



David Geffen
School of Medicine

UCLA Musculoskeletal Ultrasound Course and Hands-on Workshop 2016

Featuring Optional Full Day
Interventional Training with
Cadaver Lab

January 30 & 31, 2016
**COURSE AND HANDS-ON
WORKSHOP**
Santa Monica UCLA Hospital
Santa Monica, CA

February 1, 2016
CADAVER LAB
Center for Health Sciences,
UCLA (Westwood) Campus
Los Angeles, CA

UCLA

Health System
Radiology

CME OFFICE OF
CONTINUING
MEDICAL
EDUCATION

DAVID GEGGEN SCHOOL OF MEDICINE at **UCLA**

GENERAL INFORMATION

Enrollment

Before January 7th

\$ 950 Physicians

\$ 850 Trainees, Residents and Technologists

\$ 1,050 Cadaver Lab (all participants)

After January 7th

\$ 1,050 Physicians

\$ 950 Trainees, Residents and Technologists

\$ 1,150 Cadaver Lab (all participants)

*There is a \$100 course only discount for current UC employees. There is no discount for the cadaver lab.

Enrollment fees include continental breakfast, snacks and program materials.

Online

Go to www.cme.ucla.edu/courses and choose **UCLA Musculoskeletal Conference** and click the registration button. You may use your American Express, MasterCard, VISA or Discover card to register online.

By Mail

Use the form attached and mail to:
UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
UCLA Musculoskeletal Ultrasound Course and Hands-on Workshop
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512

By Fax

Send the completed enrollment form with credit card information and authorizing signature. FAX (310) 794-2624

By Phone

Use your MasterCard, AMEX, VISA, or Discover Card.
Call (310) 794-2620.

E-mail address: eayala@mednet.ucla.edu

Please visit our website for other UCLA CME offerings: www.cme.ucla.edu

Program Location: (Saturday and Sunday)

UCLA Medical Center, Santa Monica

Room: G-340

1250 16th Street

Santa Monica, CA 90404

(310) 319-4000

Optional Cadaver Lab: (Monday)

Center for Health Sciences (CHS 53-129)

UCLA Campus

Westwood, CA 90024

Local Hotel Accommodations:

The Ambrose

1255 20th Street

Santa Monica, CA 90404

(310) 315-1555

Best Western Plus Gateway Hotel

1920 Santa Monica Boulevard

Santa Monica, CA 90404

(310) 829-9100

Parking

Saturday and Sunday, parking will be provided for all participants at the UCLA Santa Monica Hospital. Attendees will be able to park in the UCLA parking structure located on the corner of Arizona and 16th Street, please park on levels 3 and 4 only.

Monday, there is a UCLA shuttle service that departs every half hour from UCLA Santa Monica hospital and drops off riders at Ronald Reagan UCLA Medical Center in Westwood. Please contact the CME office, if you are interested in using this service.

Refunds

Cancellations must be received in writing by January 7, 2016 and will be subject to a \$100 processing fee. No refunds be given after after January 7, 2016. A full refund will be provided if for any reason the course must be cancelled or rescheduled.

Early registration is recommended, as space is limited.

Accreditation

The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Office of Continuing Medical Education, David Geffen School of Medicine at UCLA, designates this live activity for a maximum of 13.75 (add 5 credits for Cadaver Lab) **AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

The FDA has issued a concept paper that classifies commercial support of scientific and educational programs as promotional unless it can be affirmed that the program is "truly independent" and free of commercial influence. In addition to independence, the FDA requires that non-promotional, commercially supported education be objective, balanced and scientifically rigorous. The policy further states that all potential conflicts of interest of the CME staff and faculty be fully disclosed to the program's participants. In addition, Accreditation Council for Continuing Medical Education policy now mandates that the provider adequately manage all identified potential conflicts of interest prior to the program. We at UCLA fully endorse the letter and spirit of these concepts.

