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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course #	Course Title	
Webinar Date		
Name	Discipline	
Facility		
Home Mailing Address		
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E-mail Address for Confirmation (will not be shared or sold)		

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Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



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WEBINAR #7367 Why Fuss Over A Flat Foot (& other pediatric problems!)

Instructor: Liesa Ritchie-Persaud, PT, DPT, PCS

Audience: Physical Therapists and Assistants,
Athletic Trainers

Delivery Options:
Live Webinar or Self-Study Options

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SUMMARY: This webinar describes pediatric lower extremity alignment, and other structural conditions commonly seen by pediatric physical therapists, orthotists & podiatrists. Further, the importance of ossification is identified, and the differences between growing pains and pain related to biomechanical etiologies are explained. Liesa presents the relationship between foot position & core recruitment in a clinically relevant manner. In addition, she describes the significance of history of use & sensorimotor function. Specifically addressed, is how poor alignment negatively affects frontal plane stability, base of support, muscle balance, over all balance, coordination, & postural control. Intervention strategies, including specific considerations for orthotics, are provided.

Course instruction method includes: lecture, picture/graphs, videos, and question/answer session.

PRESENTER: Liesa M. Ritchie (formerly Persaud), PT, DPT, PCS, is a licensed physical therapist with 33 years experience in the field of pediatric therapy. Liesa is the owner of Know To Change, an organization dedicated to advancing the knowledge & skills of clinicians in pediatric practice. Both nationally and internationally, she has educated healthcare professionals in advanced treatment techniques, performed specialized practical training and provided consultative services.

Liesa has worked in a variety of settings, including private pediatric clinics, schools, private homes, hospitals and long-term care facilities, as well as facilities overseas. Dr. Ritchie is a Credentialed Clinical Instructor and also taught human anatomy, physiology & nutrition.

She received her Associate's Degree in 1993 and worked as a physical therapist assistant while obtaining her Bachelor of Science Degree in Organizational Leadership from Southern Nazarene University in Tulsa, Oklahoma.

Dr. Ritchie earned her Master's Degree in Physical Therapy from the University of Findlay in Findlay, Ohio in 2003 and continued to expand her expertise in the field. She received her post-graduate Doctorate from Rocky Mountain University of Health Professions in 2011 and is a Board Certified Specialist in Pediatric Physical Therapy.

Liesa's passion for helping others extends into her private life. She has volunteered as a Call Rape Advocate and Salvation Army Volunteer. Her passion for travel has led her to teach & treat overseas in Australia, New Zealand, Turkey, the Arab Emirates & Mexico, in addition to organizing & participating in mission work in Mexico, Ukraine & Palestine.

Liesa's wide range of clinical experience, organizational leadership, proficient teaching skills, motivation to improve the standard of care, and enthusiasm & passion for her field, make her an exciting and compelling instructor. Financial— Receives a teaching honorarium from Motivations Inc. Nonfinancial— No relevant nonfinancial relationship exists

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Define the Relationship Between Foot Position & Core Recruitment
2. Compare the Differences Between Growing Pains & Biomechanical Etiologies
3. List 3 intervention Strategies to address pediatric lower extremity malalignment

FORMAT: This is a 3-hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study.

For Live courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

For Recorded courses, learners will not be able to participate in real time with questions.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state. The assignment of Texas PT CCUs does not imply endorsement of specific course content, products, or clinical procedures by TPTA or TBPTE.

ATC CEU's: Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3 Category A hours/CEU's.

Agenda on next page...

For course dates, times and registration, please visit: www.motivationsceu.com

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AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

- (20 mins) Lower Extremity Alignment: significance & relevance to early child development
- (10 mins) Ossification: a important timeline!
- (10 mins) Pain: is it poor alignment or growing pains?
- (30 mins) History of Use & Sensorimotor Function: significance & relevance to established movement patterns
- (10 mins) Foot Position & Core Recruitment: a necessary relationship
- (25 mins) Function: frontal plane stability, base of support, muscle balance, over all balance, coordination, & postural control
- (15 mins) Q & A

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.