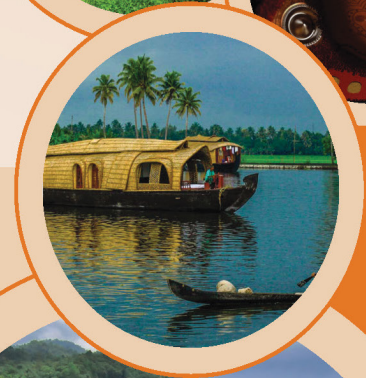




61st Annual Conference of **INDIAN ORTHOPAEDIC ASSOCIATION**

IOACON 2016

12th-17th December, 2016
Le Meridien, Kochi



www.ioacon2016.com



Dear Friends and Colleagues

Greetings from the Organizing Committee of the 61st Annual National Conference of the Indian Orthopaedic Association – IOACON 2016, Kochi. It gives us immense pleasure to invite you all to Queen of the Arabian Sea – Kochi.



**Organising Secretary
Dr. Tajan P. J.**



**Organising Chairman
Dr. Lazar J. Chandy**



**Organising Co-Chairman
Dr. Vasudevan P.N.**

This lovely seaside city is flanked by the Western Ghats on the east and the Arabian Sea on the west. Its proximity to the equator, the sea and the mountains provide a rich experience of a moderate equatorial climate. Kochi is the arguably the ideal starting point for exploring the unfathomable diversity and beauty of Kerala, rated in the top three tourist destinations by the World Travel & Tourism Council.

The Organizing Committee is working hard to put together an educational and scientific program at IOACON 2016. It will be a scientific feast for all those who attend. There would be many renowned International and National speakers who will share their expertise and knowledge in various areas of Orthopaedics.

We assure you that IOACON 2016 will be a complete package combined with academics, socialising & 'taste of Kerala.'

Look forward to welcoming you and your family to "God's own country"!

With Warm Regards,

**Dr. Tajan P. J.
Organising Secretary, IOACON 2016**



***Dear Friends,
Greetings from the office of President
IOA.***

I am a person who has always been close to the basics and have given importance to make the foundation strong. I have plans to strengthen and re-establish the glory and attraction of the IOACON scientific program. Having been associated with IOA for the past 15 years in official capacity and as a member for past 30 years, I have seen the interest of members waning in IOACON. There are several reasons for this which I will elaborate on some other forum. To convey a sense of sincerity and seriousness with which I view this. I have decided to make all efforts to finalize the scientific programme of IOACON 2016 by 31st of July 2016. To achieve this, abstract submission started from 1st of January and will close on 30th April 2016. I already had four meetings with Kerala Organizing Committee and we are in the process of finalizing the details. Every effort is being made to ensure topics which would interest all members. The faculty chosen would be mostly people whom we have not heard before, but are good in their fields. I expect and request support from all of you.

We have a very good team in Kerala and I am 100% sure that we would be able to deliver a memorable IOACON to all the members of IOA.

My slogan is also the same one which I have been using for past 10 years.

"AAA-Academics and Association in the name of Almighty"

I request God to give me the needed energy and opportunity to achieve this goal.

Yours friendly

**Dr. Sudhir K. Kapoor
President-IOA**



Dear Orthopods,

Greetings from Office of the Indian Orthopaedic Association!

I am indeed very happy to greet all of you on JUST AFTER "Diamond Jubilee" Conference of the Indian Orthopaedic

Association at Jaipur. I am honoured & feel privileged to invite all of you on this 61st Annual Conference of Indian Orthopaedic Association of 11,000 members. You are requested to be a part of this IOACON with your colleague & near and dear one as a Pre-Conference Workshop on 12th & 13th of December, CME on 14th December and Main Conference on 15th to 17th of December 2016.

We would like to provide all Orthopod a balanced wonderful conference cum scientific feast as well as Social interactive IOACON at KOCHI. Our dynamic Organizing Secretary Dr. Tajan P.J. and his experienced organizing committee under the guidance of Dr. Lazar J Chandy have chalked out strategies and plans to take this conference to the heights, which we so well deserve.

