

ORTHOPAEDICS

FOR THE PRIMARY CARE PRACTITIONER
& REHABILITATION THERAPIST

JULY 21-23, 2017 -THE SANDPEARL, CLEARWATER, FL



COURSE DIRECTOR

SETH GASSER, MD
SPORTS MEDICINE SURGEON
FLORIDA ORTHOPAEDIC INSTITUTE
TAMPA, FL

FLORIDA
ORTHOPAEDIC
INSTITUTE
Sports Medicine

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FOUNDATION for ORTHOPAEDIC
RESEARCH and EDUCATION

COURSE DIRECTOR



Seth Gasser, MD

Sports Medicine Surgeon
Florida Orthopaedic Institute
Tampa, FL

INVITED FACULTY

Christopher E. Baker, MD

Tampa, FL

Michael Garcia, MD

Tampa, FL

Anjan R. Shah, MD

Tampa, FL

Thomas Bernasek, MD

Tampa, FL

Alfred Hess, MD

Tampa, FL

John M. Small, MD

Tampa, FL

Scott Brickett, ATC

Tampa, FL

Tammy King, DPT

Tampa, FL

Dexter Stallworth, MD

Tampa, FL

Dave Colvin, DPT

Tampa, FL

Benjamin J. Maxson, DO

Tampa, FL

Jeffrey D. Stone, MD

Tampa, FL

Lynne Couchara

Tampa, FL

Mark A. Mighell, MD

Tampa, FL

Steven J. Tresser, MD

Tampa, FL

Eddy L. Echols, MD

Tampa, FL

Hassin Mir, MD

Tampa, FL

Marc Weinstein, MD

Tampa, FL

Kevin Elder, MD

Tampa, FL

Kevin Nagel, PT

Tampa, FL

David T. Watson, MD

Tampa, FL

Timothy C. Epting, DO

Tampa, FL

Jason Nydick, DO

Tampa, FL

Seung Yi, MD

Tampa, FL

Mark Frankle, MD

Tampa, FL

Jeff Sellman, MD

Tampa, FL

COURSE DESCRIPTION

This course is designed to provide healthcare professionals with the most current diagnostic and treatment options in every orthopaedic subspecialty. A distinguished faculty will present recent advances in pediatrics, trauma, & fracture fixation, arthritis, joint reconstruction, sports related conditions, spine surgery, biologics, and physical therapy. Participants will be given ample time for interactive discussions, opportunities to interact with faculty, plus hands-on workshops.

COURSE OBJECTIVES

Upon completion of this course, learners will be able to:

- Review common musculoskeletal ailments
- Discuss updates in treating common orthopaedic injuries
- Assess appropriate diagnostic imaging tests
- Evaluate indications for referral to a specialist with regard to hip & knee disorders
- Develop new approaches to relieve pain and improve function; specifically the painful shoulder
- Evaluate existing therapies to enhance treatment

TARGET AUDIENCE

Primary care practitioners, nurse practitioners, physician assistants, physical therapists, occupational therapists, athletic trainers, and any allied healthcare professional whose scope of practice or profession includes orthopaedics.

ACCREDITATION

Physicians: FORE is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

FORE designates this live activity for a maximum of **16 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physical Therapists: *Approval Pending from the FBPT*



Athletic Trainers: Foundation for Orthopaedic Research and Education is recognized by the Board of Certification, Inc. to offer continuing education for certified athletic trainers. This program has been approved for 16 hours of category A continuing education. Certified athletic trainers are responsible for claiming only those hours spent participating in the CE Activity.



REGISTRATION OPTIONS

1 | Online: ForeOnline.org 2 | Phone: 813-877-8096

	On or Before 6/21/2017	After 6/21/2017
Physicians	\$500.00	\$600.00
Fellows & Other Healthcare Professionals	\$350.00	\$450.00
Industry Professionals	\$450.00	\$550.00
Residents (Limited Availability)	\$150.00	\$150.00
Friday Injection Pre-Course Only (included with full-course fee)	\$100.00	\$200.00
Guest for Reception	\$35.00	\$35.00

Registration fee includes course materials, breaks, breakfasts, and lunches for the participant only. A confirmation email will be sent one week prior to the activity (no registration is confirmed without full payment).

ACCOMMODATIONS

Sandpearl Resort
500 Mandalay Boulevard
Clearwater, Florida 33767
Phone: 727-446-3711

A small block of rooms has been reserved at the Sandpearl on Clearwater Beach. Please mention "Orthopaedics for the Primary Care Practitioner" when booking your room to reserve the group rate of \$209.00 plus applicable tax and resort fees before July 6, 2017.

DISABILITIES

Please notify the Continuing Medical Education Office, 4115 W. Spruce Street, Tampa, FL 33607 or call 813-877-8096 a minimum of ten working days in advance of the event if a reasonable accommodation for a disability is needed. Events, activities and facilities of Foundation for Orthopaedic Research and Education are available without regard to race, color, sex, national origin, disability, age or veteran status as provided by the law and in accordance with FORE's respect for personal dignity.

