



2017 Obstetrics and Gynecology Update: What Does the Evidence Tell Us?

2017

WEDNESDAY - FRIDAY

October 18-20, 2017

OCTOBER 18-20, 2017

MARINES' MEMORIAL HOTEL
SAN FRANCISCO, CA

UCSF DEPARTMENT OF OBSTETRICS, GYNECOLOGY, and
REPRODUCTIVE SCIENCES

Obstetrics and Gynecology Update: What Does The Evidence Tell Us?

New information on obstetric and gynecologic practice is being produced at a rapid rate. Leaders in the field, including those at the American College of Obstetricians and Gynecologists, take an evidence-based approach when formulating practice guidelines. This course is designed to provide a comprehensive update for the practitioner, placing emphasis on reviewing current evidence-based data and applying new practice guidelines.

TARGET AUDIENCE

Designed for practicing physicians, residents, and allied health professionals seeking an update on a wide range of current issues in obstetrics and gynecology.

OBJECTIVES

An attendee completing this course will be able to:

- Discuss the sensitivity and evidence-based use of noninvasive prenatal diagnostic testing;
- Appropriate use of Betamethasone for women at risk for preterm delivery;
- Manage women with polycystic ovarian syndrome, focusing on their long-term health risks;
- Discuss non-surgical management of myomas;
- Perform evidence-based cesarean delivery;
- Employ effective management strategies for sexual pain;
- Define CRISPR and possible uses in obstetrics and gynecology;
- Effectively discuss treatment options, including surgical pathways, with patients.

GREENER MEETING

We're saving paper! The syllabus will be available electronically one week prior to the course. Optional purchase of a printed syllabus is available for an additional \$50.

GENERAL INFORMATION

Pre-registration is preferred to ensure that adequate materials and space are available at the course. Pre-registration closes (1) business day prior to course start date.

HOW TO ENROLL

Tuition:	\$825	Physicians (\$850 postmarked after 8/18/17)
	\$575	Nurses/Pharmacists/Allied Health Professionals/ Residents/Fellows (\$600 postmarked after 8/18/17)
	\$50	Optional Printed Syllabus (every registrant will be able to access the course materials electronically prior to the meeting)

Payment can be made by Visa, MasterCard, AmEx or check.

REGISTER VIA:

Online: **cme.ucsf.edu**

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368, San Francisco, CA 94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

Phone: To register by phone or to inquire about registration status, please call UCSF's CME Registration Office at (415) 476-5808. Please check our website for up-to-date information on the course: cme.ucsf.edu

On-Site Registration: Generally we are able to accommodate on-site registration at our courses. Please call or refer to our website for course status.

2017 Obstetrics and Gynecology Update: What

WEDNESDAY, OCTOBER 18, 2017

7:00 am		<i>Registration / Continental Breakfast</i>	
7:45		Welcome and Opening Statements	Dr. Amy (Meg) Autry
8:00	N	UTIs - the Bacteria We Love to Hate, But Should We?	Dr. Michelle Y. Morrill
8:35		Q & A	
8:45		Stress Incontinence	Dr. Kavita Mishra
9:20		Q & A	
9:30		Management of Preinvasive Vaginal and Vulvar Lesions	Dr. Karen Smith-McCune
10:05		Q & A	
10:15		<i>Coffee Break</i>	
10:30		Recommendations for Screening Pelvic Examinations: Do, Don't Do, Don't Know	Dr. George F. Sawaya
11:05		Q & A	
11:15	N	Nonsurgical Treatment of Fibroids	Dr. Vanessa Jacoby
11:50		Q & A	
12:00 pm		<i>Lunch On Own</i>	
1:15	N	Contraception and Depression	Dr. Jennifer Kerns
1:50		Q & A	
2:00	N	Less Effective? Review of Hormonal Contraception in Obese Women	Dr. Sara Whetstone
2:35		Q & A	
2:45	N	Expanding Access to Medication Abortion	Dr. Daniel Grossman
3:20		Q & A	
3:30		<i>Coffee Break</i>	
3:45	N	Pre-exposure Prophylaxis (PrEP) for HIV Prevention in Women	Dr. Dominika Seidman
4:20		Q & A	
4:30	N	Updates in Screening and Treatment of Osteoporosis	Dr. Jeffrey A. Tice
5:05		Q & A	
5:15 pm		<i>Adjourn</i>	

