

GPCE

BRISBANE

2016

CONFERENCE BROCHURE

**GENERAL
PRACTICE**
CONFERENCE
AND EXHIBITION

26-28 AUGUST 2016

Brisbane Convention &
Exhibition Centre

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GENERAL PRACTICE CONFERENCE & EXHIBITION

WELCOME

Dear Colleagues,

The Australian healthcare environment is changing and facing increasing challenges, including an increase in chronic illness, an ageing society, increasing specialisation, escalating health care costs and rising patient expectations. General practice cannot ignore this changing world and must embrace multidisciplinary care to enable more efficient delivery of primary care. In 2016, we are looking at enhancing a multidisciplinary team approach to patient care through a cutting-edge conference program that brings together the entire general practice team.

On behalf of Reed Medical Education, it gives me great pleasure to invite you to join us at the Brisbane General Practice Conference & Exhibition (GPCE) from Friday 26 to Sunday 28 August 2016. This year's Brisbane conference program will deliver an accredited medical education program, designed to assist you in staying up to date with the latest innovations and guidelines for primary care.

What differentiates the GPCE in 2016 is our highly interactive learning environment, offering a diverse range of practical skills-based sessions, structured to enable you the opportunity to hone your skills in performing practical procedures required in everyday clinical practice, while allowing discussion and feedback to maximise learning outcomes. All our sessions will be led by local expert speakers who are thought-leaders in their chosen discipline.

To recognise the constantly changing healthcare industry, each day of the conference will include a keynote session, integrating the latest 'hot topics' facing primary care today. Further information on these sessions will be announced in the lead up to the show. Additionally, the exhibition floor will deliver cutting edge products, services and technologies for your practice, while providing the opportunity to meet with over 80 leading healthcare providers and 'try before you buy'.

Demand for places at the Brisbane GPCE is high, so I urge you to register at your earliest possible convenience in order to attend the sessions of your choice. I look forward to welcoming you to the Brisbane GPCE in August.



DR JOHN CRIMMINS MBBS FRACGP MFM
GP & HEAD OF CONTENT, REED MEDICAL EDUCATION



WHAT'S NEW IN 2016?



- GPCE and PNCE come together to form Australia's largest primary care event!
- Exciting new keynote sessions featuring the industry's top innovators and influencers
- Mental Health Skills Training – GPMHSC accredited education
- NEW Active Learning Modules
- More practical skills-based sessions
- Choice of Category 2 sessions – get the latest primary care updates relevant to you

WHO SHOULD ATTEND?

We believe in enhancing a multidisciplinary team approach to patient care, meaning the event provides learning opportunities for the entire general practice team including:

- General Practitioners
- Practice Nurses
- GP Registrars
- Practice Managers
- Allied Health Professionals



IMPORTANT DATES...



- **First Early Bird – SAVE 20%**
Ends Wednesday 22 June
- **Second Early Bird – SAVE 10%**
Ends Wednesday 20 July

*Promotional Codes apply to the Standard General Practitioner Registration Rates – see page 13 for further details. The promotion code must be used at the time of registration and cannot be used with any other offer.

Queensland's Leading Primary Care Event

Enhancing a multidisciplinary team approach to patient care

CONTINUE YOUR PROFESSIONAL DEVELOPMENT AT THIS YEAR'S BRISBANE GPCE...

The Brisbane GPCE offers Queensland based primary care practitioners an innovative and inspiring conference program, delivering an extensive choice of high quality, engaging educational sessions exploring the latest advances and treatment options in primary care.

Dear Colleagues,

General Practice does not stand still and keeping up with change can be a challenge. Attending the GPCE enables you to expand your knowledge, and share your own ideas in interactive sessions.

You will find a wide range of seminars and workshops reflecting the diverse interests that we have. Based on your feedback, the program has been simplified.

This year, there are four Active Learning Modules on Mental Health, Alzheimer's and Dementia, Women's Health and Management of the Emergency Patient. This is particularly relevant to those who practice in the more remote areas of our big state. There are also three keynote sessions open to all delegates, delivering the key hot topics facing general practice today.

Other workshop and seminar topics cover the great breadth of General Practice. They include updates on breast cancer diagnostic testing, assessing the patient with vestibular symptoms and managing the heart failure patient, the breathless patient or the patient with chronic pain. In addition, there are also a number of hands-on sessions including suturing skills, IV cannulation, taping and CPR that you can't afford to miss out on!

At the Brisbane GPCE you can network with colleagues from near and far and connect with exhibitors in a relaxed environment.

We value your feedback and suggestions on how the program could be further improved. As well as completing the evaluation forms please feel free to contact us with any ideas, suggestions or comments.

We look forward to seeing you at the Brisbane GPCE this August.

Kind regards,



ACCREDITED BY:



ACTIVE LEARNING MODULES

The Brisbane GPCE conference program for 2016 offers four Active Learning Modules (ALM), providing the opportunity to focus your learning on content frequently presented in everyday practice. 2016 sees a change in the delivery of the ALM program allowing delegates a more comprehensive education presenting the patient journey and treatment options for the therapeutic area.

Delegates will receive 40 Category 1 points per ALM completed with additional sessions attended earning Category 2 points. CPR training is a mandatory requirement as part of the GP triennium and attracts five Category 2 points.

MANAGEMENT OF THE EMERGENCY PATIENT IN A GENERAL PRACTICE & REMOTE SETTING

40 QI&CPD POINTS

This ALM is specifically designed for the general practitioner and the practice team, and emphasises the identification and management of acute emergencies in the pre-hospital setting. The training is based on the latest Australian and international scientific research in emergency medicine.

This ALM gives general practitioners and practice teams confidence in their capacity to effectively manage a range of acute medical and traumatic emergencies, by teaching a simple and easy to remember algorithm for use in general practice. The algorithm provides the practitioner and the team with easy to remember diagnostic tools, procedures and techniques to manage acute coronary syndrome, cardiac arrest, asthma and respiratory distress, anaphylaxis, seizures, hypoglycaemia and trauma, including emergency decompression of pneumothorax, cricoid puncture and interosseous access.

