

Postpartum Support International
Main Conference June 24-25, 2015
Hilton San Diego Mission Valley | San Diego California

FRIDAY, June 24 2016

AGENDA	1	2	3	4	5	6	7
7:15-7:45	<i>Morning Mindfulness with Robin Muskal</i>						
WELCOME 8:00-8:15	MORNING WELCOME						
KEYNOTE 1 8:15- 9:15	Vivien Burt, MD Depression in Pregnancy: Making Sense of Conflicting Literature about Risks of Treatment with Antidepressants						
	Diversity	Integrated Systems	Psychotherapy	Trauma & Recovery	Communities	Psychiatry & Medicine	Special Workshops
Breakout I FRIDAY 9:30-10:30 60 Min.	Pam Barnes-Palty, M.Ed., M.A. Working with Native American Women with Postpartum Depression	Sage Saxton, Psy.D. and Pec Indman, EdD, MFT Bridging the Gap: National Interdisciplinary Recommendations for Psychosocial Support of NICU Parents	Crystal Clancy, MA, LMFT and Lisa Cross, MA, LMFT A Skills-Based Approach to Helping Couples Navigate Their Postpartum Journey	Meggan Hartman, PhD Culture, Shame, and Motherhood Identity	Amy-Rose White MSW, LCSW and Elizabeth Smith, MPH, ICCE, IBCLE, RLC The Breast is Best Paradigm & Maternal Mental Health: Best Practices in Psychotherapy and Lactation	Amanda Tinkelman, M.D. Bipolar Disorder and Postpartum Psychosis	Shoshana Bennett, PhD and Jane Honikman, MS Postpartum Action Institute - Workshop 1

Wednesday Night: Return to Zero -- Hanish and Margulies -- <http://www.returntozerohealingcenter.com/return-to-zero-film>

Friday Lunch: Blue Dot Symbol

Saturday Lunch: Jamie Zahlaway Belsito - legislation

Saturday Night: Melissa Bangs: Playing Monopoly with God & Other True Stories (performance and discussion) <http://www.playingmonopolywithgod.com/>

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Breakout II FRIDAY 10:45-11:45 60 Min.	Dvora Entin, LCSW Maternal Mental Health Care and the Orthodox Jewish Family: Cultural Insights	Malina Spirito, Psy.D., M.Ed. and Megan O'Hara, MSW, LCSW A Hybrid Integrated Care Model: A Novel Approach to Maternal Mental Health	Sherry J. Duson, M.A. LPC-S, LMFT-S; Tricia Miller, M.A. LPC-Intern; Kim Jones, M.A. LMFT Increasing Access to Care Using a Private Practice Training Model	Angela Burling R.N., M.S.N. and Chris Raines, R.N., M.S.N., APRN-BC Avoiding Crisis and the Loss of Life by Recognizing and Treating Postpartum Psychosis	Daniel B. Singley, Ph.D., ABPP Fathers' Perinatal Mental Health: Yes, It Exists and What You Should Do About It	Emily C. Dossett, MD, MTS; Michael Regalado; MD Erica Shoemaker, MD, MPH; Gabrielle Kaufman, MA, LPCC, BC-DMT, NCC The New Family Care Clinic: Integration in Every Direction	Adrienne Griffen; Tonya Fulwider; Crystal Clancy Roundtable Discussion for Nonprofit Leadership – Part I
LUNCH FRIDAY 12:00-1:00	LUNCH Networking by Region THE BLUE DOT SYMBOL for Maternal Mental Health						
KEYNOTE 2 FRIDAY 1:15-2:15	Sherry Payne, MSN, RN, CNE, IBCLC Maternal Mental Health and Cultural Competency African American Women and Maternal Mental Health						

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Breakout III FRIDAY 2:30 - 3:45 75 Min.	Diana Griffis, MS, LMFT Mamás y Bebés Program- Replication of a Perinatal Preventive Intervention of Postpartum Depression for the Latina Population - Adapting and Supporting the use of the Promotora Model	Joy Burkhard, MBA and Bruce Spurlock, MD: California Maternal Mental Health Commission-- Findings and Recommendations	Amber Rukaj, M.A., LMFT, PP Doula; Chelsea Haakmeester, M.A., IMF Integrative Systems Model For Infertility: Patient benefits and provider considerations for PMADs prevention	Gabrielle Kaufman, MA, LPCC, BC-DMT, NCC; Caron Post, PhD; Patrisha Taylor, MFT, PhD (candidate) Keeping Mothers and Babies Safe: Building Relationships with CPS	Wendy Davis, PhD; Marisela Rosales, LCSW; Dalia Kenig, MA, MFT Perinatal Mental Health Warmlines: Training Volunteers, Sustaining Services, and Dealing with Emergencies	Kimberly McCue, M.A. Lita Simanis, MSW, LCSW Melissa Gonski, MA, LCPC Amita: Developing A Perinatal Behavioral Health Intensive Outpatient Program	Angela Burling R.N., M.S.N. and Sharon Gerdes, B.S., C.F.S. Postpartum Psychosis Survivors – Making a Difference (Second Annual Postpartum Psychosis Survivors Support Group)

