



PRIMARY CARE CONFERENCES
EXCEPTIONAL CME | EXTRAORDINARY LOCATIONS

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INTERNAL MEDICINE FOR PRIMARY CARE: CANNABIS/DERMATOLOGY/ENDOCRINOLOGY/ PULMONOLOGY

**Key Largo, FL - Reefhouse Resort & Marina
February 4 - 7, 2027**

Thursday, February 4, 2027

7:00 am

Check-In and Breakfast

7:30 am - 8:30 am - Endocrinology

Type 2 Diabetes Mellitus

Diagnosis and treatment; lessons from the DCCT; managing diabetic emergencies; screening; pre-diabetes

8:30 am - 9:30 am - Endocrinology

Insulin Therapy for Diabetes

Treating T2DM with insulin; T1DM

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Osteoporosis

Review the epidemiology and pathophysiology of osteoporosis along with interpretation of DEXA scans and FRAX risk assessment; up-to-date therapeutic options

10:40 am - 11:40 am - Dermatology

Dermatitis

Discussion of the common subtypes of dermatitis; Recognition, diagnosis, and management considerations; Topics covered include atopic, contact, and seborrheic dermatitis, among others

11:40 am - 12:40 pm - Dermatology

Papulosquamous Diseases

Diagnostic principles of skin lesions consisting of red or purple papules; Psoriasis, lichen planus, pityriasis rosea, lupus erythematosus; Discussion of how to tell one scaly rash from another

12:40 pm

Session Adjourns

Friday, February 5, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Dermatology

Acne and Acneiform Eruptions

Discussion of acne, rosacea, and select follicular disorders; Determination of treatment therapies based on acne grading scale; Diagnosis and treatment approaches; Topical and systemic therapy

8:30 am - 9:30 am - Dermatology

Premalignant and Malignant Skin Tumors

Recognition of precursors of malignancies; Excisional and punch biopsies; Actinic keratosis, Bowen's disease, squamous cell carcinoma, basal cell carcinoma, melanoma and other selected tumors; Risk reduction education

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Endocrinology

Disorders of Thyroid Function

Prevalence, diagnosis and treatment options of hypothyroidism and hyperthyroidism

10:40 am - 11:40 am - Cannabis

The Science Behind the Endocannabinoid System

Discussion of the endocannabinoid system and how it interacts in various organ systems; Discussion of how the endocannabinoid and opioid systems interact; Discussion will demonstrate the various drug interactions exogenous cannabinoids may have on the human body

11:40 am - 12:40 pm - Cannabis

The Brain on Cannabis: Addiction, Depression, Psychosis, and More

The brain as the target organ in the use of cannabis; Description of the impacts on the brain, including anxiety, depression, suicidality, and psychosis; The biological mechanisms of these impacts will be outlined

12:40 pm

Session Adjourns

Saturday, February 6, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Cannabis

The Heart on Cannabis: Short and Long-Term Risks

The heart as the second most important targeted organ by the endocannabinoid system; Demonstration of the mechanisms and highlights of the importance of screening for cannabis use, particularly in younger people; Examples of the cardiac impacts

8:30 am - 9:30 am - Cannabis

Exposure to Cannabis In Vulnerable Populations

Discussion of the impact of cannabis use on vulnerable populations; Inclusion of in utero effects and the effects on young children as well as the elderly; tips for providers in conversations with patients, parents, and family members

9:30 am - 9:40 am

Coffee Break

9:40 am - 10:40 am - Pulmonology

Asthma

The medical impact of asthma; fundamental role of inflammation, with possible scarring and irreversible loss of lung function; practical points of diagnosis; goal setting management based on levels of severity; risk factors for mortality and treatment in the acute setting; management options for the difficult to control asthmatic patient

10:40 am - 11:40 am - Pulmonology

Controversies in the Treatment of Common Respiratory Infections

Acute and chronic bronchitis; pneumonia (community versus hospital-acquired); role of the Pneumonia Severity Index score in determining indication for hospitalization; cost- effective use of antibiotics; clinical significance of drug resistance; guidelines for management

11:40 am

Session Adjourns

Sunday, February 7, 2027

7:00 am

Arrival and Breakfast

7:30 am - 8:30 am - Pulmonology

COPD

Definition; pathophysiology; early detection and intervention; risk reduction; management update including new modalities (including lung volume reduction surgery) and the role of inhaled corticosteroids and domiciliary oxygen