This ALM was the first in Australia to introduce general practitioners to the use of iGel airway adjuncts in advanced airway management and the use of interosseous injection guns for emergency access to the vascular compartment when a vein is not available. If you are looking for a course that is for general practice and is a leader in the use of crew resource management and leadership techniques and also in managing medical emergencies, then this course is for you.

This session is running as a one-day Active Learning Module only on Friday.

Delegates may be eligible for a 1 day grant through the Rural Procedural Grants Program. To confirm your eligibility and to apply, please contact Pauline Curtis at the RACGP on **08 8267 8351** or ACRRM on **1800 223 226**.

Presented by Cynergex Group.

MENTAL HEALTH SKILLS TRAINING

40 QI&CPD POINTS

This case-study based ALM provides an overview of the diagnosis and management of mental illnesses commonly encountered in general practice, including depression, anxiety, bipolar and schizophrenia.

You will learn about pharmacological and non-pharmacological management options and how primary care teams can assist in achieving best patient outcomes.

Completion of this ALM enables GPs to access the higher MHST higher rebate

GP Mental Health Treatment Medicare items were introduced on to the Medicare Benefits Schedule in November 2011.



These are:

- **MBS items 2700, 2701, 2715 or 2717**
Preparation of a GP Mental Health Treatment Plan
- **MBS item 2712**
Review of a GP Mental Health Treatment Plan; and
- **MBS item 2713**
GP Mental Health Treatment Consultation.

ALZHEIMER'S & DEMENTIA

40 QI&CPD POINTS

This ALM aims to upskill GPs' medical and clinical understanding of dementia.

The ALM will highlight the major challenges and 'barriers' that GPs face in the assessment, treatment and management of people with dementia; and, when dealing with their family, their carers, or family members as carers.

It will also provide them with options for overcoming some of the ongoing management challenges they will face in dealing with a person with dementia.

Presented by the Dementia Training Study Centres.

WOMEN'S HEALTH — CLINICAL UPDATE FOR GPs

40 QI&CPD POINTS

Presented by Queensland's leading women's health specialists, this 6-hour interactive case-study based workshop covering a women's lifecycle will provide highly relevant information for GPs to apply in their daily practice.

Topics include: adolescent gynaecology, pre-conception care, non-invasive prenatal testing, pregnancy concerns, cervical screening and women's cancer.

Presented by Mater.



SESSION 1: 8.30am – 9.30am

01

- IV Cannulation Refresher **8.30am – 10.00am**
- Management of Incontinence and Overactive Bladder
- Preventing Comorbidity in Chronic Disease – Managing Immunisation
- Provide CPR **8.30am – 10.00am**
- Suturing Basic
- Update on Diabetic Retinopathy Management for Primary Care
- Update in Paediatric Respiratory and Sleep Medicine

ALM: • Management of the Emergency Patient in a General Practice & Remote Setting – Group A & B – Part 1 **8.30am – 10.00am**

MORNING TEA 9.30AM – 10.15AM

SESSION 2: 10.15am – 11.15am

02

- Advanced Airway Management using the Latest Generation Adjunct – I-Gel **10.15am – 11.45am**
- Are You Prepared for the New Cervical Screening Program?
- Cell Therapy Treatment Options for the Translation of Tendinopathic Pathology to Clinical Treatment and the Treatment Paradigm in a GP Environment
- Management of the Breathless Patient
- Provide CPR **10.15am – 11.45am**
- Suturing Advanced
- Understanding Audiology in General Practice
- Wound Care Venous Leg Ulcers – Tips & Tricks for General Practitioners **10.15am – 11.45am**

ALM: • Management of the Emergency Patient in a General Practice & Remote Setting – Group A & B – Part 2 **10.15am – 11.45am**

SESSION 3: 12.00pm – 1.00pm

03

KEYNOTE SESSION: GP Survival Kit in A Time of Change

LUNCH 1.00PM – 1.45PM

SESSION 4: 1.45pm – 2.45pm

04

- Assessing the Patient with Vestibular Symptoms
- Collaboration, Challenge and Change – Supporting Students with Chronic Health Needs in Schools
- Key Features in Psoriasis Management
- Respiratory Update for GPs
- TAILOR – Depression Management for GPs
- Taping the Foot and Ankle
- Wound Care Management for Practice Nurses **1.45pm – 4.45pm**

ALM: • Women's Health — Clinical Update for GPs – Part 1 **1.45pm – 3.15pm**
• Management of the Emergency Patient in a General Practice & Remote Setting – Group A – Part 3 **1.45pm – 3.15pm**

AFTERNOON TEA 2.45PM – 3.30PM

SESSION 5: 3.30pm – 4.30pm

05

- Chronic Kidney Disease & Resistant Hypertension – Make the Connection, Change the Management
- Common Skin Malignancies – Clinical Presentation, Differential Diagnosis and Management
- Essential ECG Reading **3.30pm – 5.00pm**
- Taping the Shoulder and Postural
- The Garvan Risk Calculator – Supporting Accurate Diagnosis in Osteoporosis

ALM: • Women's Health — Clinical Update for GPs – Part 2 **3.30pm – 5.00pm**
• Management of the Emergency Patient in a General Practice & Remote Setting – Group A – Part 4 **3.30pm – 5.00pm**

SESSION 1: 8.30am – 9.30am

01

- Advanced Airway Management using the Latest Generation Adjunct – I-Gel **8.30am – 10.00am**
- Cell Therapy Treatment Options for the Translation of Tendinopathic Pathology to Clinical Treatment and the Treatment Paradigm in a GP Environment
- Essential Steps to Diagnose and Manage Dementia **8.30am – 10.00am**
- Suturing Basic
- Taping the Knee
- Understanding Audiology in General Practice
- Update in Paediatric Respiratory and Sleep Medicine
- Wound Care Management for Practice Nurses **8.30am – 11.30am**

- ALM:**
- Mental Health Skills Training – Part 1 **8.30am – 10.00am**
 - Women's Health — Clinical Update for GPs – Part 3 **8.30am – 10.00am**
 - Management of the Emergency Patient in a General Practice & Remote Setting – Group B – Part 3 **8.30am – 10.00am**