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Breakout IV FRIDAY 4:00 - 5:30pm 90 Min.		Allison Murphy, MFT The Mothers Care Model. Bridging the Gap: Physicians and Clinicians Creating Proactive Care & Emma Goforth, MPH; Lisa Jansen Thompson, MA; LPC Lauren Jassil, MSW, LCSW Collaboration for Community Change in Perinatal Mental Health	Jane Hesser, MFA, MSW, LICSW The Spaces In Between: Facilitating Wellness in Perinatal Transitions (IPT) & Arianna Taboada, MSW, MSPH Postpartum Eco-map: A Tool for Identifying and Strengthening Support Networks in Pregnancy and postpartum	Laurie Chameides, LCSW Grief Work Following Termination For Anomalies & Joanna Cole, PhD A Model for Perinatal Palliative Care: Helping Mothers and Families Say “Goodbye” at Birth	Birdie Gunyon Meyer, RN, MA and Annette Cycon, LICSW Managing Difficult Situations in Support Groups	Kimberly McCue, M.A. Lita Simanis, MSW, LCSW Melissa Gonski, MA, LCPC Cecelia Horan Psy.D. Xiaohong Yu, MD., MS. Patrick McGrath, Ph.D. Treatment of Perinatal Anxiety in IOP/PHP Setting	Suzannah Neufeld, MFT RYT Yoga and Mindfulness for Mama’s Mood: Healing Tools for PMAD
FRIDAY 5:45 - 6:45pm	POSTER SESSION & RECEPTION						
FRIDAY 7-10pm	PSI BANQUET and fundraiser KEYNOTE: Celebrity Chef and mom, Aarti Sequeira						

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SATURDAY, June 25 2016

AGENDA	1	2	3	4	5	6	7
7:15-7:45am	<i>Morning Mindfulness with Robin Muskal</i>						
WELCOME 8:00-8:15	MORNING WELCOME						
KEYNOTE 3 8:15- 9:15	Vincent Felitti, MD: Adverse Childhood Experiences and Mental Health						
	Diversity	Integrated Systems	Psychotherapy	Trauma & Recovery	Communities	Psychiatry & Medicine	Special Workshops
Breakout V SATURDAY 9:30-10:30 60 Min.	Venus Mahmoodi, M.S., and Janice Habarth, PhD Perinatal Cultural and Religious Practices of U.S. Muslim Women	Marybeth McManus, BSN, MPA, RN-BC; Deborah Ruschmann, MS, RN, PMHCNS-BC; Zucker Hillside: Opening an Inpatient Perinatal Psychiatry Unit; Lessons Learned	Christina G. Hibbert, Psy.D Perinatal Self-Esteem, Identity, & Sense-of-Self: A New Approach to Healing	Diana Lynn Barnes, PhD and Liz Friedman, MFAA Trauma Informed Understanding of Postpartum Psychosis	Lisa Dryan, LCSW and panel Building and Financing Grassroots Coalitions through Relationships	Helen W Jones RN, APN, C., PhD Pharmacogenetics and Personalized Medicine – A Game Changer	Shoshana Bennett, PhD and Jane Honikman, MS Postpartum Action Institute Workshop 2
Breakout VI SATURDAY 10:45-11:45 60 Min.	Yuko M. Leong RN, PHN, MS, PHCNS-BC Life Course Theory(LCT): Journey with Families in Transition (Japanese-American)	Ruth P. Newton, Ph.D. and Khawla Suleiman-Qafiti, M.D., MAS, FAAP Maternal postpartum depression screening, assessment and treatment: a pilot program	Andrea Schneider, MSW, LCSW Healing with the Expressive Arts: Interventions for Moms with PMADs	Jane Hesser, MFA, MSW, LICSW Embracing Complexity: Traumatic Birth Impact on Maternal Mental Health and Infant Bonding	Alison Reminick, MD; Theresa Nguyen, PMHNP; Amber Rukaj, MFT Postpartum Depression in the Military	Shannon L. Clark, MD; Elizabeth A. DeFazio RN, MS; Nuria S. García-Ruiz, MD Integrating group medication management into obstetrical care: A multidisciplinary treatment model for PMAD's	Adrienne Griffen; Tonya Fulwider; Crystal Clancy Roundtable Discussion for Nonprofit Leadership – Part 2

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LUNCH SATURDAY 12:00-1:00	LUNCH: Awards and Announcements Jamie Zahlaway Belsito: Legislation – Call to Action						
KEYNOTE 4 SATURDAY 1:15-2:15	FATHERS PANEL: David Levine, MD and Daniel Singley, PhD						
	Diversity	Integrated Systems	Psychotherapy	Trauma & Recovery	Communities	Psychiatry & Medicine	Special Workshops
Breakout VII SATURDAY 2:30-4:00 90 Min.	Linda Shanti McCabe, PsyD If I lose the baby weight, will I re-find myself? & Lindsay Stenovec, MS, RDN, CEDRD, CLEC Eating Disorders During Pregnancy and Postpartum - Risk Factors, Symptoms and Treatment	Anna Breuer, Psy.D and Tracy E. Moran, Ph.D Keeping the Baby in Mind When Depression and Anxiety Transpire (Fussy Baby Network) & Jennifer Silverstein, LCSW, IFMHS Infant Neurodevelopment Development and Primary Relationships: Mitigating the PMAD Impact	Gaby Donnell, LCSW: Pre-term and Infant Death: Clinical Interventions for Grief and Trauma & Joann M. O'Leary, PhD, MPH, MS: Pregnant After Perinatal Loss: Differentiating Grief from Depression	Annette Cycon, LICSW; Liz Friedman, MFA; Heidi Koss, MA Utilizing Trauma-informed Skills in Perinatal Support Groups	Jenn Paul, MA, MFT Community Resiliency Model®(CRM) Self – Care skills for those in the Helping & Healing Profession & Kim Flowers, IF-ECMH RPF-II, Rachael Stracka, LCSW, BCD Taking Care of You, the Professional: A Mindful Response to PMADs	Tina Walch, MD; Amanda Tinkelman, MD; Pauline Walfisch, LCSW; Lisa Testa, PhD This is Not Your Mothers' PMAD: Complex Cases and Clinical Pearls	
CLOSING SATURDAY 4:15- 5:00	Conference Closing Session ~ Evaluations and Discussion						

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