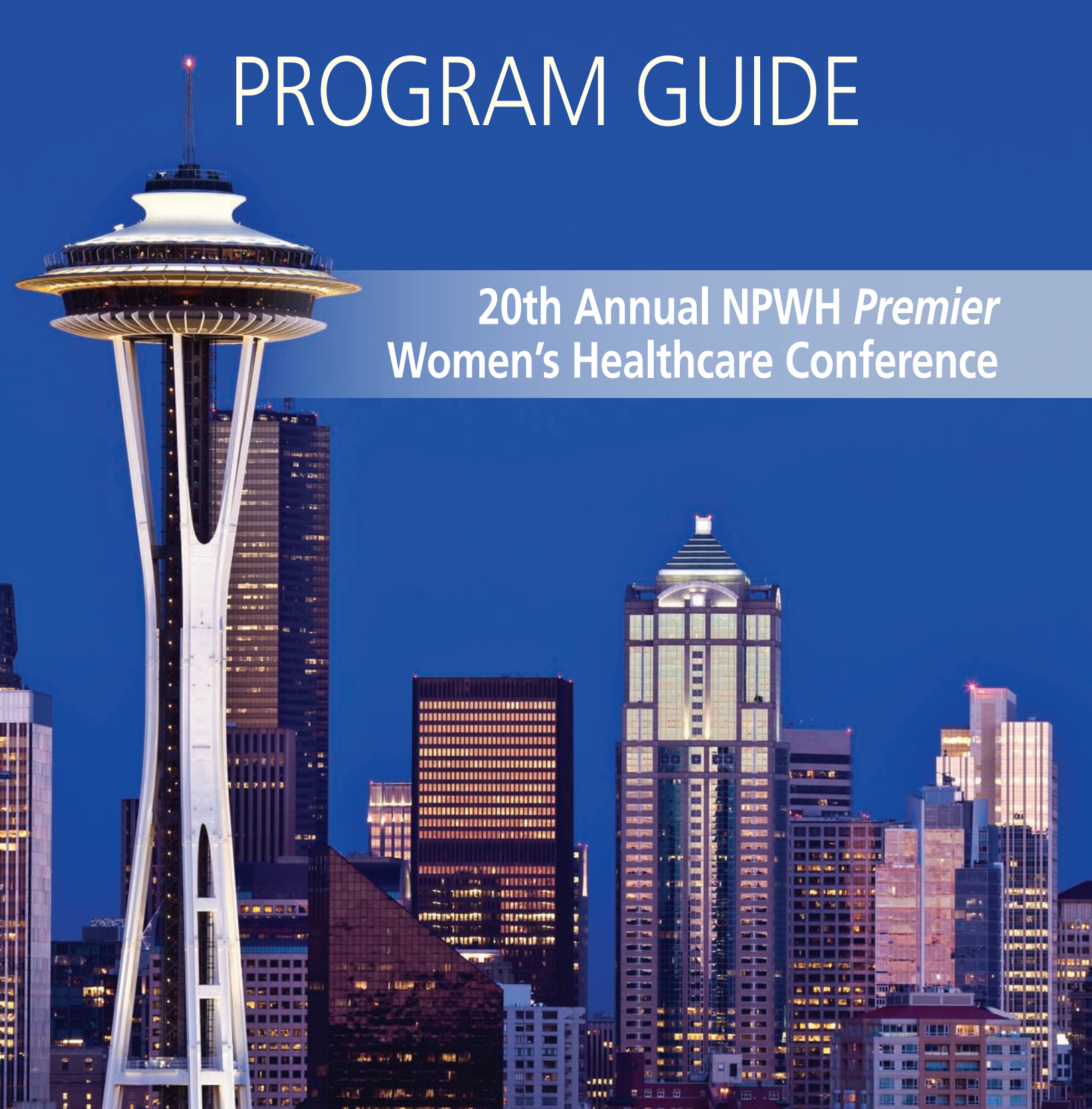




PROGRAM GUIDE

20th Annual NPWH *Premier* Women's Healthcare Conference

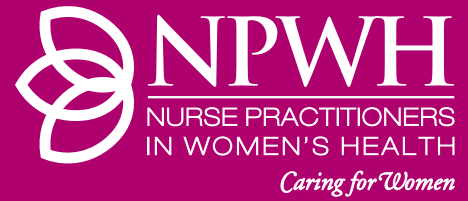
October 11–14, 2017

The Sheraton Seattle Hotel
and the
Washington State Convention Center
Seattle, Washington



505 C Street, NE ■ Washington, DC 20002
202-543-9693 ■ www.npwh.org

Welcome



The National Association of Nurse Practitioners in Women's Health (NPWH) is a dynamic professional membership organization focused on women's healthcare. As the healthcare landscape changes and evolves, NPWH continues to advocate for sound public policies that improve women's health and to support the professional development and lifelong learning of nurse practitioners, nurse midwives, and all other clinicians who provide care to women. Clinicians who attend the NPWH 20th Annual *Premier Women's Healthcare Conference* will gain the in-depth knowledge and specialized skills needed to provide high-quality healthcare to women of all ages.

Please join us in Seattle, Washington, to learn about state-of-the-art developments in women's health, network with colleagues, and share our collective goal of providing quality healthcare to women.



The National Association of Nurse Practitioners in Women's Health's mission is to ensure the provision of quality primary and specialty healthcare to women of all ages by women's health and women's health-focused nurse practitioners. Our mission includes protecting and promoting a woman's right to make her own choices regarding her health within the context of her personal, religious, cultural, and family beliefs.

