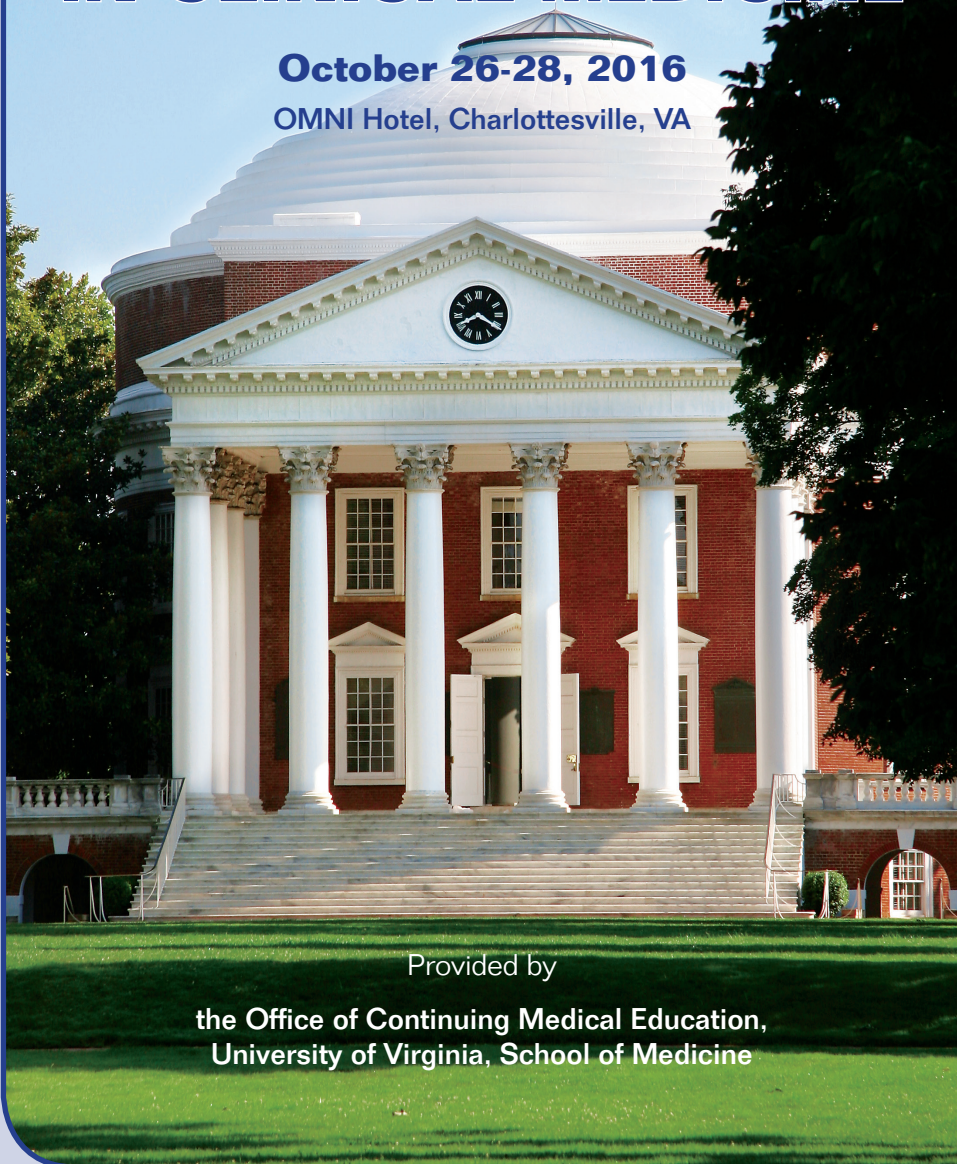


The University of Virginia Department of Medicine
presents

The 43rd Annual Edward W. Hook, Jr., MD
RECENT ADVANCES
IN CLINICAL MEDICINE

October 26-28, 2016

OMNI Hotel, Charlottesville, VA



Provided by

**the Office of Continuing Medical Education,
University of Virginia, School of Medicine**

Course Director: **Andrew M.D. Wolf, MD**

FACULTY

Emaad M. Abdel Rahman, MD	Nephrology
Brian H. Annex, MD	Cardiology
Christopher J. Arnold, MD	Infectious Diseases
Matthew J. Barrett, MD, MSc	Neurology
Daniel M. Becker, MD	General Medicine
James D. Bergin, MD	Cardiology
Mildred M. Best, MDiv	Chaplaincy Services
W. Kline Bolton, MD	Nephrology
Larry Borish, MD	Allergy and Immunology
Jamieson M. Bourque, MD	Cardiology
Christiana M. Brenin, MD	Hematology – Oncology
Marianne Capone, MSW, LCSW	Clinical Social Work
Huai Y. Cheng, MD	Geriatrics
Tushar A. Chopra, MD	Nephrology
Anita H. Clayton, MD	Psychiatry
Bruce J. Cohen, MD	Psychiatry
Steven M. Cohn, MD, PhD, AGAF, FACC	Gastroenterology
Alan C. Dalkin, MD	Endocrinology
Joshua C. Eby, MD	Infectious Diseases
Kyle B. Enfield, MD	Pulmonary
Roberto Fernandez-Romero, MD, MPH, PhD	Neurology
Laahn H. Foster, MD	Hematology – Oncology
Ryan D. Gentzler, MD, MS	Hematology – Oncology
Diana C. Gomez-Manjarres, MD	Pulmonary
Peter T. Hallowell, MD	Surgery
Robin J. Hamill-Ruth, MD	Anesthesiology
Frederick G. Hayden, MD	Infectious Diseases
Surovi Hazarika, MD, PhD	Cardiology
