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By Phone:
Call **(800) 791-0262** and provide the
information requested on the registration form.



By Mail:
Complete the registration form and mail it to
Motivations, Inc.



On the Web:
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Motivations, Inc., A National Provider of Continuing Education
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Updated: 4-25-25

Type Registration	Definition	Price
Association Rate	20 or More	\$40
Individual Rate	Single Registration	\$65

Course # _____ **Course Title** _____

Webinar Date _____

Name _____ Discipline _____

Facility _____

Home Mailing Address _____

City _____ State _____ Zip _____

Daytime Phone _____ Fax _____

E-mail Address for Confirmation (will not be shared or sold) _____

Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

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MotivationsCEU

Accredited Courses for Rehabilitation Professionals

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National Credentials
Motivations Inc. works with the following CEU approval sources.
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TEXAS
PHYSICAL THERAPY
ASSOCIATION



American
Occupational Therapy
Association

Approved Provider



ASHA CE
APPROVED PROVIDER

Motivations, Inc.

Intermediate Level
0.2 ASHA CEUs

WEBINAR

#7333 Orofacial Myology
Concepts You Need to Know:
Eliminating Barriers to
Treatment Success

Instructor: Sandra R. Holtzman,
MS, CCC-SLP, QOM

Audience: Speech language pathologists,
Occupational therapists and Assistants

Delivery Options:
Live Webinar or
Self-Study Options

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SUMMARY: This course introduces participants to the world of orofacial myology (aka oral myofunctional therapy) and explains the importance of providing treatment in a sequential, systematic and sensible manner. It covers the 4 frequently overlooked *barriers* that must be addressed to maximize the opportunity for successful treatment of “tongue thrust,” articulation, swallowing, drooling, and many more conditions. The barriers include oral habits, tongue tie, airway issues and certain orthodontic appliances. The presentation provides insight intoIf, When, and to Whom to refer certain patients prior to, during and after treatment. Course instruction methods include lecture, demonstration, videos, case studies and question/answers. (Intermediate)

PRESENTER: Sandra R. Holtzman, MS, CCC-SLP, QOM is a highly qualified instructor in orofacial myology who has trained 1000s of speech, dental, and medical professionals from all corners of the globe, delighting participants with her easy to follow presentation skills and sense of humor. Her Myo Manual Treatment Program is found on 6 world continents and has been translated into Spanish, French and Chinese. Holtzman directed a multi-disciplinary therapy center that encouraged her to apply many of the orofacial myological techniques to a variety of patients/clients/students. She is recognized as the professional that provides a sequential, systematic, sensible approach to treatment and insists that every patient be treated individually. Her company, Neo-Health Services, Inc (NHS), provides Qualification in Orofacial Myology, so that those who have trained with Neo-Health are eligible to attain the credential of QOM. The instructor has financial and non-financial relationships to disclose. *Financial*— Received a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists. (See below)

OBJECTIVES: Objectives: Upon completion of this course, the participant will be able to:

1. Summarize how to provide to clients and referral sources an easily understood definition of orofacial myology
2. Describe how to administer a screening assessment for orofacial myological symptoms and disorders
3. Name and describe the barriers that inhibit treatment progress for certain speech and phase one swallowing disorders
4. List the effects of lip, tongue, and mandible resting postures as they relate to precise speech production and feeding development.
5. Identify the Quick Tongue Tie screening assessment tool to determine if deeper examination is necessary for lingual frena restriction.

FORMAT: This is a 3-contact hour course equivalent to 0.3 CEUs offered as a live webinar. Instructors present this course content via an internet website displaying real time power points. Learners will receive a PDF of the course materials before the event. Instructors lecture through a phone conference call connection or your computer if you have audio capability on your computer. Questions may be asked during the webinar using the chat feature or the “raise hand” feature for live discussion.

SLP CEU's: This course is offered for 0.2 ASHA CEUs (Intermediate level, Professional area).



OT CEU's: Motivations Inc. is an AOTA Approved Provider of professional development. Provider #12164. This Live and Distance Learning—Interactive and Distance Learning—Independent and Blended/Hybrid activity is offered at 0.3 CEUs **Intermediate-Level**, Occupational Therapy Service Delivery, Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products or clinical procedures.

TIMED AGENDA:

Pre Study: (30 MINS) Plan to read the course materials, references and review the post test before the start time. Also please be prepared to share patient case study related question during the discussion time.

10 minutes	Introduction	Ruling out barriers/Practice Guidelines, Overview ASHA Portal for Orofacial Myology
10 minutes	Being state of the art	Terminology, Definitions
15 minutes	Tongue, Lips, Mandible, Rest Postures	Mandible (jaw) and teeth Muscle function: lingual, masseters, mentalis, buccinators Names and purposes of various teeth / why it matters to us
20 minutes	Barrier #1 Negative Oral Habits	Various habits When and why to address oral habits FID acronym to help determine severity How to eliminate habit(s) what steps are necessary to do so Related considerations

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20 minutes	Barrier #2 Ankyloglossia	Quick Tongue Tie – Screening tool, Delving deeper Decision making: if and when to refer
15 minutes	Barrier #3 Airway Issues	Etiologies: Allergies, Sleep Apnea, Applications for Down Syndrome
10 minutes	Barrier #4 Habit Appliances	Negative effects, Conflict with myo goals
15 minutes	Review Screening Form	What are Red Flags? Brief review of possible findings
5 minutes	Qualification Requirements	QOM – Qualification in Orofacial Myology, Eligibility, Standards and requirements

Post test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.

Financial

Neo-Health Services, Inc. - Director

- Training courses in Orofacial Myology
- Myo Manual Treatment Program & associated supplies, tools
- Negative Oral Habit Elimination Programs:
 - Unplugging The Thumb
 - Growing The Nails
 - Bye Pacifier, I'm Big Now

Websites:

www.OrofacialMyology.com and www.OralHabits.com

Online courses:

- Motivations, Inc.
 - Orofacial Myology Concepts You Need to Know: Eliminating Barriers to Treatment Success
- Northern Speech Services,
 - Orofacial Myology/Tongue Thrust: An Introduction with Assessment Applications
 - /R/ Treatment: 7 Steps from Basics to Habituation
 - Tongue Tie 101 for SLPs: What's Our Role

Nonfinancial

ASHA: Final Reviewer and contributor to ASHA portal for orofacial myofunctional therapy

QOM Qualification in Orofacial Myology – Program Administrator

QOM Examiners Committee - Chair

IATP – International Affiliation of Tongue tie Professionals, Founding member

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