



2018 Update in Gastroenterology and Hepatology

for the Primary Care Provider

A Continuing Medical Education Conference Presented by the
Department of Internal Medicine, Division of Gastroenterology and Hepatology,
University of California, Davis, Health

Saturday, October 27 - Sunday, October 28, 2018
Monterey Plaza Hotel and Spa, Monterey, California

Faculty

COURSE CO-CHAIR

Eric W. Chak, MD, MPH
*Assistant Clinical Professor
Division of Gastroenterology
& Hepatology
Department of Internal Medicine
University of California, Davis, Health*

COURSE CO-CHAIR

Cecilia R. Terrado, MD
*Clinical Professor
Division of Gastroenterology
& Hepatology
Department of Internal Medicine
University of California, Davis, Health*

UC DAVIS HEALTH DIVISION OF GASTROENTEROLOGY & HEPATOLOGY FACULTY

Christopher Bowlus, MD
Professor and Chief

Amar Dodda, MD
Advanced Endoscopic Fellow

Juan Carlos Garcia, MD
Clinical Professor

Asha Gupta, MD
Assistant Clinical Professor

Ronald Hsu, MD
Volunteer Clinical Professor

Surinder Mann, MD
Clinical Professor

Joseph Marsano, MD
Assistant Clinical Professor

Valentini Medici, MD
Associate Professor

Jesse Stondell, MD
Assistant Clinical Professor

UC DAVIS HEALTH PHARMACEUTICAL SERVICES

Rebecca Hluhanich, PharmD
Clinical Pharmacist

Sponsored by the University of California, Davis, Health

UC DAVIS
HEALTH

Register online at <http://conferences.ucdavis.edu/gastrohepa>

Saturday, October 27, 2018

7:00 AM	Registration, Continental Breakfast, Visit Exhibits
7:55 am	Welcome and Course Objectives <i>Eric Chak, MD, MPH</i>
8:00 am	Diagnosis and Management of GERD Review and understand recently published guidelines for this common condition managed in the primary care setting including referral for endoscopy and surgical treatment options. <i>Juan Carlos Garcia, MD</i>
8:30 am	Q&A
8:40 am	Barrett's Esophagus Barrett's esophagus is an asymptomatic, pre-malignant condition. We will review the risk factors for Barrett's esophagus, its natural history and current recommendations for screening and surveillance. <i>Cecilia Terrado, MD</i>
9:10 am	Q & A
9:20 am	Safety of Long-term PPI Use Proton pump inhibitors are one of the world's most common prescribed medications due to the prevalence of GERD and other upper GI symptom complexes. We will review the latest information regarding long-term safety of these medications. <i>Asha Gupta, MD</i>
9:50 am	Q&A
10:00 am	Refreshment Break, Visit Exhibits
10:20 am	Colon Cancer Screening Colon cancer incidence and mortality are dropping and believed to be due in part to increased screening, yet the uptake of screening and surveillance remains suboptimal. We will review the latest data supporting current screening and surveillance guidelines for colon cancer screening. <i>Joseph Marsano, MD</i>
11:00 am	Gastrointestinal Microbiome In recent years, there has been increasing interest in the GI microbiome and how it relates to health and disease. We will review the available data to describe how alterations in the "normal" microbiome may lead to disease as well as how knowledge of the microbiome may be used to treat disease. <i>Ronald Hsu, MD</i>
11:30 am	Q&A
11:40 am	Management of Pancreatic Cysts Pancreatic cysts are commonly found incidentally on cross sectional imaging. We will review the current guidelines, which guide the surveillance and surgical resection for these cysts. <i>Amar Dodda, MD</i>
12:10 pm	Q&A
12:20 pm	Adjourn
12:30 pm	Optional Lunch Sessions Additional fee of \$50, lunch included. Informal discussion with faculty, limited seating, pre-registration is required, 1 hour or credit.
	1. Drug Induced Liver Injury (DILI): What Drugs to Avoid or Use with Caution in Patients with Advanced Liver Disease <i>Rebecca Hluhanich, PharmD</i>
	2. Alcoholic Liver Disease Management <i>Valentina Medici, MD</i>
	3. Autoimmune Liver Disease <i>Christopher Bowlus, MD</i>
	4. When to Repeat Colonoscopy for Colon Cancer Screening or Adenoma Surveillance <i>Jesse Stondell, MD</i>
	5. Work up of Iron Deficiency Anemia <i>Surinder Mann, MD</i>

