

1st ANNOUNCEMENT



European Congress of
**PHYSICAL and
REHABILITATION
MEDICINE**

23-28 April 2016
Estoril Congress Center
Estoril - Lisbon
Portugal

www.esprm2016.com



ESPRM
European Society of
Physical & Rehabilitation Medicine



SPMFR
Sociedade Portuguesa
de Medicina Física e de Reabilitação

IMPORTANT DATES AND DEADLINES

Abstract Submission
Deadline



**SUBMIT YOUR
ABSTRACT**

Early Bird
Registration



**REGISTER
ONLINE**

WELCOME MESSAGE FROM THE PRESIDENT OF ESPRM

Dear Friends,

I would like to say how happy and honored I am, as the new President of the European Society of PRM, to be welcomed in Estoril-Lisbon Portugal by Pr Jorge Lains, President of the 20th ECPRM, Dr Catarina Aguiar Branco, President of the Portuguese Society of PRM, the Organizing Committee and all our Portuguese colleagues.

Like the previous congresses which took place in Thessaloniki and Marseille during the presidency of Pr Xanthi Michail, this 20th European PRM congress will cover many topics such as the diagnoses (ICD), disabilities (ICF), health interventions (ICHI) and health accounts (ICHA) we have to deal with in our day to day work.

The activities of PRM in the fields of Research, Education and Public Health will be presented and discussed.

The aim of the European society of PRM is to facilitate the spread and exchange of knowledge, skills and attitudes between experts, researchers, clinicians and trainees.

For this purpose, events of several kinds will be organized, from plenary sessions and consensus conferences to workshops and opportunities of meeting the experts and the editors in chief of the European Journal of PRM and the main PRM journals.

I would like to thank all the national and international PRM societies and other societies who will be taking part in this congress, especially the PRM Section (Pr Nicolas Christodoulou) and Board (Pr Alvydas Juocevicius) of PRM/UEMS, who are responsible for the sessions focusing on the field of competence, the quality of care and the training and education of our trainees. The European Academy of Rehabilitation Medicine (Pr Xanthi Michail) will also be holding a special session.

Together with Jorge Lains we are particularly interested in welcoming PRM trainees at this meeting, in the spirit of the Euro Mediterranean Haim Ring Summer School (EMRSS Pr Franco Cirillo), the European School Marseille (ESM Pr Jean-Michel Viton, Pr Laurent Bensoussan) and the International Teaching Programme (ITP Cofemer/ Sofmer Pr Olivier Rémy Neris). In the framework of these three high level teaching programmes, trainees will hear about the latest research findings, as well as being able to participate in friendly discussions with the lecturers and benefit from their experience.

The main venue for this congress will be one of the most exciting historical sites in Portugal Estoril, near Lisbon, a former European Capital of Culture, which hosted a World Exhibition in 1998.

Together with all the members of the Executive Committee and the delegates of the ESPRM, I would like to express the hope that you will come and join us and enjoy your stay in Estoril.



Alain Delarque
President of the European Society of PRM 2015-2019



European Congress of **PHYSICAL** and **REHABILITATION MEDICINE**

WELCOME MESSAGE FROM THE PRESIDENT OF THE 20TH CONGRESS



Dear colleagues, dear friends,

As President of the 20th European Congress of Physical Medicine and Rehabilitation 2016, organized by the European Society PRM (ESPRM) and the Portuguese Society PRM (SPMFR), it is my privilege and honor to invite you to join us in Estoril-Lisbon for this important scientific event on PRM.

The meeting will take place from 23 to 28 April 2016 at Estoril Congress Center, and it will be the first European Congress organized in accordance with the new rules and regulations of the ECPRM.

We are working hard to organize an outstanding scientific and educational congress, respecting the ESPRM standards and the rules for the ECPRM, to facilitate the spread and exchange of knowledge, skills and attitudes, between experts, researchers, clinicians and trainees, and aiming to continue developing the ESPRM and PRM in Europe.

The 20th European PRM congress will cover the ECPRM themes: pathologies (ICD), body functions and activities, environmental and personal factors and quality of life (ICF), health interventions (ICHI) and PRM health accounts (ICHA). We wish to organize a very didactic congress giving emphasis on workshops, "meet" the experts and hands on demonstrations.

We will do our best for having the active participation of the most prestigious European/International professionals with clinical expertise and scientific recognition. The UEMS-PRM Section and Board, the European Academy of Rehabilitation Medicine and the Board of the ESPRM will have a very active role in the scientific program. The National Societies from Europe, the ISPRM and other international PRM Organizations will also be called to collaborate. We will request the help of the colleagues that organized the previous ECPRM.

