

APRIL 23, 2022 • LIVE VIRTUAL

Psychopharmacology in Cancer Care

An Update for Clinicians of All Disciplines

Includes new updates on **COVID-19 related delirium** and the use of novel interventions including **ketamine**, **medical marijuana**, and **psilocybin** for depression, anxiety, and pain.

mskcc.org/psychopharm



Memorial Sloan Kettering
Cancer Center

POETI | Psycho-Oncology
Education & Training Institute

OVERVIEW

Clinicians have numerous tools at their disposal to help adult cancer patients dealing with symptoms of depression, anxiety, and other cancer sequelae. Psychiatric medications are most frequently prescribed to cancer patients by oncologists and general practitioners, however, psychiatric syndromes are often underdiagnosed and undertreated. Few oncology practices have dedicated psychiatric consultants familiar with the nuances of Psycho-Oncology. Even when patients receive psychotropic medications appropriately, they may have problems that arise before their next oncology visit or before they see the person who prescribed their psychiatric medications. Psychologists, nurses, and social workers play an essential role in identifying psychological and physical symptoms as well as both beneficial and problematic medication effects as they provide frontline psychosocial interventions and support for cancer patients.

This course is designed for the non-prescribing psycho-oncology clinician as well as the psychiatrist who is new to the world of Psycho-pharmaco-oncology. Oncologists, palliative care clinicians, advanced practice nurses, and oncology nurses will find this course useful as well. The course will focus on key target disorders and symptoms amenable to psychopharmacological intervention, including anxiety, depression, delirium, sleep disturbance, pain, fatigue, and weight and appetite loss. This year, the course will also include updates on COVID-19 related delirium and the use of novel interventions including ketamine, medical marijuana, and psilocybin for depression, anxiety, and pain. Participants will learn to identify psychological reactions to medical conditions or treatments; psychiatric presentations of medical conditions or treatments; medical presentations of psychiatric conditions and common medical complications of psychiatric conditions or treatments.

Basic information will be presented about medications used to alleviate Quality of Life symptoms that arise in the cancer setting from diagnosis to survivorship or end of life care, and the interface of psychotherapy and medication management. We will review why certain medications are used and why some are avoided, looking at potential benefits, unwanted side effects, and drug-drug interactions, since you may be the first person to identify a serious adverse event. The course will also enhance your ability to provide psychoeducation to patients regarding psychiatric medications.

WHO SHOULD ATTEND

This course is intended for Psychiatrists, Psycho-oncologists, Oncologists, Palliative Care Physicians, Physician Assistants, Nurse Practitioners, Nurses, Psychologists, Social Workers and Counselors.

OBJECTIVE

Participants will learn basic psycho-pharmaco-oncology and how to hone essential clinical and observation skills to improve the quality of life, mental health and safety of their patients by understanding the basics of the psychophysiology of cancer.

This course is co-sponsored by the MSK Psycho-Oncology Education & Training Institute (POETI), which is led by faculty members in our Department of Psychiatry and Behavioral Sciences, a global leader in evidence-based medicine in oncology and the original home to this psychiatry subspecialty in cancer.

The institute's goal is to expand training opportunities in psycho-oncology for psychiatrists, psychologists, nurses, and social workers in the oncology setting.

POETI | Psycho-Oncology
Education & Training Institute

MSK FACULTY



Yesne Alici, MD

Clinical Director, Associate Attending Psychiatrist, Psychiatry Service
Medical Director, Biobehavioral Brain Health Clinic
Department of Psychiatry and Behavioral Sciences



William Breitbart, MD

Attending Psychiatrist, Chair
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Alan Carver, MD

Attending Neurologist
Department of Neurology
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Christian Bjerre Real, MD, MMCI

Research Fellow
Department of Psychiatry and Behavioral Sciences



Andrew Roth, MD

Attending Psychiatrist, Psychiatry Service
Department of Psychiatry and Behavioral Sciences

SCHEDULE

Saturday, April 23, 2022

All times listed below are New York Eastern Standard Time (EST).

