

A CELEBRATION *of* ENDURANCE

OCTOBER 1 – NOVEMBER 20, 2020

2020 Midwest Regional
Conference on Palliative
& End-of-Life Care

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<https://virtualevents.tpn.health/mhpca-conference-2020/>



MISSOURI HOSPICE
& *Palliative Care*
Association

Letter From MHPCA President—Helen Cassidy, R.N.



We at MHPCA are excited to welcome you to our first End of Life Virtual Conference, thank you for participating in this new conference experience. The year 2020 has been a year of challenges that has truly tested all of healthcare, at our fall conference last year none of us could have imagined that we would find ourselves in less than a year working through a pandemic. Throughout all the challenges experienced by our hospice providers, Missouri Hospice and Palliative Care Association has remained steadfast in supporting and advocating for Missouri Hospice providers, raising the voices of hospice providers to those agencies that have the ability to affect change. There has never been a time in our Missouri hospice history where having an engaged and present state association has been so vital, and so, we thank each of our association members for their ongoing support and we commit to continue advocating and supporting our hospice providers across the state.

ABOUT THE CONFERENCE

The Midwest Regional Virtual Conference on Palliative and End of Life Care is sponsored by the Missouri Hospice & Palliative Care Association. The conference is designed to assist health care professionals in understanding the health care issues when treatment changes from curative to palliative care. Palliative care focuses on comfort and quality of life. Palliative care is the foundation of hospice services; however, the principles are applicable to any setting where care is being provided to the terminally ill.

Purpose

The Midwest Regional Virtual Conference on Palliative & End of Life Care seeks to provide education for a multidisciplinary group of health care professionals to increase the quality of end of life care.

Target Audience

Physicians and their staff, Hospital Nurses, Social Workers, Discharge Planners, Hospice Nurses, Administrators, Medical Directors, Chaplains, Volunteers, Volunteer Coordinators, Bereavement Coordinators, Nursing Home Administrators and their staff, Ethics Committees, Long-Term Care Nurses, Palliative Care Nurses, and any health care professional in any discipline where hospice and palliative care is needed and provided.

Conference Goals

- ♦ Improve standards of practice through education of professionals and others involved in providing end of life care;
- ♦ Improve access to appropriate end of life care through the alignment of individualized needs with available care;
- ♦ Stimulate dialogue on ethical issues related to end of life care.

Conference Objectives

Learners will be able to:

- ♦ Describe and apply tools used to identify patients appropriate for end of life care;
- ♦ Use effective pain and symptom management medications and treatments to improve outcomes;
- ♦ List communication tools to improve difficult and painful discussions of end of life concerns, and apply to practice;
- ♦ Recognize importance of coordination of care when multiple providers are involved, and utilize in the clinical setting;
- ♦ Examine current policies and regulations for providers of end of life care.

Continuing Education

CE INSTRUCTIONS:

The conference will make available continuing education credits as listed below. Certificates will be issued after successful completion of sessions and evaluations are completed. Certificates will be mailed to the address given on the evaluation form with credit hours documented. **Midwest Regional Conference on End of Life Care**, a continuing education activity, has been submitted for approval to the following.



JOINTLY ACCREDITED PROVIDER
INTERPROFESSIONAL CONTINUING EDUCATION

Nurses: In support of improving patient care, this activity has been planned and implemented by AXIS Medical Education and Missouri Hospice & Palliative Care Association. AXIS Medical Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation for Nursing

AXIS Medical Education designates this continuing nursing education activity for a maximum of 17.0 contact hours.

Learners are advised that accredited status does not imply endorsement by the provider or ANCC of any commercial products displayed in conjunction with an activity.

AXIS Contact Information

For information about the accreditation of this program please contact AXIS at info@axismeded.org.

Disclosure of Conflicts of Interest

AXIS Medical Education requires instructors, planners, managers and other individuals and their spouse/life partner who are in a position to control the content of this activity to disclose any real or apparent conflict of interest they may have as related to the content of this activity. All identified conflicts of interest are thoroughly vetted by AXIS for fair balance, scientific objectivity of studies mentioned in the materials or used as the basis for content, and appropriateness of patient care recommendations.

Continuing Education

Name of Faculty or Presenter	Reported Financial Relationship
Lisa Coots, RN	Nothing to disclose
Winfred Teuteberg, MD	Nothing to disclose
Laura E. Henderson Kelley, MD, MPH	Nothing to disclose
Pilar Williamsen, D.C	Nothing to disclose
Carla Hustead, MSW, LCSW	Nothing to disclose
Carrol Davenport, MDiv, CT	Nothing to disclose
Brad Macy, RN, BSN, BA	Nothing to disclose
Carla Baum	Nothing to disclose
Debra Schuster	Nothing to disclose
Michelle Schultz, MD	Nothing to disclose
Sharon Litwin, RN, BSHS, MHA	Nothing to disclose
Debra Parker Oliver, MSW, PhD	Nothing to disclose
Tim Blackmon	Nothing to disclose
Judy Morris, RN, BSN, HFNC	Nothing to disclose
Patrick White, MD, HMDC, FACP, FAAHPM	Nothing to disclose

The planners and managers, Shelia Purdy MSN, RN, CHPN; Colleen Gilmore, RN, MSN, ANP-BC; Crystal Ramsey; Dee Morgillo, M.Ed., MT(ASCP), CHCP; and Holly Hampe, D.Sc., RN, MHA, MRM reported no financial relationships or relationships they or their spouse/life partner have with commercial interests related to the content of this continuing education activity.

