

CSPS NEWSLETTER

CALIFORNIA SOCIETY OF PLASTIC SURGEONS, INC.

WWW.CALIFORNIAPLASTICSURGEONS.ORG



APRIL/MAY 2017



Join Us For The 67th CSPS

ANNUAL MEETING
May 26-29, 2017
The Marriott
Marquis
San Francisco,
CA

Editor:

Lynne A. Hackert, MD

Layout & Design:

Christine A. Pahl

*Photos courtesy of the Marriott and
the CSPS*

Inside this issue:

- The CSPS President's Message
- Annual Meeting Program & Registration Materials
- CSPS Educational & Research Foundation (CPSERF)
- Things to Do & See Around the Hotel
- Legislative Update

Page 2

Page 3

Page 15

Page 16

Page 19

Executive Office:

4269 Valley View Road

El Sobrante, CA 94803

(510) 243-1662

(510) 243-1663 FAX

CSPS PRESIDENT, JANE S. WESTON, MD INVITES YOU TO JOIN US FOR THE 67TH CSPS ANNUAL MEETING

Dear Colleagues and Friends :

Join me and your colleagues at the upcoming annual meeting of the California Society of Plastic Surgeons. The meeting will take place over Memorial Day week-end, giving you an opportunity to bring your families and enjoy a balance of professional enrichment, casual collegial connection and family time. . . .all without missing a day in the office!

Our meeting will take place in San Francisco at the luxurious San Francisco Marriott Marquis Hotel. The hotel is well-situated, within easy access to the newly renovated SF MOMA, the Yerba Buena Gardens, Union Square and AT&T Ball Park. (And, responding to our special request, the Giants will be playing home games each day of the meeting!)

The Scientific Committee has put together another great program. There will be panels addressing a diverse assortment of topics including: work/life balance, gender reassignment surgery and the role of social media in plastic surgery practice. As always, there will be a primary focus on improving patient outcomes, avoiding and dealing with complications as well as pros and cons of new advances. Fat grafting continues to be a hot topic and it will be among the topics addressed.

Get the latest news on MOC and board certification from the chairman of the ABPS. Learn about ASPS and ASAPS strategies for dealing with the news of ALCL and the ever-changing health care landscape. We will receive updates from both ASAPS, ASPS and ABPS – Dan Mills (ASAPS) and Deb Johnson (ASPS & ABPS) both of whom are past presidents of the California Society of Plastic Surgeons. (We are the BEST state society, are we not??)

If you are in need of an updated ACLS card to keep your operating room in compliance, be sure to sign up of the ACLS afternoon course which is offered every year at our meeting. As a loyal alum of this course, I can attest to the fact that there is no more pleasant or efficient way to meet this requirement. We will also be offering an afternoon courses for breast reconstruction and how do deal with work-life balance issues, which we can all relate to!

If ever there was a time to celebrate community and connection, it is now! Let's celebrate and share what we have in common. . . .our love for creativity and innovation, the privilege we have earned to effect change in our patients' lives, our gifts for problem solving and our never-ending effort to achieve perfection. Connect with old friends and make some new ones. Share your victories and challenges. Join us. You will be glad you did!

I hope to see you soon!



JANE S. WESTON, MD



PROGRAM AT A GLANCE

AMANDA A. GOSMAN, MD & GORDON K. LEE, MD CO-CHAIRS, SCIENTIFIC PROGRAM COMMITTEE

The 2017 Annual Meeting offers a wide array of educational opportunities. In addition to our line-up of excellent panels, we have terrific instructional courses, and wonderful social events!

FRIDAY, MAY 26

CSPS COUNCIL MEETING 2:00 PM – 4:00 PM

REGISTRATION 2:00 PM – 4:00 PM

SATURDAY, MAY 27

OPENING CEREMONIES 8:00 AM – 8:15 AM

OPENING CEREMONIES & THE CSPS ADDRESSES CULTURAL & LINGUISTIC COMPETENCY ISSUES

Jane S. Weston, MD *President, CSPS*
William S. Umansky, MD *President-Elect, CSPS*
Amanda A. Gosman, MD & Gordon K. Lee, MD *Co-Chairs, Scientific Program Committee*

SHORT CLINICAL PAPERS 8:15 AM – 9:35 AM

REGULAR CLINICAL PAPERS 9:35 AM – 10:15 AM

EXHIBITS & COFFEE BREAK 10:15 AM – 11:00 AM

NOTE: THE EXHIBITS WILL BE OPEN ON SATURDAY & SUNDAY ONLY

PANEL 11:00 AM – 12:15 PM

HOT TOPICS IN BREAST SURGERY

MODERATORS: Rahim S. Nazerali, MD & Alex K. Wong, MD

PANELISTS: Garry S. Brody, MD
M. Bradley Calobrace, MD
Aesthetic Society's Traveling Professor
Rahim S. Nazerali, MD
Charles Y. Tseng, MD

ASPS & ABPS REPORTS 12:15 PM

Debra J. Johnson, MD – *ASPS President & ABPS Director*

ASAPS REPORT 12:25 PM

Dan C. Mills, MD – *ASAPS Past President*

BRODY FAMILY LECTURESHIP 12:30 PM – 12:45 PM

The Garry Brody, MD Family Lectureship

TOPIC: BUILDING A DEPARTMENT OF PLASTIC AND RECONSTRUCTIVE SURGERY W. P. Andrew Lee, MD

CSPS LUNCH IN EXHIBIT HALL 1:00 PM

CSPSERF LUNCHEON & MEETING 1:00 PM

Guest Speaker: W. P. Andrew Lee, MD

INSTRUCTIONAL COURSES

1) 2:00 PM – 4:00 PM **CURRENT CONCEPTS AND APPROACHES IN SIMULTANEOUS AUGMENTATION MASTOPEXY**
M. Bradley Calobrace, MD
Aesthetic Society's Traveling Professor

2) 2:00 PM – 6:00 PM **ACLS TRAINING COURSE/CPR – PART 1**

EXHIBITS & WELCOMING RECEPTION 5:30 PM – 7:00 PM

SUNDAY, MAY 28

RESIDENT/FELLOW BREAKFAST 7:00 AM – 8:00 AM

Anureet Bajaj, MD, *PSF Visiting Professor*

PANEL 8:00 AM – 9:15 AM

TRANSGENDER SURGERY

MODERATORS: Karen M. Yokoo, MD & Ali X. Salim, MD

PANELISTS: Jordan Deschamps-Brady, MD
Esther A. Kim, MD
Gabriel M. Kind, MD
Bauback Safa, MD
Thomas Satterwhite, MD

CLINICAL PAPERS 9:15 AM – 10:45 AM

EXHIBITS & COFFEE BREAK 10:45 AM – 11:30 AM

PANEL 11:30 AM – 12:45 PM

WORK-LIFE BALANCE AND HOW TO AVOID BURNOUT

MODERATORS: Scott L. Hansen, MD & William S. Umansky, MD

PANELISTS: Anureet Bajaj, MD, *PSF Visiting Professor*
Katerina M. Gallus, MD
David Weinberg, *StressCare*

CSPS LUNCH IN EXHIBIT HALL 1:00 PM

RESIDENCY PROGRAM DIRECTORS' LUNCH 1:00 PM

INSTRUCTIONAL COURSES

3) 2:00 PM – 4:00 PM **RESIDENT/FELLOW COURSE**
M. Bradley Calobrace, MD
Aesthetic Society's Traveling Professor

4) 2:00 PM – 6:00 PM **ACLS TRAINING COURSE – PART 2**

5) 2:00 PM – 4:00 PM **MINDFULNESS: A POWERFUL RESPONSE TO BURNOUT & WORK-LIFE BALANCE**

PEARLS/PEANUTS/CLINICAL PAPERS 4:15 PM

PRESIDENT'S RECEPTION & AWARDS 7:00 PM

MONDAY, MAY 29

PANEL 9:00 AM – 10:15 AM

REGENERATIVE OR DEGENERATIVE THERAPY?

AN UPDATE ON FAT, STEM CELLS & PLATELET RICH PLASMA

MODERATOR: Ahmed S. Suliman, MD

PANELISTS: Ashkan Ghavami, MD
Derrick Wan, MD

COFFEE BREAK 10:15 AM – 10:30 AM

PANEL 10:30 AM – 11:45 AM

SOCIAL MEDIA ISSUES

MODERATOR: Amanda A. Gosman, MD

PANELISTS: Anureet Bajaj, MD, *PSF Visiting Professor*
Ashkan Ghavami, MD
Raman C. Mahabir, MD

ANNUAL BUSINESS MEETING 12:00 PM

NEW COUNCIL MEETING 1:00 PM

ANNUAL MEETING PROGRAM AND FACULTY

GENERAL EDUCATION INFORMATION

The California Society of Plastic Surgeons (CSPS) seeks to see beyond the traditional functions of continuing medical education, and challenges itself to become a catalyst for, an advocate for, and a provider of education that promotes improved competence, performance, and patient outcomes in plastic surgery.

Purpose: Our CME program seeks to provide high-quality, evidence-based educational opportunities designed to advance plastic surgeons' knowledge, competence, enhance practice performance, and promote patient safety to ultimately improve patient outcomes in the populations served by the plastic surgeons we educate. In addition, the CSPS acknowledges the importance of culture and communication for delivering effective healthcare and is committed to educating physicians to deliver culturally and linguistically appropriate care.

Content: Our educational offerings include, but are not limited to, updates in clinical plastic surgery (aesthetic and reconstructive), reviews of current or best practice recommendations for plastic surgery care, evaluation of new and emerging technologies and techniques in plastic surgery, as well as patient safety.

Target Audience: We seek to serve not only the educational needs of plastic surgery healthcare professionals (board-certified plastic surgeons, plastic surgery residents and fellows, nurses and office staff) involved in the provision of plastic surgery services within the state of California, but the needs of local, regional, and national healthcare professionals and colleagues as well.

Types of Activities: As a CME provider for the largest plastic surgery state society in the country, the CSPS' educational activities include, but are not limited to, lectures, panel sessions, paper presentations, clinical round table discussions, hands on, live and didactic instructional courses. The educational design, instructional method and learning format for each event is chosen to best serve the educational needs and learning objectives of the planned educational activity.

Expected Results: We expect participants to report improved knowledge and competence as expressed by greater confidence and knowledge in their approach to clinical problems or by an intent to change their behavior and apply newly acquired strategies in their practice. We expect participants will have greater confidence that they are delivering care which promotes patient safety. In addition, if evaluated within the clinical practice setting, we expect improved performance parameters or a favorable impact on patient outcomes.

