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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

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Webinar Date _____

Name _____ Discipline _____

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Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

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WEBINAR

#7121 Hypermobility Syndrome: How Loose is Too Loose? Is There More?

Instructor:

Marsha Rutland, PT, MEd, ScD, OCS,
COMT, C-DN, CSCS

**Audience: Physical Therapists and Assistants,
Athletic Trainers, and related Healthcare
professionals.**

Delivery Options:

Live Webinar or Self-Study Options

SUMMARY: The purpose of this course is to review signs and symptoms of joint hypermobility as well as recognize and identify epidemiology and classification systems of hypermobility. The Beighton Scale screen will be reviewed. In addition, possible comorbidities associated with joint hypermobility will be discussed, thus assisting clinicians in their evaluation and treatment of individuals with joint hypermobility. Intermediate Level

PRESENTER: Marsha Rutland, PT, MEd, ScD, OCS, COMT, C-DN, CSCS is a professor of Physical Therapy at Hardin-Simmons University DPT program. She received her BS in Physical Therapy from the University of Texas Health Science Center at Dallas (1979), Master of Education degree from Hardin-Simmons (2002) and an Sc.D. in Physical Therapy with emphasis in Orthopedics from Texas Tech University (2008). She is a certified Orthopedic Clinical Specialist (OCS) - APTA (2003,2013) and has a certification as an orthopedic manual therapist (COMT) for extremities through IAOM (2007). Additionally, she is a Certified Strength and Conditioning Specialist (2003). Dr. Rutland is also a Certified Dry Needler(C-DN) through IAOM. Her teaching responsibilities include Clinical Anatomy I and II, Diagnostic Imaging, Healthcare Management. Dr Rutland received the William R. Gould Memorial Outstanding Physical Therapy Faculty Member Award from TPTA in 2011 and the Provost's Award for Teaching Excellence from Hardin-Simmons University in 2014. Dr. Rutland's research interests' center around anatomy and anatomy education, orthopedic assessment and treatment. Dr. Rutland's 41 years of clinical experience is in a variety of settings, with mainly outpatient orthopedics x last 20+ years. She has recently started the Anatomy Certification Program at HSU for clinicians desiring to teach Anatomy. Financial— Received a teaching honorarium from Motivations Inc. Nonfinancial— No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Recognize and identify epidemiology and at least 3 classification systems of hypermobility.
2. Understand the histology of connective tissue.
3. Identify 3-5 signs and symptoms of joint hypermobility.
4. Identify the Beighton scale screen on an individual.
5. List 5-10 possible associated comorbidities with joint hypermobility.

FORMAT: This is a 3 contact hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study. Instructors present the live course content via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

ATC CEU's: Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3 Category A hours/CEU's.

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

Time Increment	Topic	Instructional Method
5	Background & Review of Learner Outcomes; Pre quiz questions	Lecture
30	Epidemiology; Classification systems of Hypermobility; Histology of connective tissue	Lecture/Interactive Discussion
20	Performance of Beighton Scale; Review of other Hypermobility scales	Lecture/ Video/ Interactive Discussion
25	Signs and Symptoms associated with Joint Hypermobility	Lecture/Video/ Interactive Discussion
20	Treatment Ideas for Those with Hypermobility Syndrome	Lecture/Video/ Interactive Discussion
20	Case Study/ Q and A, Summary; Post quiz questions	Lecture/ Interactive Discussion

Post-test: 30 Minutes Research, identify, and submit your post test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain, review and save your auto-emailed certificate for your files.