Learning Objectives

At the conclusion of this conference, participants will understand current clinical trends and use evidence-based research and national guidelines to:

1. Identify and address current topics in women's health, including:
 - a. Updates on contraception, colposcopy, and menopause
 - b. Healthcare needs of women victims of human trafficking
 - c. Hereditary breast and ovarian cancer
 - d. Transgender health
 - e. Women's sexual health
 - f. Health concerns of women veterans
2. Incorporate essential primary care skills into women's health practice
3. Diagnose and manage chronic vaginitis, abnormal uterine bleeding, and infertility
4. Update knowledge about and professional development of the NP role, including:
 - a. Writing for publication
 - b. DNP for the WHNP
 - c. Social determinants of health and health disparities
5. Identify and manage problems during the childbearing years, including:
 - a. Breastfeeding
 - b. Preeclampsia
 - c. Preventing alcohol-affected pregnancies
6. Effectively implement pharmacologic therapy for health problems in women and in HIV prevention using PrEP intervention

Pre-Conference – Wednesday, October 11, 2017

7:15am – 8:00am

Registration/Continental Breakfast

8:00am – 12:00pm

Limited Obstetrical Ultrasound for the Nurse Practitioner in Women's Health

3.5 CE; NCC Code 3

Bryann Bromley, MD

Jennifer L. Hawn, WHNP-BC

Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC

This course will introduce the key components of a Limited Obstetrical Ultrasound performed, interpreted, and documented by Nurse Practitioners in Women's Health. The imaging requirements of a limited obstetrical ultrasound examination in the first, second, and third trimesters in pregnancy will be presented along with the requirements for documentation of this examination. Educational and experiential training guidelines for performing this type of study will be discussed.

12:00pm – 1:00pm

Lunch

1:00pm – 5:00pm

Safe Prescribing for Mental Health Conditions Across the Lifespan

3.5 CE 3.5 Rx; NCC Code 4

Marie Giarratana-Young, DNP, MPH, MSN, NP

Mary Ann Nihart, MA, APRN, PMHCNS-BC, PMHNP-BC

This session will address mental health conditions across the lifespan, including diagnoses and treatment options.

6:00pm – 8:00pm

COMPLIMENTARY DINNER SYMPOSIUM

1.5 CE 0.5 Rx

TBD

Day 1 – Thursday, October 12, 2017

7:00am – 8:00am

Registration/Continental Breakfast/Exhibits

8:00am – 8:40am

Welcome and Business Meeting

8:30am – 9:15am

KEYNOTE SPEAKER

The Role of Nurses During the Holocaust

0.8 CE; NCC Code 5

Raul Artal, MD, FACOG, FACS

9:20am – 10:10am

Life Course and Social Determinants

0.8 CE; NCC Code 5

Michael Lu, MD (invited)

10:15am – 11:05am

Preventing Teratogen Exposure: Facts Every Woman Needs to Know

0.8 CE; NCC Code 2B

Marilyn Pierce-Bulger, MN, FNP-BC, CNM

11:10am – 12:20pm

Exhibits/Posters

1.0 CE; NCC Code 5

12:30pm – 2:30pm

COMPLIMENTARY LUNCH SYMPOSIUM

Dense Breast Tissue, Cancer Risk, and Mammography: What Healthcare Providers Need to Know

1.5 CE, NCC Code 1

Many states require that patients be notified if their mammograms indicate dense breast tissue. This case-based symposium will help nurse practitioners and other healthcare providers counsel those patients. It will also better enable healthcare providers to assess these findings in terms of each patient's individual risk

factors. The faculty will provide education about screening technologies and their appropriateness for individual patients and will also review strategies for optimum follow up for at-risk patients.

2:40pm – 3:30pm

Opioid Use Disorder Among Women and Treatment

0.8 CE 0.8 Rx; NCC Code 2C

Ursula A. Pritham, PhD, WHNP-BC, FNP-BC, SANE

3:35pm – 4:05pm

Break

4:10pm – 5:00pm

Living Longer, Loving Longer: Older Women's Sexual Health

0.8 CE; NCC Code 1

Susan Kellogg-Spadt, PhD, CRNP, IF, FCST, CSC

5:05pm – 5:55pm

Medicare at 50 Years: Impact on Health Disparities

0.8 CE; NCC Code 5

Edith P. Mitchell, MD, FACP

6:30pm – 8:30pm

COMPLIMENTARY DINNER SYMPOSIUM

Managing Postmenopausal Dyspareunia

1.5 CE 1.0 Rx; NCC Code 2A

Susan Hoffstetter, PhD, WHNP-BC, FAANP

This program will better enable clinicians to counsel and treat women who experience genitourinary symptoms of menopause (GSM) and moderate to severe dyspareunia. The faculty will discuss the effects of GSM, provide information about over-the-counter and prescription medications, and describe the mechanisms of action of currently available agents. They will also discuss investigational and emerging treatments. They will use case-based scenarios to demonstrate strategies to alleviate patients' concerns about treatment safety and to determine the best approach in treating women with complex health histories and current health statuses that affect treatment choices.

Day 2 – Friday, October 13, 2017

Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Pharmacology credits are noted for each particular session. You may choose one session for each time period

7:00am – 8:00am

Registration/Continental Breakfast/Exhibits

8:00am – 9:15am

A. Breastfeeding Guidelines and Management

NCC Code 1

Jamille Nagtalon-Ramos, EdD, MSN, WHNP-BC, IBCLC

This session will address how the advanced practice nurse can provide support in the antepartum and postpartum periods for the mother who desires to breastfeed. Management of breastfeeding situations and problems will also be discussed.