Zachary H. Henry, MD	Gastroenterology
Nicolas M. Intagliata, MD, MHS	Gastroenterology
Donald L. Kimpel, MD	Rheumatology
Jennifer L. Kirby, MD, PhD	Endocrinology
John M. MacKnight, MD	General Medicine
Gabrielle R. Marzani-Nissen, MD	Psychiatry
Christopher R. McCartney, MD	Endocrinology
Robert W. McMahon, MD	Neurology
Rahul Mehta, MD, MBBS	General Medicine
Richard L. Merkel, MD, PhD	Psychiatry
Mohan M. Nadkarni, MD	General Medicine
Mary Margaret B. Noland, MD	Dermatology
Mark D. Okusa, MD	Nephrology
Tessy K. Paul, MD	Pulmonary
Spencer C. Payne, MD	Otolaryngology
David A. Peura, MD	Gastroenterology
C. Edward Rose, Jr., MD	Pulmonary
Mitchell H. Rosner, MD	General Medicine
Kathleen M. Schwarz, MD	Palliative Care
Timothy B. Short, MD	Palliative Care
Julio B. Silvestre, MD	Palliative Care
Cynthia J. Westley, MSN, RN, CNL	Nursing Governance
Michael E. Williams, MD, ScM	Hematology – Oncology
Anne M. Wolf, MS, RD	Private Nutrition Practice
Barrett J. Zlotoff, MD	Dermatology

Planning Committee Members

Sue A. Brown, MD
Endocrinology

Eva C. Casola, MBA
Continuing Medical Education

Andrew E. Darby, MD
Cardiology

Eric M. Davis, MD
Pulmonary

Richard Hall, MD, MS
Hematology – Oncology

Kambiz Kalantari, MD
Nephrology

Amy J. Mathers, MD
Infectious Diseases

M. Norman Oliver, MD, MA
Family Medicine

Bryan G. Sauer, MD
Gastroenterology



Please bring your LAPTOPS or other mobile devices as course evaluations will be on-line.