PROGRAM

Saturday, January 30, 2016

- 7:30 **Registration and Continental Breakfast**
- 8:00 Introduction and Announcements – **Kambiz Motamedi, MD**
- 8:10 What are the Indications for MSK Ultrasound? – **Kambiz Motamedi, MD**
- 8:25 Image Optimization, Basic Interpretation, and Applications – **Benjamin Levine, MD**
- 8:40 How Do I Perform a Wrist Ultrasound? – **Mihaela Taylor, MD**
- 8:55 How Do I Perform an Elbow Ultrasound? – **Kira Chow, MD**
- 9:10 How Do I Inject the Carpal Tunnel and What to Look For? – **Mihaela Taylor, MD**
- 9:25 What is there to Look for in the Elbow? – **Kira Chow, MD**
- 9:40 **Break**
- 9:55 How Do I Perform A Shoulder Ultrasound? Technique & Normal – **John DiFiori, MD**
- 10:10 Shoulder Ultrasound: What Can Be Seen and What Should I Look For? – **Benjamin Levine, MD**
- 10:25 Shoulder Ultrasound: What the Surgeon Wants to Know – **Kristopher Jones, MD**
- 10:40 The Economics of MSK Ultrasound – **Andrew Concoff, MD**
- 10:55 How to Perform Ultrasound Guided Procedures in Shoulder? – **John DiFiori, MD**
- 11:15 Novel Ultrasound Techniques and Interventions – **Andrew Concoff, MD**
- 11:30 Panel Discussion
- 12:00 **Lunch** (on your own)
- 1:30 Live Video Demo: Upper Extremity
- 2:30 Ultrasound Workshop: Upper Extremity
- 5:00 Open Scanning: On Your Own
- 6:00 **Adjourn**

Sunday, January 31, 2016

- 8:00 **Continental Breakfast**
- 8:30 How Do I Do Hip Ultrasound? – **Kambiz Motamedi, MD**
- 8:45 Hip Ultrasound: What Can Be Seen and What Do I Look For? – **Benjamin Levine, MD**
- 9:00 How Do I Perform Knee Ultrasound to Evaluate Injuries? – **Kira Chow, MD**
- 9:20 How Do I Perform Ultrasound Guided Hip and Knee Injections? – **John DiFiori, MD**
- 9:35 How Do I Evaluate Knee Ultrasound for the Rheumatologists? – **Mihaela Taylor, MD**
- 9:55 **Break**
- 10:10 How to Do Ankle Ultrasound? – **Benjamin Plotkin, MD**
- 10:25 What About Ultrasound Evaluation of Muscle Injuries? – **Kambiz Motamedi, MD**
- 10:40 What to Look for in the Ankle? – **Benjamin Plotkin, MD**
- 10:55 How to Inject the Ankle and Surrounding Structures? – **Kambiz Motamedi, MD**
- 11:15 Foot Ultrasound: What Can Be Seen and What Do I Look For – **Benjamin Levine, MD**
- 11:30 Panel Discussion
- 12:00 **Lunch** (on your own)
- 1:30 Live Video Demo: Lower Extremity
- 2:30 Ultrasound Workshop: Lower Extremity
- 5:00 Open Scanning: On Your Own
- 6:00 **Adjourn**

Monday, February 1, 2016

OPTIONAL INTERVENTIONAL CADAVER LAB WORKSHOP

- 8:30 **Breakfast** (provided)
- 9:00 Interventional Cadaver Lab Workshop
- 12:00 **Lunch** (provided)
- 1:00 Interventional Cadaver Lab Workshop
- 3:00 **Adjourn**



UCLA Musculoskeletal Ultrasound Course and Hands-on Workshop

COURSE DESCRIPTION

The **UCLA Department of Radiology in collaboration with lead physicians from both Departments of Sports Medicine and Rheumatology** is proud to offer an intensive and comprehensive hands-on learning opportunity. *The MSK Ultrasound Course and Workshop* review the pertinent theoretical and practical points of upper and lower extremity ultrasound. This weekend course features, in addition to MSK ultrasound basics, up-to-date topics such as muscle injuries and MSK Ultrasound economics followed by panel discussions with audience participation.

The course also utilizes a *live split screen* to demonstrate basic MSK sonography techniques creating optimal imaging essential for accurate clinical application. The inclusive interactive, *hands-on workshop* provides an opportunity to master the techniques through small group training with subspecialists.