THURSDAY, OCTOBER 19, 2017

7:30 am		<i>Continental Breakfast</i>	
8:00		Cutting-edge Genetics, Made Easy	Dr. Mary E. Norton
8:35		Q & A	
8:45		What You Can Do to Reduce Maternal Mortality and Morbidity	Dr. Elliott Main
9:20		Q & A	
9:30		Cell Free DNA, the Present and the Future	Dr. Shilpa P. Chetty
10:05		Q & A	
10:15		<i>Coffee Break</i>	
10:30		Cesarean Section Technique: What's New in the Evidence Base?	Dr. Marya G. Zlatnik
11:05		Q & A	
11:15		Gestational Diabetes: Controversies and Challenges	Dr. Kirsten Salmeen
11:50		Q & A	
12:00 pm		<i>Lunch On Own</i>	
1:15		Etiology and Management of Fetal Growth Restriction	Dr. Juan M. Gonzales Velez
1:50		Q & A	
2:00		Scaling the ALPS – New Guideline for Antenatal Corticosteroids	Dr. Melissa G. Rosenstein
2:35		Q & A	
2:45		Obstetric Anesthesia	Dr. Mark D. Rollins
3:20		Q & A	
3:30		<i>Coffee Break</i>	
3:45		Normal Birth	Dr. Robyn A. Lamar
4:20		Q & A	
4:30		Liver Disease in Pregnancy	Dr. Monika Sarkar
5:05		Q & A	
5:15 pm		<i>Adjourn</i>	
	N	Nursing Pharmacology Credit	

ACCREDITATION

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **22.50 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Nurses: For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit™** issued by organizations accredited by the ACCME.

Pharmacists: The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to

Does the Evidence Tell Us?

FRIDAY, OCTOBER 20, 2017

7:30 am	<i>Continental Breakfast</i>	
8:00	N Treatment of Menopausal Symptoms	Dr. Marcelle I. Cedars
8:35	Q & A	
8:45	Infertility Evaluation and ART	Dr. Evelyn Mok-Lin
9:20	Q & A	
9:30	PCOS Across the Lifespan	Dr. Heather G. Huddleston
10:05	Q & A	
10:15	<i>Coffee Break</i>	
10:30	Gyn Care for the Transgender Patient	Dr. Juno Obedin-Maliver
11:05	Q & A	
11:15	Improving Post-operative Care with Enhanced Recovery	Dr. Jocelyn S. Chapman
11:50	Q & A	
12:00 pm	<i>Lunch On Own</i>	
1:15	Molar Pregnancy	Dr. Lee-may Chen
1:50	Q & A	
2:00	Endometrial Hyperplasia	Dr. Stefanie M. Ueda
2:35	Q & A	
2:45	Gyn Care for Breast Cancer Survivors	Dr. Mindy R. Goldman
3:20	Q & A	
3:30	<i>Coffee Break</i>	
3:45	Approach to the Patient with Sexual Pain	Dr. Tami S. Rowen
4:20	Q & A	
4:30	Reproductive Health Policy in 2017: What's Changed, What Hasn't?	Dr. Michael S. Policar
5:05	Q & A	
5:15 pm	<i>Adjourn / Evaluations</i>	

COURSE DIRECTOR

Amy (Meg) Autry, MD
Professor; Director of Graduate Medical Education, Department of Obstetrics, Gynecology, and Reproductive Sciences

GUEST FACULTY

Elliott Main, MD
Medical Director and Executive Committee Chair, California Maternal Quality Care Collaborative (CMQCC)
Clinical Professor of Obstetrics Gynecology & Reproductive Sciences, UCSF
Michelle Y. Morrill, MD
Director of Urogynecology; TPMG Chief of Urogynecology, Kaiser Permanente, San Francisco, CA

UCSF FACULTY

(Department of Obstetrics, Gynecology and Reproductive Sciences unless otherwise noted)

Marcelle I. Cedars, MD
Professor; Director, Division of Reproductive Endocrinology
Jocelyn S. Chapman, MD
Assistant Professor
Division of Gynecologic Oncology
Lee-may Chen, MD
Professor, Edward C. Hill, MD Endowed Chair
in Obstetrics, Gynecology and Reproductive Sciences
Shilpa P. Chetty, MD
Assistant Professor

UCSF FACULTY (CONT'D)

Mindy R. Goldman, MD, MPH
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Women's Cancer Care Program
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Associate Professor, Division of Maternal-Fetal Medicine
Daniel Grossman, MD
Professor; Director, Advancing New Standards in Reproductive Health (ANSIRH)
Heather G. Huddleston, MD
Associate Professor
Vanessa Jacoby, MD
Associate Professor
Jennifer Kerns, MD, MPH
Assistant Professor
Robyn A. Lamar, MD, MPH
Assistant Professor
Kavita Mishra, MD
Assistant Professor
Division of Urogynecology
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Assistant Professor; Medical Director, UCSF Center for Reproductive Health
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Professor and Interim Chair, Department of Obstetrics, Gynecology & Reproductive Sciences
Juno Obedin-Maliver, MD, MPH, MAS
Assistant Professor
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Professor of Obstetrics, Gynecology and Reproductive Sciences