Participants have an implied responsibility to use the newly acquired information to enhance patient outcomes and their own professional development. The information presented in this activity is not meant to serve as a guideline for patient management. Any procedures, medications, or other courses of diagnosis or treatment discussed in this activity should not be used by clinicians without evaluation of patient conditions and possible contraindications on dangers in use, review of any applicable manufacturer's product information, and comparison with recommendations of other authorities.

Each attendee will be required to Attend/participate in the educational activity and review all course materials. The credit claim portal will become active after the last session held on 11/20/20. The portal will include the maximum credit hours of 17.0. However, using the dropdown arrow, you should claim only the credit commensurate with the extent of your participation in the full activity. Complete the CE Declaration form online by 11:59 pm ET December 20, 2020. Instructions will be provided. If you do not enter the online portal by the above date, you will not be able to retrieve your statement of participation. Upon successful completion of the online form, your statement of completion will be presented to you to print.

Continuing Education

Medical Directors: MHPCA is currently seeking CME approval.

Social Workers: MHPCA, #1359, is approved as a provider for social work continuing education by the Association of Social Work Boards (ASWB) www.aswb.org, through the Approved Continuing Education (ACE) program. MHPCA maintains responsibility for the program. ASWB Approval Period: 2/28/2020—2/28/2023. Social workers should contact their regulatory board to determine course approval for continuing education credits. Social workers participating in this course will receive twelve (12) continuing education clock hours.

Chaplains, Volunteer Coordinators, Dietitians, Physical Therapists and Other Disciplines: Upon completion of the conference attendance and evaluation form a Certificate of Successful Completion will be provided.

Nursing Home Administrators: MHPCA is currently Seeking CE approval.



CONTINUING EDUCATION CERTIFICATES

PRICING

Full Conference—\$25 Total Cost

Half Conference—\$15 Total Cost

A La Carte—\$10 per session

REGISTER TODAY

WEEK #1—October 1st and 2nd

PRE-CONFERENCE

Session 1-A

OCTOBER 1ST

12:00 P.M.-1:00P.M.

DHSS—PRE-CONFERENCE

Regulation Updates

*Presented by: Lisa Coots, R.N.,
Administrator for Bureau of Home Care &
Rehabilitation Standards with DHSS*

Session 1-B

OCTOBER 2ND

11:00 A.M.1:00 P.M.

PALLIATIVE CARE—PRE-CONFERENCE

Palliative Care & Heart Failure

*Presented by: Dr. Winfred Teuteberg, MD,
Clinical Associate Professor of Medicine,
Stanford School of Medicine*

WEEK #2— October 8th

KEYNOTE SPEAKER

Session 2-A

OCTOBER 8TH

12:00 A.M.-1:30P.M.

Diversity and Inclusion

*Presented by: Laura E. Henderson Kelley, MD,
MPH, Associate Dean for Diversity and
Inclusion Assistant Professor of General
Internal Medicine and Pediatrics, University of
Missouri School of Medicine*

WEEK #2—October 9th

Session 2-B

OCTOBER 9TH

11:00 A.M.-12:00 P.M.

***Thousands of Treatments and Growing:
Bringing Integrative Medicine to Inpatient
Palliative Care***

***Presented by: Pilar Williamsen, D.C., Manager,
Integrative Medicine, Mercy St Louis Integrative
Medicine***

WEEK #3—October 15th and 16th

Session 3-A

OCTOBER 15TH

12:00 P.M.-1:00 P.M.

WHV: Attaining Level M for Meaningful

***Presented by: Linzy R Laughhunn,
M.Div. MBA, ACPE, CHPC-CH, Chaplain,
Seasons Hospice, St Louis, MO***

Session 3-B

OCTOBER 16TH

11:00 A.M.-12:00 P.M.

Volunteer-Part of the IDT

***Presented by: Stephanie Marquart,
Supervisor – Volunteer Services
Mercy Hospice & Angel Gregory,
Volunteer Coordinator, Village
Hospice***

WEEK #4—October 22nd and October 23rd

Session 4-A

OCTOBER 22nd

12:00 P.M.-1:30 P.M.