MORNING TEA 9.30AM – 10.15AM

SESSION 2: 10.15am – 11.15am

02

- Chronic Kidney Disease & Resistant Hypertension – Make the Connection, Change the Management
- IV Cannulation Refresher **10.15am – 11.45am**
- Management of Incontinence and Overactive Bladder
- Suturing Advanced
- Taping the Foot and Ankle
- The Rising Burden of Chronic Liver Disease in Australian General Practice
- Update on Breast Cancer Diagnostic Testing in Moderate-to-High Risk Women

- ALM:**
- Mental Health Skills Training – Part 2 **10.15am – 11.45am**
 - Women's Health — Clinical Update for GPs – Part 4 **10.15am – 11.45am**
 - Management of the Emergency Patient in a General Practice & Remote Setting – Group B – Part 4 **10.15am – 11.45am**

SESSION 3: 12.00pm – 1.00pm

03

KEYNOTE SESSION: Multidisciplinary Care: Improving Health Outcomes for Patients

LUNCH SERVED 1.00PM – 1.45PM

SESSION 4: 1.45pm – 2.45pm

04

- Common Skin Malignancies – Clinical Presentation, Differential Diagnosis and Management
- ENT – Sino-nasal Assessment
- Latest Updates in Bone Health and Preventing Fractures – Who to Investigate, How to Treat, What's on the Horizon. Recommendations for Vitamin D and Calcium
- Men's Health – Benign Prostatic Hyperplasia
- Practical Aspects of Modulating the Gut Microbiome in Early Life – Why and How Does this Impact Immune Development and Prevention of Allergic Symptoms?
- Provide CPR **1.45pm – 3.15pm**
- TAILOR – Depression Management for GPs
- Wound Care Venous Leg Ulcers – Tips & Tricks for General Practitioners **1.45pm – 3.15pm**

- ALM:**
- Management of the Emergency Patient in a General Practice & Remote Setting – Groups C & D – Part 1 **1.45pm – 3.15pm**
 - Alzheimer's & Dementia – Part 1 **1.45pm – 3.15pm**

AFTERNOON TEA 2.45PM – 3.30PM

SESSION 5: 3.30pm – 4.30pm

05

- Assessing the Patient with Vestibular Symptoms
- Back 2 Bones – A Focus on Fragility Fractures in our Post-Menopausal Female Patients
- COPD – Pharmacological Intervention in the Treatment of COPD
- Essential ECG Reading **3.30pm – 5.00pm**
- Men's Health – Benign Prostatic Hyperplasia
- Non-Pharmacological Management of Chronic Non-Cancer Pain
- Provide CPR **3.30pm – 5.00pm**
- Update on Diabetic Retinopathy Management for Primary Care

- ALM:**
- Management of the Emergency Patient in a General Practice & Remote Setting – Groups C & D – Part 2 **3.30pm – 5.00pm**
 - Alzheimer's & Dementia – Part 2 **3.30pm – 5.00pm**

SOCIAL NETWORKING DRINKS 4.30PM – 6.30PM

SESSION 1: 8.30am – 9.30am

- 01**
- Back 2 Bones – A Focus on Fragility Fractures in our Post-Menopausal Female Patients
 - Cell Therapy Treatment Options for the Translation of Tendinopathic Pathology to Clinical Treatment and the Treatment Paradigm in a GP Environment
 - Essential ECG Reading **8.30am – 10.00am**
 - Provide CPR **8.30am – 10.00am**
 - Suturing Basic
 - The Rising Burden of Chronic Liver Disease in Australian General Practice
 - Update on Obstetrics 2016
 - Wound Care Management for Practice Nurses **8.30am – 11.30am**

ALM: • Management of the Emergency Patient in a General Practice & Remote Setting – Group C – Part 3 **8.30am – 10.00am**
 • Alzheimer's & Dementia – Part 3 **8.30am – 10.00am**

MORNING TEA 9.30AM – 10.15AM

SESSION 2: 10.15am – 11.15am

- 02**
- Are You Prepared for the New Cervical Screening Program?
 - Assessing the Patient with Vestibular Symptoms
 - COPD – Pharmacological Intervention in the Treatment of COPD
 - IV Cannulation Refresher **10.15am – 11.45am**
 - Managing the Challenging Journey of the Heart Failure Patient
 - Provide CPR **10.15am – 11.45am**
 - Suturing Advanced
 - TAILOR – Depression Management for GPs

ALM: • Management of the Emergency Patient in a General Practice & Remote Setting – Group C – Part 4 **10.15am – 11.45am**
 • Alzheimer's & Dementia – Part 4 **10.15am – 11.45am**

SESSION 3: 12.00pm – 1.00pm

- 03** **KEYNOTE SESSION:** Challenging Conventional Thinking in General Practice

LUNCH SERVED 1.00PM – 1.45PM

SESSION 4: 1.45pm – 2.45pm

- 04**
- COPD – Pharmacological Intervention in the Treatment of COPD
 - Essential ECG Reading **1.45pm – 3.15pm**
 - How Food Porn is Contributing to Obesity and What Health Professionals Can Do About It
 - Management of Incontinence and Overactive Bladder
 - Remission from Chronic Pain – A Realistic Goal?
 - Surgical Management of Traumatic Hand Injuries
 - Taping the Shoulder and Postural
 - Update on Diabetic Retinopathy Management for Primary Care
 - Wound Care Venous Leg Ulcers – Tips & Tricks for General Practitioners **1.45pm – 3.15pm**

ALM: • Mental Health Skills Training – Part 3 **1.45pm – 3.15pm**
 • Management of the Emergency Patient in a General Practice & Remote Setting – Group D – Part 3 **1.45pm – 3.15pm**

AFTERNOON TEA 2.45PM – 3.30PM

SESSION 5: 3.30pm – 4.30pm

- 05**
- An Eye for an Eye! – The 10 Most Important Eye Emergencies in General Practice
 - Chronic Kidney Disease & Resistant Hypertension – Make the Connection, Change the Management
 - ENT – Sino-Nasal Assessment
 - Men's Health – Benign Prostatic Hyperplasia
 - Taping the Knee

ALM: • Mental Health Skills Training – Part 4 **3.30pm – 5.00pm**
 • Management of the Emergency Patient in a General Practice & Remote Setting – Group D – Part 4 **3.30pm – 5.00pm**

ADVANCED AIRWAY MANAGEMENT USING THE LATEST GENERATION ADJUNCT – I-GEL

This practical session offers an introduction to cuff-less laryngeal masks. Devices like the I-Gel are replacing endotracheal intubation in a wide range of settings and the oropharyngeal airway in uncontrolled environments.