Educational Objectives

By the end of the Recent Advances in Clinical Medicine conference, attendees should be able to:

1. Initiate evaluation of both common symptom complexes and medical conditions encountered in primary care and hospital practice, utilizing evidence-based and state-of-the-art approaches
2. Institute management of selected important diseases seen in the general adult population using up-to-date strategies
3. Recognize when specialty referral is indicated for certain medical conditions and have a basic understanding of the anticipated care to be provided by the consultant
4. Counsel patients more effectively regarding benefits, risks and uncertainties in challenging clinical scenarios



WEDNESDAY, OCTOBER 26, 2016 AM SESSIONS

7:00AM Registration and breakfast

8:00AM Welcoming Remarks:
Mitchell H. Rosner, MD, Chair, Department of Medicine
Andrew M.D. Wolf, MD, Course Director

8:10-9:50 Gastroenterology

8:10 Introduction

Steven M. Cohn, MD, PhD, AGAF, FACP

8:15 Complementary & Alternative Approaches to Liver Health: What is the Evidence?
Nicolas M. Intagliata, MD, MHS

8:40 Cirrhosis Management for the Primary Care Physician
Zachary H. Henry, MD

9:05 Rational Management of GERD
David A. Peura, MD

9:30 Panel Discussion

9:50 Morning Break

10:10-11:50 Hematology-Oncology

10:10 Introduction

Michael E. Williams, MD, ScM

10:15 Survivorship Care beyond Breast Cancer: The Heart of the Matter
Christiana M. Brenin, MD

10:40 Cancer Immunotherapy Is Here to Stay:
 What the Primary Care Physician Needs to Know
Ryan D. Gentzler, MD, MS

11:05 Monoclonal Gammopathies: Closing the Protein Gap
Laahn H. Foster, MD

11:30 Panel Discussion

11:50-12:50 Lunch on your own – OR

11:55-12:50 Meet the Professor Lunch Session – Pre-registration Required

WL1 – ECG Interpretation of Arrhythmias

Andrew E. Darby, MD

WL2 – When Less Is More: Controversies in Breast Cancer Management

Christiana M. Brenin, MD

WEDNESDAY, OCTOBER 26, 2016 PM SESSIONS

12:50-2:30 Cardiology

12:50 Introduction

Brian H. Annex, MD

12:55 Updates on Management of Systolic and Diastolic Heart Failure
James D. Bergin, MD

1:20 Diagnosis and Management of Peripheral Vascular Disease
Surovi Hazarika, MD, PhD

1:45 Non-invasive Detection of CAD
Jamieson M. Bourque, MD

2:10 Panel Discussion

2:30 Afternoon Break

2:50 – 4:30 General Medicine, Geriatrics, Palliative Care & Hospital Medicine

- 2:50 Introduction
Mohan M. Nadkarni, MD
- 2:55 Updates in Perioperative Medicine
Rahul Mehta, MD, MBBS
- 3:20 What Really Works for Knee Osteoarthritis?
John M. MacKnight, MD
- 3:45 Do You Really Want Everything Done?" Prognosticating CPR Outcomes
Kathleen M. Schwarz, MD
- 4:10 Panel Discussion
- 4:30 Adjourn

THURSDAY, OCTOBER 27, 2016 AM SESSION

- 7:00 Registration and continental breakfast
- 7:30-8:25 **Meet the Professor Breakfast Session – Pre-registration Required**
 - BT1** - Value- and Preference-Based Prescribing and De-Prescribing for Older Adults: Beyond Beers' Criteria
Huai Y. Cheng, MD
 - BT2** - Wake Up to the Transformations in Rheumatology
Donald L. Kimpel, MD

8:30-9:40 Multidisciplinary: Sinusitis

- 8:30 Introduction
Andrew M.D. Wolf, MD
- 8:35 Chronic Sinusitis: Your Patient Needs a Doctor
Larry Borish, MD
- 9:00 Chronic Sinusitis: Your Patient Needs Surgery
Spencer Payne, MD
- 9:25 Panel Discussion
- 9:40 Morning Break