The General Sessions will consist of panel presentations on timely subjects which affect the plastic surgery specialty. Papers will also be presented during the general sessions. These papers are on various clinical topics and include summaries of research, observations based on experience, clever tricks to handle difficult problems, new instrumentation, development of new technologies, trends, statistics, safety issues and other comments about clinical practice that may be of value. The CSPS will also address cultural and linguistic competency issues and is dedicated to providing the participants with the necessary data, assessment tools and the development of resources plastic surgeons may use in their practices to address these issues.

The overall objective of the general sessions is to present topics related to the core body of knowledge for plastic surgery, as well as increasing quality in the health care delivery system. The content will also cover innovative, recent and new research related topics of importance to the practice of plastic surgery.

The instructional courses will address the topics of issues related to Augmentation Mastopexy, a Work/Life Balance Course, an ACLS Training Course, a CPR course.

All recommendations presented and scientific research presented must be based on evidence accepted within the profession of plastic surgery and must conform to the generally accepted standards of experimental design, data collection and analysis.

There will be question-and-answer sessions provided for each activity and participants are encouraged to use this time to address a difficult case you may have, query the speakers on their techniques, etc.

The CSPS takes responsibility for the content, quality and scientific integrity of its CME activities. As such, the CSPS follows the Accreditation Council for Continuing Medical Education's Standards for Commercial Support. By following these standards the CSPS ensures the independence of its CME activities. Current guidelines state participants in CME activities should be made aware of any affiliations or financial interest that may influence the content of this educational activity and/or affect the speaker's presentation. Each Scientific Program Committee member & speaker has been requested to complete a financial disclosure/conflict of interest statement. Disclosures are noted in this preliminary program. An asterisk (*) after the speaker's name indicates the faculty member/presenter reported they had no relevant financial relationships or affiliations to disclose. All potential conflict of interests are resolved prior to any presentation. The CSPS also requires presenters to disclose when off-label/unapproved uses of the product are discussed in a CME activity.

Please note that each presenter for the paper presentations is denoted by being listed first and in bold.

The CSPS Scientific Program Committee Members & their disclosures are as follows:

CO-CHAIRS

Amanda A. Gosman, MD*

Gordon K. Lee, MD

Dr. Lee receives a consulting fee for his role in scientific consulting for Integra.

MEMBERS

Daniel M. Balkin, MD

Dr. Balkin is a stockholder in the following companies: Merck & Co., Johnson & Johnson, and Alnylam Pharmaceuticals.

Joseph N. Carey, MD*

James Chao, MD

Dr. Chao receives a speaker fee for his role as a speaker for Boston Scientific and he also receives a consultant fee for his role as consultant for WL Gore.

Julio L. Garcia, MD*

Scott L. Hansen, MD

Dr. Hansen receives a speaker fee to speak on use of PICO & Versajet for Smith & Nephew.

Susan Kaweski, MD*

Luis H. Macias, MD*

Jenna Martin Bourgeois, MD*

Rahim S. Nazerali, MD*

Dung Nguyen, MD*

Christine A. Pahl*

Lee L.Q. Pu, MD

Dr. Pu receives a Consulting Fee for his role as Consultant for the Muscular Transplant Foundation & as Advisor to LifeCell.

George H. Rudkin, MD*

Ali Sajjadian, MD*

Hani Sbitany, MD

Dr. Sbitany receives a Consulting Fee for his role as a consultant for LifeCell.

Ahmed Suliman, MD*

Alex K. Wong, MD*

Michael S. Wong, MD*

Karen Yokoo, MD

Dr. Yokoo's husband is an ortho surgeon who is a consultant for Tonier Orthopedics.

EX-OFFICIO MEMBERS

William S. Umansky, MD*

Jane S. Weston, MD*

The CSPS is accredited by the Institute of Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The CSPS takes responsibility for the content, quality and scientific integrity of this CME activity. The CSPS designates this educational activity for a maximum of 11.5 hours (general sessions) and 10 hours (ACLS, instructional courses/Clinical Pearls Session) of **AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.



Scientific Program-Friday & Saturday

FRIDAY, MAY 26

2:00 PM – 4:00 PM COUNCIL MEETING
2:00 PM – 4:00 PM REGISTRATION DESK

SATURDAY, MAY 27

7:00 AM – 2:00 PM REGISTRATION DESK
7:30 AM – 2:00 PM EXHIBITS & CONTINENTAL BREAKFAST
8:00 AM – 12:45 PM GENERAL SESSION
1:00 PM LUNCH IN THE EXHIBIT HALL
1:00 PM CSPSERF LUNCHEON
2:00 PM – 6:00 PM INSTRUCTIONAL COURSES
5:30 PM – 7:00 PM WELCOMING RECEPTION IN THE EXHIBITS

OPENING CEREMONIES 8:00 AM – 8:15 AM

WELCOMING CEREMONIES & THE CSPS ADDRESSES CULTURAL & LINGUISTIC COMPETENCY ISSUES:

Jane S. Weston, MD* *President, CSPS*
William S. Umansky, MD* *President-Elect, CSPS*
Amanda A. Gosman, MD* & *Co-Chairs, Scientific*
Gordon K. Lee, MD *Program Committee*

(PLEASE SEE DR. LEE'S DISCLOSURE ON PAGE 4)

SHORT CLINICAL PAPERS 8:15 AM – 9:05 AM

MODERATORS: AMANDA A. GOSMAN, MD* & GORDON K. LEE, MD
(PLEASE SEE DR. LEE'S DISCLOSURE ON PAGE 4)

- 8:15 STANDARDIZING THE MEASURED EFFECT ON INTRACRANIAL VOLUME OF DISTRACTION OSTEOGENESIS FOR CRANIOSYNOSTOSIS**
Michael G. Brandel, BA*
Cecilia L. Dalle Ore, BS
Chris M. Reid, MD
William Zhu, BA
Samuel Lance, MD
Hal Meltzer, MD
Amanda A. Gosman, MD
- 8:18 SURGEON SPECIALTY AND RECONSTRUCTIVE OUTCOMES IN ALVEOLAR BONE GRAFTING FOR PATIENT WITH ORAL CLEFTS**
William Zhu, BA*
Samuel H. Lance, MD
Cecilia L. Dalle Ore, MD
Michael G. Brandel, BA
Anna Schoenbrunner, MD
Chris Reid, MD
Marylin Jones, MD
Amanda A. Gosman, MD
- 8:21 FINANCIAL BURDEN OF NASOALVEOLAR MOLDING: A SINGLE CENTER CROSS-SECTIONAL STUDY**
William Y Zhu, BA*
Jonathan T. Unkart, MD
Chris M. Reid, MD
Amanda A. Gosman, MD

Note: The presenter is the first person listed under the title of the abstract. An asterisk (*) after their name indicates the faculty member/presenter reported they had no relevant financial relationships or affiliations to disclose.

- 8:24 VALIDATION OF VECTRA 3D IMAGING FOR QUANTITATIVE VOLUMETRIC MEASUREMENT OF UPPER EXTREMITY LYMPHEDEMA**
Mark J. Landau, PhD*
Jennifer S. Kim, BS
Daniel J. Gould, MD, PhD
Ketan M. Patel, MD

- 8:27 A SYSTEMATIC REVIEW OF PROGNOSTIC FACTORS FOR SENSORY RECOVERY AFTER DIGITAL NERVE RECONSTRUCTION**
Nana-Yaw Bonsu, BS*
Jennifer S. Kim, BA
Hyuma A. Leland, MD
Joseph N. Carey, MD
Ketan M. Patel, MD
Mitchel Seruya, MD

- 8:30 INCISIONAL NEGATIVE PRESSURE WOUND THERAPY IN HIGH RISK PANNICULECTOMY PATIENTS: EARLY RESULTS OF A PROSPECTIVE RANDOMIZED CONTROLLED TRIAL**
Chad M. Bailey, MD *
Michael S. Wong, MD

- 8:33 HOW DO WE MEASURE UP? UPDATES ON MEASURING AND TRENDING THE DEEP AND CAVITATING COMPLEX WOUND**
Richard Bodor, MD*
Sarek Shen, BS, MS
Kevin Broder, MD

- 8:36 SHORT DURATION 9-CIS RETINOIC ACID THERAPY IS SUFFICIENT TO IMPROVE FUNCTIONAL LYMPHATIC DRAINAGE IN POST-SURGICAL LYMPHEDEMA**
Gene K. Lee, MD, MPH*
David P. Perrault, BS
Antoun Bouz, BS
Austin J. Pourmoussa, MS
Daniel Gardner, BS
Maxwell Johnson, MS
Sun Young Park, MS
Athanasios Bramos, MD
Eun Kyung Park, MS
Young Jin N. Seong, BS
Sunju Lee, PhD
Lia E. Jung, MS
Dongwon Choi, PhD
Young-Kwon Hong, PhD
Alex K. Wong, MD, FACS

- 8:39 TENDON HYDROGEL VERSUS MICRORIBBON POLYMER AS A VEHICLE FOR STEM CELL DELIVERY**
Heather desJardins-Park, AB *
Tokoya Williams, MD
Heather Rogan, BS, MS
Chao Long, AB
Yukitoshi Kaizawa, MD, PhD
James Chang, MD, FACS
Fan Yang, PhD
Paige Fox, MD, PhD

DISCUSSION

8:42 AM – 9:00 AM

CONTINUED ON PAGE 6

Scientific Program-Saturday

SHORT CLINICAL PAPERS-Continued

9:00 *PRACTICAL APPLICATIONS OF DELAYED-IMMEDIATE AUTOLOGOUS BREAST RECONSTRUCTION: A FLEXIBLE AND SAFE OPERATIVE STRATEGY*

Arhana Chattopadhyay, BA*

Gloria Sue, MD

Chao Long, BA

Eva Huis In't Veld, BS

Gordon K. Lee, MD, FACS

9:03 *COMPARATIVE ANALYSIS OF BREAST COMPLICATIONS IN FREE, AUTOLOGOUS BREAST RECONSTRUCTION FOR PATIENTS UNDERGOING POSTOPERATIVE RADIATION THERAPY*