Friday – Session 2/Saturday – Session 1

Cynergex Group

AN EYE FOR AN EYE! – THE 10 MOST IMPORTANT EYE EMERGENCIES IN GENERAL PRACTICE

In this interactive, case-based session, you will learn how to manage the most critical ocular emergencies that present themselves in general practice — including chemical splash injuries, penetrating and blunt trauma, and acute angle closure glaucoma — addressing common management misconceptions along the way.

Dr Joseph Park

Sunday – Session 5

ARE YOU PREPARED FOR THE NEW CERVICAL SCREENING PROGRAM?

In May 2017, the new Cervical Screening Program will commence, replacing pap smears with HPV testing. This presentation will explain the reasons behind the change, how HPV testing will be done, and the implications for general practice.

Dr Shian Miller

Friday – Session 2/Sunday – Session 2

ASSESSING THE PATIENT WITH VESTIBULAR SYMPTOMS

This practical and interactive workshop will assist GPs to assess patients with commonly diagnosed vestibular disorders in an efficient and effective manner. It will emphasise the most valuable diagnostic tools for determining the presence or absence of particular vestibular disorders.

Friday – Session 4/Saturday – Session 5/Sunday – Session 2

Attune Hearing

BACK 2 BONES – A FOCUS ON FRAGILITY FRACTURES IN OUR POST-MENOPAUSAL FEMALE PATIENTS

Osteoporosis is a major, yet underdiagnosed cause of disability in Australia. Revise key risk factors for osteoporosis and when to refer for further testing.

Saturday – Session 5/Sunday – Session 1

Amgen

CELL THERAPY TREATMENT OPTIONS FOR THE TRANSLATION OF TENDINOPATHIC PATHOLOGY TO CLINICAL TREATMENT AND THE TREATMENT PARADIGM IN A GP ENVIRONMENT

Tendon injuries are common soft tissue disorders seen in primary care. This workshop outlines the evidence behind autologous tenocyte injections (ATI) in providing potential for clinical improvement in difficult-to-treat patients.

Friday – Session 2/Saturday – Session 1/Sunday – Session 1

Orthocell

CHRONIC KIDNEY DISEASE & RESISTANT HYPERTENSION – MAKE THE CONNECTION, CHANGE THE MANAGEMENT

One in nine Australian adults suffer from hypertension, and kidney disease is a significant problem for these patients. This interactive workshop investigates how timely intervention and appropriate management of resistant hypertension can slow or prevent the progression of CKD.

Friday – Session 5/Saturday – Session 2/

Kidney Health Australia

Sunday – Session 5

COLLABORATION, CHALLENGE AND CHANGE – SUPPORTING STUDENTS WITH CHRONIC HEALTH NEEDS IN SCHOOLS

Safe and inclusive management of a student's health needs at school requires a multidisciplinary approach. The presentation will outline how State School Registered Nurses (SSRNs) can work with key stakeholders to develop approaches that engage the school, student and family and promote a positive and accepting culture to facilitate learning.

Friday – Session 4

Department of Education and Training –
State Schools Nursing Service

COMMON SKIN MALIGNANCIES – CLINICAL PRESENTATION, DIFFERENTIAL DIAGNOSIS AND MANAGEMENT

Common clinical presentations of skin malignancies, their differential diagnosis and management are interactively examined. Up to date tips on dermatoscopic diagnosis and latest recommended treatments are outlined.

Dr Jeff Keir

Friday – Session 5/Saturday – Session 4

Sun Doctors

COPD – PHARMACOLOGICAL INTERVENTION IN THE TREATMENT OF COPD

Primary care plays a critical role in COPD (Chronic Obstructive Pulmonary Disease) patient identification, diagnosis and management. The COPD-X guidelines assist health care professionals in their task, but the influx of COPD medicines onto the market may have created confusion for the busy practitioner. These workshops will review the COPD-X guidelines and focus on the pharmacological intervention in the treatment of COPD.

Saturday – Session 5/Sunday – Sessions 1 & 2

GSK

ENT – SINO-NASAL ASSESSMENT

The nose and sinuses still remain a poorly understood anatomical area. The anatomy from an endonasal route is reviewed with clinical implications. Pathology that can be seen with simple anterior rhinoscopy or otoscope are demonstrated. The session provides some practical tips for managing common conditions including epistaxis.

Saturday – Session 4/Sunday – Session 5

ESSENTIAL ECG READING

This session will provide healthcare professionals with a system for reading the normal ECG, as well as identifying serious tachycardias and bradycardias, and ST elevation in acute myocardial infarction.

Friday – Session 5/Saturday – Session 5/

Cynergex Group

Sunday – Sessions 1 & 4

ESSENTIAL STEPS TO DIAGNOSE AND MANAGE DEMENTIA

As the patient population ages, and as presentations of memory loss become more common, there is greater pressure on primary care practitioners to differentiate early dementia from benign age-associated memory loss. This presentation provides 14 essential and practical steps on how to assess patients with cognitive decline and how to assist their families/carers in the process.

Saturday – Session 1

Dementia Training Study Centres

HOW FOOD PORN IS CONTRIBUTING TO OBESITY AND WHAT HEALTH PROFESSIONALS CAN DO ABOUT IT

Several studies in the journal Obesity have found that images of food measurably stimulate appetite, leading people to overeat. This presentation examines the effect of food porn on our physiology and brain chemistry, its contribution to obesity, and strategies to combat this.

Dr Helena Popovic

Sunday – Session 4

Winning at Slimming

IV CANNULATION REFRESHER

This short course will provide a refresher in intravenous cannulation techniques and the management of the catheter and insertion sites, covering catheter selection, site selection and correct insertion techniques.