***Stressful Management of the Emergency
Preparedness Plan During COVID-19***

***Presented by: Carla Hustead, MSW,
LCSW, Executive Director & Carrol
Davenport, Mdiv, CT, Spiritual Care and
Bereavement Care Coordinator, Hospice
of Northeast Missouri***

Session 4-B

OCTOBER 23rd

11:00 A.M.-12:00 P.M.

***Artificial Hydration in Hospice: An
Interdisciplinary Decision***

***Presented by: Brad Macy, RN, BSN,
BA , President , Hospi Corporation***

WEEK #5—October 29th and 30th

Session 5-A

OCTOBER 29TH

12:00 P.M.1:30 P.M.

***Advance Care Planning – Challenges &
Opportunities for End-of-Life Care***

***Presented by: Carla Baum, Founder and
Principal, Meaningful Life and Debra
Schuster, Attorney / Elder and Adult
Mediator, Paule, Camazine & Blumenthal***

Session 5-B

OCTOBER 30TH

11:00 A.M.-12:00 P.M.

Chaplains, More than a Bedside Prayer

***Presented by: Hamish Seegers, APBCC
-HPC, MAR, MAML, M. Div., Chaplain,
Evelyn's House/BJC Hospice and Rev.
Katie Gholson, BJH Palliative Care
Chaplain***

WEEK #6—November 5th and November 6th

Session 6-A

November 5th

12:00 P.M.-1:30 P.M.

Palliative Care and Oncology: Getting on the Same Page

***Presented by: Michelle Schultz, MD,
Palliative Medicine Physician, Mercy
Palliative Care***

Session 6-B

November 6th

11:00 A.M.-12:30 P.M.

***Connecting the Dots Between
Hospice Quality Reporting and
Patient Care***

***Presented by: Sharon Litwin, RN,
BSHS, MHA, Founder and Senior
Managing Partner, 5 Star Consultants***

WEEK #7—November 12 and November 13th

Session 7-A

November 12th

12:00 P.M.-1:00 P.M.

***Lessons Learned in a Facebook
Support Group for Hospice Families***

***Presented by: Debra Parker Oliver,
PhD, Professor, University of Missouri***

Session 7-B

November 13th

11:00 A.M.-12:00 P.M.

***There is Nothing Artificial About AI
Improving Hospice Patient Care***

***Presented by: Tim Blackmon, CIO,
Mumms Software***

WEEK #8—November 19th and November 20th

Session 8-A

November 19th

12:00 P.M.-1:30 P.M.

***Is Your Documentation Able to
Withstand Scrutiny?***

***Presented by: Judy Morris, RN,
BSN, HFNC, Consultant for Home
Health and Hospice, 5 Star
Consultants***

Session 8-B

November 20th

11:00 A.M.-12:00 P.M.

Palliative Care Update 2019-2020

***Presented by: Patrick White, MD,
HMDC, FACP, FAAHPM, Chief Medical
Officer, BJC Home Care Stokes Family
Endowed Chair in Palliative Medicine
and Supportive Care Chief, Division of
Palliative Medicine Department of
Internal Medicine Washington
University School of Medicine***



Two Pre-Conference Sessions— October 1st & 2nd

1-A

OCTOBER 1, 2020

**“Missouri Department of Health & Senior Services Update”
by Lisa Coots, RN, Administrator for Bureau of Home Care &
Rehabilitation Standards with DHSS**



The DHSS Bureau of Home Care and Hospice will review the top five deficiencies over the past year. Examples and case studies will be used to engage the learner on how the noncompliance of these COP's take place in hospices. Review of hospice practices to determine compliance. Review trends from the 2019 statistical report. Review other areas of concern such as plan of correction. Give updates into regulatory changes from CMS.



**Lisa Coots, RN, Administrator for Bureau of
Home Care & Rehabilitation Standards with
DHSS**

Lisa Coots is the Bureau Administrator for the Missouri Department of Health & Senior Services. She has served as Administrator, for the Bureau of Home Care and Rehabilitative Standards, since 2004. Prior to her time working for State government, Lisa spent 7 years in the home health industry. This included RN case management, staff development, management and administration. Her first 11 years of nursing were spent providing direct patient care to oncology patients.

Two Pre-Conference Sessions— October 1st & 2nd

OCTOBER 2, 2020

1-B

“Palliative Care & Heart Failure”

**By Dr. Winfred Teuteberg, MD, Clinical Associate Professor
of Medicine, Stanford School of Medicine**



Participants will understand the rationale for palliative care in heart failure and the barriers to effective palliative care for these patients. Dr. Teuteberg will share her experience in clinical practice in two different health systems. In addition, Dr. Teuteberg will outline why leveraging the EHR is a must in order to make change in a clinical setting and describe the barriers to the EHR as a tool in its standard design. Lastly, she will outline several EHR based quality improvement projects that involved enhancement to the EHR to improve workflows.