The additional option of specialty training in the *Cadaver Lab* is ideal in providing real life, real time training of ultrasound guided procedures to expand the clinical scope of care for attendees. The hands-on practical day is taught by subspecialists covering injection techniques in and about the upper and lower extremity joints.

Note: Early registration for the optional cadaver lab is recommended, enrollment is limited to 24 participants. There is an additional fee for this workshop.

TARGET AUDIENCE

Those interested in performing MSK ultrasound in their practices, including, but not limited to radiologists, sports medicine physicians and orthopedic surgeons, rheumatologists as well as sonographers seeking to master scanning techniques in MSK sonography.

EDUCATIONAL OBJECTIVES

At the conclusion of the course, attendees should be able to:

- Review of anatomy and basic techniques
- Identify the strengths and weaknesses of MSK ultrasound
- Describe both the unique and complimentary roles of ultrasound examination
- Discuss cases which most likely benefit from the attributes of ultrasound
- Recognize transducer and required equipment selection
- Describe normal and abnormal findings on ultrasound and to be able to recognize MSK-specific pitfalls and artifacts
- Recognize the dynamic and interactive properties of an ultrasound examination
- Become familiar with the gamut of ultrasound guided procedures

Cadaver Lab Workshop Option for Advanced Participants

- Full day of hands on MSK interventions
- Small group training (4:1 instructor ratio)
- State of the art lab facility at UCLA School of Medicine

COURSE DIRECTOR

Kambiz Motamed, MD

Professor of Radiology*

Director, Beach Imaging and Interventional Center

CLINICAL CO-DIRECTORS

John DiFiori, MD

Professor, Departments of Family Medicine and Orthopaedics Chief *

Division of Sports Medicine and Non-Operative Orthopaedics

Head Team Physician, UCLA

Department of Intercollegiate Athletics

Mihaela Taylor, MD

Chief, Section Santa Monica Rheumatology*

Associate Clinical Professor of Medicine UCLA, Division of Rheumatology

DISTINGUISHED FACULTY

Kira Chow, MD

Associate Professor of Radiology*

VA Greater LA Healthcare System

Department of Radiology

Andrew Concoff, MD

Rheumatology and Sports Medicine

Medical Director

Outpatient Musculoskeletal Rehabilitation and Wellness

St Jude Medical Center

Fullerton, California

Kristofer Jones, MD

Assistant Professor*

Orthopaedic Surgery

Benjamin Levine, MD

Assistant Professor of Radiology*

Musculoskeletal Imaging

Benjamin Plotkin, MD

Assistant Professor*

Musculoskeletal Imaging

*David Geffen School of Medicine at UCLA

Application for Enrollment (Please Print)

WINTER 2016

Course Title and Number	M156-23	Amount
UCLA Musculoskeletal Ultrasound Course and Hands-on Workshop at Santa Monica UCLA Hospital	<i>Before January 7th</i>	
	\$950 Physicians	
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	\$1,050 Physicians	
	\$950 Trainees, Residents and Technologists	
	\$ 1,150 Cadaver Lab (all participants)	
	Enrollment fees include continental breakfast each day, snacks and program materials.	
TOTAL		

Last four digits of your Social Security Number

Name (First/Middle/Last)

☐ Male ☐ Female

Preferred Mailing Address

City/State/Zip

()
Area Code/Daytime Phone

()
Area Code/FAX #

Degree

Specialty

Email Address

☐ Check enclosed payable to: The Regents of the University of California

Charge: ☐ MasterCard ☐ Visa ☐ Discover ☐ AMEX

Authorizing Signature

Expiration Date (Mo/Yr)

Mail: Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
UCLA Musculoskeletal Ultrasound Course
10920 Wilshire Blvd., Suite 1060
Los Angeles, CA 90024-6512

Fax: (310) 794-2624
(must include charge card information and authorizing signature)

Call: (310) 794-2620

Register online: www.cme.ucla.edu/courses
(click on "UCLA Musculoskeletal Ultrasound Workshop")

UCLA Office of Continuing Medical Education
David Geffen School of Medicine at UCLA
405 Hilgard Avenue MC 29
Los Angeles, CA 90095-6938

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