Friday – Session 1/Saturday – Session 2/

Cynergex Group

Sunday – Session 2

KEY FEATURES IN PSORIASIS MANAGEMENT

Psoriasis is a chronic, relapsing, inflammatory skin disorder associated with significant co-morbidity that often impacts on much more than appearance of the skin. The relationship between psoriasis pathology and quality of life, including the effect of co-morbidities, along with current available treatment paradigms will be comprehensively reviewed in this session.

Friday – Session 4

Novartis Australia

LATEST UPDATES IN BONE HEALTH AND PREVENTING FRACTURES – WHO TO INVESTIGATE, HOW TO TREAT, WHAT'S ON THE HORIZON. RECOMMENDATIONS FOR VITAMIN D AND CALCIUM

Over one million Australians have osteoporosis, with fracture incidence expected to increase. This session will provide an update on bone health, and the importance of timely investigation to prevent fractures. It will cover treatments and recommendations for vitamin D and calcium.

Dr Christine Rowland

Saturday – Session 4

Presented by Osteoporosis Australia and
supported by an unrestricted educational grant
from Amgen, Remedy Healthcare and Actavis

MANAGEMENT OF INCONTINENCE AND OVERACTIVE BLADDER

In this presentation, a leading urologist will outline contemporary management of incontinence and overactive bladder. Treatment pathways for incontinence management will be discussed, along with strategies to assist GPs in raising potentially embarrassing issues with patients.

Friday – Session 1/Saturday – Session 2/

Allergan

Sunday – Session 4

MANAGEMENT OF THE BREATHLESS PATIENT

Breathlessness can be either due to respiratory, cardiac or other causes. In this case, once the cause of breathlessness has been correctly diagnosed as COPD, optimal management is the first priority. The goal for the GP is to use non-pharmacological and pharmacological measures to reduce breathlessness and optimise COPD management.

Friday – Session 2

Novartis Australia

MANAGING THE CHALLENGING JOURNEY OF THE HEART FAILURE PATIENT

Developed in partnership with the Alfred Hospital, this seminar introduces the first ever 'documentary-style' portrayal of the heart failure patient journey within the Australian healthcare system. Using this innovative approach, you will learn how to optimally manage your patients with this challenging condition.

Sunday – Session 2

Novartis Australia

MEN'S HEALTH – BENIGN PROSTATIC HYPERPLASIA

The workshop aims to improve patient outcomes by promoting an attitude of proactive assessment and management of patients presenting with lower urinary tract symptoms (LUTS) or at risk of BPH progression.

Saturday – Sessions 4 & 5 / Sunday – Session 5

GSK

NON-PHARMACOLOGICAL MANAGEMENT OF CHRONIC NON-CANCER PAIN

Evidence-based chronic pain care requires non-pharmacological, active self-management approaches. This presentation will outline key psychomotor therapies and the benefits of GP management, including longitudinal care; geographical and financial accessibility; and holistic and opportunistic care.

Saturday – Session 5

PRACTICAL ASPECTS OF MODULATING THE GUT MICROBIOME IN EARLY LIFE – WHY AND HOW DOES THIS IMPACT IMMUNE DEVELOPMENT AND PREVENTION OF ALLERGIC SYMPTOMS?

With two thirds of immune cells residing in the gut, the role of the gut microbiome during early life is an important consideration with respect to the immune system and outcomes related to the incidence of infection and allergy. This session focuses on the practical aspects of the gut microbiome in early life and the options available to GPs to encourage beneficial modulation.

Saturday – Session 4

Danone Nutricia Early Life Nutrition

PREVENTING COMORBIDITY IN CHRONIC DISEASE – MANAGING IMMUNISATION

A major co morbidity and cause of early death in our patients with chronic disease and at risk is preventable with a systematic approach to immunisation management. Current evidence and best practice support a program of staged immunisation top prevent pneumococcal related illness and other major illnesses.

Friday – Session 1

Pfizer

PROVIDE CPR

This paramedic-led session will provide hands-on instruction in Cardiopulmonary Resuscitation (CPR), in line with the Australian Resuscitation Council guidelines. A National Unit of Competency Certificate will be issued to successful participants.

Friday – Sessions 1 & 2 / Saturday – Session 4 & 5 / Sunday – Session 1 & 2

Cynergex Group

REMISSION FROM CHRONIC PAIN – A REALISTIC GOAL?

GPs play a pivotal role in chronic pain management. This case-study based presentation will provide an overview of contemporary interventional pain management and how these techniques can be combined with psychobehavioural and physical treatment to render pain remission a feasible option for many patients.

Dr Frank Thomas

Sunday – Session 4

Presented by QPain & supported by Nevro Medical

RESPIRATORY UPDATE FOR GPs

This presentation will provide an update on lung function assessment, red flags and management of dyspnoea and early interstitial lung disease, and management of difficult asthma and COPD. It will offer guidance on bronchoscopy indications and workup, new treatments and when to refer.

Dr Farzad Bashirzadeh, Dr Alex Ritchie & Dr Chris Zappala

Friday – Session 4

Queensland Respiratory Services

SURGICAL MANAGEMENT OF TRAUMATIC HAND INJURIES

Trauma to the hand is a common presentation in general practice. This presentation provides an overview of key bony and soft tissue traumatic injuries to the hand, assessment and triaging of injury, and surgical repair options.

Dr Raymond Goh

Sunday – Session 4

Valley Plastic Surgery

SUTURING ADVANCED

This session will provide a hands-on approach to more complex suturing techniques, following on from the basic session. You will be shown how to do large and deep wound repairs, and also remove dog ears. You will be introduced to skin flaps, and shown how to do a simple flap repair.

Dr Matthew Peters

Friday – Session 2 / Saturday – Session 2 / Sunday – Session 2

Valley Plastic Surgery

SUTURING BASIC

This practical hands-on session will cover an overview of the instruments, needles and sutures required for suturing. The techniques for interrupted, continuous and subcuticular sutures will be explained and will be practiced individually on pigs' trotters. You will then be shown how to do cornerstitches, and create ellipses for removal of simple lesions.

Dr Matthew Peters

Friday – Session 1 / Saturday – Session 1 / Sunday – Session 1

Valley Plastic Surgery

TAILOR – DEPRESSION MANAGEMENT FOR GPs

This workshop outlines a patient-centred approach to depression management, providing GPs with skills to tailor medications to symptoms, encouraging efficacy with minimal side effects and increasing likelihood of treatment success.