B. Colposcopy Case Studies

NCC Code 3

Mary Rubin, RNC, PhD, CRNP, FAANP

This session will offer the opportunity to discuss cytologic findings, view colposcopic images, review the histologic results, and discuss appropriate management of recent new cases.

C. Guidelines for the Hormonal Management of Transgender Care

1.25 Rx; NCC Code 5

Michelle Schramm, APN, MSN, WHNP-BC

People who identify as transgender report that the difficulty in finding a healthcare provider who is knowledgeable and experienced caring for transgender patients is a major barrier to care. WHNPs and other nurse practitioners who routinely provide sexual and reproductive healthcare can also provide care for transgender patients. This session will provide resources and review current best practices for initiating and managing hormone treatments for medical transition.

D. All the Write Stuff: How to Publish in Journals and Submit Research Abstracts and Posters

NCC Code 5

Beth Kelsey, EdD, APRN, WHNP-BC
Dory Greene, BA, BS

This session is designed to help novice writers develop a personal plan for success in writing manuscripts and abstracts. Participants will learn how to move from conceiving a topic to organizing writing to submitting a manuscript. Sample presentation abstracts will be used to walk through the critical components that reviewers want to see.

E. Obesity, Cardio, Hypercholesterolemia

1.25 Rx; NCC Code 2C

Mary Annette Hess, PhD, FNP-BC, CNS

Dr. Hess will discuss and demonstrate how essential ACC/AHA/TOS/NHLBI and ANPF recommendations can be applied to practice via several real-life patient examples, as well as provide some take-home strategies for healthcare providers managing obesity and its co-morbidities, including hypercholesterolemia.

9:25am – 10:40am

F. Back to the Beginning: Surgery of the Smallest People

NCC Code 2B

Emanuel "Mike" Vlastos, MD

Review of the State of the Art in Fetal Intervention: Open uterine surgery to ultrasound-guided needle therapies.

G. Assisted Reproduction: Yesterday, Today, and Tomorrow

NCC Code 2A

Kit S. Devine, DNP, WHNP-BC, APRN

This session will explore the history, current best practices, and emerging trends in assisted reproduction.

H. Compounded vs. FDA-Approved Bioidentical Hormone Therapy: What is the Evidence?

1.25 Rx; NCC Code 1

Marianne H. Hutti, PhD, WHNP-BC, FAANP

Since publication of the WHI in 2002, the use of conventional hormone therapy has decreased by 50%-60%. At the same time, the use of custom-compounded bioidentical hormone therapy (CBHT) has increased significantly. This session will examine the risks and benefits of CBHT vs. FDA-approved BHT (FDA-BHT) and the ways in which these hormones differ from each other and from synthetic hormone therapy. In addition, the session will evaluate the effectiveness of saliva testing in determining postmenopausal hormone status. Finally, position statements from seven professional organizations regarding the use of CBHT will be discussed.

I. Medical/Legal Issues

NCC Code 5

Suzanne M. Baird, DNP, RN

This lecture will outline key elements of a professional negligence suit. In addition, current legal issues faced by a practicing Women's Health Nurse Practitioner will be discussed with case presentations to illustrate the concepts.

J. Women's Mental Health: Screening and Management in Obstetrics

1.25 Rx; NCC Code 2B

M. Camille Hoffman, MD, MSCS

We will discuss identification of depression and anxiety during the perinatal period and best practices in therapies, with a focus on pharmacotherapy.

10:45am – 11:55am

Lunch/Exhibits

12:00pm – 1:15pm

K. New Directions in Preeclampsia

NCC Code 2B

Eleni Tsigas, BA

Preeclampsia and related hypertensive disorders affect up to 10% of all pregnancies, are a leading contributor to the rising rate of maternal mortality in this country, and are a major cause of prematurity. In recent years, greater attention has been placed on improving diagnosis and care for these women and their babies. This session will focus on new directions in preeclampsia: definition, diagnosis, and management, including updates based on 2013 ACOG guidelines, 2011 AHA guidelines for heart disease, guidance from the U.S. Preventive Services Task Force, and comprehensive management toolkits from California (CMQCC) and Florida (FPQC). Real-life patient stories add important context to the new guidance to improve maternal and infant outcomes.

L. Vaginal Pessary Use for Pelvic Organ Prolapse

0.5 Rx; NCC Code 2A

Margaret A. Hull, MSN, WHNP-BC

Attendees will learn about prolapse types and risk factors. The major focus will be on the pessary fitting process, follow-up, and management of complications.

Day 2 – Friday, October 13, 2017

Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Pharmacology credits are noted for each particular session. You may choose one session for each time period

M. Treatment of Low Libido

1.25 Rx; NCC Code 1

Brooke M. Faught, MSN, WHNP-BC, IF

Diagnosis and management of low sex drive in women are complicated and elusive processes. Options for treatment are expanding, albeit still limited. This talk will cover best practice guidelines for treating patients reporting low libido.

N. An Update on HPV Vaccines: Promoting Improved Uptake

1.25 Rx; NCC Code 1

Nancy R. Berman, MSN, ANP-BC, NCMP, FAANP

This session will review the natural history of HPV and cervical cancer, the disease burden of HPV at other sites, and the current HPV vaccines, including the 9-valent vaccine. There will be an update on the new recommendations for vaccine doses and intervals. There will be a discussion of strategies for increasing vaccine uptake in young girls and boys and in young women and men.

