

15th Annual Rocky Mountain Metabolic Syndrome SYMPOSIUM

FRIDAY, MAY 4, 2018

UNIVERSITY OF COLORADO • ANSCHUTZ MEDICAL CAMPUS

FEATURED SPEAKERS



JOHN FOREYT, PHD

Professor of Medicine
Director, DeBakey Heart Center's
Behavioral Medicine Research Center
Baylor College of Medicine
Houston, TX



PATRICK MORIARTY, MD

Professor of Medicine
Director, Clinical Pharmacology
Director, Atherosclerosis &
Lipoprotein Apheresis Center
University of Kansas Medical Center
Kansas City, KS



JANE REUSCH, MD

President - Medicine & Science,
American Diabetes Association
Professor of Medicine
Associate Director,
Center for Women's Health Research
Division of Endocrinology,
Metabolism & Diabetes
University of Colorado
School of Medicine
Denver, CO

Jointly Provided by



TARGET AUDIENCE

This program is designed to benefit Physicians, Diabetes Educators, Nurses, Nurse Practitioners, Pharmacists, Physician Assistants & Registered Dietitians.

*There are no pre-requisites required for this course. To claim your certificate you must attend the seminar, complete the activity evaluation and download your certificate of completion. **Competencies addressed:** Patient Care; Medical Knowledge; Interpersonal & Communication Skills; Professionalism; System-Based Practice*

COURSE DESCRIPTION

This course is designed to bring together leaders in research and medicine with a multidisciplinary group of healthcare practitioners from the Rocky Mountain Region. The activity focuses on practical approaches to the metabolic syndrome and key related clinical challenges. Its central purpose is to create enduring performance improvement that generates compelling advances in patient care.

FORMAT

Program sessions integrate the most current scientific and clinical information and incorporate case-based learning methods. A discussion period after each presentation will be used to clarify and debate issues. Participants will also have the opportunity to visit industry exhibits.

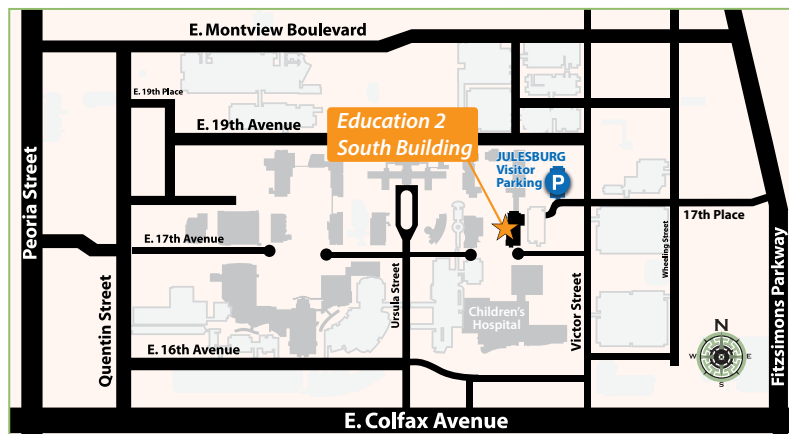
LEARNING OBJECTIVES

These objectives support medical assessment and management with patient populations for physicians, nurses, diabetes educators, nurse practitioners, physician assistants, pharmacists and registered dietitians:

- Apply guidelines pertaining to the screening and assessment of the metabolic syndrome patient.
- Implement current diet and nutrition recommendations for patients with the metabolic syndrome and type 2 diabetes.
- Assess practical strategies for managing insulin in patients with type 2 diabetes.
- Compare therapeutic advances in the management of atherosclerosis, dyslipidemia, hypertension, obesity, type 2 diabetes and related diseases centered on the metabolic syndrome.
- Integrate challenges and current recommendations pertaining to non-alcoholic fatty liver disease.

The information provided at this CME/CE activity is for continuing education purposes only and is not meant to substitute for the independent medical/clinical judgment of a healthcare provider relative to diagnostic and treatment options of a specific patient's medical condition. If you have credit questions or concerns, please contact cpdsupport@health.usf.edu or call 813-224-7860. If you have activity questions or concerns, please contact CEConsultants at questions@thececonsultants.com or call 303-933-1767.

USF is an Equal Opportunity/Affirmative Action/Equal Access Institution. For disability accommodations contact CEConsultants at 303-933-1767 within 5 days of the event.



PARKING

Public parking is available in the **Julesburg** visitor parking lot on 17th Place near the Education 2 South Building. Parking is \$5/day.

LODGING

Visit the following web address to access contact information for all lodging near the University of Colorado Hospital Anschutz Medical Campus: www.cu.edu/psc/travel/preferred-hotel-program. (Please note that many of these hotels offer special University of Colorado Hospital discounts so be sure to mention you are attending a UCH activity.)

LOCATION

University of Colorado
Anschutz Medical Campus
Education 2 South Building Auditorium
13121 E 17th Avenue • Aurora, CO 80045

DRIVING DIRECTIONS

From the South (via I-225)

- West on Colfax to Victor St.
- Right (North) on Victor St.
- Left (West) on E. 17th Place
- Street leads to Julesburg parking lot

From the North (via I-70)

- South on Peoria to E. Montview Blvd.
- Left (East) on E. Montview Blvd. to Victor St.
- Right (South) on Victor St.
- Right (West) on E. 17th Place
- Street leads to Julesburg parking lot