8:30 am - 9:30 am - Pulmonology

Lung Cancer Screening & Pulmonary Nodules

Appropriate use of the new lung cancer screening recommendations; Fleischner Society guidelines and American College of Chest Physician Lung Cancer guidelines; approach to definitive evaluation and management strategies

9:30 am

Conference Adjourns

Target Audience

This program is targeted to office-based primary care providers and other health professionals with updates in primary care medicine

Learning Objectives

Upon completion of this program, participants should be better able to:

- Develop patient-specific treatment plans for the management of type 2 diabetes
- Diagnose and tailor treatment strategies for type 1 and type 2 diabetes
- Identify the risks and benefits of utilizing bisphosphonates in the treatment of osteoporosis
- Identify the risks of abnormal thyroid function
- Differentiate between the presentations and causes of atopic, contact (irritant and allergic), and nummular dermatitis
- Discriminate the diagnostic principles and treatment options for papulosquamous diseases with red, raised bumps
- Describe the step-wise approach for the diagnosis and treatment of acne and acneiform eruptions
- Detect pre-cancerous and cancerous skin lesions
- Describe the effects the endocannabinoid and opioid systems have on the body
- List ways cannabis impacts a patient's brain activity
- Demonstrate an understanding of the cardiac impacts by cannabinoids
- Discuss the impacts of cannabis on the adolescent, in utero and the elderly
- Diagnose and manage patients with asthma
- Design treatment strategies reflective of current evidence-based medicine for common respiratory infections
- Describe the current therapeutic management of COPD
- Discuss diagnosis and screening strategies as well as treatment plans for lung nodules and lung cancer

Disclosure of Relevant Financial Relationships

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Accreditation Statements

Joint Accreditation for Interprofessional Continuing Education



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Medical Education Resources is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

This activity was planned by and for the healthcare team, and learners will receive 16 Interprofessional Continuing Education (IPCE) credits for learning and change.

Physician Credit Designation

AMA PRA Category 1 Credits™

Medical Education Resources designates this live activity for a maximum of 16 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Board of Internal Medicine MOC Recognition (ABIM)



Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 16 (part II) MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

American Academy of Family Physicians (AAFP)

AAFP has reviewed Internal Medicine for Primary Care: Cannabis/Derm/Endo/Pulm and deemed it acceptable for up to 16.00 Live AAFP Prescribed credit(s). Term of approval is from 2/4/2027 to 2/7/2027. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

American Osteopathic Association (AOA)

These programs are approved for 16 hours in Category 2-A by the American Osteopathic Association.

American College of Emergency Physicians (ACEP)

This program is approved by the American College of Emergency Physicians for a maximum of 16 hours of ACEP Category I credit.

Canadian Physicians

The American Academy of Family Physicians (AAFP) and the College of Family Physicians of Canada (CFPC) have a bilateral reciprocal certification agreement whereby: CME/CPD activities held across the Canada - U.S. border are certified according to the nationality of the primary target audiences regardless of where the providers are located. The activities will be reviewed according to the criteria of the certifying organization.

Nursing Credit Designation

American Nurses Credentialing Center (ANCC)

Medical Education Resources designates this live activity for a maximum of 16 ANCC nursing contact hours. Nurses will be awarded contact hours upon successful completion of the activity.

This activity is designated for 8 ANCC pharmacotherapeutic contact hours.

American Academy of Nurse Practitioners (AANP)

The American Academy of Nurse Practitioners (AANP) Certification Board recognizes and accepts continuing education (CE) contact hours from activities approved by AMA, ACCME, ANCC, AANP, AAFP and AACN.

California Board of Registered Nursing

Medical Education Resources is approved by the California Board of Registered Nursing, Provider Number 12299, for 16 contact hours.

Physician Associates Credit Designation

American Academy of Physician Associates (AAPA)



Medical Education Resources has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 16 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Pharmacy Accreditation

Accreditation Council for Pharmacy Education (ACPE)



Medical Education Resources (MER) designates this live continuing education activity for 16 contact hours (1.6 CEUs) of the Accreditation Council for Pharmacy Education.

Universal Program Number: JA0003680-0000-21-XXX-L01-P

Participants will be required to sign in at the start of the program and/or complete a program evaluation.

Credits will be uploaded into CPE Monitor within 60 days of the activity.

This activity is certified as Knowledge-based CPE.