O. PODIUM PRESENTATIONS

NCC Code 5

Counseling Patients on Medication Use During Pregnancy: Why You Need to Be Talking About Pregnancy Exposure Registries

Robin D. Johnson

Public Health Advisor
FDA Office of Women's Health
Silver Spring, Maryland

Kimberly A. Thomas, MPH

Director of Outreach and Communications
FDA Office of Women's Health
Silver Spring, Maryland

An Examination of Three Indiana Ethnically and Racially Diverse Populations' Knowledge and Perceptions of Human Papillomavirus (HPV) Infection and HPV Prevention, Screening, and Vaccination

Juanita M. Brand, EdD, MSN, RN-WHNPc

Assistant Professor of Nursing
Ball State University
School of Nursing
Muncie, Indiana

Sam Colbert, BS

Research Assistant/PhD Student
Ball State University
Muncie, Indiana

Millicent Fleming Moran, PhD

Epidemiologist - Retired
Marion County Public Health Department
Indianapolis, Indiana

Anita Ohmit, MPH

Indiana Minority Health Coalition
Indianapolis, Indiana

Virginia A. Caine, MD

Director of Public Health
Marion County Public Health Department
Indianapolis, Indiana

*"This is the best conference
I have ever attended. I already
plan to be there next year."
2016 Conference Attendee*

1:25pm – 2:40pm

P. Implementation of the CenteringPregnancy® Group Prenatal Care Model

NCC Code 5

Kathryn Trotter, DNP, CNM, FNP-BC, FAANP

Jessica Wood, DNP, WHNP-BC, RNC-OB

Participants will discover how implementation of the CenteringPregnancy® model in their clinical site can improve birth and patient satisfaction outcomes, as well as decrease provider burnout. Interactive facilitation activities will be included.

Q. The ABCDs of Bacterial Vaginosis

0.5 Rx; NCC Code 2A

Alisa A. Pascale, DNP, WHNP-BC

This talk will explore in depth the **Abnormal** flora of bacterial vaginosis, the epidemiology and potential risks of this very **Bothersome** condition, **Chronicity** of bacterial vaginosis and how to manage it, and the **Differential** diagnosis of bacterial vaginosis. Participants will review how to make an accurate diagnosis of and select appropriate treatment options for this very common vaginal condition.

R. Ask about PrEP: How Nurse Practitioners Can Integrate HIV PrEP into Women's Healthcare

1.25 Rx; NCC Code 1

Alyson Decker, AGNP, MS, MPH

This session will describe current HIV epidemiology among U.S. women, explain why PrEP is a key strategy in reducing new HIV transmissions, outline current PrEP prescribing recommendations and best practices, and highlight the importance of taking a thorough sexual history and screening for STDs.

S. Contraception and Beyond

1.25 Rx; NCC Code 1

Suzanne Reiter, MM, MSN, WHNP-BC, FAANP

This presentation will focus on strategies to help patients select a contraceptive method and to reduce barriers against effective use.

T. Sex, Sleep, Sweat, and Tears: Caring for Women at Menopause and Beyond

0.6 Rx; NCC Code 1

Barbara Dehn, RN, MS, NP, FAANP, NCMP

The hormonal roller coaster at menopause can often lead to abrupt changes in a woman's quality of life. This lively and engaging presentation will cover your patients' most pressing concerns, including weight gain, sleep disturbances, sexual and urinary problems, and emotional changes.

2:50pm – 4:05pm

U. Identifying Patients at Risk for Hereditary Cancer: Transforming Care in the Women's Health Setting

NCC Code 1

Rachel M. Gorham, WHNP-BC

In this session, we will discuss how to utilize a patient's cancer family history to determine her risk for development of a hereditary cancer syndrome and/or specific cancers. This information will enable providers to tailor their management approach to her specific needs and to optimize the management outcome.

V. Girl Trouble: Dermatological Conditions Manifesting in Women

0.5 Rx; NCC Code 2C

Abigail B. James, MSN

This session will cover three aspects of dermatology in a women's health setting: (1) dermatologic conditions of pregnancy; (2) acne and hormonal conditions; and (3) dermatologic conditions affecting female genitalia.

Day 2 – Friday, October 13, 2017

Each breakout session between 8:00am and 5:30pm is worth 1.25 CEs. Pharmacology credits are noted for each particular session. You may choose one session for each time period

W. Women Veterans

NCC Code 3

Lisa M. Roybal, BSN, MSN, WHNP-BC

Women are serving in all branches of the military, including the Army, Air Force, Navy, Marine Corps, and Coast Guard. They comprise 15% of active-duty members and 18% of reserves and guards, and these proportions are increasing. We will explore common issues regarding healthcare for OEF/OIF/OND Women Veterans, including post-deployment stressors, physical and mental health risk factors, common health conditions, and methods to facilitate mental and physical healthcare.

X. CLINICAL PRESENTATIONS

Non-Invasive Prenatal Testing: Is This the Future of Prenatal Diagnosis?

NCC Code 1

Patricia Geraghty, MSN, FNP-BC, WHNP

Cell-free DNA prenatal screening is a relatively new, but increasingly important, part of prenatal care. This presentation provides a foundation for understanding the physiology and technology of sampling and analyzing cell-free DNA. Accuracy of screening is compared among the various sampling technologies (massively parallel shotgun sequencing, targeted sequencing, and single nucleotide polymorphisms) and to existing screening tests. Threats to accuracy/validity are discussed. Different professional group guidelines are reviewed. Pre-testing and post-testing patient counseling is outlined. Resources for continued knowledge development are provided.