***With warm regards & best wishes for a grand success
In service of Indian Orthopaedic Association..***

**Dr. Sanjay Jain
Hon. Secretary, I.O.A.**

Organising Committee

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Organising Co-Chairman

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Dr. Tajan P.J.

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Dr. Dennis P. Jose

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Dr. Jijo Jose
Dr. Vinod Padmanabhan
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Dr. Biju P. V.
Dr. Peter Zacharia
Dr. Sarfaras P. S.

Abstract Submission (Abstract/ Oral / Poster)

Abstracts are accepted only through online submission process.

Registration for conference by presenting author is mandatory for abstract submission.

Dates & Deadlines for Abstracts

- Call for Abstracts - Jan 1st 2016
- Last day for Abstract submission - 30th April 2016
- Intimation for acceptance or rejection - May 31st 2016
- Last date of change of name of Presenter - June 30th 2016

Guidelines

- Only electronically submitted abstracts are accepted
- For any queries: contact Dr.Chandrababu K K, Scientific Programme Committee Chairman, at spc@ioacon2016.com or ioacon2016@gmail.com
- Abstracts must be written in English
- Please proofread your abstract for spelling and grammar before submitting Abstracts and should ideally be 300 to 400 words in length
- Do not use all upper-case letters when entering your abstract
- The abstracts title or authors names/institutions must not be inserted in the 'Content' field below. It would be considered as unfair-means and may be rejected on that ground
- No graphs, tables, photographs, or slide presentations are accepted. In exceptional case Photograph in jpeg can be uploaded
- Abstracts will be published as one paragraph, so do not break your abstract into multiple paragraphs. If you wish to use headings within your abstract such as Introduction, Methods, Results, etc., they should be added at the beginning of a sentence within the paragraph and a colon (:) should be inserted after each heading
- If similar paper submitted twice first will be accepted for review. Confirmation e-mail with details will be sent to the e-mail address you entered on the first page of the abstract submission process, once you have clicked on "Submit" at the end of the process. Please contact the Secretariat at ioacon2016@gmail.com if you did not receive a confirmation.
- The material submitted must not have been published or presented at any national or international meeting before this one. Submission of an abstract implies that the presenting author will register for and attend the Conference at Kochi to present the abstract either as an oral presentation or as a poster if it is accepted. The Scientific Programme Committee reserves the right to change the topic and the form of presentation (oral / poster) of the abstract or to reject it.

Important Note:

- The deadline for changing the presenting author of an abstract through the abstract submission system (by sending a mail to abstract@ioacon2016.com Subject to read as Change of Abstract Presenter) is 30th Jun. 2016. Please ensure to include the family name, given name, institute, and address of the presenting author in the mail.
- No insurance coverage to the delegate will be providing by Organising committee.

Scientific Papers - Abstract Submission - IOACON 2016

- Abstract submission will be entirely Online through IOACON 2016 Website
- Abstracts will be submitted in abstract@ioacon2016.com / spc@ioacon2016.com
- Abstract submission starts on 1st Jan 2016
- Last date of abstract submission 30th Apr. 2016