Jennifer Cheesborough, MD*

Daniel Sotelo Leon, BS

Jarom Gilstrap, MD

Gordon Lee, MD

9:06 *ASSESSING VALUE IN BREAST RECONSTRUCTION: A SYSTEMATIC REVIEW OF COST-EFFECTIVENESS STUDIES*

Clifford Shekter, MD *

Arash Momeni, MD

9:09 *"A MERIT-BASED INCENTIVE PROGRAM IN BREAST RECONSTRUCTION: ARE WE READY?"*

Rahim S. Nazerali, MD, MHS*

Micaela A. Finnegan, BS

Vasu Divi, MD

Gordon K. Lee, MD

Robin N. Kamal, MD

9:12 *EXTERNAL TISSUE EXPANSION: A NOVEL AND MINIMALLY INVASIVE TECHNIQUE FOR NIPPLE RECONSTRUCTION*

Sarah C. Sorice MD*

Kristine Rustad, MD

Alexander Li, BS

Shannon Meyer, BA

Dung Nguyen, PharmD, MD

Geoffrey C. Gurtner, MD

9:15 *IS SUBCUTANEOUS MASTECTOMY (TOP SURGERY) APPROPRIATE IN PATIENTS WHO WERE ASSIGNED FEMALE AT BIRTH AND IDENTIFIED AS MALE OR NON BINARY WHO HAD PREVIOUS BREAST REDUCTION?*

Winnie Mao Yiu Tong, MD*

Ali Salim, MD

Anandev Gurjala, MD

Karen Yokoo, MD

Roderick Simonds, MD

Ginger Xu, MD

9:18 *FEMALE-TO-MALE TRANSGENDER CHEST SURGERY: A SIMPLIFIED APPROACH*

Andre Alcon, MD*

Maristella Evangelista, MD

Merisa Piper, MD

Eric Wang, MD

Rachel Lentz, MD

David A. Daar, BS

Dominic Amara, BA

Esther A. Kim, MD

9:21 *MANAGEMENT OF BREAST ANIMATION DEFORMITY*

Clara Gomez-Sanchez, MD*

Rachel Lentz, MD*

Merisa Piper, MD

Hani Sbitany, MD

DISCUSSION

9:24 AM – 9:35 AM

REGULAR PAPERS

9:35 AM – 10:15 AM

9:35 *ANALYSIS OF CLINICAL OUTCOMES, COSMETIC RESULTS, AND PATIENT SATISFACTION FOLLOWING DELAYED-IMMEDIATE BREAST RECONSTRUCTION*

Chao Long, AB*

Eva Huis In't Veld, BS

Gloria R. Sue, MD

Arhana Chattopadhyay, BS

Gordon K. Lee, MD

9:39 *WHERE DO WE LOOK? ASSESSING GAZE PATTERNS IN RECONSTRUCTIVE SURGERY WITH EYE TRACKING TECHNOLOGY*

Lawrence Z. Cai, BS*

John A.M. Paro, MD

Gordon K. Lee, MD

Rahim S. Nazerali, MD

9:43 *FAT GRAFTING AND CANCER RISK IN POST-MASTECTOMY BREAST RECONSTRUCTION*

Heath Charvet, MD*

Hakan Orbay, MD, PhD

Katharine Hinchcliff, MD

David Sahar, MD

9:47 *PROCESS OF CARE IN BREAST RECONSTRUCTION AND THE IMPACT OF A DUAL-TRAINED SURGEON*

Chris M. Reid, MD*

Jonathan T. Unkart, MD

Anne M. Wallace, MD

9:51 *COMPLICATIONS FOLLOWING TWO-STAGE EXPANDER IMPLANT BREAST RECONSTRUCTION: A CRITICAL ANALYSIS OF OUTCOMES*

Gloria R. Sue, MD*

Beatrice Sun, BS

Gordon K. Lee, MD

9:55 *USING MESH TO REINFORCE THE ABDOMINAL WALL IN ABDOMINAL FREE FLAPS FOR BREAST RECONSTRUCTION: IS THERE A BENEFIT? WHAT ARE THE RISKS?*

Daniel Sotelo Leon, MS3*

Rahim S. Nazerali, MD

Gordon K. Lee, MD

DISCUSSION

9:59 AM – 10:15 AM

EXHIBITS & COFFEE BREAK 10:15 AM – 11:00 AM

NOTE: THE EXHIBITS WILL BE OPEN ON SATURDAY & SUNDAY ONLY

Scientific Program - Saturday

PANEL

11:00 AM - 12:15 PM

HOT TOPIC: BREAST SURGERY

MODERATORS: Rahim S. Nazerali, MD* & Alex K. Wong, MD*

PANELISTS: Garry S. Brody, MD* – *Update on ALCL*
 M. Bradley Calobrace, MD* – *Aesthetic Society's Traveling Professor*
Pros & Cons of Textured Round & Shaped Implants in Primary & Secondary
Aesthetic Breast Surgery Restoration
 Rahim S. Nazerali, MD* – *Nipple Sparing Breast Reconstruction*
 Charles Y. Tseng, MD* – *Pre-Pectoral Implant Based Breast*
Reconstruction

At the conclusion of this panel, participants should be able to:

1) Assess and evaluate the hot topics related to breast surgery including ALCL, implant selection, the safety of nipple sparing mastectomy and novel techniques in breast reconstruction; 2) Review the current knowledge base in the above areas to improve competence, performance and patient outcomes in breast surgery; and 3) Apply new data towards quality improvement and improve medical knowledge and apply this to patient care in breast surgery.

ASPS & ABPS REPORTS

12:15 PM - 12:25 PM

Debra J. Johnson, MD – *ASPS President & ABPS Director*

ASAPS REPORT

12:25 PM - 12:30 PM

Dan C. Mills, MD – *ASAPS Past President*

BRODY FAMILY LECTURESHIP 12:30 PM - 12:45 PM

The Garry Brody, MD Family Lecture

TOPIC: BUILDING A DEPARTMENT OF PLASTIC AND RECONSTRUCTIVE SURGERY

W.P. Andrew Lee, MD

(DR. LEE RECEIVES AN ANNUAL ROYALTY FOR HIS ROLE AS CO-EDITOR OF THE VCA JOURNAL FROM THE TAYLOR FRANCIS GROUP)

The presentation describes the transition of plastic surgery from a Surgical Division to an autonomous Department at the Johns Hopkins University, including recruitment of faculty, establishment of a basic science laboratory, expansion of residency, establishment of new fellowships, and building of self-sustaining infrastructure in marketing, philanthropy, and research management.

1) Describe the rationale for the institution to have an autonomous Department of Plastic Surgery; 2) Analyze the resources needed to establish a Department including personnel and infrastructure organization; 3) Recognize the advantages in collaborating with other departments and disciplines with overlapping clinical interests; and 4) Evaluate the benefits of departmental status in achieving innovation and fulfilling the tripartite academic missions

CSPS LUNCH IN THE EXHIBIT HALL

1:00 PM

CSPSERF LUNCH & MEETING

1:00 PM

TOPIC: HOW HAND TRANSPLANTATION TRANSFORMS LIVES

GUEST SPEAKER: W.P. Andrew Lee, MD

(SEE PAGE 15 FOR MORE INFORMATION)

INSTRUCTIONAL COURSES

1) 2:00 PM - 4:00 PM

CURRENT CONCEPTS AND APPROACHES IN SIMULTANEOUS AUGMENTATION MASTOPEXY

M. Bradley Calobrace, MD* – *Aesthetic Society's Traveling Professor*

This course will outline the issues to be considered in approaching the ptotic breast, review the known literature on the subject to help provide framework for the discussion, followed by detailed approach (*published date Calobrace, et al PRS 2013*) including preoperative assessment, operative technique and postoperative management. There will be video presentations outlining in detail the surgical approach. The course will be interactive, allowing for open and honest discussion, and ongoing approach combining clinical experience with evidence-based learning.

At the conclusion of this course, the participants should be able to:

1) Discuss the pertinent risks and benefits to approaching augmentation and mastopexy as a simultaneous procedure vs. a staged procedure; 2) Describe and perform the operative steps in simultaneous augmentation mastopexy; 3) Review and analyze their own preoperative evaluation and counseling for a patient considering augmentation mastopexy; and 4) Plan and provide appropriate postoperative care of an augmentation mastopexy patient.

2) 2:00 PM - 6:00 PM – ACLS/CPR TRAINING COURSE PART 1

ACLS TRAINING COURSE (PLEASE SEE PAGE 14 FOR THE ACLS COURSE INFORMATION & REGISTRATION FORM)

EXHIBITS & WELCOMING RECEPTION

5:30 PM - 7:00 PM



Scientific Program - Sunday

SUNDAY, MAY 28

7:00 AM – 2:00 PM	REGISTRATION
7:00 AM – 8:00 AM	RESIDENT/FELLOW BREAKFAST
7:30 AM – 2:00 PM	EXHIBITS
8:00 AM – 12:45 PM	GENERAL SESSION
1:00 PM	LUNCH WITH THE EXHIBITORS
1:00 PM	PROGRAM DIRECTORS' LUNCH
2:00 PM – 6:00 PM	INSTRUCTIONAL COURSES
4:15 PM – 6:15 PM	PEARLS/RESEARCH/CLINICAL PAPER PRESENTATIONS
7:00 PM	PRESIDENT'S DINNER RECEPTION & AWARDS CEREMONY

RESIDENT/FELLOW BREAKFAST 7:00 AM - 8:00 AM

ESTABLISHING A SUCCESSFUL MICROVASCULAR PRACTICE IN SOLO PRIVATE PRACTICE: MAKING IT WORK WHILE PRESERVING YOUR SANITY
Anureet Bajaj, MD, *PSF Visiting Professor*

PANEL 8:00 AM – 9:15 AM TRANSGENDER SURGERY

MODERATORS: Karen M. Yokoo, MD & Ali X. Salim, MD
(PLEASE SEE DR. YOKOO'S DISCLOSURE ON PAGE 4)

PANELISTS:

Thomas Satterwhite, MD* - *Breast, Vaginoplasty and Facial Feminization Surgery*
Jordan Deschamps-Brady, MD* - *Facial Feminization Surgery*
Bauback Safa, MD* - *Phalloplasty*
Gabriel Kind, MD* - *Phalloplasty*

This panel will cover gender reassignment surgery indications and techniques, including breast/chest, facial, and genital surgery.

At the conclusion of this panel, participants should be able to:

1) Review the current plastic surgical options for gender reassignment surgery; 2) Assess the pathways for medical care for transgender patients; 3) Recognize and utilize the WPATH (World Professional Association for Transgender Health) guidelines/criteria for transgender surgery; & 4) Recognize the importance of insuring the public is aware of the needs of this previously underserved population.



