

Cardiovascular Disease Management: A Case-Based Approach

Richard R. Heuser, MD, FACC
Program Director

October 13 & 14, 2016

Nursing Symposium

October 12, 2016, 12:00 – 5:00 pm

Arizona Biltmore Hotel, Phoenix, Arizona



AMERICAN
COLLEGE of
CARDIOLOGY

Arizona
CHAPTER



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CARDIOLOGY

California
CHAPTER

Course Description

This two-day continuing medical education symposium will center on the nuts and bolts of everyday care for patients with cardiovascular diseases, and present new ideas for tailoring the most appropriate treatment plan for each individual. Focus will be placed on gauging and monitoring therapy, including recognizing symptoms, evaluating risk factors, guiding treatment through imaging, general and functional testing, and appropriate therapy. Unlike most programs, this will be delivered as a case-based approach. In other words, how would I manage a diabetic patient with these lipid levels? Case examples make the lectures more relevant to everyday practitioners.

Working with the most current data from recent evidence-based medicine studies, as well as new guidelines, the invited faculty will discuss options for patients with coronary disease, peripheral vascular disease, carotid disease, valvular heart disease, hypertension, atrial fibrillation, congestive heart failure and lifestyle risk reduction of cardiovascular disease. Ultimately, the goal is to provide an overview of the optimal methods and management of the informed physician's practice, and to discuss and debate the exciting options on the horizon. We also will include world experts in cardiovascular device development and delivery of health care to help us navigate this ever-changing new health care environment.

Target Audience

This symposium is designed for clinical cardiologists, primary care physicians, interventional cardiologists, cardiovascular surgeons, basic scientists, vascular medicine specialists, nurses, perfusionists, cath lab technicians, and other health care professionals with a special interest in the field of cardiovascular medicine. The presentations this year will also be relevant to practitioners involved with foot care.

Program Educational Objectives

Upon completion of the meeting, attendees should be able to:

- ▶ Understand the new lipid agents and their potential impact on risk factors
- ▶ Examine the serious complications of diabetes, particularly peripheral vascular disease and wound care from the perspective of a cardiovascular specialist
- ▶ Compare and contrast management of the most common arrhythmia, atrial fibrillation
- ▶ Understand the clinical evaluation and treatment of congestive heart failure
- ▶ Recognize and evaluate patients with cardiovascular disease seen in a day-to-day practice setting, and to be able to gauge and manage therapy of these patients
- ▶ Explore cardiovascular treatment options on the horizon
- ▶ Understand and discuss the future of healthcare delivery in this new era

New this year!

Symposium on **Continuing Nursing Education** designed with an emphasis on providing the best in patient care – immediately preceding the Cardiovascular Disease Management Symposium

October 12, 2016 ▶ 12:00 – 5:00 pm

Arizona Biltmore Hotel, Phoenix, Arizona

For further information, please visit www.promedicacme.com

Program Director

Richard R. Heuser, MD, FACC
 Chief of Cardiology
 St. Luke's Medical Center
 Professor of Medicine
 University of Arizona College of Medicine
 Phoenix, AZ

Invited Faculty

George L. Adams, MD, MHS, FACC
 REX Hospital
 UNC Healthcare System
 Raleigh, NC

Ehrin J. Armstrong, MD, MSc, FACC
 University of Colorado
 Denver, CO

Jeffrey G. Carr, MD, FACC
 Tyler Cardiac and
 Endovascular Center
 Tyler, TX

Matthews Chacko, MD
 Johns Hopkins Hospital
 Baltimore, MD

Neal Eigler, MD, FACC
 V-Wave Inc.
 Agoura Hills, CA

Richard M. Ferrari, MBA
 De Novo Ventures
 Saratoga, CA

Gregg Fonarow, MD, FACC
 University of California Los Angeles
 Division of Cardiology
 Los Angeles, CA

Ian C. Gilchrist, Sr., MD, FACC
 Penn State Heart & Vascular Institute
 Hershey, PA

Martha Gulati, MD, MS, FACC
 University of Arizona
 Phoenix, AZ

Michele Y. Halyard, MD
 Mayo Clinic
 Scottsdale, AZ

Joachim H. Ix, MD, MAS
 University of California, San Diego
 Veterans Administration San Diego
 Healthcare System
 San Diego, CA

Saibal Kar, MD, FACC
 Cedars-Sinai Medical Center
 Los Angeles, CA

Spencer B. King III, MD, MACC
 Emory University School
 of Medicine
 Atlanta, GA

Ray Matthews, MD
 University of Southern California
 Los Angeles, CA

Michael Rinaldi, MD, FACC
 Sanger Heart and Vascular Institute
 Carolinas Medical Center
 Charlotte, NC