Pre-Term Labor: Utilization of Antenatal Steroids, Tocolytics, and Magnesium Sulfate

0.5 Rx; NCC Code 2B

Tiameko R. Overton, BSN, MSN

This session will help the clinician to identify and appropriately manage patients at risk for or in active preterm labor.

Y. CLINICAL PRESENTATIONS

Connecting the Dots: Health Policy and Women's Health

NCC Code 5

Maria Ruud, DNP, MSN, APRN, WHNP-BC

Now, more than ever, it is imperative that nurses connect the dots between health policy and their patients' well-being. Women's Health Nurse Practitioners witness first-hand how health policies affect the lives of women. This session will provide a legislative update on key policies related to women's health. Resources and strategies will be presented to begin or deepen active engagement in the policy arena.

Sleep, sleep, where are thou sweet sleep? Treating Insomnia

0.5 Rx; NCC Code 2C

Jennifer G. Hensley, EdD, CNM, WHNP-BC, LCCE

This session will help the clinician identify types of insomnia and non-pharmacologic and pharmacologic treatments.

4:15pm – 5:30pm

Z. A Systematic Approach to the Diagnosis and Management of Abnormal Uterine Bleeding

NCC Code 2A

Nancy Berman, MSN, ANP-BC, NCMP, FAANP

This session will review a systematic approach to the identification and classification of abnormal uterine bleeding, including using the PALM-COEIN system. There will be a review of the diagnostic workup and the options for management, including both medical and surgical procedures.

AA. Women and Brain Health: A Journey Through Addressing Brain Health as a Top Priority for Women

NCC Code 5

It is imperative that brain health be raised to the top of America's women's health agenda. NPWH and Women Against Alzheimer's have responded to this need by publishing a joint survey on brain health and the relationship between Nurse Practitioners and women affected by or at risk for Alzheimer's and other dementias. We will discuss how conversations about brain health and the value of provider communication and education can have an impact on this critical need.

BB. Is the DNP in Your Future? A Roundtable Discussion

NCC Code 5

Aimee Chism Holland, DNP, WHNP-BC, FNP-BC, RD

Debra Ilchak, DNP, RN, FNP-BC, CNE

Beth Kelsey, EdD, APRN, WHNP-BC

Michelle Schramm, APN, MSN, WHNP-BCE

A panel of DNP students, faculty, and graduates will lead an interactive discussion. The rationale for the NPWH Position Statement on the DNP for WHNPs and potential benefits of earning the DNP degree will be discussed. Strategies for successful work-life balance as a DNP student will also be explored. There will be plenty of time for questions and answers.

CC. CLINICAL PRESENTATIONS

Ultrasound Features of Ovarian Cysts and Common Gynecologic Pathologies

NCC Code 3

Tamara Tobias, ARNP

This presentation will review several types of ovarian masses, their features, and common pelvic pathologies. An increased knowledge about ovarian cysts and other pelvic pathologies will foster better understanding of ultrasound findings while counseling patients and alleviating their concerns.

3D Mammography Matters

NCC Code 3

Kelly Ellington, DNP, APRN, WHNP-BC, RNC-OB

Enhanced breast cancer imaging using 3D mammography or digital breast tomosynthesis is associated with improved outcomes for women.

DD. CLINICAL PRESENTATIONS

Beyond the Birds & Bees: Adolescent Sexuality in the Age of Social Media

NCC Code 5

Barbara Dehn, RN, MS, NP, FAANP, NCMP

Love it or hate it? Regardless of how you feel as a clinician, utilizing social media is one of the new facts of life. Adolescents, who are forming their identities, exploring boundaries, and separating from parents, are affected by and are interacting with social media in ways never before imagined. This informative session will discuss adolescent developmental tasks and current evidence-based research on the substantial and varied impact of social media on many aspects of adolescents' evolving sexuality.

Trauma-Informed Primary Care: Avoiding Re-Traumatization

NCC Code 5

Ashley L. Hodges, PhD, CRNP, WHNP-BC

The Substance Abuse and Mental Health Services Administration defines trauma as "an event, series of events, or set of circumstances that is experienced by an individual as physically or emotionally harmful or threatening and that has lasting adverse effects." Acknowledging the high prevalence of traumatic exposure and its dramatically underestimated impact on health and well-being, women's health nurse practitioners must begin to recognize the value of adopting Trauma-Informed Care (TIC) principles into their practice.

Day 3 – Saturday, October 14, 2017

7:00am – 9:00am

Registration

7:15am – 8:45am

COMPLIMENTARY BREAKFAST – PRODUCT THEATER

Considerations in Selecting NIPT

Non-CE

Adam Wolfberg, MD, MPH, FACOG

The Non-Invasive Prenatal Testing (NIPT) landscape is constantly evolving. Stay informed on one of the most significant decisions an expectant parent can make: genetic testing for trisomies 21, 18, and 13. Join us for Considerations in Selecting NIPT and learn: NIPT vs. conventional screening, understanding NIPT results, and how the Harmony® Prenatal Test works.

9:00am – 12:00pm

WORKSHOPS

1. Building a Foundation for a Successful Wound Closure

3.0 CE; NCC Code 3

Tracie White, MSN, ACNP-BC, CRNFA

Wound closure begins with proper instrument handling and knot-tying. In this workshop, we will discuss, demonstrate, and practice basic and advanced techniques that form the foundation of successful patient care.

Limited to 75 registered attendees

2. Office Gynecology Procedures

3.0 CE 1.5Rx; NCC Code 3

Aimee Chism Holland, DNP, WHNP-BC, FNP-BC, RD

Participants will be educated about safe and accurate steps specific to performing five different office gynecology procedures. Simulated models will be provided for participants to practice each skill. The session includes these office gynecology procedures: endometrial biopsy, incision and drainage of a Bartholin gland abscess with Word catheter placement, vulvar biopsy, endocervical polypectomy, and treatment of genital warts with trichloroacetic acid. A certification of completion will be provided to participants.