CLINICAL PAPERS 9:15 AM – 10:00 AM MODERATORS: KAREN M. YOKOO, MD* & GEORGE H. RUDKIN, MD*

- 9:15** *IS POST OPERATIVE INTENSIVE CARE UNIT CARE NECESSARY FOLLOWING CRANIAL VAULT REMODELING (CVR) FOR SAGITTAL SYNOSTOSIS? (RESIDENT COMPETITION PAPER - USC)*
Erik M. Wolfswinkle, MD*
Lori K. Howell, MD
Beina Azadgoli, MS
Artur Fahradyan, MD
J. Gordon McComb, MD
Mark M. Urata, MD, DDS
- 9:19** *COMPARISON OF OUTCOMES OF TOTAL ESOPHAGEAL RECONSTRUCTION WITH SUPERCHARGED JEJUNAL FLAP, COLONIC INTERPOSITION, AND GASTRIC PULL-UP (RESIDENT COMPETITION PAPER - STANFORD)*
Anna Luan, MD*
Cedric L. Hunter, MD
Christopher S. Crowe, MD
Gordon K. Lee, MD, FACS
- 9:23** *OUTCOMES OF SOFT TISSUE RECONSTRUCTION FOR DIAMETRIC LOWER EXTREMITY FRACTURES WITH COMPROMISED VASCULARITY*
Ido Badash, BA*
Hyuma Leland, MD
Karen Burt, BS
Alexis Rounds, BS
Beina Azadgoli, BS
Nana-Yaw Bonsu, BS
Ketan Patel, MD
Joseph Carey, MD
- 9:27** *SOFT TISSUE RECONSTRUCTION AND SALVAGE OF INFECTED FIXATION HARDWARE IN LOWER EXTREMITY TRAUMA*
Hyuma A. Leland, MD*
Ido Badash, BA
Alexis D. Rounds, BS
Karen E. Burt, BS
Daniel J. Gould, MD, PhD
Geoffrey S. Marecek MD
Ram K. Alluri, MD
Ketan M. Patel, MD
Joseph N. Carey, MD
- 9:31** *DOG BITES IN THE UNITED STATES FROM 1958 TO 2016: A SYSTEMATIC REVIEW (RESIDENT COMPETITION PAPER - UC DAVIS)*
Chad M. Bailey, MD*
Katherine M. Hinchcliff, MD
Lee L. Q. Pu, MD, PhD
- 9:35** *PRESSURE SORES AND SIRS: UC DAVIS QUALITY IMPROVEMENT INITIATIVE*
Nirav B. Patel, MD, MS, JD* (Dr. Patel received a grant for a travel scholarship to attend the ASAPS meeting from Allergan (via ASERF))
Ping Song, MD
Abhishek Jairam, BA
Michael S. Wong, MD

Scientific Program - Sunday

9:39 IL-1Ra THERAPY FOR ENHANCED WOUND HEALING

David P. Perrault BS*
 Athanasios Bramos, MD
 Xingtian Xu, PhD
 Gene K. Lee MD, MPH
 Songtao Shi, PhD
 Alex K. Wong MD, FACS

9:43 THE EFFICACY OF NEGATIVE PRESSURE WOUND THERAPY AND ANTIBIOTIC BEADS IN LOWER EXTREMITY SALVAGE

Karen Burt, BS*
 Ido Badash, BS
 Hyuma A. Leland, MD
 Alexis Rounds, BS
 Ketan M. Patel, MD
 Joseph N. Carey, MD

9:47 MANAGEMENT AND REVIEW OF DOG BITE WOUNDS IN ADULTS: A RETROSPECTIVE ANALYSIS AT A LEVEL 1 TRAUMA CENTER (RESIDENT COMPETITION PAPER – UCI)

Christine J. Lee, MD*
 Nathan Molina, BS
 Raj M. Vyas, MD

DISCUSSION

9:51 AM – 10:00 AM

10:00 THE IMPACT OF TIMING AND CONCURRENT FRONTO-ORBITAL ADVANCEMENT ON POSTOPERATIVE COMPLICATIONS OF CRANIOSYNOSTOSIS REPAIR IN THE UNITED STATES

Michael G. Brandel*
 Peter Abraham
 Chris M. Reid, MD
 Samuel Lance, MD
 Hal Meltzer, MD
 Amanda A. Gosman, MD

10:04 NASAL LINING FLAPS FOR CLOSURE OF THE NASAL FLOOR IN UNILATERAL AND BILATERAL CLEFT LIP AND PALATE REPAIRS REDUCES THE RATE OF ALVEOLAR FISTULA FORMATION

Paul Mittermiller, MD*
 Harleen Sethi, BS
 Peter Lorenz, MD
 Rohit K. Khosla, MD

10:04 NASAL LINING FLAPS FOR CLOSURE OF THE NASAL FLOOR IN UNILATERAL AND BILATERAL CLEFT LIP AND PALATE REPAIRS REDUCES THE RATE OF ALVEOLAR FISTULA FORMATION

Paul Mittermiller, MD*
 Harleen Sethi, BS
 Peter Lorenz, MD
 Rohit K. Khosla, MD

10:08 THE MECHANICAL ENVIRONMENT MODULATES LYMPHATIC TUBE FORMATION IN VITRO

Gene K. Lee, MD, MPH*
 David Perrault, BS
 Yi-Chen Wu, MS
 Josephine Y. Fang, PhD
 Sun Young Park, MS
 Bo Han, PhD
 Young-Kwon Hong, PhD
 Alex K. Wong MD, FACS

10:12 REALSELF: AN ANALYSIS OF PATIENT REPORTED OUTCOMES OF SATISFACTION WITH SURGICAL AND NONSURGICAL PROCEDURES OVER 5 YEARS (RESIDENT COMPETITION PAPER – LLU)

David Nguyen, MD*
 Subhas Gupta, MD, CM, PhD, FRCSC, FACS

10:16 THE IMPACT OF RESIDENTS ON PATIENT SATISFACTION (RESIDENT COMPETITION PAPER – UCSD)

Sean S. Li, MD*
 Chris M. Reid, MD
 Michael G. Brandel, BA
 Courtney Johnson, MHA
 Marek K. Dobke, MD, PhD
 Amanda A. Gosman, MD

10:20 SOCIAL MEDIA AND THE PLASTIC SURGERY PATIENT

Alexander Li, BS1*
 Sarah Sorice, MD1
 Gerom Gilstrap, MD1
 Francisco Canales, MD2
 Heather Furnas, MD, 1,2

(1) Stanford University & (2) Plastic Surgery Associates of Santa Rosa

10:24 THE ONE-STAGE PENILE INVERSION VAGINOPLASTY FOR MALE-TO-FEMALE TRANSGENDER PATIENTS: A SINGLE CENTER PERSPECTIVE ON SURGICAL APPROACH, COMPLICATIONS AND PATIENT SATISFACTION

Thomas Satterwhite, MD*
 Austin Remington, BS
 Jonathan Massie, BS

10:28 QUANTIFYING THE PSYCHOSOCIAL BENEFITS OF GENDER-AFFIRMING SURGERY WITH PATIENT REPORTED OUTCOMES: THE SAN FRANCISCO TRANSGENDER SURVEY (SFTS) (RESIDENT COMPETITION PAPER – UCSF)

Andre Alcon, MD*
 Eric Wang, MD
 Rachel Lentz, MD
 Natnaelle Admassu, BS
 Kelsey Loeliger Mphil
 Merisa Piper, MD
 Esther Kim, MD

10:32 THE INFLUENCE OF AGE ON FREE TISSUE TRANSFER PROCEDURE OUTCOMES

Kevin T. Jubbal, BS*
 Dmitry Zavlin, MD
 Ahmed Suliman, MD

DISCUSSION

10:36 AM – 10:45 AM

EXHIBITS & COFFEE BREAK 10:45 AM – 11:30 AM

Scientific Program - Sunday

PANEL 11:30 AM – 12:45 PM WORK-LIFE BALANCE AND HOW TO AVOID BURNOUT

MODERATORS: Scott L. Hansen, MD & William S. Umansky, MD*
(PLEASE SEE DR. HANSEN'S DISCLOSURE ON PAGE 4)

PANELISTS: Anureet Bajaj, MD*, PSF Visiting Professor
Katerina M. Gallus, MD*
David Weinberg*, StressCare

At the conclusion of this panel, participants should be able to:

1) Describe the problem and impact of physician burnout; 2) Examine issues and challenges experienced by physicians as they seek "work/life balance", and 3) Identify strategies to prevent physician burnout and improve "work/life balance".

LUNCH IN THE EXHIBIT HALL 1:00 PM

PROGRAM DIRECTORS' LUNCH 1:00 PM

INSTRUCTIONAL COURSES

3) 2:00 PM – 4:00 PM THE BUSINESS OF PLASTIC SURGERY: ARE YOU IN IT TO WIN, OR ARE YOU IN IT NOT TO LOSE? & THE ETIOLOGY, PREVENTIONS AND MANAGEMENT OF COMPLICATIONS IN BREAST AUGMENTATION

M. Bradley Calobrace, MD*—AESTHETIC SOCIETY'S TRAVELING PROFESSOR

FOR RESIDENTS/FELLOWS ONLY

The Business of Plastic Surgery: Are you in it to win, or are you in it not to lose?

Brief Description: This course outlines the many facets of creating a comprehensive plastic surgery practice. The focus will be on understanding not only the technical aspects involved and decisions encountered, but also on determining ones professional goals and personal philosophy/life goals that impact the type of practice one chooses. The course will also discuss many aspects in practice growth, including services and products offered, marketing, financials, and employee management.

The Etiology, Prevention and Management of Complications in Breast Augmentation

Brief Description: This course will outline the most significant contributing factors to complications leading to revisions in breast augmentation surgery. There will be an emphasis on etiology and prevention of these complications and a review of their medical and surgical management. Capsular contracture, all types of malposition and issues of implant selection and size change will be reviewed. Discussion will include a review of indications for newer techniques, such as placement of mesh oracellular dermal matrix and fat grafting.