10:00 - 11:40 Infectious Diseases

- 10:00 Introduction
Frederick G. Hayden, MD
- 10:05 Telling the Lemons from the Lymes: Approach to the Patient with Concerns for Lyme Disease
Christopher J. Arnold, MD
- 10:30 Infection Meets Work – Perspectives from Employee Health
Joshua C. Eby, MD
- 10:55 Emerging Viruses A-Z: From Avian Flu to Zika
Frederick G. Hayden, MD
- 11:20 Panel Discussion
- 11:40-12:40 Lunch – On Your Own – OR
- 11:45-12:40 **Meet the Professor Lunch Session – Pre-registration Required**

- TL1** - Advance Directive Discussions
Timothy B. Short, MD; Mildred M. Best, MDiv;
Cynthia J. Westley, MSN, RN, CNL; Marianne Capone, MSW, LCSW
- TL2** –Symptom Management in Cancer Patients
Julio B. Silvestre, MD

THURSDAY, OCTOBER 27, 2016 PM SESSION

12:40-2:20 Endocrinology

- 12:40 Introduction
Sue A. Brown, MD
- 12:45 Management of Primary Hyperparathyroidism
Sue A. Brown, MD
- 1:10 Update on Osteoporosis Treatments
Alan C. Dalkin, MD
- 1:35 Thyroid Nodule Assessment 2016: A Summary for Primary Care Physicians
Christopher R. McCartney, MD
- 2:00 Panel Discussion
- 2:20 Afternoon Break

2:40-4:20 Obesity & Weight Management

- 2:40 Introduction
Andrew M.D. Wolf, MD
- 2:45 A Buffet of Lifestyle Management Updates
Anne M. Wolf, MS, RD
- 3:10 Are We Tipping the Scales on Medication Management for Obesity?
Jennifer L. Kirby, MD, PhD
- 3:35 Surgical Management: Current and Future Therapies
Peter T. Hallowell, MD
- 4:00 Panel Discussion
- 4:20 Stretch Break

4:30-5:40 Dermatology

- 4:30 Introduction
Andrew M.D. Wolf, MD
- 4:35 Acne Updates
Barrett J. Zlotoff, MD
- 5:00 Challenging Rashes for the Primary Care Physician
Mary Margaret B. Noland, MD
- 5:25 Panel Discussion
- 5:40 Adjourn

FRIDAY, OCTOBER 28, 2016 AM SESSIONS

- 7:00 Registration and continental breakfast
- 7:30-8:25 **Meet the Professor Breakfast Session – Pre-registration Required**
FB1 – Opioid Use – and Misuse
Daniel M. Becker, MD

8:30-10:10 Nephrology

- 8:30 Introduction
Mark D. Okusa, MD
- 8:35 Evaluation of Hematuria
W. Kline Bolton, MD
- 9:00 Anemia in Patients with CKD/ESRD: Causes, Mechanism and Management
Emaad M. Abdel-Rahman, MD, PhD, MBBS
- 9:25 Diagnosis and Management of CKD
Tushar A. Chopra, MD

9:50 Panel Discussion

10:10 Morning Break

10:30 –12:15 Pulmonary & Critical Care

10:05 Introduction
C. Edward Rose, MD

10:35 Updates in Interstitial Lung Disease
Diana C. Gomez-Manjarres, MD

11:00 Acute Pulmonary Embolism Management
Tessy K. Paul, MD

11:25 Updates from the ICU
Kyle B. Enfield, MD

11:50 Panel Discussion

12:10-1:10 Lunch – On Your Own – OR

12:15-1:10 Meet the Professor Lunch Session – Pre-registration Required

FL1 - Management of Female Sexual Dysfunction
Anita H. Clayton, MD

FL2 - Tips on Non-Opioid Strategies for Chronic Pain Management
Robin J. Hamill-Ruth, MD