Limited to 75 registered attendees

3. Intrauterine Contraception – The Fabulous Five

3.0 CE 1.0 Rx; NCC Code 1

Suzanne Reiter, MM, MSN, WHNP-BC, FAANP

Carolyn M. Sutton, MSN, WHNP-BC, FAANP

This workshop will provide clinicians with skill-building clinical pearls for successful insertion of the five available IUCs.

Limited to 50 registered attendees

4. Primary Care Update (Thyroid Disorders, Type II Diabetes, Hypertension, Hypercholesterolemia)

3.0 CE 1.5 Rx; NCC Code 2C

D'Ann Somerall, DNP, MAEd, FNP-BC

William Somerall, MD, MAEd

This 3-hour workshop will discuss the basics of thyroid conditions, Type II diabetes, hypertension, and hypercholesterolemia. Following an introduction covering signs, symptoms, and evidence-based treatment plans, a presentation of case studies will reinforce these concepts.

5. SOAR Training (Human Trafficking)

3.0 CE; NCC Code 5

Kimberly Chang, MD, MPH

Dawn Schiller, Author, Producer, M.A. Women, Gender, & Sexuality

Human trafficking, also known as modern slavery, is a multibillion dollar federal crime that involves the exploitation of a person using force, fraud, or coercion for the purpose of compelled labor or a commercial sex act. When the victim is a minor under 18 years of age, evidence of force, fraud, or coercion is not required for prosecution of the trafficker. Many victims and survivors of human trafficking come into contact with healthcare and social service professionals during and after their exploitation but still remain unidentified. The U.S. Department of Health and Human Services developed the SOAR to Health and Wellness training on human trafficking to address this gap and educate professionals to “Stop, Observe, Ask, and Respond” to human trafficking.

Limited to 65 registered attendees

6. Nexplanon® Training

Non-CE

During the clinical program for Nexplanon (etonogestrel implant), you will receive hands-on training for insertion and removal procedures, as well as learn implant localization techniques. Completion of this course will allow you to order the product from authorized distributors. This session, which is authorized by Merck, is not accredited for continuing education credit. The training is open only to advanced practice clinicians with furnishing numbers of prescribing privileges in their state. It is Merck's policy to verify all clinicians' practice, license, and eligibility information in advance of the training. Merck will contact you directly if there is a problem. Participants are expected to attend the entire training session, which is approximately 3 hours in duration. Certificates of attendance will not be issued for persons who arrive late or leave early.

Limited to 30 registered attendees

12:00pm

Adjourn



Registration Information

PRE-CONFERENCE REGISTRATION FEES

Conference Participant	\$245
Non-Conference Participant	\$270
Student	\$145

MAIN CONFERENCE REGISTRATION FEES

Active Member

Early Registration (<i>must be postmarked by 9/5/17</i>)	\$500
Regular Registration (<i>must be postmarked by 9/26/17</i>)	\$550
Late Registration (<i>postmarked after 9/26/17</i>)	\$570
Student (<i>must submit a copy of school ID with registration</i>)	\$295
Non-Member (<i>includes 1-year NPWH membership</i>)	\$615

Partial Attendance

Active Member (<i>per day</i>)	\$325
Non-Member (<i>per day; price does not include membership</i>)	\$375
Non-Member/Inactive (<i>per day; price includes 1-year NPWH membership</i>)	\$425

Registration fees include all eligible meal functions, a CE Certificate of Attendance, and access to the NPWH E-Learning Portal for the recorded Pre-Conference and Main Conference sessions.

WORKSHOP FEES

Conference Participant	\$100
Student	\$75

ZUMBA CLASS

We are offering a Zumba class on Thursday, October 12 from 6:00am–7:00am. (*Limited to the first 30 people*) \$20

WORKSHOP AND BREAKOUT SESSION REGISTRATION

Workshops and breakout session assignments are made on a first-come, first-served basis, and are subject to change or to be closed due to room capacity. In order to ensure that you are able to attend the sessions that interest you most, we highly recommend that you register as early as possible.

IMPORTANT MESSAGE REGARDING SYMPOSIUM ATTENDANCE

If you have signed up to attend any breakfast, lunch, and/or dinner symposia but find that you cannot attend for any reason, please contact the NPWH Office, info@npwh.org, in a timely manner to cancel your reservation.

HOW TO GET EMPLOYER SUPPORT

Conference attendees may consider trying to obtain employer support in covering all or part of the conference fees. This event is an ideal opportunity to stay up to date in the field of women's healthcare, to gain continuing education credit while doing so, and to network with women's healthcare practitioners from all over the country. The knowledge and skills gained at the conference can then be applied to patient care and to the organization of the practice or healthcare facility, which benefits not only the attendee but the employer as well.

"As always, a great learning experience. I am never disappointed in the NPWH conference."
2016 Conference Attendee

METHOD OF PAYMENT FOR REGISTRATION FEE

Payment can be made by U.S. check/money order (payable to NPWH Conference) or by credit card—MasterCard, VISA, Discover, or American Express—only. A \$25 fee is charged for any returned check or declined credit card.

REFUNDS

A \$75 processing fee will be charged for cancellations received in writing by **September 11, 2017**. After September 11, 2017, only 50% of the registration fee will be refunded, and "no-shows" will not receive a refund. On-site cancellation of workshop participation will result in a 50% refund of the workshop fee.