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Melissa G. Rosenstein, MD, MAS
Assistant Professor
Tami S. Rowen, MD, MS
Assistant Professor
Kirsten Salmeen, MD
Assistant Professor
Monika Sarkar, MD, MAS
Assistant Professor of Medicine, Division of GI/Hepatology
George F. Sawaya, MD
Professor of Obstetrics, Gynecology and Reproductive Sciences, and of Epidemiology & Biostatistics; Robert Domush Chair in Obstetrics and Gynecology Education
Dominika Seidman, MD, MAS
Assistant Professor
Karen Smith-McCune, MD, PhD
Professor; John A. Kerner Chair in Gynecology
Jeffrey A. Tice, MD
Professor of Medicine, Division of General Internal Medicine
Stefanie M. Ueda, MD
Associate Professor; Division of Gynecologic Oncology
Sara Whetstone, MD, MHS
Assistant Professor
Marya G. Zlatnik, MD, MMS
Professor

faculty

pharmacy practice and have been approved for *AMA PRA Category 1 Credit™*.

Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians.

Determination of credit is pending.

Obstetricians/Gynecologists: Application for cognate credits has been filed with the American College of Obstetricians and Gynecologists. **Determination of credit is pending.**

Pharmacotherapeutics CEUs for Nurses: For the purposes of recertification the American Nurses Credentialing Center accepts *AMA PRA Category 1 Credits™* issued by organizations accredited by the ACCME. This activity is designated for a maximum of 4.25 pharmacotherapeutic credits towards meeting the requirement for nursing pharmacology continuing education. Nurses should claim 0.1 CEUs for each contact hour of participation in designated pharmacotherapeutic continuing education.



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**Office of Continuing
Medical Education**
3333 California Street
Suite 450
San Francisco, CA
94143-0742

REGISTER TODAY!

For more information or to register online, visit our website at cme.ucsf.edu. You may also reach us by calling the Office of CME at (415) 476-4251 or emailing info@ocme.ucsf.edu.

UPCOMING COURSES

**Antepartum & Intrapartum
Management**

June 15-17, 2017
Hotel Nikko
San Francisco

Essentials of Women's Health: An Integrated Approach to Primary Care and Office Gynecology

July 2-7, 2017
Hapuna Beach Prince Hotel
Big Island, Hawaii

CONFERENCE LOCATION

The **Marines' Memorial Club & Hotel** is conveniently located just steps from Union Square, shopping attractions, historic cable cars, Chinatown, and the Theater District. A block of guestrooms has been reserved at the special UCSF conference rate of **\$259/night** for a standard room or **\$279/night** for a deluxe room. You are urged to make your reservations early. The cut off date is **September 18, 2017**, or **until the group room block is filled**.

To make hotel reservations by phone please call 800-562-7463 and identify yourself as a member of this UCSF conference to receive the special rate. In addition, reservations may be made via email to reservations@marineclub.com

By staying at the host hotel, you help UCSF meet its contractual obligations and keep registration fees reasonable. Please take this into consideration when making your accommodation decisions.

REFUND POLICY

Cancellations received in writing before October 11, 2017 will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call 800-654-2240 and refer to identification number #03BW0136 or call your travel agent. You may also make reservations at www.Hertz.com. Advance reservations are recommended.

AIR TRANSPORTATION

UCSF has negotiated special fares with United Airlines for our course attendees. You may use the following tour code to book on your own:

United - www.united.com - Offer Code: ZY6G767022

general info

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MOB18001
October 18-20, 2017
Marines' Memorial Club and Hotel • San Francisco, California

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online Registration: **cme.ucsf.edu**
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Last Name First M.I.

Degree Specialty

Address

City State Zip

Daytime Phone Fax

Email

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day

 Please indicate if you have any special needs:

Registration Fees (Receipt/Confirmation will be mailed within two to four weeks):

- ☐ **\$825** Practicing Physicians (**\$850** after 8/18/17)
- ☐ **\$575** Nurses/Pharmacists/Allied Health Professionals/Residents/Fellows (**\$600** after 8/18/17)
- ☐ **\$50** Printed Syllabus (optional)

Make checks payable to **UC Regents**

Please charge my credit card: ☐ Visa ☐ MasterCard ☐ American Express for \$ _____

Card # _____ / _____

Expiration date

Name on Card (Please Print) _____ Authorized Signature _____

Refund Policy: Cancellations received in writing before October 11, 2017 will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

Please check our website for up to date information on the course: **cme.ucsf.edu**

On-Site Registration

Time: 7:00am – 7:45am

Date: Wednesday,
October 18, 2017

Place: **Marines' Memorial Club and Hotel**
609 Sutter Street
San Francisco CA 94102
415-673-6672
www.marineclub.com

