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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course #	Course Title	
Webinar Date		
Name	Discipline	
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E-mail Address for Confirmation (will not be shared or sold)		

Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the webinar. After that time, a credit for a future Motivations event may be awarded.

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WEBINAR

#7417 Geriatric Balance Examination & Interventions

Instructor:

Theresa A. Schmidt, PT, DPT, MS, OCS, LMT

Audience:

Physical Therapists, Occupational Therapists, Assistants and Athletic Trainers

Delivery Options:

Live Webinar or Self-Study Options

Motivations, Inc.

SUMMARY: The purpose of this course is to enable clinicians to select and administer appropriate balance and fall examination and interventions for the aging adult. Therapists will be instructed how to perform reliable and valid functional outcomes measures for elders to identify mobility and balance impairments and to determine their risk of falls. A review of the evidence for the effectiveness of selected interventions to promote balance and reduce falls risk will be discussed. Clinicians will be able to design effective, evidence-based plans of care for elders with balance and mobility challenges. Course instruction methods include lecture, demonstration, videos, case studies and question/answers. (Intermediate Level)

PRESENTER: **Theresa A. Schmidt, PT, DPT, MS, OCS, LMT** is President of Educise PC continuing education and physical therapy in Sunapee, NH. A Board-certified Specialist in Orthopedic Physical Therapy, Expert Witness, massage therapist, and coach with 30+ years' experience in clinical practice and education, she integrates best evidence-based practices of manual therapy and orthopedic rehab, with complementary medicine approaches for outstanding peak performance. She graduated Long Island University's Masters Physical Therapy Program in with Highest Honors. She received her Doctorate in Physical Therapy Program at University of New England. Dr. Schmidt served as faculty at Touro College Physical Therapy, Nassau CC and CUNY Queens College in NY. She presented for International Fascia Research Congress, APTA, AOTA, AMTA, NASA Inomedic Health, Johns Hopkins, Cleveland Clinic and major medical centers. She is a published author, integrative medicine clinician, community educator, and nature enthusiast. Visit her at: www.Educise.com. *Financial*— Received a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Identify the physiological components of balance and the effect of aging on balance function.
2. Describe balance strategies used to correct deviation of the center of gravity from the base of support, and how these strategies change with aging.
3. Perform current, evidence-based balance tests to determine falls risk in elderly persons.
4. Implement exercise and functional activity interventions to reduce the risk of falls in the elderly during household mobility and ADLs.
5. Analyze the research on balance examinations and interventions for reducing falls in the elderly.

FORMAT: This is a 3-contact hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study. Instructors present the live course content via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

OT CEU's: Motivations Inc. is an AOTA Approved Provider of professional development. Provider # **4002**. This Live and Distance Learning—Interactive and Distance Learning—Independent and Blended/Hybrid activity is offered at 0.3 CEUs **Intermediate-Level**, Occupational Therapy Service Delivery, Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures.

ATC CEU's: Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3 Category A hours/CEU's.

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

Time Increment	Topic	Instructional Method
15 min	Balance definitions, systems and strategies	Lecture
15 min	Epidemiology, risk factors for falls, aging process	Lecture
15 min	Neuromuscular medical challenges of aging	Lecture
60 min	Balance exam tools	Lecture/Video
15 min	Interventions to promote balance, cases from systematic reviews, summary	Lecture/Video

Post-test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files..

For course dates, times and registration, please visit: www.motivationsceu.com