AMERICANS WITH DISABILITIES ACT/DIETARY RESTRICTIONS

NPWH fully complies with the legal requirements of the Americans with Disabilities Act and the rules and regulations thereof. If you have any dietary restrictions and will be attending any of the meal functions, please let us know as soon as possible. NPWH will work with you to make sure your needs are met. If any participant in this education activity needs special accommodations, please contact info@npwh.org.

EQUAL OPPORTUNITY

Events and activities approved by NPWH are available without regard to a participant's race, color, sex, national origin, disability, or age, as provided by law and in accordance with NPWH's respect for personal dignity.

For More Information

Contact Carol Wiley at NPWH:

202-543-9693, ext.4

Email: cwiley@npwh.org

NPWH

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Distinguished 2017 Conference Faculty

Raul Artal, MD, FACOG, FACS

Professor and Chairman Emeritus
St. Louis University
Obstetrics, Gynecology and Women's Health
St. Louis, Missouri

Suzanne M. Baird, DNP, RN

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Northfield, Vermont

HOTEL RESERVATIONS

The official hotel of the 20th annual conference is The Sheraton Seattle Hotel, located at 1400 Sixth Ave, Seattle, WA 98101. The discounted conference room rate (single/double) is \$229, plus all applicable taxes. Complimentary Wi-Fi is included in the room rate. To make a reservation, you can call 1-888-627-7056 or book online at <http://bit.ly/NPWH2017Hotel>. When making your reservations, be sure to mention the National Association of Nurse Practitioners in Women's Health to receive the discounted rate. Additional booking information can be found at www.npwh.org. **The cut-off date for the discounted rate is August 29, 2017.**

IMPORTANT HOTEL CANCELLATION INFORMATION

Reservations must be cancelled 30 days prior to arrival. Any cancellation inside of 30 days prior to arrival will be charged 1 night room and tax penalty. Any requests to waive this penalty must be made through the conference planner. The hotel is not able to waive the fee directly. Guests who check out early (prior to the reserved check-out date) will be assessed one full night's room charge, plus applicable taxes.

Parking at the hotel is \$57/day for valet service (tax included). There is no self-parking.

GROUND TRANSPORTATION

You can take a cab from the airport (SEA) to the hotel for approximately \$40-\$45 (not including gratuity). A cab ride takes 35-40 minutes from the airport to the hotel, depending on traffic. The airport also offers ride-sharing services (e.g., Uber, Lyft). SpeediShuttle Seattle provides shared ride transportation in Mercedes shuttles at a rate of \$15.99 one way, \$30.38 round trip (10% discount on return leg when booked together). Guests with prearranged arrival reservations are met in SeaTac's baggage claim area by an agent holding a tablet with the name "NPWH Annual Conference" and then directed to their waiting shuttle. Vehicle amenities include complimentary Wi-Fi, Speedi HDTV, seating for up to 11 guests, three-point seat restraints, adjustable headrests, roomy comfortable seats, and a large cargo area. The toll free number is 844-877-3334. Or log on to <https://www.speedishuttleseattle.com/group-reservations?id=NPWH5677>. The Light Rail is easy, costs \$3 each way, and lets you off a block from the hotel (get off at Westlake). For more information log on to <https://www.soundtransit.org/Schedules/Link-light-rail>.

CLIMATE AND WARDROBE CONSIDERATIONS

Business casual is the accepted attire during conference activities. Sweaters and light jackets are recommended for cool meeting rooms and evenings.

CREDIT INFORMATION

This program has been approved by the Continuing Education Approval Program of the National Association of Nurse Practitioners in Women's Health for 13.3 contact hours (up to 6.8 hours of Pharmacology). The pre-conference has been approved for 7.0 contact hours, including 3.5 hours of Pharmacology. The complimentary symposia and workshops offer up to 13.5 contact hours (up to 3.0 hours of Pharmacology).

The American Midwifery Certification Board accepts NPWH continuing education credit for midwives.

"It was a wonderful and empowering conference and I am looking forward to attending again next year. I learned a lot."

2016 Conference Attendee

2017 Planning Committee

Aimee Chism Holland, DNP, WHNP-BC, FNP-C, RD (Co-Chair)

Jordan Vaughan, MSN, APRN, WHNP-BC (Co-Chair)

Carola Bruflat, MSN, RNC, WHNP-BC, FNP-BC

Rachel Gorham, WHNP-BC

Susan Hoffstetter, PhD, WHNP-BC, FAANP

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Gay Johnson, BA, Chief Executive Officer of NPWH

Sue Kendig, JD, MSN, WHNP-BC, FAANP

Susan Rawlins, MSN, APRN, WHNP

Mary Rubin, PhD, RNC, CRNP, FAANP

Michael Von Ah, MSN, WHNP

Jacki Witt, JD, MSN, WHNP-BC

Registration Form



Please Print)

Name _____ Credentials _____
Address _____
City _____ State _____ Zip _____
Phone (____) _____ Work (____) _____ Fax (____) _____
Email _____

Please indicate if you have any of the following dietary restrictions/food allergies: ☐ Vegetarian ☐ Vegan ☐ Gluten Free ☐ Pescetarian ☐ Nut Allergy

NPWH Member? Yes ____ Expiration Date _____ No ____

Area of NP Preparation _____ Last 4 Digits of SS# _____

Do you work in an OB/GYN practice? Yes ____ No ____ Do you work in Primary Care practice? Yes ____ No ____ Other _____