4) 2:00 PM – 6:00 PM ACLS TRAINING COURSE – PART 2

ACLS TRAINING COURSE (PLEASE SEE PAGE 14 FOR THE ACLS COURSE INFORMATION & REGISTRATION FORM)

5) 2:00 PM – 4:00 PM MINDFULNESS: A POWERFUL RESPONSE TO BURNOUT AND WORK-LIFE BALANCE (Non-CME Course)

David Weinberg* & Karin Pfluger*

The purpose of this two-hour experiential workshop (breakout session) is to introduce mindfulness to physicians who are facing burnout and want to learn this approach for their own health and wellness.

Mindfulness is the practice of focusing attention on immediate events—body sensations, thoughts, feelings, personal interactions, etc.—on purpose, moment by moment, in a compassionate way. It brings both relaxation and energy to present-moment experiencing, ultimately resulting in a greater sense of control, agency, meaning, and well-being.

The session will include instruction in several mindfulness modalities—sitting meditation, walking meditation, gentle movement, and mindfulness during daily activities at work and home. Participants are encouraged to wear loose, comfortable clothing, and to bring a yoga or exercise mat.

Topics include:

- What mindfulness is (and is not)
- Rest vs. "kicking back"
- How to establish a daily practice—the meaning of practice
- Formal vs. informal mindfulness
- Realistic expectations of individual outcomes—the art of "non-doing"
- Description of MBSR—an evidence-based, behavioral medicine intervention

The presenters are Karin Pfluger and David Weinberg, Executive Director and President of StressCare, respectively. To learn more about mindfulness, refer to www.stresscarentraining.org.

PEARLS/PEANUTS/CLINICAL PAPERS 4:15-6:15 PM 3 MINUTE PAPERS

MODERATOR: GORDON K. LEE, MD (PLEASE SEE DR. LEE'S DISCLOSURE ON PAGE 4)
SCOPE OF PRACTICE PAPERS

- 1) **WHAT IS THE BIGGEST PROBLEM IN PLASTIC SURGERY? A REVIEW FROM INTERVIEWS WITH 234 ACADEMIC PLASTIC SURGEONS**
Travis Joseph Miller, MD*
- 2) **PLASTIC SURGEON WANNABES: DANGER OF NON-CORE AESTHETIC PROVIDERS**
Nirav Patel, MD, MS, JD (PLEASE SEE DR. PATEL'S DISCLOSURE ON PAGE 4), Demetrius Coombs, BS & Lee L.Q. Pu, MD, PhD, FACS
- 3) **HOW TO WEED OUT PRICE SHOPPERS AND TIRE KICKERS!**
Jonathan Kaplan, MD, MPH (DR. KAPLAN RECEIVES REQUITY FOR HIS ROLE AS FOUNDER OF KP INNOVATIONS, LLC)
- 4) **INFORMATION SOURCES IN PLASTIC SURGERY DECISION-MAKING**
Nisha Parmeshwar, BS*, Chris M. Reid, MD, Michael G. Brandel, BA, Marek K. Dobke, MD & Amanda A. Gosman, MD
- 5) **A LONGITUDINAL LOOK AT RESIDENT COSMETIC EXPERIENCE**
Charlie Chen, MD*, Marek Dobke, MD & Amanda Gosman, MD
- 6) **CAN A TWO-DAY COURSE TEACH ORTHOPAEDIC SURGEONS ROTATIONAL FLAP PROCEDURES?: AN INITIAL EVALUATION OF THE NEPAL SMART COURSE**
Joseph Carey, MD*, Devin J. Conway, David Shearer, MD, Michael Terry, MD, Peeyush Dahal, MD, Rishi Bisht, MD, Binod Sherchan, MD, Arjun Lamichhane, MD, Bibek Banskota, MD & Justin Gillenwater, MD
- 7) **THE "AESTHETIC EYE" DOES FORMAL ART TRAINING HELP?**
Michael D. Mirmanesh, MD* & Michael S Wong, MD

DISCUSSION

Scientific Program - Sunday

BREAST SURGERY PAPERS

- 8) **A CRITICAL ANALYSIS OF OUTCOMES FOLLOWING AUGMENTATION OF AUTOLOGOUS BREAST RECONSTRUCTION**
*Merisa Piper, MD**, Rachel Lentz, MD, Jacquelyn Withers, MD & Hani Sbitany, MD
- 9) **MASTECTOMY SKIN NECROSIS FOLLOWING BREAST RECONSTRUCTION: A COMPARATIVE ANALYSIS BETWEEN AUTOLOGOUS RECONSTRUCTION AND IMPLANT-BASED RECONSTRUCTION**
*Gloria R. Sue, MD** & Gordon K. Lee, MD
- 10) **PREDICTING THE INCIDENCE OF SURGICAL SITE INFECTIONS AFTER TOTAL SKIN-SPARING MASTECTOMY WITH IMMEDIATE BREAST RECONSTRUCTION**
*Frederick Wang, MD**, Natalie Hall, BA & Hani Sbitany, MD
- 11) **DIRECT-TO-IMPLANT RECONSTRUCTION AFTER NIPPLE-SPARING MASTECTOMY: IS SINGLE-STAGE ACHIEVABLE? A REVIEW OF 202 CASES**
*Madeleine Burg, BA**, Wai-Yee Li, MD, Ph.D. & James S. Andersen, MD, FACS
- 12) **A PRIMARY COMPARISON OF PERIOPERATIVE MASTECTOMY COMPLICATIONS BY INDICATION FOR SURGERY**
Chris M. Reid, MD, Michael G. Brandel, BA, Jonathan T. Unkart, MD & Amanda A. Gosman, MD
- 13) **CLASSIFICATION AND MANAGEMENT OF CONGENITAL BREAST ANOMALIES**
*Chinwe Kpaduw, MD**, Anthony Kordahi, MD, Anna Schoenbrunner, MAS & Amanda A. Gosman, MD

DISCUSSION

FACE PAPERS

- 14) **USING AUGMENTED REALITY TO REMOTELY TEACH CLEFT SURGERY: BUILDING LONGTERM INTERNATIONAL CAPACITY AND SUSTAINABILITY**
*Gennaya Mattison, MD** & Raj Vyas, MD
- 15) **DESCRIPTION OF MEXICAN CLEFT SURGEONS EXPERIENCE WITH FOREIGN SURGICAL VOLUNTEER MISSIONS IN MEXICO**
Anna Schoenbrunner, MAS, Kristen Kelley, MAS, Joyce McIntyre, MD, Alicia Sigler, MD & Amanda A. Gosman, MD
- 16) **SURGEON CHARACTERISTICS IMPACTING PRIMARY CLEFT PALATE REPAIR**
*Chris M. Reid, MD**, Michael G. Brandel, BA, Mathew J Whittaker, BS & Amanda A. Gosman, MD
- 17) **THE QUALITY OF SYSTEMATIC REVIEWS IN HEAD AND NECK MICROSURGERY: PLASTIC SURGERY AND OTOLARYNGOLOGY**
*Beatrice J. Sun, BS**, Jonathan Tijerina, BS, MA, Rahim S. Nazerali, MD, MHS & Gordon K. Lee, MD
- 18) **"TRANS-FACIAL IMPALING WITH A RAILROAD SPIKE – MANAGEMENT EXPLORED 168 YEARS AFTER PHINEAS GAGE"**
*Dattesh Dave, MD, MSc**, Clark Chen, MD, Marek Dobke, MD & Ahmed Suliman, MD

DISCUSSION

RECONSTRUCTION & CLINICAL PAPERS

- 19) **THE MODIFIED DORSAL NASAL FLAP: REVISITING THE NECESSITY OF THE GLABELLAR EXTENSION (A TECHNICAL NOTE)**
*David Nguyen, MD**, James Roring, MD & Subhas Gupta, MD, CM, PhD, FRCS, FACS

20) PREDICTORS OF WOUND INFECTION AFTER SARCOMA RESECTION: AN ANALYSIS OF 117 PATIENTS

*David P. Perrault, BS**, Gene K. Lee, MD, MPH, Antoine Lyonel Carre, MD, MPH, Roy Yu, BS, Anmol Chattha, BS, Antoun Bouz, BS, Austin J. Pourmoussa, MA, Maxwell Johnson, MS, Daniel Gardner, BS, Athanasios Bramos, MD, Joseph N. Carey, MD, Lawrence R. Menendez, MD, FACS & Alex K. Wong, MD, FACS

21) TAKE A STEP DOWN THE LADDER, TO PUT YOUR BEST FOOT FORWARD: LIMB SALVAGE WHEN NO FREE FLAP IS ALLOWED.

UNCONVENTIONAL OPTIONS FOR SUCCESS IN HIGH RISK VETERANS
*Richard Bodor, MD**, Bryan Nguyen, BS, Sarek Shen, BS & Kevin Broder, MD

22) CLINICAL OUTCOMES FOLLOWING LOWER EXTREMITY SOFT-TISSUE RECONSTRUCTION WITH PEDICLE FLAPS: A REVIEW OF 978 CASES

Katharine M. Hinchcliff, MD & Lee L-Q Pu, MD, PhD

23) PERFORATOR-PLUS SKIN ROTATION FLAP: ANOTHER ALTERNATIVE OPTION FOR SOFT TISSUE COVERAGE OF A LOWER EXTREMITY WOUND

*Ping Song, MD** & Lee L.Q.Pu, PhD, MD

24) MECHANICAL PROCESSING OF EMULSIFIED LIPOASPIRATE RESULTS IN A DOSE-DEPENDENT UPREGULATION OF STEM CELL MARKERS AND POPULATIONS

*Derek A. Banyard, MD, MBA**, Christos N. Sarantopoulos, BS, Ryan S. Chiang, BS, Anna A. Borovikova, MD, Xiaolong Qiu, BS, MS, Garrett A. Wirth, MD, MS, Keyianoosh Z. Paydar, MD, Jered B. Haun, PhD, Gregory R.D. Evans, MD & Alan D. Widgerow, MBBCh, MMed

DISCUSSION

PRESIDENT'S DINNER RECEPTION & AWARDS CEREMONY

7:00 PM – 9:30 PM



Scientific Program - Monday

MONDAY, MAY 29

8:30 AM – 10:30 AM	REGISTRATION/CONTINENTAL BREAKFAST
9:00 AM – 12:00 PM	GENERAL SESSION
12:15 PM	CSPS ANNUAL BUSINESS MEETING
1:00 PM	CSPS NEW COUNCIL MEETING

PANEL

9:00 AM – 10:15 AM

REGENERATIVE OR DEGENERATIVE THERAPY? : AN UPDATE ON FAT, STEM CELLS AND PLATELET RICH PLASMA

MODERATOR: Ahmed S. Suliman, MD*
 PANELISTS: Ashkan Ghavami, MD*
 Derrick Wan, MD*

The panelists will discuss the scientific basis and rational for therapeutic effects of Adipocyte Derived Regenerative Cells (ADRC), the scientific basis and rational for therapeutic effects of Platelet-Rich Plasma (PRP), Clinical applications of ADRC and PRP; and Evidence for effectiveness of stem cell based therapies.