FRIDAY, OCTOBER 28, 2016 PM SESSION

1:10-2:45 Neurology

1:10 Introduction
Andrew M.D. Wolf, MD

1:15 Challenges in Treating Parkinson Disease
Matthew J. Barrett, MD, MSc

1:40 Updates in Memory Loss and Dementia
Roberto Fernandez-Romero, MD, MPH, PhD

2:05 Whose Headache Is It? Challenging Headache Scenarios That Cause Headaches for Doctors
Robert W. McMahon, MD

2:30 Panel Discussion

2:50 Afternoon Break

3:10-4:50 Psychiatry

3:10 Introduction
Andrew M.D. Wolf, MD

3:15 Adult ADD
Richard L. Merkel, MD, PhD

3:40 Management of Anxiety in Primary Care
Gabrielle R. Marzani-Nissen, MD

4:05 Primary Care Management of Bipolar Disorder
Bruce J. Cohen, MD

4:30 Panel Discussion

4:50 Adjourn & Complete Course Evaluations

Location

This conference will be held at the Omni Charlottesville Hotel, 212 Ridge McIntire Street, Charlottesville, Virginia 22903. Parking in the garage will be on a first-come, first-served basis. ****NOTE: If the Omni lot is full, do not park across the street in the private lot as your car will be towed.**** Additional parking is available at the Water Street, (multi-level) garage, approximately a 5 minute walk from the OMNI. DO NOT park on the open parking lot as we are not able to validate for that space. Please bring your ticket to the registration table for validation.

Accommodations

A block of rooms has been reserved for course participants at the conference site. Please identify yourself as a participant in the Recent Advances in Clinical Medicine conference. Our room block is limited so please book it early. Our conference rate is \$185 plus tax. On the same weekend the University of Virginia has UVA home football game and rooms will sell out very quickly. The deadline for our room block is October 4th, 2016 but please note, the room block will sell out before this deadline.

Omni Charlottesville Hotel
212 Ridge McIntire Street
Charlottesville, Virginia 22903
(434-971-5500 or 1-800-THE-OMNI)

Course Description

The Recent Advances in Clinical Medicine conference is a multidisciplinary CME conference designed to provide primary care clinicians with the knowledge and skills needed to practice state-of-the-art generalist medicine. Through an eclectic array of presentations by representatives of general internal medicine and internal medicine subspecialties, the goal of the program is to highlight new or emerging conditions or treatments with key “take-home” messages, as well as to provide updates in the diagnosis and/or management of well-recognized conditions through formal presentations, question/answer panels and meet-the-professor sessions.

Accreditation and Designation Statement

The University of Virginia School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

The University of Virginia School of Medicine designates this live activity for a maximum of **24.75 AMA PRA Category 1 Credits™; 19.75 credits for the main sessions and 1.0 for each breakout session (5 breakouts maximum).** Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The University of Virginia School of Medicine awards **19.75 hours of participation for the main session and 1.0 hours of participation for each breakout session (max. 5) equivalent to AMA PRA Category 1 Credits™** to each non-physician participant who successfully completes this educational activity. The University of Virginia School of Medicine maintains a record of participation for six (6) years.

This Live activity, The 43rd Annual Edward W. Hook, Jr, MD Recent Advances in Clinical Medicine, with a beginning date of 10/26/2016, is being reviewed for acceptance to offer Prescribed credit(s) by the **American Academy of Family Physicians.** Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- **FREE Wi Fi available**
- **Please bring your LAPTOPS or other mobile devices as course evaluations will be on-line.**



Recent Advances in Clinical Medicine

Registration

Registration is available ONLY at www.cmevillage.com > Conferences & Symposia
**Pre-registration for this conference will close on Wednesday,
October 12, 2016 at MIDNIGHT.**

Registration is limited. Please register early to ensure your place.