Jennifer G. Robinson, MD, MPH
 University of Iowa
 Iowa City, IA

John B. Simpson, MD, PhD, FACC
 Avinger
 Redwood City, CA

Thomas A. Sos, MD
 New York Presbyterian
 Weill Cornell
 New York, NY

David Spragg, MD
 Johns Hopkins Hospital
 Baltimore, MD

William S. Weintraub, MD, MACC
 Christiana Care Health System
 Newark, DE

Kerry Zang, DPM
 St. Luke's Hospital
 Mesa, AZ

Wednesday, October 12, 2016

12:00 – 5:00 pm
 Nursing Symposium

Thursday, October 13, 2016

7:15 – 8:00 am
 Registration and Continental Breakfast

8:00 – 8:30 am
 Welcome and Introduction
 Richard R. Heuser, MD, FACC

SESSION I: The Nation's #1 Health Problem: Setting the Stage

8:30 – 9:00 am
 What Role do the New PCSK9 Inhibitors Have in Lipid Lowering Treatment?
 Jennifer G. Robinson, MD, MPH

9:00 – 9:30 am
 Sprinting to Treat Hypertension: Have the Goals for Treating High Blood Pressure Changed?
 Joachim H. Ix, MD, MAS

9:30 – 10:00 am
 I'm Completely Confused, How Long Do We Keep Patients on Antiplatelet Agents after Stenting and It Seems Many of My Folks Have Non-valvular Afib: What are the Best Agents?
 Michael Rinaldi, MD, FACC

10:00 – 10:30 am
 Break & Visit Exhibits

10:30 – 11:00 am
 The Irregular Part of Life: What Is New in Treatment of Atrial Fibrillation?
 David Spragg, MD

11:00 – 11:30 am
 How Do You Mend a Broken Heart: The New Agents to Treat CHF...Paradigm Shift or Just the Same Old Drugs?
 Gregg Fonarow, MD, FACC

11:30 am – 12:00 pm
 Panel Discussion / Question & Answer
 Gregg Fonarow, MD, FACC
 Richard R. Heuser, MD, FACC
 Joachim H. Ix, MD, MAS
 Michael Rinaldi, MD, FACC
 Jennifer G. Robinson, MD, MPH
 David Spragg, MD

12:00 – 12:30 pm
 Not Your Grandfather's Medical School: How the New Mayo Medical School Will Transform Medical Education in Arizona and Worldwide
 Michele Y. Halyard, MD

12:30 – 1:30 pm
 Lunch (lunch activities not included in CME hours)
 How Can We Save Women's Hearts in Arizona and Beyond?
 Martha Gulati, MD, MS, FACC

SESSION II: It's Not Always the Coronaries: Other Cardiovascular Problems and Innovative Solutions

1:30 – 2:00 pm
 How to Perform the Highest Risk PCI with the Greatest of Ease: New Support Devices to Make the Impossible Possible for Coronary and Valvular Procedures
 Ray Matthews, MD

2:00 – 2:30 pm

PVD: An Epidemic and Explosion in Options in the Femoral Popliteal Patients...What Are the Best Treatments?

Ehrin J. Armstrong, MD, MSc, FACC

2:30 – 3:00 pm

Break & Visit Exhibits

VALVULAR ZONE

3:00 – 3:30 pm

Is TAVR Now Indicated in Even Low Risk Aortic Valve Disease Patients?

Saibal Kar, MD, FACC

3:30 – 4:00 pm

Mitral Valvular Disease: An Explosion of Multiple New Non-surgical Options

Saibal Kar, MD, FACC

4:00 – 4:30 pm

Carotid Disease: Will ACT ONE Finally Tell Us the Best Options for Our Patients...or Are We on the CREST of a New Wave?

Ehrin J. Armstrong, MD, MSc, FACC

4:30 – 5:00 pm

Panel Discussion/Question & Answer

Ehrin J. Armstrong, MD, MSc, FACC

Richard R. Heuser, MD, FACC

Saibal Kar, MD, FACC

Ray Matthews, MD

5:00 pm

Adjourn

Friday, October 14, 2016

7:15 – 8:00 am

Registration and Continental Breakfast

SESSION III: Diabetes: An Epidemic

8:00 – 8:30 am

The Foot Doctor: The Front Line to Diagnose Arteriosclerosis

Kerry Zang, DPM

8:30 – 9:00 am

Amputation Prevention from A-Z: An Experts' Plan of Attack

George L. Adams, MD, MHS, FACC

9:00 – 9:30 am

Can We Cure Arteriosclerosis? New Thoughts and Concepts and New Game Changing Treatments

Jennifer G. Robinson, MD, MPH

9:30 -10:00 am

Panel Discussion / Question & Answer

George L. Adams, MD, MHS, FACC

Richard R. Heuser, MD, FACC

Jennifer G. Robinson, MD, MPH

Kerry Zang, DPM

10:00 -10:30 am

Break & Visit Exhibits

10:30 – 11:00 am

Do We Have the COURAGE to Do the Right Things in Our Aggressive PCI Approach to Coronary Disease: New Perspectives on the ISCHEMIA Trial

William S. Weintraub, MD, MACC

11:00 – 1:00 pm

Lunch (lunch activities not included in CME hours)

INNOVATORS PANEL

12:00 – 1:00 pm

Innovation in the 21st Century: With the Current Regulatory Environment in the US, Can We Still Build a Better Mousetrap or Have Regulations Killed the Next Andreas Grüntzig or Tom Fogarty?