Pre- Conference Workshops and Posters

NO	WORKSHOP	HOSPITAL	CONVENOR	DATE
1	BASIC HIP ARTHROPLASTY	MEDICAL TRUST/ AVENUE CENTRE	DR BIPINTHERUVIL	12-12-2016
2	ADVANCED HIP ARTHROPLASTY	MEDICAL TRUST/ AVENUE CENTRE	DR BIPINTHERUVIL	13-12-2016
3	BASIC KNEE ARTHROPLASTY	ERNAKULAM MEDICAL CENTRE	DR ALEX JACOB-	12-12-2016
4	ADVANCED KNEE ARTHROPLASTY	ASTER MEDICITY	DR VIJAY MOHAN	13-12-2016
5	BASIC KNEE ARTHROSCOPY	SPECIALIST HOSPITAL	DR SABIN VISWANATH	12-12-2016
6	ADVANCED KNEE ARTHROSCOPY	LOURDE HOSPITAL	DR JOHN T JOHN	13-12-2016
7	BASIC ILIZAROV/ LIMB RECONSTRUCTION	SPECIALIST HOSPITAL	DR MANGAL PARIHAR DR KRISHNA KUMAR	13-12-2016
8	SHOULDER ARTHROSCOPY ADVANCED	SUNRISE HOSPITAL	DR PRATHAP KUMAR	13-12-2016
9	FOOT AND ANKLE	IMA HOUSE [SECOND FLOOR]	DR RAJESH SIMON	12-12-2016
10	CLUB FOOT TREATMENT BY PONSETI	IMA HOUSE [first floor]	DR VIJAY PG	13-12-2016
11	SPINE	LAKESHORE HOSPITAL	DR SURESH PILLAI DR JIM VELLARA	13-12-2016
12	TRAUMA I UPPER LIMB	IMA HOUSE [third floor]	DR RAJARAM DR RAJESH SIMON	12-12-2016
13	PG TEACHING WORKSHOP	AIMS	DR AYAPPAN NAIR	12&13/12/2016
14	RESEARCH METHODOLOGY	IMA HOUSE [first floor]	DR HITESH GOPALAN	12-12-2016
15	ELBOW & WRIST ARTHROSCOPY	LOURDE HOSPITAL	DR JOHN T JOHN	12-12-2016
16	PELVI ACETABULAR TRAUMA	KIMS HOSPITAL	DR JOSE T PAPPINACHERRY	13-12-2016
18	BASIC SHOULDER ARTHROSCOPY	LAKESHORE HOSPITAL	DR SUJIT JOSE	12-12-2016
19	PLASTER TECHNIQUES	IMA [SECOND FLOOR]	DR VINODPADMANABHAN	13-12-2015
20	TRAUMA II LOWER LIMB	IMA [THIRD FLOOR]	DR RAJARAM AND RAJESH DR SIMON	13-12-2015

Poster Presentation

Dr. K.P. Srivastava gold medal for best Poster presentation

Guidelines

Note:

- All the posters should be in physical form only.
- All the presenters are requested to make the posters with Inkjet print on a synthetic paper.
- Physical poster size is 175 cm height x 85 cm width.
- E-POSTERS FACILITY IS NOT AVAILABLE.
- The posters are classified according to the sub-specialty.
- Each poster is numbered. The list will be displayed at the poster arena on 14th December (CME day).
- The poster presenters are requested to mount the poster in the allotted slot on or before 9 AM of 15th December 2016.
- Poster facility is made available from 14th to 17th December 2016 at the conference venue.
- Mounting pins are provided on the display board.
- They are requested to take back their posters on 17th December evening. Organising committee is not responsible for the posters after 17th December.
- Poster Presenters are requested to collect their poster presentation certificate at the Registration counter on 17th December 2016.
- The awards for best poster in each subspecialty will be given at the valedictory function on 17th December 2016

Free paper presentations

- Format and selection process of the presentations
- The abstract for oral and video presentations are invited from the delegates. Abstract submission starts on 1st January 2016
- Abstract will be screened and evaluated by the scientific committee and recorded in conference proceedings
- The abstract will be peer reviewed for scientific merit, clarity and relevance. A minimum follow up of 2 years is required for the result of surgical procedures
- The selected abstracts will be published as supplement of the "Indian Journal of Orthopaedics" if adequate number of abstracts are available.
- Deadline for the submission of abstracts is 30th April 2016.

Oral presentations

- Each oral presentation will be of 9 minutes duration divided into 7 min for presentation and 2 min for discussion.
- Standard computerized projection facility will be provide in each hall
- The presentation must be handed over in a suitable format to the preview room 6 hours before the particular session

- Use of personal laptops and member devices will not be allowed inside the hall
- The projection will stop at 9 minutes automatically. Those who use 9 minutes, there won't be any discussion

Video presentations

- Each video presentation will be of seven minutes duration with 3 minutes for discussion
- Video should be submitted 24hours before the presentation
- Guidelines for free papers/ poster/video presentation /abstract submission**
- Only registered delegates can make presentation at the conference
- Once an abstract is accepted, additional authors cannot be accepted.
- Notification of the acceptance will be sent by May 31st 2016
- Scientific committee reserves the right to withdraw a presentation at any time and to decide the method of oral / poster presentation
- Scientific committee has the right to assign a presentation to any scientific session

