosterone/DHEA
Surgical Videos and Tips & Tricks	• Penile Lengthening+C224:C260 • Fat Derived Stem Cell Girth Augmentation • Use of Fillers and more • Peyronies disease treatment • Peyronies Disease - Treatment with Injection & other drugs • Solutions for Psychological Problems for Sexual Dysfunction • "Male to Female (MTF) - Part 1 Gender Reaffirmation Surgery Surgical Principles - Procedures" • "Male to Female (MTF) - Part 2 Gender Reassignment Surgery Surgical Steps: Live Video"





Curriculum

Module Name	Chapter Name
 Set up and maximize your practice in sexual medicine	• Setting Up Of Sexual Health & Men's Health Services In Your Center - An Effective And Simple Way • How to evolve a multidisciplinary practice
Expert opinions {one to one}	• Mx of ED Rx failures/sudden non responders-medically • ED Management Overview • Male Infertility Management Overview • Premature ejaculation diagnosis and management 





Certificate Sample



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