Friday – Session 4 / Saturday – Session 4 / Sunday – Session 2

Servier

TAPING THE FOOT AND ANKLE

This interactive session will cover taping for common foot and ankle conditions such as ankle sprains, plantar fasciitis and sever's lesion, based on current evidence and clinical guidelines. Participants will be given opportunity to practice these techniques. (Please ensure ankles are shaved and accessible.)

Dr Loretta O'Sullivan-Pippia

Friday – Sessions 4 / Saturday – Sessions 2

Beiersdorf

TAPING THE SHOULDER AND POSTURAL

This practical session will cover taping for common shoulder injuries/pain and postural-related pain such as rotator cuff pathology, instability, back and neck pain, based on current evidence and clinical guidelines. Participants will be given opportunity to practice these techniques. (Females please bring a singlet.)

Dr Loretta O'Sullivan-Pippia

Friday – Sessions 5 / Sunday – Sessions 4

Beiersdorf

TAPING THE KNEE

This practical session will cover taping for common knee injuries/pain such as patellofemoral pain syndrome (including PFOA) and medial ligament sprains, based on current evidence and clinical guidelines. Participants will be given opportunity to practice these techniques. (Please ensure knees are shaved and accessible.)

Dr Loretta O'Sullivan-Pippia

Saturday – Sessions 1 / Sunday – Sessions 5

Beiersdorf

THE GARVAN RISK CALCULATOR – SUPPORTING ACCURATE DIAGNOSIS IN OSTEOPOROSIS

This session will discuss the Garvan Institute of Medical Research fracture risk calculator and its implementation in general practice. The calculator has been developed using data accumulated over 17 years.

Friday – Session 5

Amgen

THE RISING BURDEN OF CHRONIC LIVER DISEASE IN AUSTRALIAN GENERAL PRACTICE

This session will arm GPs with the skills to recognise and manage patients at risk of progressive liver disease. It will outline risk factors, including obesity, diabetes and chronic hepatitis, and explore interventions, new treatment approaches and effective linkages with specialist services.

Saturday – Session 2 / Presented by the Gastroenterological Society of Australia (ALA) and supported by Bristol-Myers Squibb, Abbvie & Gilead

CONFERENCE PROGRAM SYNOPSES

UNDERSTANDING AUDIOLOGY IN GENERAL PRACTICE

This interactive workshop will offer practical experience of hearing checks, and the interpretation of audiograms and tympanometry. It will explore the full range of management options for hearing loss and explain the referral processes required to access these for key patient populations.

Friday – Session 2/Saturday – Session 1

Australian Hearing

UPDATE IN PAEDIATRIC RESPIRATORY AND SLEEP MEDICINE

This presentation will focus on three common problems in general practice — wheeze in pre-school children, snoring/obstructive sleep apnoea in children and the child with a chronic cough. It will offer evidence-based management options and advice on when to refer.

Dr Scott Burgess & Dr Sadasivam Suresh

Friday – Session 1/Saturday – Session 1 QLD Children's Lung & Sleep Specialists

UPDATE ON BREAST CANCER DIAGNOSTIC TESTING IN MODERATE-TO-HIGH RISK WOMEN

This session updates on the management of women under 50 who are at moderate-to-high risk of breast cancer but ineligible for Government-funded screening programs, emphasising identification and a multidisciplinary approach to screening. The 'triple test' combines clinical, radiological and pathological tools based on current guidelines, tailored to the individual patient.

Dr Kerry McMahon

Saturday – Session 2

Hologic

UPDATE ON DIABETIC RETINOPATHY MANAGEMENT FOR PRIMARY CARE

As global prevalence of diabetes increases, potential for vision loss from diabetic retinopathy also increases. This workshop will discuss classification of diabetic retinopathy and its management in primary care, recent advances in retinal imaging and newer treatment options.

Dr Joseph Park

Friday – Session 1/Saturday – Session 5/Sunday – Session 4

UPDATE ON OBSTETRICS 2016

Antenatal care has changed significantly in the last decade. This presentation will provide an update the latest recommendations for antenatal investigations; supplements, including iodine; and management of high blood pressure, diabetes, depression and infections in pregnancy, including Zika virus infection.

Dr Shian Miller

Sunday – Session 1

WOUND CARE MANAGEMENT FOR PRACTICE NURSES

This workshop will provide a practical overview of the management of common acute and chronic wounds, describing a systematic approach and latest innovations in assessment, investigation, management and prevention.

Friday – Session 4/Saturday – Session 1/Sunday – Session 1

WoundBusters

WOUND CARE VENOUS LEG ULCERS – TIPS & TRICKS FOR GENERAL PRACTITIONERS

This workshop offers a practical approach to the management of venous leg ulcers and other chronic wounds, outlining a systematic methodology to assessment, investigation, management and prevention, including compression therapy.

Friday – Session 2/Saturday – Session 4/Sunday – Session 4

WoundBusters

KEYNOTE SESSIONS



GP SURVIVAL KIT IN A TIME OF CHANGE

Friday 26 August, 12.00pm – 1.00pm

2016 has presented general practice with a few challenges to the delivery of care to your patients. Medicare rebate freezes, item reviews and new models of care are all being mooted as the battlegrounds for the upcoming election.

What are these proposed changes and what tools will a GP need to survive these extrinsic forces of change to provide best outcomes for patients?

SPONSOR



RACGP

Royal Australian College of General Practitioners

MULTIDISCIPLINARY CARE: IMPROVING HEALTH OUTCOMES FOR PATIENTS

Saturday 27 August, 12.00pm – 1.00pm

The Australian healthcare environment faces increasing challenges, including an increase in chronic illness, an ageing society, increasing specialisation, escalating health costs and rising patient expectations. In response to these challenges, there is a growing body of evidence that shows a multidisciplinary team approach is an essential component of a sustainable primary health system, providing improved outcomes for patients.

What does team care look like as it moves from theory to practice?