8:15 AM	Virtual Course Check-in
8:30 AM	Overview and Introduction Andrew Roth, MD
9:00 AM	Sleep Disorders Yesne Alici, MD
9:45 AM	Meet the Experts (All Course Faculty) Attendees are invited to turn on their cameras/microphones and join the course faculty for a meet and greet and to ask additional questions.
10:00 AM	Depression Andrew Roth, MD
10:45 AM	Delirium William Breitbart, MD
11:30 AM	Questions and Answers MODERATORS: Yesne Alici, MD William Breitbart, MD Andrew Roth, MD
11:45 AM	Lunch Break
12:30 PM	Anxiety Disorders Andrew Roth, MD
1:15 PM	Cancer-Related Fatigue William Breitbart, MD
2:00 PM	Meet the Experts (All Course Faculty) Attendees are invited to turn on their cameras/microphones and join the course faculty for a meet and greet and to ask additional questions.
2:15 PM	Pain Alan Carver, MD
3:00 PM	Weight and Appetite Loss Yesne Alici, MD
3:30 PM	Cancer and Cancer-Treatment Related Cognitive Changes Yesne Alici, MD
4:00 PM	Novel Psychopharmacologic Interventions in Oncology (Psilocybin, Ketamine, and Medical marijuana) Christian Bjerre Real, MD, MMCI
4:30 PM	Closing Remarks Yesne Alici, MD William Breitbart, MD Andrew Roth, MD
4:35 PM	Adjourn

Accreditation

Memorial Sloan Kettering Cancer Center is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA Credit Designation Statement

Memorial Sloan Kettering Cancer Center designates this live activity for a maximum of **6.75 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC CNE Statement

Memorial Sloan Kettering Cancer Center - Nursing Professional Development/Continuing Education is accredited with distinction as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

NCPD credits will be awarded to participants who attend the program in its entirety and complete a program evaluation. Partial credit not awarded.

Social Work Accreditation Statement*

This presentation is approved for a maximum of **6.50 Continuing Education Contact Hours** of Live Virtual Training. Memorial Sloan Kettering Cancer Center is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #SW-0228.

Faculty Disclosure

It is the policy of MSK to make every effort to insure balance, independence, objectivity, and scientific rigor in all continuing medical education activities which it provides as an ACCME accredited provider. In accordance with ACCME guidelines and standards, all faculty participating in an activity provided by MSK are expected to disclose any significant financial interest or other relationship with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services which are discussed by the faculty members in an educational presentation. As required by the ACCME, when an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, MSK requires the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

*Not all state accept NYS CEUs. Please check with the licensing board in your state for guidance on their acceptance of the credit types offered for this course.



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REGISTER ONLINE: **mskcc.org/psychopharm**

Live Virtual Registration Fees

Physicians (MD, DO, MBBS, or equivalent)	\$100
Residents, Fellows, Advanced Practice Providers, Nurses, Psychologists, Social Workers, Counselors, and Other Healthcare Providers	\$50
Industry Professionals*	\$175

***Industry professionals may attend MSK CME activities for their own education.**

Marketing, sales, and promotion of products and services is strictly prohibited at MSK CME activities.

Registration Discounts/Promotions

- A registration discount is available for **MSK Alumni** and **MSK Cancer Alliance** to attend a MSK CME course. If you are a member of one of these groups, contact cme@mskcc.org for details.
- Registration is complimentary for all **MSK employees**; however, you must complete registration through the 'Register' tab above in order to attend this course. If you are registered for this course and are unable to attend, please notify cme@mskcc.org.

Please note that after your payment has been processed, no further promotional discount adjustments will be made to your registration.

Cancellation Policy

If you wish to cancel your participation in this course, you must email cme@mskcc.org at least seven (7) days prior to the start of the course, and your refund will be subject to a \$25 administrative fee. Cancellations or no-shows within seven (7) days of the course are not eligible for a refund. Please note that if it has been more than 120 days since payment was processed, a W9 form must be submitted in order process your refund and your refund will be issued in the form of a check payment. Refunds are not subject to tax. You may substitute another registrant in your place at any time by contacting cme@mskcc.org with the appropriate information.

MSK CME reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event we must cancel or postpone this course, you will be notified via email from MSK CME (cme@mskcc.org). A full refund will be issued for your registration. MSK CME is not responsible for any related costs, charges, or expenses to participants, including fees incurred by airline/travel/lodging agencies.