At the conclusion of this panel, participants should be able to:

- 1) Examine the concept of Adipose derived regenerative cells and their potential uses;
- 2) Review the concept of Platelet Rich Plasma and its potential uses;
- 3) Analyze the current state of evidence of the effectiveness of both ADRCs and PRP in Plastic and Reconstructive Surgery procedures;
- 4) Recognize the need for well-designed research studies to demonstrate the effectiveness of these potential regenerative treatments; &
- 5) Evaluate patient inquiries of "stem cell" based treatments.

COFFEE BREAK

10:15 AM – 10:30 AM

PANEL

10:30 AM – 11:45 AM

SOCIAL MEDIA ISSUES

MODERATOR: Amanda A. Gosman, MD*
 PANELISTS: Anureet Bajaj, MD*, PSF Visiting Professor
 Ashkan Ghavami, MD*
 Raman C. Mahabir, MD (Dr. MAHABIR RECEIVES A CONSULTING FEE FOR HIS ROL AS AN ADVISORY BOARD MEMBER FOR MENTOR)

The panelists will discuss the ethical and effective use of social media in plastic surgery practice - and according to California law.

At the conclusion of this panel, participants should be able to:

- 1) Assess specific ethical and legal considerations for social media in plastic surgery (MBC, HIPAA, etc.);
- 2) Determine the value of social media in academic and private plastic surgery practice; and
- 3) Analyze the risks and benefits of using social media in academic and private plastic surgery practice

ANNUAL BUSINESS MEETING

12:15 PM

NEW COUNCIL MEETING

1:00 PM



ANNUAL MEETING REGISTRATION FORM

CSPS 67TH ANNUAL MEETING MAY 26-29, 2017 THE SAN FRANCISCO MARRIOTT MARQUIS Deadline for Early Registration is May 10, 2017

LAST NAME (please print) _____ FIRST NAME _____ INITIAL _____
 ADDRESS _____ CITY _____ STATE _____ ZIP _____
 TELEPHONE (_____) _____ FAX (_____) _____
 E-MAIL _____ Note: By providing us with your fax and/or e-mail, the CSPS may then contact you via these methods.

If spouse/significant other is registering, please list name as you wish it to appear on the name badge: _____
 If you have a disability and may require special arrangements, please contact the CSPS at (510) 243-1662

TYPE OF REGISTRATION

Registration Fee Includes Scientific Sessions, Exhibits, Opening Reception & President's Dinner & Awards

	Category	Fee Due	
CSPS MEMBER	☐	\$ 425.00	\$ _____
MD GUEST	☐ Invited by: _____	\$ 1,495.00	\$ _____
APPLICANT/CANDIDATE (1st year only)	☐	\$ No Charge	\$ _____
APPLICANT/CANDIDATE (2nd & 3rd years)	☐	\$ 550.00	\$ _____
PLASTIC SURGERY RESIDENT/FELLOW/MEDICAL STUDENT	☐ (Must have letter from program chair attached)	\$ No Charge	\$ _____

Registration Fee Includes Scientific Sessions, Exhibits, Opening Reception & President's Dinner & Awards

	Category	Fee Due	
SPOUSE or SIGNIFICANT OTHER	☐	\$ 160.00	\$ _____
CSPS LIFE MEMBER	☐ (Social events only, Scientific Sessions no charge)	\$ 160.00	\$ _____
RN/PA/ASSISTANT (no charge for exhibits only)	☐	\$ 295.00	\$ _____
Name _____ Title _____	☐	\$ No Charge for Exhibits Only	\$ _____
(Must attach letter from your employer, who must be a CSPS member)			

OPTIONAL COURSES & EVENTS

▲ Saturday, May 27th			
☐ CSPSERF Luncheon-1:00 pm	No Charge for Charter Members & Donors - check if this applies to you ☐	\$ 50.00 Non-Member	\$ _____
☐ Course #1 Augmentation Mastopexy-2:00 pm	M. Bradley Calobrace, MD	\$ 90.00*	No Charge for Residents, Fellows & Medical Students \$ _____
☐ Course #2 ACLS- 2:00 pm	ACLS Course**		
▲ Sunday, May 28th			
☐ Resident/Fellow Breakfast-7:00 am	Anureet Bajaj, MD, PSF Visiting Professor - Residents/Fellows Only		\$No Charge
☐ Course #3 Resident/Fellow Course-2:00 pm	M. Bradley Calobrace, MD - Aesthetic Society's Traveling Professor - Residents/Fellows Only		\$No Charge
☐ Course #4 ACLS - 2:00 pm	ACLS Course**		
☐ Course #5 Burnout & Work-Life Balance-2:00 pm	Mindfulness: A powerful Response to Burnout & Work-Life Balance ☐	\$ 35.00	\$ _____
**▲ Please use the separate registration form on page 14 for the ACLS and CPR Courses (Course #2 & #4)			

SOCIAL EVENTS

Your RSVP for the social events helps us plan for adequate food and refreshments. Please complete the following :

- ☐ **Saturday - May 27 - EXHIBITS & OPENING RECEPTION** HOW MANY ATTENDING _____ or ☐ None
- ☐ **Sunday - May 28 - PRESIDENT'S DINNER RECEPTION & AWARDS CEREMONY** HOW MANY ATTENDING _____ or ☐ None

FEES & METHOD OF PAYMENT

TOTAL AMOUNT ENCLOSED (ENCLOSE A LATE FEE OF \$50 AFTER May 10, 2017) \$ _____

My check is enclosed ☐ or please charge my registration fees to the following credit card: ☐ Visa ☐ Mastercard ☐ AMEX

NAME AS IT APPEARS ON THE CREDIT CARD: _____ AUTHORIZED SIGNATURE: _____
 BILLING ADDRESS OF CARD HOLDER: ☐ SAME AS ABOVE OR: _____
 CREDIT CARD NUMBER: _____ EXPIRATION DATE: _____
 SECURITY CODE (3 or 4 digit number found on the front or back of your card): _____

Upon receipt of your registration form and remittance, a REGISTRATION CONFIRMATION will be faxed or e-mailed to you. A late fee of \$50.00 will be charged to each person whose registration is POSTMARKED after May 10, 2017. A fee of \$75.00 will be charged for onsite registration.

REFUND POLICY: When written notice is postmarked by the dates indicated - 100% refund up to May 10, 2017; \$50.00 fee will be charged from May 10 - May 15. NO REFUND AFTER May 15th.

HOTEL REGISTRATION: Please note the hotel reservation information is included in the **Newsletter** on page 20. Rooms are limited.

PLEASE MAIL OR FAX THIS FORM WITH REMITTANCE, PAYABLE TO CSPS, INC., TO:

CSPS 67TH ANNUAL MEETING - 4269 Valley View Road, El Sobrante, CA 94803 - FAX (510) 243-1663



2017 ACLS TRAINING/RETRAINING 2-DAY COURSE

Course #2 – CPR & Part 1 : SATURDAY, May 27 — 2:00 PM - 6:00 PM

Course #4 – Part 2: SUNDAY, May 28 — 2:00 PM - 6:00 PM

San Francisco Marriott Marquis

The CSPS is offering an ACLS Training/Retraining Course. The American Heart Association requires that you have a current CPR card in order to take the ACLS Training Course. The CSPS will also be offering a CPR course during the Annual Meeting to fulfill this requirement. To sign-up, please complete the form below and mail in your registration fee with your general registration form for the Annual Meeting. This course will give you 10 hours towards the ASPS patient safety requirement.

PLEASE NOTE: WE MUST HAVE YOUR REGISTRATION FORM IN FOR THIS COURSE NO LATER THAN MAY 10th. THIS WILL ALLOW US TO SEND YOU THE REQUIRED PRE-STUDY MATERIALS.

Course Description and Goal

This course is designed for healthcare providers who either direct or participate in the management of cardiopulmonary arrest or other cardiovascular emergencies. Through didactic instruction and active participation in simulated cases, students will enhance their skills in the diagnosis and treatment of cardiac arrest, acute arrhythmia, stroke and acute coronary syndrome (ACS).

After successful completion of this course, students will be able to apply important concepts, including:

- The Basic Life Support (BLS) Survey
- High-quality cardiopulmonary resuscitation (CPR)
- The ACLS Survey
- The ACLS algorithms
- Effective resuscitation team dynamics
- Immediate post-cardiac arrest care

The goal of the ACLS Provider Course is to improve outcomes for adult patients with cardiac arrest or other cardiopulmonary emergencies through provider training.

Course Objectives

Upon successful completion of this course students should be able to:

- Recognize and initiate early management of periarrest conditions that may result in cardiac arrest or complicate resuscitation outcome
- Demonstrate proficiency in providing BLS care, including prioritizing chest compressions and integrating automated external defibrillator (AED) use
- Recognize and manage respiratory arrest
- Recognize and manage cardiac arrest until termination of resuscitation or transfer of care, including immediate post-cardiac arrest care
- Recognize and initiate early management of ACS, including appropriate disposition
- Recognize and initiate early management of stroke, including appropriate disposition
- Demonstrate effective communication as a member or leader of a resuscitation team and recognize the impact of team dynamics on overall team performance

Course Design

To achieve these objectives, the ACLS Provider Course includes practice learning stations and a Megacode evaluation station. The practice learning stations provide opportunities to participate in a variety of learning activities that include:

- Simulated clinical scenarios
- Demonstrations by instructors or video
- Discussion and role playing
- Practice in effective resuscitation team behaviors

Requirements for Successful Course Completion

To successfully complete the ACLS Provider Course and obtain a course completion card, participants must:

- Pass the Adult High Quality BLS skills and AED test
- Pass the Ventilation skills test
- Demonstrate competency in learning station skills
- Pass the Megacode test
- Pass the written exam with a minimum score of 84%

The CSPS is accredited by the Institute of Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The CSPS takes responsibility for the content, quality and scientific integrity of this CME activity. The CSPS designates this educational activity for a maximum of 10 hours (includes 2 hours of pre-study) of **AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Name: _____

TOTAL AMOUNT ENCLOSED:

\$ _____

Phone Number: _____

Do you have a current CPR card?