Dr. Winfred Teuteberg, MD

Winnie Teuteberg, MD, is a Clinical Associate Professor in the Division of Primary Care and Population Health, Section of Palliative Medicine at Stanford. She completed her residency in Internal Medicine at the University of Chicago and a Palliative Medicine Fellowship at Massachusetts General Hospital. She is board-certified in Hospice and Palliative Medicine, Internal Medicine and Clinical Informatics.

She joined the faculty at Stanford in 2017 after working at University of Pittsburgh Medical Center for 13 years. During her tenure in Pittsburgh she developed one of the first cardiopulmonary palliative care programs in the country. She has been actively involved in IMPACT-HF, a national group of thought leaders working to study and improve palliative care for patients with heart disease. Dr. Teuteberg has lectured widely on the topic of palliative care and heart failure and also authored several peer-reviewed articles and book chapters on the topic.

Dr. Teuteberg has been the Clinical Director for the Stanford School of Medicine implementation of Ariadne Lab's Serious Illness Care Program since 2018 and also serves as the Director of Palliative Care Quality at Stanford.



2020 Key Note Speaker

OCTOBER 8, 2020

12:00 P.M.

2-A Diversity and Inclusion by Dr. Laura E. Henderson Kelley, MD, MPH

Data from the 2020 census is predicted to show a nation that is more racially and ethnically diverse than in 2010. The US Census Bureau projects that by 2045, Non-Hispanic, Whites will no longer make up the majority of the population in this country (US Census Bureau, 2012). Although there have been significant increases in the Asian American and Latino populations in this 10-year span, the fastest growing racial and ethnic group is that which identities with two or more races, further expanding both the racial and ethnic diversity of this country. We as health care-providers must keep pace with this everchanging landscape, pushing past cultural awareness toward the incorporation of the principles of cultural humility in the care of our patients. Overlooking these concepts risks perpetuating the health disparities and poor health outcomes that have plagued marginalized communities in this country. Palliative and End-of-Life Care are specialized areas of medicine highly influenced by race, cultural norms and religious beliefs. It is therefore prudent for providers as well as Health Care Organizations to incorporate the values of cultural competency and humility into their patient care approach. Applying

Dr. Laura E. Henderson Kelley, MD, MPH

Dr. Laura E. Henderson Kelley is the Associate Dean for Diversity and Inclusion and an Assistant Professor of Internal Medicine and Pediatrics at the University of Missouri School of Medicine. She obtained her medical degree from Wayne State University School of Medicine in Detroit, Michigan and did residency training in Internal Medicine and Pediatrics at the Detroit Medical Center. She later received her Master's in Public Health degree at Johns Hopkins Bloomberg School of Public Health in 2009.

Before coming to the University of Missouri, Dr. Henderson Kelley worked for a private health system in Hagerstown, Maryland. She was a partner in a 6 physician Internal Medicine/Pediatric group for 5 years before becoming Medical Director of the health system's 3 Urgent Care centers. She was very active in school health and helped create and open 2 School Based Health Centers in Boone and Frederick counties. Dr. Henderson Kelley was also active at the state level becoming a board member on the Maryland Board of Physicians.

Dr. Henderson Kelley came to the University of Missouri School of Medicine in 2014. In addition to her clinical practice which also involves teaching resident physicians, she has an interest in helping create a physician workforce that is diverse and capable of addressing the needs of all patients. In 2017 she co-founded the Pathways to Success (PAWS) program, which assists underrepresented minority and economically disadvantaged University of Missouri undergraduates prepare a competitive candidacy for medical school.

Session Descriptions

Friday, October 9th—11:00 AM—Track 2-B

Thousands of Treatments and Growing: Bringing Integrative Medicine to Inpatient Palliative Care—Presented by: Pilar Williamsen, D.C.

Evidence based Integrative Medicine program in Palliative Care can expand available treatment options, improve patient's quality of life, reduce medications and treatments, and even have a synergistic effect to reduce rate of provider burnout. In this Session, the participant will learn how an inpatient Integrative Medicine program was started, understand the components of a successful inpatient integrative medicine program for palliative care patients and receive data outcomes of treatment provided by inpatient IM department for fatigue, pain, nausea and anxiety, chemotherapy, induced neuropathy.

Pilar Williamson, D.C.,

Dr. Williamsen is a chiropractic physician and graduate of Logan University in Chesterfield Missouri, in 2000. She completed undergraduate preparation at Miami University in Ohio, as well as Appalachian State University in North Carolina. She has served on faculty at Sanford Brown College and Logan University. Time spent living internationally helped give Dr. Williamsen a greater perspective on health and wellness, and it is her career passion to help patients navigate healing for their whole bodies. Currently her career has focused on application of integrative therapies in traditional hospital setting. Dr. Williamsen teaches seminars to patients and providers including topics on selfcare, application of holistic principles to patient care, integrative therapies for hospice patients, Acupuncture for oncology patients, and Integrative Medicine Program Development in hospital settings. She has co-authored poster presentations at National Conferences of Holistic nursing, Academy of Integrative and Holistic Medicine, and co-authored an article in Mother and Child Nursing Journal. She is a member of Phi Beta Kappa, American Chiropractic Association, and Chapter Leader of St Louis Academy of Integrative Health & Medicine