Sunday, October 28, 2018

6:45 am	Registration, Continental Breakfast, Visit Exhibits
6:50 am	Optional Breakfast Sessions Informal discussion with faculty, limited seating, pre-registration is required, 1 hour or credit.
	6. Management of Anal Intraepithelial Neoplasia <i>Juan Carlos Garcia, MD</i>
	7. Use of Fecal Immunochemical Testing and its Impact on Colorectal Cancer Screening Programs <i>Joseph Marsano, MD</i>
	8. Gluten Free Diets and Celiac Disease <i>Asha Gupta, MD</i>
	9. Refractory C. difficile and Fecal Microbiota Transplantation <i>Ronald Hsu, MD</i>
	10. Chronic Diarrhea <i>Amar Dodda, MD</i>
7:55 am	Welcome and Course Objectives <i>Cecilia Terrado, MD</i>
8:00 am	Screening for Liver Disease Liver disease remains one of the most common and preventable causes of death. Recommendations for hepatitis B and C screening have been made but implementation is lagging. We will review these recommendations, the basis for them, and how simple interventions can help increase the screening, treatment, and care of these patients. <i>Christopher Bowlus, MD</i>
8:30 am	Q & A
8:40 am	Hepatitis C Treatment for the Primary Care Provider Treatment of hepatitis C is rapidly evolving. Treatment regimens without interferon are here with the potential to move treatment to the primary care setting. This lecture will review the current state-of-the-art in managing patients with hepatitis. <i>Rebecca Hluhanich, PharmD</i>
9:10 am	Q & A
9:20 am	Managing Hepatitis B in the Primary Care Setting Hepatitis B is endemic in most parts of the world and disproportionately affects immigrants from Asia, Africa, and Eastern Europe. Safe and effective treatments are available to prevent progression of disease, but who to treat remains an area of controversy. Current recommendations for monitoring and treatment will be discussed. <i>Eric Chak, MD, MPH</i>
9:50 am	Q&A
10:00 am	Refreshment Break, Visit Exhibits
10:20 am	Management of Liver Cirrhosis Patients with liver cirrhosis are complex and represent a large burden to the American healthcare system. We will review the diagnosis of cirrhosis as well as the most up to date management of its many complications. <i>Valentina Medici, MD</i>
10:50 am	Q & A
11:00 am	Current Management of Irritable Bowel Syndrome IBS is a very common cause of abdominal pain in industrialized nations. Patients (and providers) may become frustrated with their symptoms and how to manage them. We will review the current management of IBS. <i>Surinder Mann, MD</i>
11:30 am	Q & A
11:40 am	The ABCs of Inflammatory Bowel Disease for the PCP Inflammatory Bowel Disease is a chronic autoimmune condition, which has a wide spectrum of clinical presentation and GI symptoms. We will review the two major types of IBD and how they are managed. <i>Jesse Stondell, MD</i>
12:10 pm	Q&A
12:20 pm	Adjourn

Conference Information

TARGET AUDIENCE

This national conference is designed to meet the educational needs of primary care physicians, specialty physicians, nurse practitioners, physician assistants, nurses, and pharmacists.

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to:

- Regards, Discuss new treatments and identify approaches to optimize therapy for patients with IBD/IBS
- Present current interferon-free treatments for hepatitis C and applications to primary care settings
- Accurately interpret the Hepatitis B serology to ensure the correct diagnosis and guide the decision to treat

LECTURES

Electronic access to course lectures will be made available to all conference attendees. Please note, there will be no printed syllabus for this activity.

ACCREDITATION

The University of California, Davis Health is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.



CREDIT DESIGNATION

Physician Credit: University of California, Davis, Health designates this live activity for a maximum of 10 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: This Live activity, Update in Gastroenterology & Hepatology the PCP, with a beginning date of 10/27/2018, has been reviewed and is acceptable for up to 10.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AMA PRA Category 1 Credits™ acceptable for other health care providers

Nurse: For the purpose of recertification, the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. For the purpose of relicensure, the California Board of Registered Nursing accepts *AMA PRA Category 1 Credits™* (report a maximum of 10 hours of credit and fill in "CME Category 1" for the provider number).

Pharmacist: You may petition the California State Board of Pharmacy for CE credit for this symposium. Please see <http://www.pharmacy.ca.gov/licensees/personal/ce.shtml> for details.

Physician Assistant: The National Commission on Certification of Physician Assistants (NCCPA) states that *AMA PRA Category 1 Credits™* are acceptable for continuing medical education requirements for recertification.

Registration

REGISTRATION

Registration fee includes conference meals, course materials and CME certificate.

Attendee Type	Early Discount	After September 17, 2018
Physicians	\$395	\$475
Other Healthcare Professionals	\$350	\$425

Register online at: <http://conferences.ucdavis.edu/gastrohepa>. For check payment, please see registration and mailing instructions on last page. After that date, the late fee is applied.

Please provide an email address that you check frequently. Your email address is used for critical information, including registration confirmation, evaluation, and certificate.

CANCELLATION AND REFUND POLICY

A refund of tuition, less \$75 administrative fee, will be allowed if requested in writing by **October 1, 2018**. No refunds will be provided after this date.

