



QRC: 3473

Price

One Day : \$410 inc. GST

Two Days: \$540 inc. GST

Date

14 - 15 Mar 2019

Venue

Oaks On Collins

480 Collins St , Melbourne, VI, 3000

CPD Hours

11 Hours | 0 Mins

Assessment: General Clinical Nursing - Melbourne 2019

2 Day Seminar for All Nurses

Need for Program

This is an opportunity for all nurses to update their general clinical assessment skills within a practical and interactive environment. Nurses may need a general update, a refresher, or may have been working in a specialist area where general clinical assessment skills are not used regularly. This Seminar provides updates, and through the use of interactive case studies, it enhances clinical reasoning, critical thinking and general assessment skills, while refreshing anatomy, physiology and pathophysiology.

Purpose of Program

The purpose of this seminar is to offer all nurses an opportunity to update their general clinical assessment skills.

Learning Outcomes

At the conclusion of this program it is expected that the participants will be able to:

- Improve patient comfort during an assessment by preparing the person physically and psychosocially, including by selection of the most appropriate assessment tool
- Revise the anatomy and physiology, and pathophysiology of the major body systems and review common symptoms of diseases
- Correlate clinical assessment findings with pathophysiological processes that occur across a range of body systems
- Document findings and apply a range of appropriate and timely evidence-based nursing interventions to a patient following a comprehensive assessment

Program Schedule

Day One

9:00am - Registration and Refreshments

9:30am

Cornerstone of Nursing Care - Clinical Assessment

This introductory session will highlight the importance of the holistic nature of a nursing assessment. Clinical assessment is acknowledged as a core nursing skill that, when used as a baseline tool, is the key to the development of an effective care plan. In this session, you will reflect on the purpose of clinical assessments and how they contribute to your professional care. You will also review the nursing process and consider the following questions:

- Should a comprehensive clinical nursing assessment be performed on all patients?
 - What data should be sourced prior, during, and after a clinical assessment?
 - Performing a clinical interview - how do you ensure the interview is both reliable and appropriate and includes the relevant people?
 - Top to toe systems assessment: which is the best pattern?
 - What documentation should be considered?
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10:30am

Assessment Tools - Which One?

There is a range of instruments and tools that can be used to assist nurses to perform a clinical assessment. This short session will briefly look at the purpose of these tools and where their value lies in a clinical assessment. We will discuss:

- How to select an assessment tool
 - How to use a tool when performing an assessment
 - Documentation tips
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11:00am - Morning Tea

11:30am

Assessment of the Respiratory System - Part One

The main purpose of respiratory assessment is to ascertain how well the gases of oxygen and carbon

dioxide are exchanged. This session will review the underlying principles of respiratory assessment. It includes:

- A review of the normal anatomy and physiology of the respiratory system
 - The common disease states and their related clinical assessment findings
 - How to perform a systematic assessment of the respiratory system
 - History and clinical examination with a respiratory focus
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1:00pm - Lunch and Networking

1:45pm

Assessment of the Respiratory System - Part Two

This session focuses on the diseases of the respiratory system and their clinical presentations. You will discuss clinical findings, how to interpret them in relation to your patient presentation, and how to take the next step in the assessment and management of respiratory problems. We will look at case studies in respiratory assessment and discuss:

- Taking the next step – how do you do an advanced respiratory assessment?
 - Why order a chest x-ray or other diagnostic tests?
 - Are any pathology tests useful in respiratory assessment?
 - Case studies in Respiratory Assessment
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2:45pm - Afternoon Tea

3:00pm

Cardiac Assessment - Part One

Cardiac disease is increasingly common in our society. Many chronic diseases, such as diabetes and hypertension, are also linked to cardiac problems. In this session, you will refresh your knowledge about the underlying principles of performing a cardiac assessment. Topics include:

- A review of the normal anatomy and physiology of the cardiac system
 - Key aspects of healthy heart function
 - What your first observations tell you
 - How to perform a systematic assessment of heart function
 - Common disease states and related assessment findings
 - How to document and use terminology correctly
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4:30pm - Close of Day One of Seminar

Day Two

9:30am - Commencement of Day Two

9:30am

Cardiac Assessment - Part Two

This session focuses on the diseases of the cardiac system and their clinical presentations. You will discuss clinical findings and how to interpret them in relation to your patient presentation. You will then take the next step in the assessment and management of cardiac or cardiac-related problems. Explore:

- Case studies in cardiac assessment
 - The usefulness of pathology tests in cardiac assessment
 - Common cardiac management problems - the patient with chest pain
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11:00am - Morning Tea

11:30am

Neurological Assessment - A Systematic Approach

The neurological system can be involved in many patient presentations and is considered to be one of the most difficult systems for assessment. A neurological assessment needs to demonstrate objective reasoning and critical thinking. As the neurological system is so complex and involves every aspect of human function, we have many tools available to assist. In this session, using case scenarios, you will discuss assessment tools and techniques and consider their implications in regard to neurological function. Review:

- Neurological assessment tools and techniques
 - Normal anatomy and physiology of the neurological system
 - Common disease states and related assessment findings
 - Documentation and correct use of terminology
 - Specific neurological assessments through demonstration
 - Assessing the "head injury"
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1:00pm - Lunch Break and Browse the Book Display

1:45pm

Assessment of Other Systems

While respiratory, cardiac, and neurological assessment have now been discussed, there may be other assessment challenges you face. Depending on the time available, and the needs of participants, additional case studies and presentations are available to outline clinical assessment in areas such as:

- Gastrointestinal and abdominal assessment – principles and assessment techniques
 - Acute musculoskeletal pain – assessment and diagnostics
 - Case scenarios relevant to participant's workplaces
 - Asthma and Anaphylaxis
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3:15pm - Afternoon Tea and Coffee

3:30pm

Sharpening Your Nursing Assessment Skills: The Big Benefits?

This session will look at your own assessment capabilities and what you have gained from this seminar. By having an understanding of your own clinical reasoning skills and how to develop them, it will ensure that your nursing practice continues to improve and expand. We will discuss:

- Advanced nursing practice and advanced assessment
 - The scope of practice for nurses and how to expand it
 - Clinical reasoning
 - How to further develop assessment skills
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4:15pm

Final Wrap up and Case Outcomes

Having developed your clinical assessment and clinical reasoning skills over the last two days, the outcomes for some of the case studies will be presented. This is a final opportunity for you to reflect on your abilities in clinical assessment.

4:30pm - Close of Seminar and Evaluations

Presenters

Leanne Boase

Leanne Boase is a Nurse Practitioner with a background in critical care and paediatrics. She currently practices across three GP clinics in Melbourne. She has also built, owned, and operated her own GP practice and is now a director of the Prime Medical Property Group, developing and building properties in the health sector. Leanne also does business planning and is the author of "Medical Business Management", aimed at assisting health professionals to start their own businesses. Leanne is the current President, and a Fellow of the Australian College of Nurse Practitioners. She works as a casual academic. Her qualifications include a master of nursing (Nurse Practitioner) and a master of health science (education).

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