Session Descriptions

Thursday, October 15th—12:00 PM—Track 3-A

WHV Ceremonies: Attaining Level M for Meaningful —Presented by: Linzy R Laughhunn, MDiv, MBA, ACPE, CHPC-CH

Learners will increase in practical knowledge and awareness regarding the multiple layers of impact We Honor Veterans (WHV) events can deliver and will discover how to customize/adapt WHV events through effective planning, flexible experience, and intentional follow-up to garner the greatest benefit.

Linzy R. Laughhunn, MDiv, MBA, ACPE, CHPC-CH

Linzy brings 30 years of diverse experiences, drawing from the breadth and depth of full-time positions in pastoral ministry, hospital-hospice chaplaincy, military chaplaincy, community outreach-education, and bereavement care. He is committed to supporting patients and equipping caregivers as they face the opportunity as well as the challenges and personal costs associated with coping with a chronic or life threatening illness--an all-encompassing experience that affects every aspect of one's life. Linzy is dedicated to the belief that caring for another can be more than an experience that is merely survived. It is an opportunity for personal and spiritual growth, both for personal as well as professional caregivers. Linzy is a Clinical Member of the Association of Clinical Pastoral Education. He completed the Palliative Care Chaplaincy Specialty Certificate through California State University. After almost 10 years on Active Duty with the USAF, Linzy continued to serve as the Wing Chaplain for Air National Guard Wings in Oregon, Virginia and Illinois. He recently completed his Master of Business Administration Degree through St Louis University in May 2017. Linzy Currently serves as a Chaplain with Seasons Hospice, St Louis, Missouri.

Session Descriptions

Friday, October 16th—11:00 AM—Track 3-B

Volunteer Part of the IDT—Presented by: Stephanie Marquart and Angel Gregory

Integrating your volunteers into your interdisciplinary team can be a challenge. This presentation will help you learn how to improve the volunteers experience by integrating them into you IDT. You will identify challenges and find solutions to help both your staff and volunteers. You will also look at how to increase volunteer motivation and engagement.

Stephanie Marquart—Stephanie Marquart has been the Supervisor of Volunteer Services at Mercy Hospice for 12 years. She handles the volunteer department recruitment, training and management, as well as making sure the volunteer department records are current. Stephanie has years of experience in nonprofit management and fundraising, including 9 years at The Dakota Boys Ranch and 6 years at Therapeutic Horsemanship. She has worked with many nonprofit organizations helping them with grant writing and data management for fundraising and licensing. When Stephanie is not at work, she is hanging out with her family and horses.

Angel Gregory—Angel Gregory is a Ryan Reynolds fan and Village Hospice volunteer manager, in that order. Known among her peers for her pranks and penchant for googly eyes, she is a firm believer in putting the “spice” in Hospice. Angel serves on the Village Hospice WE HONOR VETERANS committee, writes a weekly newsletter for the volunteers, and is a Hospice and Palliative Care Advocate. Angel resides in Lee’s Summit, MO, with her husband, son, three cats, and six plants.

Session Descriptions

Thursday, October 22nd—12:00 PM—Track 4-A

Stressful Management of the Emergency Preparedness Plan During COVID-19—

Presented by: Carla Hustead, MSW, LCSW and Carrol Davenport, Mdiv, CT

Learn how collaborative relationships built through an emergency preparedness plan allowed this hospice to successfully survive the COVID-19 pandemic as well as gain knowledge and techniques in applying a Plan of Care model at the macro level of agency function.

Carla Hustead, MSW, LCSW—Carla holds a Master of Social Work from the University of MO –Columbia. Immediately following graduation Carla completed a Post-Masters Fellowship in Clinical Social Work at the Menninger Foundation in Topeka, KS. She began employment with HNM as a medical social worker in June 2007. She has served as the Executive Director since February 2017.

Carrol Davenport, Mdiv, CT—Carrol holds a Master of Divinity degree as well as certification in thanatology from the Association of Death Education and Counseling. She is in her 14th year of working for Hospice of Northeast Missouri. Her primary role is to coordinate spiritual care as well as bereavement services. Since 2017 she has also functioned as part of the leadership team at her agency and as an unofficial assistant to the Executive Director. Her newest role is as the Public Information Officer. She is an Episcopal priest in the Diocese of Missouri, and in her spare time pastors a small community church.