REFUND POLICY

Cancellation notification must be in writing (email CME@FOREonline.org) and received by the close of business on June 21, 2017 A cancellation fee of \$50 will be assessed. Cancellations received after June 21, 2017 will not receive a refund. No-shows will not receive a refund.

FORE reserves the right to cancel this program due to unforeseen circumstances, in which case a full refund of registration fees will be given to participants.FORE will not be responsible for travel expenses incurred by the participant in the unlikely event that the Program is cancelled.

FRIDAY, JULY 21, 2017

1:30 PM REGISTRATION

Hands-On Workshop

- 2:00 PM Lecture: Evaluation of the Painful Knee
- 2:30 PM Lecture: Knee Injections
- 2:50 PM Question & Discussion
- 3:05 PM Lecture: Physical Examination of the Shoulder
- 3:35 PM Lecture: Ultrasound Examination of the Shoulder
- 4:05 PM Lecture: Shoulder Injections
- 4:25 PM Question & Discussion
- 4:40 PM Lab: Hands-on-Workshops: Ultrasound and Injections

6:00 PM ADJOURN FOR THE DAY

SATURDAY, JULY 22, 2017

6:30 AM BREAKFAST & REGISTRATION

- 7:20 AM Introduction & Welcome Remarks

Session 1: General/ Miscellaneous

- 7:30 AM Imaging 101: X-Rays, CT, MRI
- 7:45 AM Medical Uses of Hypnosis
- 8:00 AM Pediatric Orthopaedic Update
- 8:15 AM Movement Therapy
- 8:30 AM Questions & Discussion

Session 2: Primary Care Sports Medicine

- 8:50 AM In office Use of PRP, Stem Cells, ect.
- 9:05 AM Rehabilitation of the Painful Throwing Shoulder
- 9:20 AM Current Concepts: Post Concussive Rehabilitation
- 9:35 AM Return to Play: Game Day Decision Making
- 10:10 AM Questions & Discussion

10:30 AM BREAK WITH EXHIBITORS

SATURDAY, JULY 22, 2017 (CONTINUED)

Session 3: Shoulder & Elbow

- 10:15 AM Proximal Humeral Fractures
- 10:30 AM Emerging Techniques in Rotator Cuff Surgery
- 10:45 AM Principles of Rehabilitation after Rotator Cuff Repair
- 11:00 AM Treatment Options for Meniscal Tears
- 11:15 AM Question & Discussion

Session 4: Hand/Upper Extremity

- 11:30 AM Pediatric Elbow Fractures
- 11:45 AM Flexor Tendon Injuries
- 12:00 PM Carpal Tunnel/ Cubital Tunnel Syndrome
- 12:15 PM Physical Therapy- Regaining Function after Common Hand Injuries
- 12:30 PM Questions & Discussion

12:45 PM LUNCH

Session 5: Foot & Ankle

- 1:45 PM Treatment Options for Arthritis of the Foot and Ankle
- 2:00 PM Heel Pain
- 2:15 PM Bunions and Lesser Toe Deformities
- 2:30 PM Rehabilitation of Common Foot and Ankle Injuries
- 2:45 PM Questions & Discussion

Session 6: Trauma

- 3:05 PM Basic Principles of Fracture Management
- 3:20 PM Commonly Missed Upper Extremity Fractures
- 3:35 PM Commonly Missed Lower Extremity Fractures
- 3:50 PM Questions & Discussion

4:10 PM ADJOURN FOR THE DAY

5:30 PM WELCOME RECEPTION

SUNDAY, JULY 23, 2017

7:00 AM BREAKFAST WITH EXHIBITORS

Session 7: Adult Reconstruction

- 7:30 AM Total Hip Arthroplasty
- 7:45 AM The Use of Robotics in Joint Replacement Surgery
- 8:00 AM Outpatient Joint Replacement: Same Day, Home Safe
- 8:15 AM Recovering From Lower Extremity Joint Replacement Surgery
- 8:30 AM Questions & Discussion

Session 8: Sports Medicine

- 8:50 AM Hip Arthroscopy: State of the Art
- 9:05 AM Shoulder Instability
- 9:20 AM ACL Rehabilitation/ Return to Play
- 9:35 AM Treatment Options for Meniscal Tears
- 9:50 AM Questions & Discussion

10:10 AM BREAK WITH EXHIBITORS

Session 9: Spine

- 10:25 AM Cervical Spine Trauma
- 10:40 AM Low Back Pain: An Evidence Based Medicine Approach to Evaluation and Treatment
- 10:55 AM Minimally Invasive Spine Surgery
- 11:10 AM Rehabilitation Techniques for Common Spine Disorders
- 11:25 AM Questions & Discussion

11:45 PM COURSE ADJOURNS

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