



The PBI Complete Professional

Interactive Online Course

IN JOINT PROVIDERSHIP WITH THE UNIVERSITY OF
CALIFORNIA, IRVINE SCHOOL OF MEDICINE



2 CME CREDIT HOURS

APPROVED FOR AMA PRA CATEGORY 1 CREDITS™

Produced by
PBI Education, a trade name of Professional Boundaries, Inc.

Faculty for this course is selected by PBI and approved by the University of California, Irvine School of Medicine Office of Continuing Medical Education

Course Objectives

Upon completion, participants should be able to:

- Demonstrate appropriate clinical decision making by minimizing negative influences
- Adhere to professional boundaries with resultant improvements in physician-patient interaction, which can improve clinical outcomes
- Become aware of the early warning signs and personal risk factors indicative of ethical dilemmas and boundary problems
- Acquire a working understanding of the Formula® in order to reduce their own violation potential for ethical and policy transgressions
- Understand how to create their own individual Protection Plan to maintain appropriate boundaries

Content Timeline

This is an interactive, self-guided, online course. In order to qualify for the 2 CME credit hours, attendees must fully participate in the various knowledge checks throughout and receive a passing score on the final exam.

- **Readings and Interactive Knowledge Checks: 1 hour and 30 minutes**
 1. Introduction to Professional Boundaries
 2. The Four Laws of Professional Boundaries
 3. Understanding Professional Boundaries
 - The Boundary Sphere
 - Defining Boundaries
 - The Board's Role
 4. How Good Clinicians Get Into Trouble
 - The Process Leading to Violation
 - Societal, Professional, and Personal Challenges
 5. Protecting Yourself: Part 1
 - The Value of Red Flags
 - "Inattentional Blindness"
 - Basic Steps You Can Take Right Now
 - Practical Do's and Don'ts
 6. Protecting Yourself: Part 2
 - Learning the Formula©
 - Analyzing your Violation Potential
 - Creating a Protection Plan (Personal, Professional, Organizational)
 7. Conclusion
- **Final Exam: 30 minutes**

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of California, Irvine School of Medicine and Professional Boundaries, Inc. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement

The University of California, Irvine School of Medicine designates these live activities each for a maximum of 2 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

Disclosure Policy

It is the policy of the University of California, Irvine School of Medicine and the University of California CME Consortium to ensure balance, independence, objectivity and scientific rigor in all CME activities. Full disclosure of conflicts and conflict resolutions will be made prior to the activity in writing via handout materials, insert, or syllabus.

California Assembly Bill 1195

This activity is in compliance with California Assembly Bill 1195, which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. For specific information regarding Bill 1195 and definitions of cultural and linguistic competency, please visit the CME website at www.meded.uci.edu/cme/