Panelists:

Neal Eigler, MD, FACC

Richard R. Heuser, MD, FACC

Richard M. Ferrari, MBA

John B. Simpson, MD, PhD, FACC

Thomas A. Sos, MD

SESSION IV: Future Shock of Cardiovascular Medicine

1:00 – 1:30 pm

The Outpatient Cath Lab: The Dread of Hospitals or the Future of Cardiovascular Contemporary Care...Prospectus from a Pioneer

Jeffrey G. Carr, MD, FACC

1:30 – 2:00 pm

The Radial Revolution is Coming – Are You on the Train or Are You Going to be Run Over on the Tracks?

Ian C. Gilchrist, Sr., MD, FACC

2:00 – 2:30 pm

Break & Visit Exhibits

2:30 pm – 3:00 pm

New Concepts in Acute PCI Care: Do We Finish the Job or Just Treat the Culprit Lesion? New Perspective from an Expert

Matthews Chacko, MD

SPECIAL GUEST LECTURE

3:00 – 3:45 pm

From Andreas Grüntzig and Beyond: How Angioplasty has Transformed Cardiovascular Care

Spencer B. King III, MD, MACC

3:45 – 4:30 pm

Panel Discussion / Question & Answer

Jeffrey G. Carr, MD, FACC

Matthews Chacko, MD

Ian C. Gilchrist, Sr., MD, FACC

Richard R. Heuser, MD, FACC

Spencer B. King III, MD, MACC

4:30 pm

Adjourn

Refunds

All cancellations must be submitted in writing and refunds will be subject to a \$100 administration charge. Cancellations cannot be accepted over the telephone. Refunds will not be available after September 2, 2016.

Hotel Accommodations

A special rate of \$299 plus a \$10 resort fee and taxes per night for single or double occupancy have been made available for program participants at the Arizona Biltmore in Phoenix, Arizona. All reservations must be received by the hotel by September 12, 2016.

Two ways to make your reservation:

- Visit www.promedicacme.com for the direct link to online reservations.
- Contact the reservations department by phone at (800) 950-0086, or (602) 955-6600. You must state that you are attending the Cardiovascular Disease Management symposium to receive the special rate.

A credit card is required to confirm your reservation and one night's room and tax will be charged as a deposit. The deposit is refundable up to 14 days in advance of the arrival date, after which it is nonrefundable.

Activity Evaluation

Evaluation by online questionnaire will address content, presentation and future educational needs.

CME Accreditation and Designation



Promedica International is accredited by the Accreditation Council for Continuing Medical

Education to provide continuing medical education for physicians.

Promedica International designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Online Registration: www.promedicacme.com

Cardiovascular Disease Management

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Physician/Industry

- ☐ \$695 Through September 2, 2016
- ☐ \$795 After September 2, 2016

Resident/Fellow/Nurse

- ☐ \$495 Through September 2, 2016
- ☐ \$595 After September 2, 2016

Payment

All fees in US dollars drawn on US banks:

- ☐ Visa/MasterCard
- ☐ American Express
- ☐ Discover Card

For additional information, contact:

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Nursing CEUs: Provider approved by the California Board of Registered Nursing, Provider #8495 for 12.5 Contact Hours for the Cardiovascular Disease Management symposium.

Perfusion CEUs: The American Board of Cardiovascular Perfusion (ABCP) has approved 15.0 Category 1 CEUs for the Cardiovascular Disease Management symposium for Thursday, October 13th (7.8) and Friday, October 14th (7.2).

Promedica International CME
300 Carlsbad Village Dr, Ste 108A-326
Carlsbad, CA 92008

Cardiovascular Disease Management: A Case-Based Approach

What they are saying:

- The case-based format promoted provocative thought and discussion between participants and faculty.
- One of the most useful and practical meetings I have attended!
- Spectacular all around! The speakers were dynamic, the topics were current, and the pace was great.
- This symposium sheds light on cutting-edge technologies and advances in the treatment of cardiovascular disease from the medical, interventional, and lifestyle modification perspectives.
- Absolutely wonderful learning opportunity!

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