Session Descriptions

Friday, October 23rd—11:00 AM—Track 4-B

Artificial Hydration in Hospice: An Interdisciplinary Decision—Presented by: Brad Macy, RN, BSN, BA

The decision to provide artificial hydration for a hospice patient is a multifaceted interdisciplinary decision involving psycho-social, ethical, clinical, educational, spiritual and logistical considerations. Brad Macy RN, BSN, CHPN presents an in-depth look at these different considerations. This presentation reviews artificial hydration at the end of life and discusses the potential clinical, religious and psychological reasons behind hydration as a goal of care and how to incorporate the principles of medical ethics into team decisions.

The lecture reviews patient and caregiver teaching points on the choices, burdens and risks of hydration along with the importance of good communication and trust building early in care and how this affects outcomes. The lecture will briefly discuss the viewpoints of major religions of hydration at end of life to assist the team in having these conversations and working with families and clergy. The presenter will review the different methods available for artificial hydration including intravenous, hypodermoclysis and proctoclysis, and the burdens and benefits of these modalities. Lastly the presenter will briefly introduce a road map for decision making around hydration that includes five steps, team roles, ethical principles involved and some questions and actions that should be considered for each step.

Brad Macy, RN, BSN, BA —Brad is a 25-year veteran hospice nurse and the President of Hospi Corporation. For the majority of his career as a hospice nurse Mr. Macy cared for home hospice patients in the after-hours setting covering three counties in the San Francisco Bay Area where he saw thousands of difficult symptom management cases. Out of a need to better manage symptoms quickly in the home setting with medication at the bedside, Mr. Macy invented the Macy Catheter, a rectal administration catheter designed to administer ongoing fluid and medication rectally. Mr. Macy was awarded the 2013 National Award for Hospice and Palliative Care Nurse of the Year through the National Board for Certification of Hospice and Palliative Care Nurses for his contributions to the field of Hospice and Palliative Care. Mr. Macy has presented on issues related to symptom management at the end of life throughout the country over the last 10 years and has contributed to research in the field including peer reviewed publications in the Journal of Pain and Symptom Management and the Journal of Hospice and Palliative Nursing. Mr. Macy received a special major B.A. in psycho-physiology from California State University, Long Beach in 1987, and a B.S. in Nursing from the University of San Francisco in 1989.

Session Descriptions

Thursday, October 29th—12:00 PM—Track 5-A

Advance Care Planning—Challenges & Opportunities for End-of-Life Care—Presented by: Carla Baum and Debra Schuster, Attorney

The current health care environment, particularly in view of the Corona virus pandemic, has a critical need and the ability to improve the incorporation of Advance Care Planning into End-of-Life care. Understanding the challenges and opportunities for meaningful, culturally sensitive and broad-based EOL coordination is essential to facilitating conversations about what EOL choices matter.

Carla Baum—Carla is a community advocate for end-of-life conversations and founder of Meaningful Life. Meaningful Life focuses on Advance Care Planning and Advance Directive conversations and brings resources together to help individuals define their wishes for a quality end-of-life. Carla's 45+ year career in healthcare included senior leadership roles - 34 years with SSM Health and 12 years with Lutheran Senior Services. Community service has occurred through various board positions, including Leading Age Missouri, Almost Home and Kirkwood Historical Society. To support her commitment to having the conversation, Carla received a certification in Advance Care Planning from Respecting Choices in September 2018.

Debra Schuster, Attorney—Debbie is a partner at Paule, Camazine and Blumenthal, P.C, whose practice focuses on elder, disability and special needs law, estate and incapacity planning (including end of life planning), mental health law and Medicare, Medicaid, VA benefit planning and advising.

Ms. Schuster is a certified Elder and Adult Family mediator and works with individuals and families to find the best options for their complex legal and life transition issues. She is the Chairperson of the VNA of Greater St. Louis, St. Louis Chapter, a Vice Chair of the Missouri Bar Elder Law Committee, a member of the Missouri and National Academies of Elder Law Attorneys, a member of the Aging Life Care Association, a Board member of the Gateway End-of-Life Coalition and a frequent speaker for St. Louis ARC, the Parkinson's Association, the Missouri Bar and many other organizations. . Ms. Schuster was a 2017 finalist for St. Louis Magazine's "Excellence in the Law".

Friday, October 30th—11:00 AM—Track 5-B**Chaplains, More than a Bedside Prayer—Presented by: Hamish Seegers, MAR, MAML, M. Div. & Rev. Katie Gholson**

What is a chaplain and what does a chaplain do? Is a chaplain a Pastor, priest, counselor, or are they so much more. I want to present to Hospice and Palliative Care professionals about the multifaceted capabilities of Chaplains and the tremendous value chaplains bring to an organization. I want chaplains to be seen and utilized as leaders who have far reaching positive influences for patients, families, and staff. This presentation is to help administrators, physicians, and other healthcare professionals more fully understand, utilize, and capitalize on the work of Chaplains for their organization. Succinctly, the Presentation, "Chaplains more than a bedside prayer," is, how best to use chaplains for your organization to improve patient and family care, professional and personal life satisfaction, and the organization's outcomes and culture.

