



NASS Lumbar Spinal Injections

January 24-25, 2025

Barrow Neurological Institute, Phoenix, AZ

Course Chairs

Scott Kreiner, MD

David J. O'Brien, Jr., MD

Confirmed Faculty

Peng Bai, DO; Cary, NC

Allen S. Chen, MD, MPH; Los Angeles, CA

Russell C. DeMicco, DO; Cleveland, OH

Scott Kreiner, MD; Phoenix, AZ

Simone Maybin, MD; Conway, SC

David R. O'Brien, Jr., MD; Winston-Salem, NC

Jacob Rohrs, MD; Phoenix, AZ

Timothy Sanford, MD; Phoenix, AZ

Byron J. Schneider, MD; Nashville, TN

Course Description

This comprehensive workshop covers both basic and advanced lumbar spinal injection techniques. Expert faculty will lead formal didactic, hands-on cadaveric lab training and round table case discussions to provide a full understanding of the role of lumbar spinal injections in spine care. Learn to improve knowledge regarding patient selection and technique for lumbar epidural steroid injections, facet injections, sacroiliac joint injections, transforaminal injection/selective nerve blocks, medial branch blocks and lumbar RFA. Understand the risks associated with some of the techniques and how to avoid them. An essential workshop for spine surgeons and physicians seeking to increase their knowledge and skills in lumbar spinal injection techniques.

Upon completion of the course, participants will gain strategies to:

- Summarize the role of each injection in the overall care and rehabilitation of the spine patient;
- Describe contraindications to the performance of the procedure;
- Assess potential complications associated with each procedure;
- Differentiate technical parameters in the performance of each procedure;
- Demonstrate anatomy and safe radiological principles involved in each injection;
- Gain insight into the correct coding procedures for commonly used injection codes.

Disclaimer

NASS courses are created to enhance physician understanding of the complexity of performing these procedures only. The course is not designed to certify that attendees are proficient in the procedures taught in the course. NASS strongly advises participants to continue to have proctoring, mentoring and additional experience prior to treating patients. This course is for physicians only.

Continuing Medical Education (CME) Information

This activity has been planned and implemented in accordance with the Essential Areas and Standards of the Accreditation Council for Continuing Medical Education (ACCME). The North American Spine Society is accredited by the ACCME to provide continuing medical education for physicians and takes responsibility for the content, quality and scientific integrity of this CME activity.

NASS designates this live activity for a maximum of **12.5 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Medical Association has determined that physicians not licensed in the US to participate in this CME activity are eligible for **AMA PRA Category 1 Credits™**.

Agenda

Friday, January 24

7:00-7:30 a.m.	Registration Continental Breakfast
7:30-7:35 a.m.	Welcome <i>Scott Kreiner, MD; David R. O'Brien, Jr., MD</i>
7:35-8:20 a.m.	Fluoroscopic Anatomy and Radiation Safety <i>David R. O'Brien, Jr., MD</i>
8:20-8:50 a.m.	Risks and Complications <i>Jacob Rohrs, MD</i>
8:50-9:20 a.m.	Sacroiliac Joint Injections <i>Scott Kreiner, MD</i>
9:20-9:35 a.m.	BREAK
9:35-10:05 a.m.	Lumbar Medial Branch Blocks and Facet Joint injections <i>Allen S. Chen, MD, MPH</i>
10:05-10:15 a.m.	Group Panel Discussion <i>All Faculty</i>
10:15-10:30 a.m.	BREAK

10:30 a.m.-12:15 p.m.	Hands-on Skills Lab <i>All Faculty</i>	Bioskills Lab
10:30-10:45 a.m.	Needle Control and Hands-on Fluoroscopic Targets	
10:45-11:30 a.m.	Sacroiliac Joint Injections	
11:30 a.m.-12:15 p.m.	Medial Branch Blocks/Facet Joint Injections	

12:15-1:00 p.m.	LUNCH
1:00-1:30 p.m.	Interlaminar and Caudal Epidural Steroid Injections <i>Timothy Sanford, MD</i>
1:30-2:00 p.m.	Transforaminal Epidural Steroid Injections/ Selective Nerve Root Blocks <i>Byron J. Schneider, MD</i>
2:00-2:30 p.m.	Group Panel Discussion <i>All Faculty</i>
2:30-2:45 p.m.	BREAK

2:45-5:15 p.m.	Hands-on Skills Lab <i>All Faculty</i>	Bioskills Lab
2:45-3:30 p.m.	Interlaminar and Caudal Epidural Steroid Injections	
3:30-4:15 p.m.	Transforaminal Epidural Steroid Injections/Selective Nerve Root Blocks L1 -5	
4:15-5:00 p.m.	Transforaminal Epidural Steroid Injections/Selective Nerve Root Blocks S1	
5:00-5:15 p.m.	Questions and Answers/Open Lab Time	

Saturday, January 25

7:00-7:25 a.m.	Continental Breakfast
7:25-7:30 a.m.	Announcements
7:30-8:15 a.m.	Lumbar RFA <i>Russell C. DeMicco, DO</i>
8:15-8:45 a.m.	Coding and Reimbursement <i>Peng Bai, DO</i>
8:45-9:00 a.m.	Group Panel Discussion <i>All Faculty</i>
9:00-9:15 a.m.	BREAK

9:15 a.m.-12:00 p.m.	Hands-on Skills Lab <i>All Faculty</i>	Bioskills Lab
9:15-10:00 a.m.	Lumbar RFA	
10:00-10:30 a.m.	Alternate TF ESI Approaches	
10:30 a.m.-12:00 p.m.	Questions and Answers/Open Lab Time	

12:00 p.m.	Course Adjourns
------------	-----------------