CHALLENGING CONVENTIONAL THINKING IN GENERAL PRACTICE

Sunday 28 August, 12.00pm – 1.00pm

As health practitioners, we hear about the new, the astounding and equally bizarre. This session will serve as a dynamic forum, bringing together leaders from across the industry including academics, general practitioners, nonclinicians and corporate representatives to debate current controversies in primary care and challenge our conventional thinking on our role as healthcare professionals and patient care.

EACH KEYNOTE SESSION EARNS YOU TWO CATEGORY 2 POINTS!

SESSION SPACES ARE LIMITED, SO SECURE YOUR PLACE DURING ONLINE REGISTRATION.

Stay tuned for additional announcements regarding these sessions including confirmed speakers by visiting www.gpce.com.au

The GPCE program delivers a wide range of educational streams and individual sessions providing delegates the opportunity to tailor the program to meet their learning needs. Delegates can choose to participate in Active Learning Modules, individual sessions or a mix of both across three days. Accreditation points awarded will be dependent on the type of learning chosen and the accreditation provider.

The Brisbane GPCE is an authorised provider of accredited activities under the RACGP QI&CPD program and has also been accredited by the Australian College of Rural & Remote Medicine (ACRRM).

GP ACCREDITATION

	RACGP	ACRRM
Active Learning Module	40 QI&CPD points (Category 1)	30 PRPD points
Individual Session	2 QI&CPD points (Category 2)	2 PRPD points (Workshops) 1 core point (Seminars)
CPR	5 QI&CPD points (Category 2)	10 BLS points

GPs participating in an Active Learning Module will need to complete the following paperwork to be eligible to receive CPD points.

- **Pre-disposing activity** – this must be completed prior to attending the GPCE
- **Evaluation** – to be completed within two weeks following the conference
- **Reinforcing activity** – to be completed within two weeks following the conference

Delegates who select to participate in individual sessions rather than an Active Learning Module are required to complete a session evaluation for each topic attended to be eligible to receive CPD points.

All accreditation paperwork must now be completed via the online Delegate Lounge: www.gpce.com.au/delegate_lounge

NURSE ACCREDITATION

The GPCE education program has been designed to suit the needs of practice nurses in meeting their continuing professional development requirements. The Nursing and Midwifery Board of Australia requires nurses and midwives to accrue 20 hours of CPD each year. Participating in the Brisbane GPCE conference program provides the opportunity for nurses to earn up to 15 CPD points across three days.

Following your attendance at the Brisbane GPCE, you will need to complete an evaluation for each session attended, via the online Delegate Lounge. Once completed, your certificate of attendance will be available to download, for self-accreditation requirements.

DELEGATE LOUNGE

The Delegate Lounge is the online hub for all your accreditation needs. Delegates who are claiming for CPD points from their attendance at the GPCE can now submit all paperwork via the Delegate Lounge as well as gain access to:

- **Speaker Notes**
- **Accreditation Paperwork**
- **Tracking of CPD points**
- **Certificate of Attendance**

All delegates who have registered for the GPCE conference program have automatic access to the Delegate Lounge. You can log-in at any time by visiting www.gpce.com.au/delegate_lounge. You can also visit the Delegate Lounge onsite at the Brisbane GPCE to access and complete all required paperwork.

WHO TO LOOK OUT FOR AT BRISBANE GPCE...

*At time of printing

..... Alliance Finance and Property

..... AMA QLD

..... Aspen Pharmacare Australia

..... Attune Hearing

..... Australian Hearing

..... Best Practice Software

..... BOC Healthcare

..... Cynergex Group

..... Cynosure

..... Department of Veterans' Affairs

..... Eczema Association of Australasia

..... Ethical Nutrients

..... First Global Australia

..... GSK

..... Healthshare

..... HICAPS

..... Mater Health Services

..... MedicalDirector

..... Medigrow

..... Metro North Hospital & Health Service

..... Nevro Medical Australia

..... Office of Industrial Relations

..... Orthocell

..... Pfizer Australia

..... QLD Children's Lung & Sleep Specialists

..... Queensland Respiratory Services

..... RACGP

..... Southern Sun Practices

..... Sugar Australia

..... Team Medical Supplies

..... Thera Tears

..... ZHBC

AUSTRALIA'S LARGEST PRIMARY CARE EXHIBITION

Save time, try before you buy and get the first look at the latest products and services for your practice, all under one roof!

Visitors can look forward to a complete range of medical products, services and solutions specifically for general practice, discover the latest innovations and learn about the current and future industry trends. Don't miss out on event only discounts and offers on medical products and services which can only be found at the Brisbane GPCE!

Exhibition Only entry is **FREE** for all healthcare professionals and included as part of your conference registration.

EXHIBITION OPENING TIMES:



- Friday 26 August – 8am to 5pm
- Saturday 27 August – 8am to 5pm
- Sunday 28 August – 8am to 5pm

NEW KEYNOTE SESSIONS



Each day of the conference will include an exciting keynote session featuring the industry's top innovators and influencers discussing key hot topics facing general practice today.

Access to the keynote sessions are included for conference delegates or open to exhibition only visitors for an additional cost (\$100 per session).

Session spaces are limited, so secure your place during online registration. Visit www.gpce.com.au for further details which will be revealed closer to the event.



SOCIAL DRINKS RECEPTION

Wind down after the event on Saturday 27 August and join us for canapés, drinks and live entertainment!

Don't miss this perfect opportunity to catch-up and network with colleagues, educators, exhibitors and sponsors in an informal setting.

When: Saturday 27 August

Time: 4.30pm – 6.30pm

Where: Exhibition Floor

Entry: **FREE** for all visitors to the GPCE

TAKE ADVANTAGE OF OUR FREE EXHIBITION ONLY DAY PASS

An exhibition day pass is **FREE** and includes:

- Access to over 80 healthcare organisations on the exhibition floor
- Take part in the Passport Competition to win over \$5,000 worth of great prizes!
- 'Event Only' discount and offers on medical equipment and services!
- Access to daily keynote sessions (additional charge of \$100 per session applies)*
- CPR Training (additional charge of \$100 applies)*

REGISTER TODAY FOR YOUR FREE EXHIBITION DAY PASS!

Visit www.gpce.com.au/register

*Sessions can be booked during registration. Please note that entry to the GPCE is strictly for healthcare professionals only.