Hamish Seegers, MAR, MAML, M. Div.—Hamish Seegers works as a professional Chaplain with BJC Home Health and Hospice. Hamish also serves as a Hospice educator in the Missouri Correctional Facilities teaching offenders how to provide hospice care to other offenders in need. He received his B.A. in Religion from Olivet Nazarene University as well as a Masters in Religion, a Master's in Missional Leadership from Northwest Nazarene University, a Masters of Divinity in Chaplaincy from Olivet Nazarene University, Four Units of CPE from Rush University, and a Palliative Care Specialty Certificate from California State University. Hamish achieved a highly specialized Advanced Practice Board Certified Chaplain in Hospice & Palliative Care from the Spiritual Care Association. The Spiritual Care Association (SCA) is the first multidisciplinary, international professional membership association for spiritual care providers that establishes evidence-based quality indicators, scope of practice, and a knowledge base for spiritual care. Hamish has a vast experience, leadership, and wisdom in working with people, team development, and administration. Hamish works alongside others supporting those in need throughout his career as a chaplain and bereavement specialist. Hamish is an Ordained Elder and ecclesiastical endorsement with the Church of the Nazarene. He resides in St. Charles with his wife and two children.

Rev. Katie Gholson—Katie is a professional chaplain on the Palliative Care Team at Barnes Jewish Hospital in St. Louis, MO. She has Master's degrees in Pastoral Studies from Eden Theological Seminary and Social Work from Washington University in St. Louis. Prior to BJH, Katie worked as a staff chaplain at St. Elizabeth's Hospital, PRN chaplain at Belleville Memorial Hospital, and as a resident chaplain at the VA St. Louis Healthcare system. She is endorsed by the United Methodist Church and is working toward board certification with the BCCI. Katie is a leader in her for pastoral care and counseling and she mentors people on their journey towards ordination. Prior to chaplaincy, she served in congregational ministry for twelve years. She is a gifted teacher and care-giver. Katie and her husband have a 7-year-old son and 4-year-old daughter and enjoy spending time outside.

Session Descriptions

Thursday, November 5th—12:00 PM—Track 6-A

Palliative Care and Oncology: Getting on the Same Page—Presented by Dr. Michelle Schultz, MD

This session will acquaint attendees with basic oncologic terminology, concepts and treatment rationales in order to facilitate communication with referring oncologists by speaking their language. Data collected from a successfully integrated palliative care clinic within a community cancer center will be reviewed.

Dr. Michelle Schultz, MD—Dr. Michelle Schultz, received her MD at the University Of Massachusetts Medical School in 1988. She did her Internal Medicine Residency at Thomas Jefferson University in Philadelphia in 1991. Her fellowship in Medical Oncology at Yale University in 1994, and Michelle practiced Medical Oncology from 1994–2008.

She was Hospice Medical Director at VNA Hospice starting in 2000 and gradually incorporated Palliative Care practice into Medical Oncology practice through 2008 when she began to practice Palliative Care full time.

Dr. Schultz is Board certified in Internal Medicine, Medical Oncology and Hospice & Palliative Medicine. She is employed at Mercy Clinic Palliative Care in both the inpatient and outpatient settings since October, 2015. Dr. Schultz has been teaching medical students, residents and fellows throughout her career.

Session Descriptions

Friday, November 6th—11:00 AM—Track 6-B

**Connecting the Dots Between Hospice Quality Reporting and Patient Care —
Presented by: Sharon Litwin, RN, BSHS, MHA**

What is the connection between Hospice Quality Reporting and Patient care? This session will help you to understand why quality measures are needed and become familiar with the HQR requirements and the impact they have on your agency. You will learn how measures for both the Hospice Item Set (HIS) and the CAHPS Hospice Survey items correlate to clinical practice.

Sharon Litwin, RN, BSHS, MHA—Sharon Litwin is founder and senior managing partner of 5 Star Consultants, a national consulting and coding firm specializing in homecare and hospice services since 2003. Sharon was an ACHC and CHAP surveyor, performing Medicare deemed surveys for ten years.

In her consulting firm, Sharon assists homecare and hospice agencies in providing quality, meeting regulations, ICD-10 coding, OASIS, increasing outcomes and Star Ratings, and having continued survey readiness. Sharon and her staff perform ICD-10 coding and OASIS reviews, QAPI, clinical record reviews, mock surveys and help agencies across the country stay in compliance. Sharon is a regular speaker to education companies, state and national associations and publications.

Session Descriptions

Thursday, November 12th—12:00 PM—Track 7-A

Lessons Learned in a Facebook Support Group for Hospice Families—Presented by:
Debra Parker Oliver, PhD

The Lab for Caregiving Innovation has been testing a private hidden Facebook intervention for caregivers of hospice patients. We will share the lessons we have learned in the process as well as some of the beneficial outcomes thus far. Finally, we will identify core skills for facilitators of such group that enhance engagement.