Guidelines for Presenters

- Those delegates who are presenting free paper on 15th Dec between 8.00 - 9.00 am are requested to submit their presentations on 14th Dec. 2016
- The speakers should load their presentation in the preview room the previous day itself. The minimum time limit is upto 6 hrs before their presentation.
- Should be present in their respective halls 30 minutes before the session.
- Should not leave their respective halls till the session is over.
- At the end of the time allotted to them, the presentation will be automatically cut off. Further time extension is not possible.
- Discussion will be limited to the allotted time
- The name and mobile number of the Hall supervisor will be displayed at the hall entrance. The Speakers can contact them for any enquiries.
- No Delegates / faculty will be allowed to present through their laptops.
- If any delegate presenting a free paper has not loaded his presentation in the preview room as per stipulation, he will forfeit his opportunity to present his paper.
- The presenter should be seated in the front rows.

About Kochi

Kochi (colonial name Cochin) is a vibrant city situated on the south-west coast of the Indian peninsula in the breathtakingly scenic and prosperous state of Kerala, hailed as 'God's Own Country'. Its strategic importance over the centuries is underlined by the sobriquet Queen of the Arabian Sea. Informally, Cochin is also referred to as the Gateway to Kerala.

There are many beautiful places to visit which attracts large number of tourists:

Chinese Fishing Nets, Fort Kochi

The Chinese fishing nets (Cheenavala) are distinctly unique to Cochin. It is believed that traders from the court of the Chinese ruler Kublai Khan introduced these nets here.

Vasco House, Fort Kochi

Located on Rose Street, is believed to be one of the oldest Portuguese houses in India.

Dutch palace (Mattanchery Palace)

The palace has a fine collection of mural paintings depicting scenes from the Hindu epics Mahabharatha and Ramayana.

Hill Palace Trippunithura

The palace has been converted into a museum displaying a fine collection of articles showing the wealth and splendor of the Rajas of Kochi.

Museum of Kerala History, Kalamassery

Many life size statues of many famous personalities and several paintings depicting Kerala history are in museum.

Marine drive

The bustling backwaters, dotted with fishing boats, speedboats, ships, tankers and passenger boats, can be observed from this walkway that lines the coast.

Willington Island

This man-made island was created in 1933 by sand dredged while deepening the backwaters for the Cochin Port.

St. Francis Church, Fort Kochi

It is the oldest church built by Europeans in India.



Pilgrimage

Guruvayoor

The Sree Krishna temple here is very famous attracting close to ten million pilgrims every year.

Jewish Synagogue

Magnificently decorated by Chinese tiles and Belgian chandeliers

Cheraman Mosque

The Cheraman Juma Masjid is believed to be the first mosque in India, built around 629 AD.

Dharmanath Jain Temple, Mattanchery

The Dharmanath Jain temple at Mattancherry is over 100 years old.

Gurudwara Sri Guru Singh Sabha

This is the only Gurdwara in Kerala, since Cochin has the highest number of Sikhs in the state.

Tourist spots near Kochi

Alleppy (Alapuzha)

It is called the Venice of the East due to the extensive canal network here.

Periyar wild life Sanctuary, Thekkady

Elephants, bison, antelopes, samburs, monkeys and bears can be found in their natural habitat in this world famous wild life sanctuary.

Munnar

Munnar is a hill resort ideal for a relaxing holiday away from the tropical lowlands.

Thattekkad Bird Sanctuary

Spread over 25 sq kms, this bird sanctuary was once regarded as the richest bird habitat in peninsular India.

Kumarakam

Backwaters & Houseboats

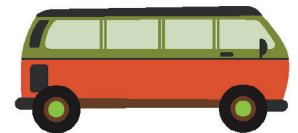
Athirapally Waterfalls

Athirapally and Vazhachal, the two picturesque and majestic waterfalls, are located just five kilometer apart, on the edge of the Sholayar forest ranges.

Kodungallore

The world famous port here was destroyed by a flood which led to the formation of Kochi harbour.