ELECTRONIC EVALUATION AND CREDIT

The course lectures and evaluation will be available online for 14 days after the last day of the conference. Once the online survey is completed, your certificate will be sent via email within 30 days post conference.

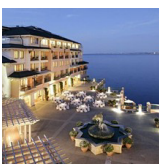
HOTEL ACCOMMODATIONS



MONTEREY PLAZA
HOTEL & SPA

400 Cannery Row
Monterey, California 93940
Phone: (877) 862-7552
reservations@montereyplazahotel.com

A block of rooms is being held for conference participants at a rate of \$229, single or double occupancy plus hotel and sales tax (extension dates may be available). After **10/03/18**, reservations will be on a space and rate available basis. Reservations should be made directly with the hotel. Please be aware that a limited number of rooms have been reserved and the hotel will likely sell out prior to the above reservations deadline.



By staying at the host hotel, you help the University of California, Davis meet its contractual obligations with the Monterey Plaza Hotel and Spa and keep future registration fees reasonable. Please consider that when making your accommodation decisions. We encourage you to stay at the host hotel.

Layered clothing is recommended as the meeting room temperature may be uncomfortable for some, depending on personal preferences. If you have any special needs due to a disability as specified in the Americans with Disabilities Act, please contact UC Davis Conference and Event Services at events@ucdavis.edu, so we may make the necessary accommodations for you.

MONTEREY

Monterey County offers iconic California experiences, with a little something special for everyone, just waiting to be enjoyed. Experience the top road trip in the United States as you wind along the breathtaking Big Sur coastline on Highway One. Book an oceanview hotel on the beach, and then explore the shops and attractions of iconic Cannery Row. Sip handcrafted wines at tucked-away tasting rooms where the winemaker might just be the person pouring. Take a surfing lesson and catch a glimpse of a barefoot beach wedding as you ride your board to shore. Play 18 holes at legendary golf courses, or just hang out at the 19th hole and watch the pros practice. Pack a picnic and watch the sunset on the white sands of Carmel Beach. Monterey is an unforgettable destination that will invigorate your soul.

For more information, please visit <https://www.seemonterey.com>

AIR TRAVEL TO MONTEREY REGIONAL AIRPORT (MRY)

We have partnered with United Airlines to offer travel discounts to the 2018 Update in Gastroenterology and Hepatology course.

Visit www.united.com/meetingtravel and enter **ZEJW653530** in the Offer Code box.

You may also call United Meeting Reservation Desk at 800-426-1122 Mon-Fri 8am – 10pm ET and Sat/Sun 8am – 6pm ET.

Booking fees are waived for Meeting reservations. Please note that travel must be booked between **10/24/2018** and **10/30/2018**, in order to receive the discount.

CAR RENTAL DISCOUNTS

Avis car rental is extending a discount to course attendees using the Avis Worldwide Discount number: **Y110013**.

You may also click on the link below to check on rates or make your reservations [Avis Discount Link for Clinical Gastroenterology and Hepatology 2018](#)

Register online at <http://conferences.ucdavis.edu/gastrohepa>

Mail In Registration

2018 UPDATE IN GASTROENTEROLOGY AND HEPATOLOGY for the Primary Care Provider Saturday, October 27 - Sunday, October 28, 2018

REGISTRATION FEES (Receipt/Confirmation will be mailed within two weeks)

	Early Discount	After September 17, 2018
Physician	☐ \$395	☐ \$475
Other Healthcare Professionals	☐ \$350	☐ \$425

COURSE LECTURES

Electronic access to the course lectures will be made available to all conference attendees. Please note that a hard copy syllabus will not be available for this conference.

FOR REGISTRANTS PAYING BY CHECK, PLEASE REGISTER ONLINE:

<http://conferences.ucdavis.edu/gastrohepa>

Use the code CHECK to register without submitting a form of payment.

Please make check payable to: UC REGENTS

Please mail check to:

UC Davis Conference and Event Services
116 A Street
Davis, CA 95616
ATTN: GastroHepa

Registrations will be confirmed upon receipt of payment.

Questions: events@ucdavis.edu or 530-747-3828

FOR FURTHER INFORMATION

UC DAVIS

Conference and Event Services

Carla Datanagan
Conference Manager
116 A Street
Davis, CA 95616
(530) 747-3828
events@ucdavis.edu



UC DAVIS CME MISSION STATEMENT

To educate health care providers through evidence-based activities that emphasizes advances in medicine, new medical technology, biomedical research, and changes in healthcare delivery to improve clinical outcomes.

UC DAVIS CME VISION

Providing medical education for health care professionals to improve patient care.

BROCHURE ART CREDIT

Brochure images courtesy of Accreditation Council for Continuing Medical Education, UC Davis Public Affairs, and Google images.

Register online at <http://conferences.ucdavis.edu/gastrohepa>