Debra Parker Oliver, PhD—Dr. Debra Parker Oliver wants to improve the dying experience for individuals diagnosed with a terminal illness and find ways to support family members who dedicate their time and energy to assure comfort for those they love. Her research has been awarded more than \$15 million in funding from the National Institute of Nursing Research, National Institute on Aging and National Cancer Institute. She has led two NIH-funded projects designed to promote shared decision-making for families and caregivers of hospice and nursing home patients. The author of over 150 peer-reviewed publications, Dr. Oliver's work in the fields of end-of-life, hospice and palliative care has earned national recognition.

Session Descriptions

Friday, November 13th—11:00 AM—Track 7-B

There is Nothing Artificial About AI Improving Hospice Patient Care—Presented by: Tim Blackmon, CIO

Many different forms of Artificial Intelligence (AI) have been applied to the acute care domain for decades. They vary from diagnosis assistance, outcome predictions, dynamic cohort groupings, and imaging reviews to mention a few. However, the hospice industry has been traditionally slow adopters of such technologies, simply because the AI solutions were not aligned with the primary mission of hospice – to provide the very best care to patients and families during end of life. Typically, most AI solutions have concentrated on the cure or preventative measures of treatment. AI's influence is steadily expanding into other domains including hospice.

The state of hospice is clear: a steady increase in an aging population, a constant shift of regulations, and a shrinking skilled workforce is outpacing the ability for hospice providers to be effective in business and more importantly in-patient care. This situation provides an opportunity to leverage technology to be more efficient, profitable and provide the better care.

AI is an old science that is finding its way into unlikely spaces because of a steady increase in compute capabilities and a decrease of compute cost. For those hospices that are innovative and forward-thinking, it's may be time to stretch the legs of creativity and embrace in the new wave of technical solutions that will improve care, operations, and the bottom line.

This presentation will serve as a brief primer to Artificial Intelligence, dispelling the myths and mysteries, and will focus on solutions emerging in the hospice industry, all of which are aligned with improving end of life care, improving quality scores, making day-to-day operations more efficient, and increasing revenue.

Tim Blackmon, CIO—Tim Blackmon is a technology-centric executive with an operational and financial acumen that he has acquired through many entrepreneurial ventures for the past 30 years. He was a founder Emageon: EMAG (radiology imaging), was a co-owner of ComFrame Software (healthcare-centric consulting), SVP of Influence Health (patient engagement, activation, and analytics), and is currently serving as CEO of ForeseeMD (AI modeling for healthcare) and as the CIO of Mumms Software (hospice EMR/billing). He has a BS in Computer Science from the Georgia Institute of Technology.

Session Descriptions

Thursday, November 19th—12:00 PM—Track 8-A

Is Your Documentation Able to Withstand Scrutiny? - Presented by: Judy Morris, RN, BSN, HFNC

Is your hospice ready for the new 10/1/20 requirements for revised election statements/ addendums,? Also discuss consents for patient rights, IDG documentation, level of care changes, and documentation for revocation versus discharge.

Judy Morris, RN, BSN, HFNC—Judy has over 45 years of experience as a registered nurse. During the last 20 years Judy worked as a home health RN, QAPI nurse for home health agencies, was a Director of Nurses in SNF coordinating SNF with hospice, performed and coordinated QAPI, worked 15 years for Missouri Bureau of Home Care as both a hospice/ home health surveyor for over 12 years, then was promoted to Assistant Bureau Administrator, serving in that position for 3 years. Her Bureau administrative duties included supervision of a team of hospice/ home health surveyors, consultation with hospice agencies on regulatory issues and initial start-ups. Judy joined 5 Star Consultants in January 2019. Since 2019, she has performed consultations onsite at hospice agencies in various states, conducted mock surveys, provided education of new staff/ administrators, and performed QAPI audits.

Session Descriptions

Friday, November 20th—11:00 AM—Track 8-B

Palliative Care Update—Presented by: Patrick White, MD, HMDC, FACP, FAAHPM

This session will briefly review the most relevant research studies conducted in the past year that may change the way we practice to either improve clinical outcomes, optimize resource utilization, or enhance the way we deliver support to patients and families. It will review at least 6 studies and will include multiple studies with national impact conducted here in Missouri with insights from the actual investigators.

Patrick White, MD, HMDC, FACP, FAAHPM—Dr. White is the Chief Medical Officer for BJC Home Care and Hospice and the Stokes Family Endowed Chair in Palliative and Supportive Care and Chief of the newly formed Division of Palliative Medicine at Washington University School of Medicine.

He is a Distinguished Delta Research Scholar and was named one of the 40 under 40 by the Saint Louis Business Journal. He was appointed by the Governor to the Missouri Palliative Care and Quality of Life Interdisciplinary Council and selected by the federal government's Centers for Medicare & Medicaid as a technical expert to help redesign national quality standards at end-of-life.

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