

LIVE VIRTUAL ▪ 2021

Psychopharmacology in Cancer Care

An Update for Clinicians
of all Disciplines

SATURDAY
APRIL 10, 2021
8:15 AM - 4:30 PM

Featuring new meet the experts
sessions with the course
faculty.



Memorial Sloan Kettering
Cancer Center

POETI | Psycho-Oncology
Education & Training Institute

OVERVIEW

Clinicians have numerous tools at their disposal to help adult cancer patients dealing with symptoms of depression, anxiety, and other cancer sequelae. Psychiatric medications are most frequently prescribed to cancer patients by oncologists and general practitioners, however psychiatric syndromes are often underdiagnosed and undertreated. Few oncology practices have dedicated psychiatric consultants familiar with the nuances of Psycho-Oncology. Even when patients receive psychotropic medications appropriately, they may have problems that arise before their next oncology visit or before they see the person who prescribed their psychiatric medications. Psychologists, nurses and social workers play an essential role in identifying psychological and physical symptoms as well as both beneficial and problematic medication effects as they provide frontline psychosocial interventions and support for cancer patients.

This course is designed for the non-prescribing psycho-oncology clinician as well as the psychiatrist who is new to the world of Psycho-pharmaco-oncology. Oncologists, palliative care clinicians, advanced practice nurses and oncology nurses will find this course useful as well. The course will focus on key target disorders and symptoms amenable to psychopharmacological intervention, including anxiety, depression, delirium, sleep disturbance, pain, fatigue, and weight and appetite loss. This year, the course will also include updates on COVID-19 related delirium and the use of novel interventions including ketamine, medical marijuana and psilocybin for depression, anxiety and pain. Participants will learn to identify psychological reactions to medical conditions or treatments; psychiatric presentations of medical conditions or treatments; medical presentations of psychiatric conditions and common medical complications of psychiatric conditions or treatments.

Basic information will be presented about medications used to alleviate Quality of Life symptoms that arise in the cancer setting from diagnosis to survivorship or end of life care, and the interface of psychotherapy and medication management. We will review why certain medications are used and why some are avoided, looking at potential benefits, unwanted side effects, and drug-drug interactions, since you may be the first person to identify a serious adverse event. The course will also enhance your ability to provide psychoeducation to patients regarding psychiatric medications.

MSK COURSE FACULTY



Yesne Alici, MD

Clinical Director, Associate Attending Psychiatrist, Psychiatry Service
Medical Director, Biobehavioral Brain Health Clinic
Department of Psychiatry and Behavioral Sciences



William Breitbart, MD

Attending Psychiatrist, Chair
Department of Psychiatry and Behavioral Sciences
Attending Psychiatrist, Supportive Care Service
Department of Medicine



Alan Carver, MD

Attending Neurologist
Department of Neurology
Department of Medicine



Andrew Roth, MD

Attending Psychiatrist, Psychiatry Service
Department of Psychiatry and Behavioral Sciences



Christian Bjerre Real, MD, MMCI

Research Fellow
Department of Psychiatry and Behavioral Sciences

Memorial Sloan Kettering's **Psycho-Oncology Education and Training Institute** is led by faculty members in our Department of Psychiatry and Behavioral Sciences, a global leader in evidence-based medicine in oncology and the original home to this psychiatry subspecialty in cancer. The institute's goal is to expand training opportunities in psycho-oncology for psychiatrists, psychologists, nurses, and social workers in the oncology setting. CME courses are taught by MSK faculty and open to enrollment by non-MSK providers.

SCHEDULE

8:15 AM	Virtual Course Check-in
8:30 AM	Overview and Introduction Andrew Roth, MD
9:00 AM	Sleep Disorders Yesne Alici, MD
9:45 AM	Break and Meet the Experts
10:00 AM	Depression Andrew Roth, MD
10:45 AM	Delirium William Breitbart, MD
11:30 AM	Questions and Answers MODERATORS: Andrew Roth, MD William Breitbart, MD Yesne Alici, MD
11:45 AM	Break
12:30 PM	Anxiety Disorders Andrew Roth, MD
1:15 PM	Cancer-Related Fatigue William Breitbart, MD
2:00 PM	Break and Meet the Experts
2:15 PM	Pain Alan Carver, MD
3:00 PM	Weight and Appetite Loss Yesne Alici, MD
3:30 PM	Cancer and Cancer-Treatment Related Cognitive Changes Yesne Alici, MD
4:00 PM	Novel Psychopharmacologic Interventions in Oncology (Psilocybin, Ketamine, and Medical marijuana) Christian Bjerre Real, MD, MMCI
4:30 PM	Adjourn



Join the conversation with
@MSKcme using the course
hashtag **#MSKpsychopharmCME**



ACCREDITATION

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.



AMA Credit Designation Statement

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum activity of **6.75 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Faculty Disclosure

It is the policy of MSK to make every effort to insure balance, independence, objectivity, and scientific rigor in all continuing medical education activities which it provides as an ACCME accredited provider. In accordance with ACCME guidelines and standards, all faculty participating in an activity provided by MSK are expected to disclose any significant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services which are discussed by the faculty members in an educational presentation. As required by the ACCME, when an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, MSK requires the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

Additional credit types pending.

Outstanding and well presented.

Excellent program!

All the speakers are very knowledgeable.

- Attendee feedback

REGISTER ONLINE:

mskcc.org/psychopharm

Live Virtual Registration Fees

Physicians (MD, DO, MBBS, or equivalent)	\$100
Residents, Fellows, Advanced Practice Providers, Nurses, Psychologists, Social Workers, Counselors, and Other Healthcare Providers	\$50
Industry Professionals*	\$175

***Industry professionals may attend MSK CME activities for their own education.** Marketing, sales, and promotion of products and services is strictly prohibited at MSK CME activities.

Registration Discounts/Promotions

- MSK Alumni, MSK Cancer Alliance and Cancer Care Partner Discounts Available. Please contact cme@mskcc.org for more information or a promotion code.
- MSK employee registration is complimentary. However, you must complete course registration in order to attend this course.

Please note that after your payment has been processed, no further promotional discount adjustments will be made to your registration.

Cancellation Policy

If you cancel your participation in this course, your registration fee, less a \$25 administrative fee, will be refunded when email notification is received by the MSK Office of Continuing Medical Education (MSK CME) at least 7 days prior to the first day of the course (cme@mskcc.org).

Cancellations or no-shows after this date are not eligible for a refund. MSK CME reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event we must cancel or postpone this course, we will refund the registration fee in full, but are not responsible for any related costs, charges, or expenses to participants, including fees incurred by airline/travel/lodging agencies. At any time, you may substitute another registrant in your place after contacting MSK CME with the relevant information.

If it has been more than 120 days since you paid for a course, or submitted a check for payment, a W9 form will need to be completed for us to refund your registration. You will not be taxed on your refund.



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