PROGRAM AGENDA

Friday, May 04, 2018

7:00	Registration/Coffee
7:45	Metabolic Syndrome Update 2018 <i>Marc-Andre Cornier, MD</i>
8:00	Navigating the Treatment of Type 2 Diabetes: What's New <i>Jane Reusch, MD</i>
8:45	Successful Behavioral Strategies for Long-Term Weight Management <i>John Foreyt, PhD</i>
9:45	Break/Exhibits
10:05	What's New in the World of Lipids in 2018? <i>Patrick Moriarty, MD</i>
11:05	The New Hypertension Guidelines <i>Joseph Saseen, PharmD, BCPS, CLS</i>
11:50	Lunch/Exhibits
12:35	Intermittent Fasting & Meal Timing for Weight Loss <i>Victoria Catenacci, MD</i>
1:20	Challenging Obesity Cases <i>John Foreyt, PhD</i>
2:05	Break/Exhibits
2:25	Challenging Lipid Cases <i>Patrick Moriarty, MD</i>
3:10	NAFLD Diagnosis and Management: Moving from the Dark Ages to the Renaissance <i>Thomas Jensen, MD & Amanda Wieland, MD</i>
3:55	Break/Exhibits
4:00	A Practical Case-Based Approach to Insulin Therapy in Type 2 Diabetes <i>Marc-Andre Cornier, MD</i>
4:45	Adjourn

Agenda is subject to change.

FACULTY

COURSE DIRECTOR

MARC-ANDRE CORNIER, MD

Professor of Medicine
Division of Endocrinology,
Metabolism & Diabetes
Anschutz Health and Wellness Center
University of Colorado School of Medicine

VISITING PROFESSORS

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Behavioral Medicine Research Center
Baylor College of Medicine
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American Diabetes Association
Professor of Medicine
Associate Director
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Professor & Vice Chair,
Department of Clinical Pharmacy
University of Colorado
Skaggs School of Pharmacy
Professor, Department of Family Medicine
University of Colorado School of Medicine

AMANDA WIELAND, MD

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Division of Endocrinology, Gastroenterology
University of Colorado School of Medicine

FACULTY DISCLOSURE: *USF Health adheres to the ACCME Standards regarding commercial support of continuing medical education. It is the policy of USF Health that the faculty and planning committee disclose real or apparent conflicts of interest relating to the topics of this educational activity, that relevant conflict(s) of interest are resolved and also that speakers will disclose any unlabeled/unapproved use of drug(s) or device(s) during their presentation. Detailed disclosure will be made in the course syllabus.*

ACCREDITATION



ACCME: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of USF Health and CEConsultants. USF Health is accredited by the ACCME to provide continuing medical education for physicians.

USF Health designates this live activity for a maximum of 7.50 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



REGISTERED DIETITIANS: USF Health, C0001, is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR) from 2/22/17 to 2/21/18. Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive up to 7.5 Level 2 continuing professional education units (CPEUs) for completion of this program/materials. Continuing Professional Education Provider Accreditation does not constitute endorsement by CDR of a provider, program or materials.

AAPA: AAPA accepts certificates of participation for educational activities certified for *AMA PRA Category 1 Credit™* from ACCME accredited providers. Physician Assistants who participate will receive a certificate of completion commensurate with the extent of their participation.

ANCC: USF Health is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

A maximum of 7.50 contact hours may be earned by learners who successfully complete this continuing nursing education activity.



ACE: USF Health is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This application-based program has been approved for 7.5 contact hours (0.75 CEUs). Universal program number is as follows: 0230-9999-18-002-L01-P.

To receive continuing education credit, a pharmacist must attend the accredited sessions, actively participate in questions and answers, and must return the program evaluation instrument. In order to receive full credit, registrants must register no later than 10 minutes after the start of the meeting and must attend the entire meeting.

It is the responsibility of the pharmacy participant to ensure the provider has the learner's birthday and ePID NABP number; it is the responsibility of the provider to submit to CPE Monitor participant information within 60 days of the activity for all participants who have attended, attested to their participation and provided their ePID/NABP number and birthdate.

REGISTRATION

Information & Fees

The registration fee includes the program, syllabus, catered breaks and lunch. Refunds are issued only for meetings which are canceled by the education provider.

Parking is operated by a private company that charges \$5*per day.

*Parking fee subject to change.



EARLY REGISTRATION: \$179

Discounted fee for those registered **prior to March 30, 2018.**

STANDARD REGISTRATION: \$199

Standard fee applies to registrations postmarked **after March 30, 2018.**

ONSITE REGISTRATION: \$219

Onsite fee applies to participants that register on the day of the event, **May 04, 2018.**

Two Ways to Reserve Your Place

- ▶ Detach completed form below and mail with check. \$179 (prior to 3/30/18) or \$199 (after 3/30/18)
- ▶ Register Online. Visit www.cme.hsc.usf.edu and click on Course Calendar > Search May 2018 > Rocky Mountain Metabolic Syndrome Symposium.

Complimentary lunch will be served. Do you require a vegetarian meal? ☐ Yes ☐ No

Name (As you would like listed on your CME/CE certificate)

NABP #

Birthday (MM/DD)

Degree (MD, NP, PharmD, RN, etc.)

Specialty (Endocrinology, Family Practice, etc.)

CDR Registration #

Address

City, State, Zip

Email (for sending receipt and claiming CME/CE)

Phone

PAY BY CHECK: Return form and enclose check payable to: **CEConsultants, LLC**

Mail to: **CEConsultants, LLC** • 33 Lark Bunting Lane • Littleton, CO 80127

☐ I have special needs and require accommodation in order to fully participate in this activity.
(Someone will contact you to discuss your needs.)

PAY BY CREDIT CARD: ☐ Visa ☐ MC ☐ Discover ☐ AmEx

FAX with credit card number to: 303-933-1764

Name on Card

\$

Amount

Credit Card Number

Expiration Date

CVV (3 or 4 digit card security code)

Credit Card Zip (if different from above)

Signature

For additional information contact **CEConsultants** at questions@thececonsultants.com or call **303-933-1767.**