☐ YES ☐ NO

Will you obtain a current CPR card prior to the ACLS Course?

☐ YES ☐ NO

Will you take the CPR course at the CSPS Meeting?

☐ YES ☐ NO

ACLS Training/Retraining Course Fees

ACLS Course Fee [Parts 1&2]..... \$355.00

(includes pre-study materials & use of loaner book) \$ _____

CPR Course Fee..... \$35.00

(additional two-hour course—time of the course is TBA) \$ _____

METHOD OF PAYMENT

☐ CHECK ENCLOSED

☐ PLEASE CHARGE MY CREDIT CARD IN THE AMOUNT OF \$ _____

I AUTHORIZE THE CSPS TO USE MY CREDIT CARD INFORMATION FROM THE CSPS ANNUAL MEETING REGISTRATION FORM ON PAGE 13 AND THIS AMOUNT WILL BE ADDED TO MY REGISTRATION FEE FOR THE ANNUAL MEETING.

NOTE: FEES CHARGED DO NOT REPRESENT REVENUE TO THE AHA.

SIGNATURE: _____

CSPSERF - VOLUNTEER OPPORTUNITIES

www.cpsperf.org

We would like to invite you to attend the 5th Annual CSPSERF luncheon on Saturday, May 27th at 1:00 pm. This year we are pleased to announce that our Keynote Speaker for the Brody Lectureship Series is **W.P. Andrew Lee, MD** and he will be speaking on "How Hand Transplantation Transforms Lives".



This talk will include a video demonstration of hand and arm transplant outcomes highlights the procedure's benefits in restoring motor and sensory functions, achieving personal autonomy, and transforming recipient lives.

This event is also an opportunity to hear more about the goals and objectives of CSPSERF and to network with your colleagues who are currently involved.

The mission of the CSPSERF is to help uninsured and underinsured children of California who could benefit from reconstructive plastic surgery who may not be able to afford this type of procedure otherwise. CSPSERF is committed to help these children who want to appear more "normal" to avoid the stigma that can accompany an individual who has a different appearance.

CURRENT OFFICERS & DIRECTORS:**PRESIDENT**

Dan Mills, MD

PRESIDENT ELECT

Robert Hardesty, MD

VICE PRESIDENT

Debra Johnson, MD

SECRETARY

Vacant

TREASURER

Tom Mitts, MD

DIRECTORS

Scott Barttelbort, MD

Susan Downey, MD

Lars Enevoldsen, MD

Mary Greenberg

Roger Greenberg, MD

Geoffrey Keyes, MD

Jeffrey Rosenberg, MD

James Wells, MD

EXECUTIVE DIRECTOR:

Christine Pahl

ADMINISTRATIVE ASSISTANT:

Jenny BlackDeer

PRESIDENT'S LEADERSHIP COUNCIL

The President's Leadership Council is a category of membership for individuals who have donated fifty thousand dollars (\$50,000) or more to the Foundation.

Garry Brody, MD

Sonia Brody, PhD

The Brody Family

CURRENT LIST OF CSPSERF CHARTER MEMBERS & DONORS

Joel A. Aronowitz, MD
Scott W. Barttelbort, MD
Della C. Bennett, MD
Stephen D. Bresnick, MD
Garry S. Brody, MD
Sonia E. Brody, PhD
Jack G. Bruner, MD
Gregory M. Buncke, MD
Francisco Luis Canales, MD
Michael G. Cedars, MD
Harold D. Clavin, MD
Hootan M. Daneshmand, MD
Anne R. Delaney, MD
Susan E. Downey, MD
Lars P. Enevoldsen, MD
Heather J. Furnas, MD
Mary Greenberg
Roger L. Greenberg, MD
Terry L. Hand, MD
Robert A. Hardesty, MD
Daryl K. Hoffman, MD
Karen M. Horton, MD
Lynn L.C. Jeffers, MD
Debra J. Johnson, MD
Geoffrey R. Keyes, MD
Brian M. Kinney, MD
Juris Kivuls, MD
Mark L. Labowe, MD
Alex N. Lechtman, MD
Gilbert W. Lee, MD
Vincent D. Lepore, MD
Bernard L. Markowitz, MD
William J. McClure, MD

Michael F. McGuire, MD
Dan C. Mills, MD
Gordon M. Mitts, MD
Thomas F. Mitts, MD
M. Mark Mofid, MD
Gregory P. Mueller, MD
John M. Osborn, MD
Christine A. Pahl
James R. Payne, MD
Samuel N. Pearl, MD
Mary A. Powers, MD
Howard L. Rosenberg, MD
Jeffrey L. Rosenberg, MD
George H. Rudkin, MD
Cindy L. Russell, MD
Ali Sajjadian, MD
Kenty U. Sian, MD
Andrew D. Smith, MD
Mark V. Sofonio, MD
Steve A. Teitelbaum, MD
William S. Umansky, MD
Amy G. Wandel, MD
Stewart P. Wang, MD
James H. Wells, MD
Jane S. Weston, MD
Libby F. Wilson, MD
Michael S. Wong, MD
Wayne Yamahata, MD
Terry J. Zimmerman, MD

Please Note: This lunch is a ticketed event. If you are not listed above and have not yet contributed to CSPSERF and would like to attend the lunch at no charge, please contact the CSPSERF Executive Office at:

(510) 243-1662

You do not need to be a CSPSERF Contributor to attend the lunch - please refer to the registration form on page 13 to sign-up for the lunch and pay the applicable fees.

San Francisco - Things to see & do...

The Marriott Marquis in San Francisco has an awe-inspiring views, astonishing amenities. Located just south of Market Street in SoMa, this luxurious Downtown San Francisco hotel offers easy access to the city's best attractions, including Moscone Center, the Yerba Buena Gardens, Union Square shopping and AT&T Park, home of the Giants. Shopping is a few steps away from the property. San Francisco International Airport (SFO) is just 14 miles away.

LOCAL ATTRACTIONS & ACTIVITIES

AT&T PARK- SAN FRANCISCO GIANTS BASEBALL

The Giants are in-town Memorial Day Weekend!
Friday, May 26th vs. the Braves – 7:15pm Fireworks Night
Saturday, May 27th vs. the Braves – 7:05pm Giants Car Flag
Monday, May 29th vs. the Nationals – 1:05pm Memorial Day Cooler Bag

UNION SQUARE SHOPPING

www.unionsquashop.com

Union Square is one of the world's top shopping destinations with an eclectic array of luxury outposts, local and national boutiques and major department stores. Union Square offers a shop for everyone with a diverse selection of designers and brands to choose from at a wide range of price points to fit any budget.

METREON

www.shoppingmetreon.com

Metreon is a four-story vertical shopping and entertainment located in the heart of downtown San Francisco in the thriving Yerba Buena Neighborhood (4TH Street and Mission). Shop the City Target on the second level and a 16-screen AMC Theater; offering the largest IMAX in North America. Dine inside and out at twenty restaurants and eateries, with everything from Japanese, Filipino, Korean, American, Vietnamese, and a variety of other snack shops.

FISHERMAN'S WHARF

www.fishermanswharf.org

Pier 39 Concourse #2 - San Francisco - (415) 674-7503
There's something for everyone at Fisherman's Wharf: food, views, history, family fun and much more!

ALCATRAZ ISLAND

Pier 33 - San Francisco Pier 33 - Alcatraz Island - (415) 981-7625
Alcatraz and history go hand in hand. Once home to some of America's most notorious criminals, this federal penitentiary operated here from 1934 to 1963. To this day, Alcatraz is best known as one of the world's most legendary prisons. If interested, buy your ticket early – tickets can sell out several weeks in advance

Golden Gate Park

The park is filled with gardens, museums, art, flowers, trees, lakes, birds and wildlife. There are also plenty of opportunities to participate in sports, clubs and other activities.

San Francisco Museum of Modern Art (SFMOMA)

www.sfmoma.org

151 3rd St. - San Francisco - (415) 357-4000

Founded in 1935, SFMOMA was the first museum on the West Coast devoted to modern and contemporary art. Since it opened in 1995, the building has become a hub of the downtown South of Market (SoMa) area. Located just a short walk from downtown San Francisco, SFMOMA's landmark building features a soaring atrium topped by our signature turret and oculus skylight.

San Francisco Cable Cars

<https://www.sfmta.com/getting-around/transit/how-ride/how-to-cable-cars>

Climb the hills aboard the World Famous San Francisco Cable Cars. Exchange the San Francisco Pass ticket for a one-way ride ticket good aboard the California Cable Car, Powell- Hyde Cable Car or Powell- Mason Cable Car routes.

Cable Car Museum www.cablecarmuseum.org

(415) 474-1887

houses a collection of historic cable cars, photographs, mechanical displays and gift shop run by the Friends of the Cable Car Museum

The Asian Art Museum of San Francisco

www.asianart.org

(415) 581-3500

Easily accessible and thoughtfully designed, the museum rewards both quick visits and extended trips. No words can describe this museum you have to check it out for yourself.



San Francisco

DINING SUGGESTIONS

1. MORTON'S STEAKHOUSE \$\$\$\$

(415) 986-5830

400 Post Street

2. MICHAEL MINA \$\$\$\$ (New American)

(415) 397-9222

252 California Street

3. M.Y. China \$\$\$

(415) 580-3000

1845 Market Street (Westfield Centre 4th Floor) -

4. Town Hall \$\$\$ (American)

(415) 908-3900

342 Howard Street

5. Slanted Door \$\$\$ (Modern Vietnamese)

(415) 861-8032

1 Ferry Building #3

6. Farallon \$\$\$\$ (Seafood)

(415) 956-6969

450 Post Street #4

7. Scala's Bistro \$\$\$ (Italian)

(415) 395-8555

432 Powell St

8. Tadich Grill \$\$\$ (Seafood)

(415) 391-1849

240 California Street

9. NOPA \$\$\$ (New American)

(415) 864-8643

560 Divisadero Street

10. Epic Steak \$\$\$

(415) 369-9955

369 The Embarcadero - San Francisco

11. Roy's \$\$\$ (Hawaiian Fusion Seafood)

(415) 777-0277

575 Mission St - San Francisco

12. Flour + Water \$\$\$ (Italian)

(415) 826-7000

2401 Harrison Street

13. Foreign Cinema \$\$\$ (California – Mediterranean Cuisine)

(415) 648-7600

2534 Mission Street

14. Boulevard \$\$\$\$ (American flavors with a French influence)

(415) 543-6084

1 Mission Street

15. Acquerello \$\$\$\$ (Italian)

(415) 567-5432

1722 Sacramento Street

CHILD CARE SUGGESTIONS

Bay Area 2nd Mom

WWW.2NDMOM.COM

415-346-2620

ABC Bay Area Child Care Agency

WWW.ABCBAYAREACHILD.CARE.COM

415-309-5662

American Child Care Services Inc.

