



Transgender Care at Group Health CME

Friday, February 26, 2016

Group Health Headquarters, Seattle, Wash.

About the Course

In recent years, the transgender community's visibility has increased both locally and nationally. However, Group Health's delivery of essential health care services to our transgender patients has been fragmented. Through this CME, we hope to begin formalizing transgender care within our care delivery system. This CME will focus on the transgender community and their unique health care needs; services available to help providers evaluate and treat transgender patients; the integral roles of mental health, medical, and case management strategies in transgender health care; and networking within Group Health to identify colleagues who can help coordinate the care of this group of patients.

Target Audience

Primary care "Transgender Champion" team and primary care physicians, PAs, ARNPs, and associated nursing staff.

Note: Registration will be reserved for the Transgender Champion team, with remaining spots available on a first-come, first-served basis.



Course Objectives

At the end of the conference, attendees will be able to:

- Summarize the transgender population's unique health care needs and barriers to their care
- Describe how to establish a plan of care with a new transgender patient, perform the physical exam, and talk with the patient about the gender transition process.
- Outline the process of mental health assessment and readiness for hormonal and surgical transition.
- Utilize various regimens of transgender hormone therapy.
- Apply a step-by-step approach to starting a patient on transitional hormone therapy.
- Provide more informed care by eliciting and integrating transgender patients' perspectives and insights on the process of transition.
- Access Group Health resources for transgender youth.
- Restate the importance of insistence, persistence, and consistency in the presentation of transgender youth and the role of puberty blockers in the treatment of transgender youth.
- Describe how to access and refer patients to Group Health's transgender case management program and outline the benefits and resources available, how the program works, and the role the LICSWs play in care coordination and referrals.
- Improve the evaluation and management of complex cases and complications experienced by transgender patients.
- Describe the voice and communication therapies provided to transgender patients by speech and language therapists.
- Identify Group Health and community resources to support the care of transgender patients.

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Agenda

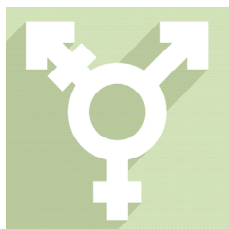
a.m.

- 7:30 – 8:00 a.m. Registration and Refreshments
- 8:00 – 8:15 Introduction – Kimberly Painter, MD, MPH
- 8:15 – 8:45 Overview and Case for Change
– Susan Mitchell, ARNP
- 8:45 – 9:15 The New Transgender Patient
– Ellen Hardin, MD
- 9:15 – 10:00 Mental Health Assessment
– Jamie Katz, MSW, LMHC
- 10:00 – 10:15 Break
- 10:15 – 11:00 Baseline Labs, Consent for Hormones, Protocols for Transition and Pharmacology
– Colin Fields, MD and Ellen Hardin, MD
- 11:00 – 12:00 Transgender Patient Panel – Colin Fields, MD, Ellen Hardin, MD, and Raelean Hendrickson, MSW, LICSW
- 12:00 – 1:00 Lunch

p.m.

- 1:00 – 2:00 Adolescent Transgender Assessment – Gina Sucato, MD, MPH and Jeffrey Vannice, PhD
- 2:00 – 2:45 Transgender Case Management
– Raelean Hendrickson, MSW, LICSW and Shannon Mitchell, MSW, LICSW
- 2:45 – 3:00 Break
- 3:00 – 3:45 Complex Case Presentations
– Colin Fields, MD and Ellen Hardin, MD
- 3:45 – 4:15 Feminization and Masculinization Speech and Language Therapy
– Rebecca von Duering, MS, CCC-SLP
- 4:15 – 4:45 Sharing Resources – Discussion Moderator: Kimberly Painter, MD, MPH

Panel: Benjamin Balderson, PhD, Colin Fields, MD, Ellen Hardin, MD, Raelean Hendrickson, MSW, LICSW, Shannon Mitchell, MSW, LICSW, and Gina Sucato, MD, MPH
- 4:45 p.m. Adjournment



Faculty

Benjamin Balderson, PhD
Psychologist, Behavioral Health Services
Group Health Physicians
Research Associate, Group Health Research Institute

Colin Fields, MD
Family Medicine, Capitol Hill Family Health Center
Group Health Physicians

Ellen Hardin, MD
Consultative Internal Medicine
Tacoma Specialty Center, Group Health Physicians

Raelean Hendrickson, MSW, LICSW
Social Worker, Complex Case Management
Group Health

Jamie Katz, MSW, LMHC
Psychotherapy Private Practice
Seattle, Wash.

Shannon Mitchell, MSW, LICSW
Social Worker, Complex Case Management
Group Health

Susan Mitchell, ARNP
Capitol Hill Family Medicine
Group Health

Kimberly Painter, MD, MPH
Family Medicine, Northgate Medical Center
Assistant Physician-in-Chief, Continuum of Care
Group Health Physicians

Gina Sucato, MD, MPH
Adolescent Medicine Specialist
Factoria Medical Center
Group Health Physicians
Clinical Associate Professor of Pediatrics and Adolescent Medicine, University of Washington

Jeffrey Vannice, PhD
Psychologist
Adolescent Center and Behavioral Health Services
Factoria Medical Center, Group Health Physicians

Rebecca von Duering, MS, CCC-SLP
Pathologist, Speech and Language Services
Group Health

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Accreditation

Group Health Cooperative is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Group Health Cooperative designates this live activity for a maximum of 7.25 *AMA PRA Category 1 Credit(s)*™.

This activity meets the criteria for up to 7.25 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Disclosure

Faculty listed below have disclosed that their presentation includes no promotion of any commercial products or services.

They have no relationships with commercial entities to report and do not anticipate discussing any off-label uses of a product.

Benjamin Balderson, PhD
Colin Fields, MD
Ellen Hardin, MD
Raelean Hendrickson, MSW, LICSW
Jamie Katz, MSW, LMHC
Shannon Mitchell, MSW, LICSW
Kimberly Painter, MD, MPH
Susan Mitchell, ARNP
Jeffrey Vannice, PhD
Rebecca Von Duering, MS, CC-SLP



Faculty listed below have provided the following disclosures of financial interest/arrangement or affiliation with one or more of the corporate organizations offering support for this continuing medical education program and/or with manufacturers of the products discussed in their presentation.

Gina Sucato, MD, MPH – TEVA Research/Grant

Registration

Tuition includes all educational sessions, course syllabus, and refreshments the day of the course. You will receive written confirmation of your registration. To receive Category 1 credit, providers are required to attest to how many hours they were actually present at the given activity by electronically completing a Verification of Hours form provided by the CME office. Failure to complete this form will result in denial of credit for that activity.

Register online using our secure registration and payment site.
If you prefer to pay over the phone, please call 206-326-3934.

Tuition ☐ Medical Staff: \$215
☐ Locum Tenens, ARNPs, Nursing, Others: \$195

Location

Group Health Headquarters
Rooms: W281, 283 & 285
320 Westlake Ave N, Seattle WA 98109-5233
Directions

For more information contact
Maria Cardenas-Anson
E-mail: cardenasanson.m@ghc.org
Phone: 206-326-2084 Fax: 206-877-0715
Group Health CME, 201 16th Ave. E, CWB-3, Seattle Wash 98112
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