

Masterclass in BLEPHAROPLASTY

BY SWISS ACADEMY OF COSMETIC DERMATOLOGY & AESTHETIC MEDICINE

SEPTEMBER 19 – 21, 2025 - ONLINE COURSE



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Introduction to Blepharoplasty

- Overview of blepharoplasty
- Historical background and evolution
- Importance of eyelid aesthetics and function

Anatomy of the Eyelids

- Structures and functions of upper and lower eyelids
- Key anatomical landmarks for surgical planning
- Age-related changes in eyelid anatomy

Patient Evaluation and Consultation

- Initial assessment of eyelid aesthetics and function
- Understanding patient expectations and goals
- Medical history review and contraindications for surgery

Complications and Management

- Immediate postoperative care and monitoring
- Recognition and management of complications (e.g., hematoma, infection, ectropion)
- Long-term outcomes and considerations for revision surgery

Surgical Techniques

Basic Techniques

- Local anesthesia and sedation in blepharoplasty
- Upper eyelid blepharoplasty:
 - Skin and fat excision techniques
 - Muscle and aponeurosis considerations
- Lower eyelid blepharoplasty:
 - Transcutaneous vs. transconjunctival approach
 - Fat repositioning or removal
 - Canthoplasty and canthopexy

Advanced Techniques

- Adjunctive procedures (e.g., brow ptosis correction)
- Combined procedures with facelifts or rhinoplasty
- Use of fillers and fat grafting for volume enhancement

Special Considerations

- Blepharoplasty in Asian eyelids
- Management of specific conditions (e.g., Graves' disease)
- Ethical considerations in cosmetic surgery

Emerging Technologies and Innovations

- Introduction to robotics in blepharoplasty
- Non-surgical alternatives (e.g., laser resurfacing, ultrasound)
- Innovations in materials and techniques

Case Studies and Clinical Scenarios

- Review of case studies illustrating different surgical approaches
- Discussion of complex cases and decision-making processes

Ethical and Medico-legal Issues

- Informed consent and patient communication
- Managing patient expectations and satisfaction
- Medico-legal considerations and risk management

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