

West Virginia Sleep Society

Join your colleagues for two days of exceptional education with outstanding speakers, opportunities to network with your peers and a wonderful resort experience at Stonewall Resort in Roanoke, West Virginia.



Application has been made to the American Association of Sleep Technologists for 12 CEUs. These credits have historically been accepted by the WVBORC as continuing education for respiratory therapists.

Eleventh Annual Sleep Retreat

Sleep at Stonewall—October 2-3, 2015

Target Audience includes physicians, psychologists, technologists, therapists and other health care professionals working in the field of sleep medicine or sleep research.

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the WVU School of Medicine and the West Virginia Sleep Society.

The WVU School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The WVU Office of CME designates this live activity for a maximum of *12 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

WVSS Sleep Retreat Goals & Objectives

Following the course, participants should be able to:

- Discuss the current best practices in various sleep medicine topics based on evidence-based medicine and current research
- Implement these best practice recommendations in clinical settings
- Improve patient outcomes based on changes in clinical practice

Sleep Retreat Program

Disclosure

All those in a position to control content of this program have indicated that they have no relevant interests to disclose.

Friday, October 2 Pecan Room

7:00 REGISTRATION: Terrace Foyer

- 8:00 Frontal Lobe seizures
 - Heather Clawges, MD
- 9:30 Weight Loss and Weight Management
 - Camilla McMillen, Ph.D.
- 10:30 Status of Safe Infant Sleep in WV
 - Colleen Warren, MA

LUNCH STILLWATERS

- 1:00 Emerging Adults' Sleep Hygiene Adherence
 - Megan Clegg, Ph.D.
- 2:00 CPAP Adherence
 - April Shapiro, RN,MS
- 3:30 COPD and Noninvasive Ventilation
 - Salam Rajjoub, MD

Saturday, October 3 Pecan Room

7:00 REGISTRATION: Terrace Foyer

- 8:00 Oral Appliances and Comprehensive Treatment Plans
 - Nicole Chenet, DDS
- 9:30 Insomnia
 - Mei Ng, Ph.D.
- 10:30 Pediatric Pulmonology
 - Talia Sotomayor, MD

LUNCH STILLWATERS

12:30 WEST VIRGINIA SLEEP SOCIETY BUSINESS MEETING

Everyone welcome! Please attend—we will vote on 2016 meeting site

- 1:00 Inpatient Testing
 - Lynn Poling, RPSGT
- 2:00 Hypoglossal Nerve Stimulation
 - Jessica Schmidt, MA, RPSGT, RST
- 3:30 Changing Tech Roles
 - Jessica Schmidt, MA, RPSGT, RST

As an environmentally conscious group, WVSS will not be providing pre-printed handouts at this meeting. Handouts will be available on the website for download at: www.wvsleepsociety.org approximately one week prior to the meeting.

**Vendor exhibits
Maple Room**

Registration includes continental breakfast Friday & Saturday (in Terrace Foyer), Friday & Saturday buffet lunch in Stillwaters (ticket required) and daily breaks Friday & Saturday. Complimentary dinner in Stillwaters is also included on Friday evening (ticket required).

Location

A small block of rooms will be available at the group rate for a limited time only. Make your reservations early to get the group rate and for the best selection of room type. Group rate is \$145 single occupant, \$84 for each attendee in the same room. **There are a number of cottages on the property (at higher rates).**

NOTE: The room rate includes meals (breakfast, lunch and dinner) during the meeting days (Friday and Saturday) but spouses or significant others staying in the same room are responsible for their own meals.

Please make reservations early to assure the room type/price you prefer and keep in mind there is an additional \$15 resort fee which gives you access to many resort activities.

**The room block will be released on September 10, 2015 so make your reservations early.
To make your reservations call: Reservations: (888) 278-8150**

Follow I-79 to US-19 exit 91 to Roanoke. Turn right on US-19 South and follow the signs to Stonewall Resort State Park. Entrance will be on your left, approximately 2.5 miles from the interstate.

On some GPS devices, 940 Resort Drive, Roanoke, WV does not show up. If you are having problems, try 940 Resort Drive, Walkersville, WV 26447 or Stonewall Jackson State Park, 149 State Park Trl, Roanoke, WV 26447. Or please call the resort at 304.269.7400 and they will be happy to help!



Bring the family. There is something for everyone at Stonewall Resort.

- Championship golf on the award winning Arnold Palmer signature course
- Full service marina on Stonewall Jackson Lake with 82 miles of shoreline
 - Little Sorrell excursion boat tours
- Guided Segway tours (reservations required)
- 16 miles of hiking and biking trails
- Indoor / outdoor pool and fitness area
 - The Mountain Laurel Spa
 - And much more.....

**•Visit the Stonewall website for more information:
www.stonewallresort.com**

Registration

Register now for the best rate. On site registration subject to an additional \$25 administrative fee. On-line registration with payment is available on the website until September 29, 2015 at www.wvsleepsociety.org

To register by mail, check the appropriate category below and complete the registration form on the following page.

Cancellation policy: Full refund (minus \$25 administrative fee) thru 9/15/15.

MEMBER

- ☐ Two day registration: \$130
- ☐ One day registration: \$100
- ☐ Charge for physician CME: \$100

NON-MEMBER

- ☐ Two day registration: \$190
- ☐ One day registration: \$140
- ☐ Charge for physician CME: \$100

Get the membership rate.....join or renew your membership today!
See attached membership application.

Registration

Forward with check or money order to:
West Virginia Sleep Society
c/o Martha Digiovine, President
West Virginia University Hospitals, P.O. Box 8022
Morgantown, WV 26606

2015 West Virginia Sleep Society Sleep Retreat Registration (please print legibly)

NAME: _____

ADDRESS: _____

PHONE: _____

E-MAIL: _____

(Please PRINT legibly)

Amount remitted:\$ _____ (circle one) TWO DAY FRIDAY ONLY

SATURDAY ONLY

Get the membership rate.....join or
renew your membership today.....
See attached membership application.

2015-2016 West Virginia Sleep Society Membership Application

NAME (please print): _____

ADDRESS: _____

CITY/STATE/ZIP: _____

TELEPHONE DAY: _____ EVENING: _____

E-MAIL (please print): _____

CREDENTIALS:(circle one): DABSM MD DO PhD

RPSGT/RST RRT REEGT OTHER: _____

To receive the latest information via e-mail about upcoming programs and services please read and sign the following required statement:

I agree to receive newsletters, notices, advertisements, announcements, brochures, invoices and other information from the West Virginia Sleep Society and it's representatives via facsimile and/or e-mail. My express permission to e-mail me such notices, invoices and other information will continue and have no date of expiration.

Signature: _____ Date: _____

Membership fee: \$50.00 per year

Additional donation enclosed: \$ _____

Please make check payable to: West Virginia Sleep Society

Mail to: West Virginia Sleep Society

c/o Martha DiGiovine

West Virginia University Hospitals, P.O. Box 8022

Morgantown, WV 26506

☐ I would like to join a committee, please contact me.

Specific interest(s): _____

For additional information contact: Martha DiGiovine: (304)598-4770 (digiovinem@wvuhealthcare.com)