REGISTRATION FEES

Pre-Conference Registration Fees

- | | |
|--|--------------------------------|
| ☐ Conference Participant | ☐ \$245 |
| ☐ Attending Pre-Conference Only | ☐ \$270 |
| ☐ Student (Please submit copy of school ID) | ☐ \$145 |

Main Conference Registration Fees

- | | Early Registration
Postmark By 9/5/2017 | Regular Registration
Postmark By 9/26/2017 | Late Registration
Postmarked after 9/26/2017 |
|--|--|---|---|
| ☐ Active Member | ☐ \$500 | ☐ \$550 | ☐ \$570 |
| ☐ Student
(Includes 1-year NPWH membership & must submit a copy of school ID with registration form) | ☐ \$295 | ☐ \$295 | ☐ \$295 |
| ☐ Non-Member/Inactive
(includes 1-year NPWH membership) | ☐ \$615 | ☐ \$615 | ☐ \$615 |

Partial Attendance (Fees Are Per Day)

- | | |
|--|--------------------------------|
| ☐ Active Member | ☐ \$325 |
| ☐ Non-Member/Inactive (price does NOT include membership) | ☐ \$375 |
| ☐ Non-Member/Inactive (includes 1-year NPWH membership) | ☐ \$425 |

Workshop Fees

Workshops are open to Main Conference attendees – those registered for BOTH Thursday and Friday sessions – ONLY

- | | |
|--|--------------------------------|
| ☐ Conference Participant (Workshops 1, 2, and 3 only) | ☐ \$100 |
| ☐ Student (Workshops 1, 2, and 3 only) | ☐ \$75 |

Zumba Class

- | | |
|--|-------------------------------|
| ☐ Thursday, October 12, 6:00am–7:00am. (Limited to 30 people) | ☐ \$20 |
|--|-------------------------------|

TOTAL AMOUNT PAID \$ _____

METHOD OF PAYMENT

☐ U.S. Check or Money Order Enclosed (made payable to NPWH Conference)

☐ VISA ☐ MasterCard ☐ Discover ☐ American Express

Card Number _____ Exp. Date _____

Card Holder Name (please print) _____

Card Holder Phone Number _____

Card Holder Signature _____

Email Address for receipt (if different from above) _____

Please continue to next column to select Symposia/Workshops that you wish to attend.

PLEASE COMPLETE ENTIRE REGISTRATION FORM AND MAIL OR FAX TO:

NPWH – Conference Registration

Attn: Carol Wiley

505 C Street, NE

Washington, DC 20002

Fax: (202) 543-9858 (credit card payments only)

Register online at www.npwh.org

In order to attend the Dinner/Lunch/Breakfast Symposia, you must make your selections below. Symposia are assigned on a first-come, first-served basis and are set at a limited capacity.

- ____ Yes, I will attend the Dinner Symposium on Wednesday, October 11, 2017.
____ Yes, I will attend the Lunch Symposium on Thursday, October 12, 2017.
____ Yes, I will attend the Dinner Symposium on Thursday, October 12, 2017.
____ Yes, I will attend the Product Theater Breakfast on Saturday, October 14, 2017.

BREAKOUT SESSIONS

Friday, October 13, 2017

Please provide your 1st, 2nd, 3rd, 4th and 5th choices for each time slot. (If choices are not indicated, they will be randomly selected for you.) **Breakout sessions are assigned on a first-come, first-served basis and are set at a limited capacity.**

8:00am – 9:15am

A _____ B _____ C _____
D _____ E _____

9:25am – 10:40am

F _____ G _____ H _____
I _____ J _____

12:00pm – 1:15pm

K _____ L _____ M _____
N _____ O _____

1:25pm – 2:40pm

P _____ Q _____ R _____
S _____ T _____

2:50pm – 4:05pm

U _____ V _____ W _____
X _____ Y _____

4:15pm – 5:30pm

Z _____ AA _____ BB _____
CC _____ DD _____

WORKSHOPS

Saturday, October 14, 2017 (9:00am – 12:00pm)

Workshops are open to Main Conference attendees – those registered for BOTH Thursday and Friday sessions – ONLY.

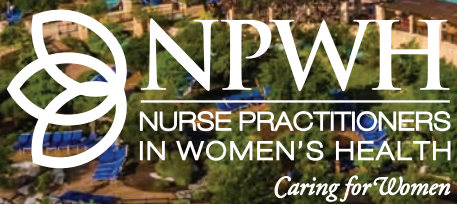
Workshops 1, 2, and 3 incur an additional fee. Workshops 4, 5, and 6 are included in Main Conference registration. If you wish to attend a workshop, please select **one only** below. Limited workshops will be filled on a first-come, first-served basis. (All workshops are subject to change and to be closed due to room capacity.)

- ____ 1 Suturing (Limited to 75 registered attendees) – \$100 for conference attendees, \$75 for students
____ 2 Office Gynecology Procedures (Limited to 75 registered attendees) – \$100 for conference attendees, \$75 for students
____ 3 Intrauterine Contraception – The Fabulous Five (Limited to 50 registered attendees) – \$100 for conference attendees, \$75 for students
____ 4 Primary Care Update (Thyroid Disorders, Type II Diabetes, Hypertension, Hypercholesterolemia) (no fee)
____ 5 SOAR Training (Human Trafficking) (Limited to 65 attendees) (no fee)
____ 6 Nexplanon® (Limited to 30 registered attendees) (no fee)



505 C Street, NE
Washington, DC 20002

Save the Date!



**21st Annual NPWH
Premier Women's
Healthcare Conference**

October 10–13, 2018

**The JW Marriott San Antonio Hill Country
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