	Before 9/26/2016	9/27/2016 through 10/12/2016	* Registration closes as of 10/13/16. Considered Walk-in After this date
Main (Includes breakfast, breaks & online syllabus)	\$600	\$700	**\$750
Paper syllabus (FULL ONLY; DAILY N/A)	\$75	\$75	N/A
Daily	\$300	\$350	**\$400
Meet the Professor (Breakfast)	\$20	\$25	N/A
Meet the Professor (Lunch)	\$35	\$40	N/A

* On site Registration: No option for a printed syllabus or Meet-the-Professor sessions.

** Online syllabus only

- Registration will close at **midnight on 10/12/16** and will be considered walk-in after that time. All conference registrants receive continental breakfast, breaks, free Wi-Fi and access to the online syllabus.
- Eligible UVA Academic Division employees may wish to consider use of the University Education Benefits Program to assist with the conference registration fee. For more information, visit www.hr.virginia.edu/go/ed-benefit

Syllabus Statement

Unless pre-ordered before midnight on 10/12/16, the Syllabus will be provided online at www.cmevillage.com

Confirmation and Cancelation Policy

Upon receipt of registration and payment, you will receive an email confirmation. Registration fees will be refunded (less a \$50 administrative fee) for written cancellations received a minimum of 14 days prior to the activity date (emails and faxed requests are acceptable). No refunds will be granted for registration fees of less than \$50 or for cancellations made within 13 days of the activity.

The University of Virginia School of Medicine reserves the right to cancel CME activities if necessary. In this case, the entire registration fee will be refunded. All other expenses incurred in conjunction with this CME activity are the sole responsibility of the participant.

Program Contact information

Eva Casola

Program Manager, Office of Continuing Medical Education

EvaC@virginia.edu

434-924-1657

AIM Preceptors

You may be eligible for partial reimbursement of the RACM registration fee if you are scheduled to precept a 3rd year AIM Student in the 2016-2017 academic year. Please contact the AIM Office at 434-982-2516 for more information on this and the complimentary AIM Preceptors Dinner to be held at the Omni on Wednesday, 10/26, at 6:00 pm.



MEET THE PROFESSOR SESSIONS

(PRE-REGISTRATION IS REQUIRED)

\$20/Breakfast Session includes **1 AMA PRA Category 1 credit™**

(Breakfast is provided to all attendees in the main room. No special breakfast for Meet the Professor Session)

\$35/Lunch Session – Boxed Lunch and **1 AMA PRA Category 1 credit™**

Wednesday Lunch Sessions

WL1 – ECG Interpretation of Arrhythmias

Andrew E. Darby, MD

WL2 – When Less Is More: Controversies in Breast Cancer Management

Christiana M. Brenin, MD

Thursday Breakfast Session

BT1 - Value and Preference-Based Prescribing and De-Prescribing for Older Adults: Beyond Beers' Criteria

Huai Y. Cheng, MD

BT2 - Wake Up to the Transformations in Rheumatology

Donald L. Kimpel, MD

Thursday Lunch Sessions

TL1 - Advance Directive Discussions

Timothy B. Short, MD; Mildred M. Best, MDiv;

Cynthia J. Westley, MSN, RN, CNL; Marianne Capone, MSW, LCSW

TL2 –Symptom Management in Cancer Patients

Julio B. Silvestre, MD

Friday Breakfast Session

FB1 – Opioid Use – and Misuse

Daniel M. Becker, MD

FB2 - N/A

Friday Lunch Sessions

FL1 - Management of Female Sexual Dysfunction

Anita H. Clayton, MD

FL2 - Tips on Non-Opioid Strategies for Chronic Pain Management

Robin J. Hamill-Ruth, MD



University of Virginia Health System
School of Medicine
The Office of Continuing Medical Education
P.O. Box 800711, Charlottesville, Virginia 22908-0711



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