CPR TRAINING

5 CPD POINTS



To meet your registration requirements as part of the RACGP QI&CPD triennium, the Brisbane GPCE delivers a number of Cardiopulmonary Resuscitation (CPR) training sessions.

These hands-on sessions are based on the Australian Resuscitation Council guidelines and are delivered by highly trained paramedics. Sessions are **FREE** for conference delegates, or **Exhibition Only Visitors can participate in CPR training for \$100.**

HOW TO REGISTER:

Online Registration is Now Open!

Visit www.gpce.com.au/register

For enquiries regarding registration, please contact:
1800 814 611 or (07) 3854 1611



EARLY BIRD DISCOUNT: Make sure you book before the 22 June to receive the **20% Early Bird booking discount!**

CONFERENCE REGISTRATION

Conference registration includes:

- Entry to all conference and keynote sessions at the GPCE exhibition
- Access to CPR training as part of your registration
- Entry to the social networking drinks reception
- Morning, afternoon tea and lunch each day of the conference
- Conference satchel
- Conference materials including event guide and online speaker notes
- 'Event Only' discounts and offers on medical equipment and services!

CONFERENCE RATES

General Practitioner Rates

	1ST EARLY BIRD UNTIL 22 JUNE	2ND EARLY BIRD 23 JUNE TO 20 JULY	STANDARD REGISTRATION FROM 21 JULY	PLATINUM CLUB
1 Day	\$392	\$441	\$490	\$343
2 Days	\$672	\$756	\$840	\$588
3 Days	\$752	\$846	\$940	\$658

Practice Manager & GP Registrar Rates

1 DAY	2 DAY	3 DAY
\$245	\$420	\$470

Nurse Rates

	1ST EARLY BIRD UNTIL 22 JUNE	2ND EARLY BIRD 23 JUNE TO 20 JULY	STANDARD REGISTRATION FROM 21 JULY	PLATINUM CLUB
1 Day	\$288	\$324	\$360	\$252
2 Days	\$456	\$513	\$570	\$399
3 Days	\$576	\$648	\$720	\$504

*All fees are quoted in Australian Dollars (AUD) and are inclusive of GST.

Cancellation policy

Cancellations must be made in writing to gpce@ozaccomm.com.au. Cancellations received by 20 July 2016 will receive a 50% refund. Cancellations received from 21 July will not be refunded.

PROMOTIONS

BOOK AS A GROUP AND SAVE

If you have four or more healthcare professionals in your practice looking to attend the GPCE, you could each **SAVE 25%** off the standard registration rate* when booking as a group!

Group registrations can only be made via phone. Please contact Ozaccomm+ on 1800 814 611 or (07) 3854 1611

PLATINUM CLUB

The Platinum Club is our loyalty program open to all healthcare professionals who have attended at least two GPCE events in the last three years as a paying delegate.

Platinum Club members receive a range of benefits including **30% DISCOUNT*** on registration, **FREE PARKING** at each event and access to the onsite Platinum Club lounge.

For further information or to check your membership status, visit www.gpce.com.au/brisbane/platinumclub

FACILITATE AT THE GPCE – HALF PRICE REGISTRATION

Register to be a facilitator at GPCE and receive a **50% DISCOUNT***, plus **FREE PARKING!**

We are looking for GPs or Nurses interested in facilitating at Brisbane GPCE. You would be responsible for 'hosting' your selected sessions, facilitating question time and ensuring that sessions run to schedule.

LIMITED PLACES APPLY.

For further information please visit www.gpce.com.au/facilitating

Promotional terms & conditions

*All discounts are only applicable to the published standard registration rates and cannot be combined with any other offer. The discount code given must be used at time of registration and is not valid for use with existing registrations.

For more terms & conditions, please visit www.gpce.com.au/promo



VENUE & TRAVEL

The Brisbane GPCE is located at the Brisbane Convention and Exhibition Centre, Merivale Street & Glenelg Street, South Brisbane, QLD, 4101.

Brisbane Convention and Exhibition Centre is conveniently serviced by bus, train, taxi and ferry services.



AIRTRAIN

Catch the Airtrain to South Brisbane station from Brisbane's international and domestic airports. Tickets are available for this service from the Client and Visitors Services Centre located in the Main Foyer.



BUS SERVICES

South Bank is serviced by two bus stations: The Cultural Centre Station on Melbourne Street and the South Bank Busway Station, corner of Colchester and Tribune Streets, South Bank.



CITYCATS

A popular and speedy way to travel the river. CityCats operate everyday and stop at the South Bank River Terminal on the Clem Jones Promenade. The inner-city ferry travels between the CBD, North Quay and Kangaroo Point, stopping at South Bank Terminal 1 and 2 on the Clem Jones Promenade.



TAXI

Taxi ranks are located outside the main entrance to the Convention Centre on Merivale Street, at Mantra South Bank on Grey Street. There is a taxi drop off located at the Convention Centre, Grey Street entrance.



TRAINS

South Brisbane Railway Station is adjacent to the Convention Centre on Grey Street.

ACCOMMODATION

A wide range of accommodation options, located close to the Brisbane GPCE, have been reserved for delegates and their guests at highly competitive rates.

Rates quoted are per room per night and inclusive of GST.

Delegates can book accommodation during the registration process.



RYDGES BRISBANE



\$239 – Standard Queen

\$239 – Standard Twin



MERCURE BRISBANE



\$175 – City View



IBIS BRISBANE



\$155.00 – Standard room

For enquiries regarding accommodation, please contact Ozaccom+ on:

1800 814 611/07 3854 1611 or
gpce@ozaccom.com.au.

Accommodation terms & conditions

Please note, all prices are quoted on a per room per night basis and include GST. Rates and all information are current at the time of printing and are subject to changes without prior notice. Accommodation bookings are subject to availability.

Education Advocacy Support Collegiality

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membership
2016–17

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The RACGP is committed to improving the health and wellbeing of all Australians

The Royal Australian College of General Practitioners is a strong collegiate network of more than 32,000 members, committed to those working in or towards a career in general practice. The RACGP continues to support its members through the guiding principles of *Education, advocacy, support and collegiality*.

Renew or become an RACGP member today www.racgp.org.au/membership

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