WWW.AMERICANCHILD.CARE.COM

415-285-2300

Destination Sitters

WWW.DESTINATIONSITTERS.COM

888.748.5439



ATTENTION ALL RESIDENTS & FELLOWS!

The CSPS is please to offer all Residents the following courses at no charge. Please use the Registration Form on page 13 to sign up!

SATURDAY, MAY 27, 2017

2:00 PM-4:00 PM

CURRENT CONCEPTS AND APPROACHES IN SIMULTANEOUS AUGMENTATION MASTOPEXY

M. Bradley Calobrace, MD* – *Aesthetic Society's Traveling Professor*

This course will outline the issues to be considered in approaching the ptotic breast, review the known literature on the subject to help provide framework for the discussion, followed by detailed approach (*published date Calobrace, et al PRS 2013*) including preoperative assessment, operative technique and postoperative management. There will be video presentations outlining in detail the surgical approach. The course will be interactive, allowing for open and honest discussion, and ongoing approach combining clinical experience with evidence-based learning.

SUNDAY, MAY 28, 2017

7:00 AM - 8:00 AM

RESIDENT/FELLOW BREAKFAST MEETING - ESTABLISHING A SUCCESSFUL MICROVASCULAR PRACTICE IN SOLO PRIVATE PRACTICE: MAKING IT WORK WHILE PRESERVING YOUR SANITY

Anureet Bajaj, MD, *PSF Visiting Professor*

This breakfast meeting will cover Dr. Bajaj's experience in a solo private practice with a combined aesthetic and microvascular reconstructive practice (performing about 80-100 free flaps annually). She will discuss how she has made this combination work for her and also how she has provided the balance in her practice.

SUNDAY, MAY 28, 2017 2:00 PM – 4:00 PM

THE BUSINESS OF PLASTIC SURGERY: ARE YOU IN IT TO WIN, OR ARE YOU IN IT NOT TO LOSE? THE ETIOLOGY, PREVENTIONS AND MANAGEMENT OF COMPLICATIONS IN BREAST AUGMENTATION

M. Bradley Calobrace, MD* – *Aesthetic Society's Traveling Professor*

FOR RESIDENTS/FELLOWS ONLY

The Business of Plastic Surgery: Are you in it to win, or are you in it not to lose?

Brief Description: This course outlines the many facets of creating a comprehensive plastic surgery practice. The focus will be on understanding not only the technical aspects involved and decisions encountered, but also on determining ones professional goals and personal philosophy/life goals that impact the type of practice one chooses. The course will also discuss many aspects in practice growth, including services and products offered, marketing, financials, and employee management.

The Etiology, prevention and management of complications in Breast Augmentation

Brief Description: This course will outline the most significant contributing factors to complications leading to revisions in breast augmentation surgery. There will be an emphasis on etiology and prevention of these complications and a review of their medical and surgical management. Capsular contracture, all types of malposition and issues of implant selection and size change will be reviewed. Discussion will include a review of indications for newer techniques, such as placement of mesh oracellular dermal matrix and fat grafting.

EXHIBITORS & CORPORATE PARTNERS

The following is our early list of our Corporate Partners and Exhibitors for the upcoming Annual Meeting.

CORPORATE PARTNERS & EDUCATIONAL GRANTS:

SIENTRA - GOLD LEVEL

EXHIBITORS:

AD SURGICAL

AMERICAN SOCIETY FOR AESTHETIC PLASTIC SURGERY

AMERICAN SOCIETY OF PLASTIC SURGEONS

ASSI-ACCURATE SURGICAL

DESIGN VERONIQUE

GALATEA SURGICAL

INCREDIBLE MARKETING

KESSENICK, GAMMA & FREE, LLP

KLS MARTIN

MD RESOURCE

MENTOR

MTF

OBP MEDICAL

PS2 PRACTICE MANAGEMENT

SIENTRA INC

THE DOCTORS COMPANY

TOUCHMD

TULIP MEDICAL PRODUCTS

VENUS CONCEPT

VIOPTIX INC

ZO SKIN HEALTH, INC

LEGISLATIVE SESSION 2016-2017

TIM MADDEN, CSPA LEGISLATIVE ADVOCATE

We are in the first year of the two year session. Nearly 2,500 bills have been introduced in 2017 with a number having an impact on plastic surgeons. The policy committees are hearing all bills through April and the Appropriations Committees will then hear those bills through May. There are a number of issues the CSPA advocacy team is working on this year which are detailed below.

Every five years the Medical Board of California goes through a "sunset review" process in the Legislature. This process allows for the Legislature to review the previous five years of activity under the Medical Board to ensure they are meeting their charter to license and discipline physicians and provide public information on physicians to consumers. This process also allows the Medical Board to make suggestions on how to improve the board.

This year the Medical Board is being reviewed. There are two issues being discussed in the sunset review that impact plastic surgeons.

Specialty Board Review for Equivalency

In order for a physician to advertise they are board certified they must have been certified by an ABMS board, completed a post graduate training program approved by ACGME, or be certified by a board the Medical Board has reviewed and deemed equivalent to an ABMS board or ACGME program. There have only been four organizations approved by the Medical Board and two that have been denied. The American Board of Cosmetic Surgery (ABCS) has applied twice and has been denied both times.

The Medical Board has asked to eliminate their role in reviewing specialty boards seeking to be deemed equivalent. The impact of this is would be the only physicians who could advertise they are board certified in California would be those who are certified by an ABMS board, completed a post-graduate program approved by ACGME, or be one of the four already approved by the Medical Board. CSPA is

supporting the Medical Board and their request while ABCS is opposing.

Data Reporting for Outpatient Surgery Centers

In the Medical Board sunset review legislation there will be language increasing the reporting requirements for outpatient surgery centers. This same issue has come up over the past four years and CSPA has been able to hold it off. No draft language has been released at this point.

Other bills of interest

SB 554 (Stone) – CSPA Position – Oppose – This bill would allow nurse practitioners to practice independently in underserved areas of the state. It would also allow the Board of Registered Nursing to establish the scope of practice for NPs practicing

independently.

SB 746 (Portantino) – CSPA Position – Oppose – This bill would allow NPs, naturopathic doctors, and chiropractors to perform physical examinations on students prior to them participating in school sports.

SB 487 (Pan) - CSPA Position – Oppose unless Amended – This bill would not allow a hospital to condition medical staff privileges on participating in maintenance of certification. The bill would also require public hospital medical staffs to not include any voting member on the medical staff that spends less than 50% of their time on direct patient care. CSPA has asked to have the MOC provisions removed from the bill.

After a meeting with the author, he agreed to not move this bill forward this year to allow for more discussions on the question of MOC.

The CSPA advocacy will continue to work on these and other issues on your behalf.



MORE ANNUAL MEETING NEWS...

ROOM BLOCK ALMOST SOLD OUT THE MARRIOTT MARQUIS - SAN FRANCISCO

780 Mission Street
San Francisco, CA

The CSPS negotiated an affordable \$199/night room rate- room are limited!

ROOM RATES: \$199.00**

****Room Rate: \$199/night + Taxes and Assessments including local occupancy tax at 14%, plus SF Tourism Tax of 1%, Moscone Expansion Fee at 1.25% and a \$0.67 CA Tourism Fee per room night (subject to change), all assessed per night.**

MARRIOTT MARQUIS SAN FRANCISCO RESERVATION NUMBER: (415) 896-1600

You can make Online Reservations through CSPS' website: www.californiaplasticsurgeons.org or online at: CSPS RESERVATIONS

To receive the convention room rate, reference the CSPS Group Code name: CSPS or CALIFORNIA SOCIETY OF PLASTIC SURGEONS

Marriott Parking: Only valet parking is available at the Marriot. The charges are as follows (tax included & allows in and out privileges): \$70.70 per day for regular sized cars, \$82.10 per day for oversized vehicles, \$37 per day for motorcycles, and \$52.70 for qualified special/handicapped accessible vehicles.

5th and Mission Parking Garage: Located across the street from the Marriott Marquee. \$40 overnight parking but no in and out privileges permitted.

Please contact the CSPS Executive Office at (510) 243-1662 if you have any questions.



HOW DO I GET TO THE MARRIOTT MARQUIS?

FROM THE SAN FRANCISCO AIRPORT

Transportation services to/from the San Francisco International Airport (SFO) will take approximately 20-30 minutes.

Taxi: \$50.00 each way

Super Shuttle: \$18.00 each way

www.supershuttle.com 1-800-258-3826

Private Car: \$95.00

(inclusive from SFO) \$65.00 (inclusive going to SFO)

*up to 4 people – (415) 896-1600 San Francisco Marriott Concierge

BART (Bay Area Rapid Transit): Approx \$9 each way from SFO International Airport to Powell Street BART Station. The Marriott is approx 3 blocks away from the Powell St. Bart Station. www.bart.gov

Rental Car: Visit SFO's website for specific information:

<https://www.flysfo.com/to-from/rental-cars>



FROM THE OAKLAND INTERNATIONAL AIRPORT

Transportation services to/from Oakland International Airport will take approximately 30-40 minutes.

Taxi: \$65.00 each way

Super Shuttle: \$57.00 each way (up to 4 people)

www.supershuttle.com 1-800-258-3826

Private Car: \$125.00 (inclusive from Oakland) \$105.00 (inclusive going to Oakland)

*up to 4 people – (415) 896-1600 San Francisco Marriott Marquee Concierge

BART (Bay Area Rapid Transit): Approx \$10.20 each way from Oakland International Airport to Powell Street BART Station. The Marriott is approx 3 blocks away from the Powell St. Bart Station. www.bart.gov

Rental Car: <http://www.oaklandairport.com/ground-transportation/car-rentals/>

UBER / LYFT

Other options you may consider are rideshares. Download the app and schedule a ride in minutes.

Uber: www.uber.com

Lyft: www.lyft.com