Kochi is well connected by



Always
In Pain ... Think Hifenac

Hifenac-P
Acetofenac 100mg + Paracetamol 325mg Tablets
The PAIN & INFLAMMATION FIGHTER

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Benzalkoniumchloride 15 mg (enteric coated granules) + Paracetamol 325 mg + Acetofenac 100 mg Tablets
Dissolves Oedema... Resolves Pain... FAST

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Thiocolchicoside 4 mg + Acetofenac 100 mg Tablets
EM-POWERED TO RELAX MUSCLES

**Fracture & Osteoporotic bones requires ...
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Mecobalamin 1500 mcg, L-Methylfolate 800 mcg, Vitamin K2 7.45 mcg, Calcium Carbonate 1250 mg, Calcitriol 0.25 mcg, Zinc 7.5 mg & Magnesium 50 mg Soft gelatin Capsules
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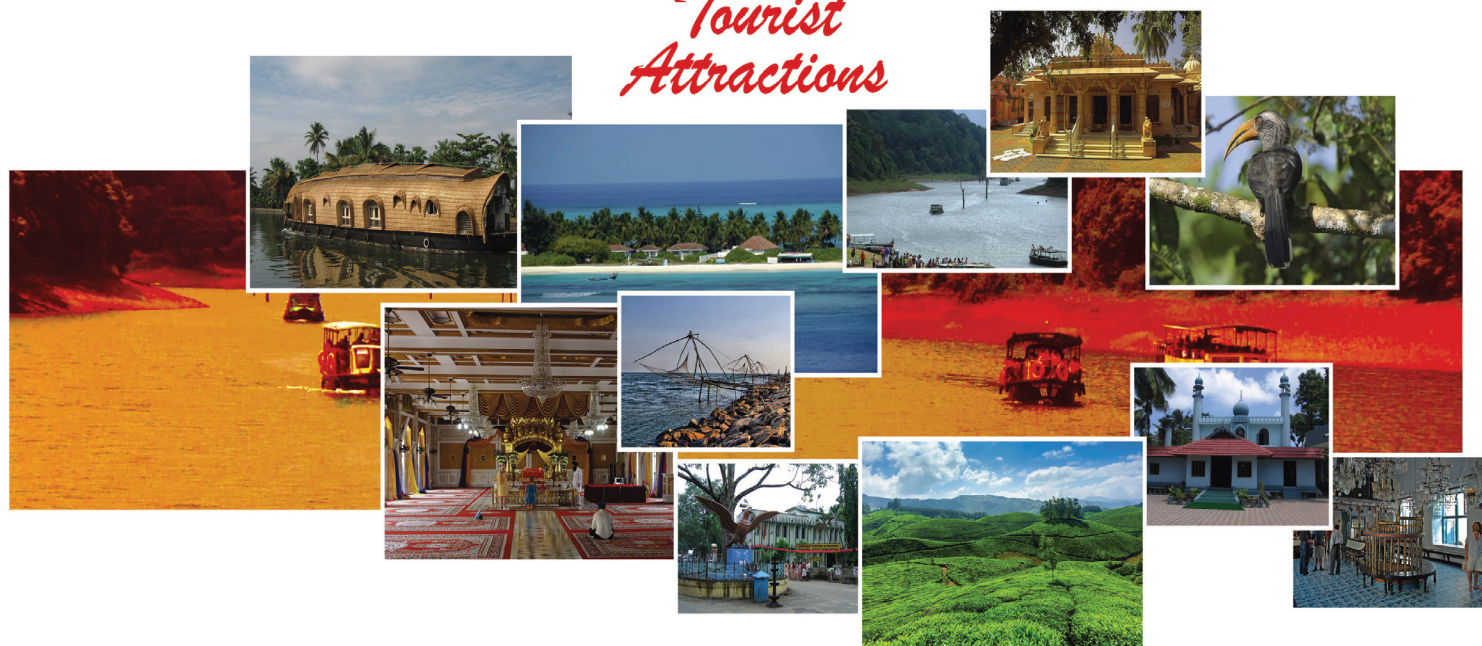
CalintaFrac
Cissus Quadrangularis 500 mg, Elemental Calcium 500 mg + Vit K2-7.45 mcg
The Bone Healer

Pantium 40
Pantoprazole 40mg Tablets
Acts Fast, Acts Long





Tourist Attractions



Conference Secretariat

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