Prominent groups, civil associations and NGOs working on behalf of people with disabilities, will participate in this congress to help analyze models of care, and help develop a more universal approach to the comprehensive rehabilitation needs of persons with disabilities.

The social program is also being carefully planned. You will feel warmly received in Portugal and by the Portuguese in this unforgettable congress!

I look forward to meeting you in Estoril-Lisbon.

Jorge Lains, MD
President of the 20th European Congress of PRM



European Congress of **PHYSICAL** and **REHABILITATION MEDICINE**

COMMITTEES

ORGANIZING COMMITTEE

President: Jorge Laíns
Catarina Aguiar Branco
Jorge Caldas
Renato Nunes
Eduarda Afonso
Ana Rolo Duarte
Filomena Melo
Susana Santos
Maria João Carvalho

ESPRM EXECUTIVE COMMITTEE

President: Alain Delarque
Xanthi Michail
Charlotte Kiekens
Daniel Wever
Marguerite Leches
Alvydas Juocevicius
Paolo Boldrini
Pedro Cantista
Mark Delargy
Jolanta Kujawa

National Organizing Committee

Chair: Catarina Aguiar Branco
Jorge Caldas
Renato Nunes
Ana Rolo Duarte
Filomena Melo
Susana Santos
Maria João Carvalho

Scientific Committee

President: Franco Franchignoni
Alain Delarque
Alvydas Juocevicius
Maria João Andrade
Catarina Aguiar Branco
Jorge Laíns
Xanthi Michail

Program Committee

Francisco Sampaio
Eduarda Afonso
Jorge Caldas

- Supervision:
Scientific Committee
Catarina A. Branco /
Jorge Laíns

Steering Working Committee

- Coordinators
Inês Campos
Filomena Melo
Joana Teles
- Supervision:
Scientific Committee
Catarina A. Branco /
Jorge Laíns



A. Topics of General Interest in PRM

- A.1. Field of Competence
- A.2. WHO-ICF (International Classification of Functioning, Disability and Health)
- A.3. Assessment
- A.4. Diagnostics
 - A.4.1 – Ultrasound
 - A.4.2 – Urodynamic and manometrics
 - A.4.3 - Electrodagnosis
 - A.4.4 - Kinesiology
 - A.4.5 - Gait Analysis
 - A.4.6 - Motion Analysis
 - A.4.7 - Posturography
- A.5. Main health interventions in PRM 1 (information, education, medical treatments, PRM programs)
- A.6. Main health interventions in PRM 2 (including therapeutic exercise and physical modalities, Isokinetic, Neuromuscular Functional Electrical Stimulation; Biofeedback, noninvasive ventilation)
- A.7. Outcome Measurement in PRM; Quality of Life (QoL) Measurement
- A.8. Orthotics and Prosthetics; Wheelchairs and assistive technology
- A.9. Augmentative Devices for the Disabled; Advanced Assistive Technologies in PRM
- A.10. Ergonomic Considerations in House, Workplace and other conditions of Disabled Persons
- A.11. Sports; Sports for the Disabled
- A.12. Role of Complementary Medicine in Rehabilitation (balneology, manual medicine, mesotherapy, acupuncture, etc.)
- A.13. Research in PRM
- A.14. Ethical Considerations in PRM
- A.15. Other in Biosciences in Rehabilitation, Biomedical Rehabilitation Sciences and Engineering, and Human Functioning Sciences

B. PRM and Disorders of Nervous System in people with

- B.1. Stroke
- B.2. Acquired Brain Injury
- B.3. Nervous system diseases
 - B.3.1 - Autoimmune and inflammatory neurological conditions (e.g. Multiple Sclerosis)
 - B.3.2 - Movement disorders and Neurodegenerative diseases (e.g. Parkinson's disease)
- B.4. Diseases and Trauma of the Spinal Cord
- B.5. Neuropathies, Myopathies, Neuromuscular disease, and Peripheral Nerve Lesions
- B.6. Spasticity
- B.7. Disorders of Cognition & Behavior (including neuropsychological assessment)



C. PRM and Orthopedic and Musculoskeletal Disorders in people with

- C.1. Musculoskeletal Disorders, including work-related musculoskeletal disorders and soft tissue problems (e.g. fibromyalgia, chronic fatigue syndrome, etc.)
- C.2. Spinal Disorders (including back pain)
- C.3. Osteoarthritis, crystal arthritis and degenerative musculoskeletal conditions
- C.4. Inflammatory and autoimmune conditions (e.g. Rheumatoid Arthritis and SLE, etc.)
- C.5. Osteoporosis and other osteo-metabolic diseases
- C.6. Trauma and Multi-trauma; Reconstructive surgery
- C.7. Limb loss (including congenital causes) and Amputations
- C.8. Complex Regional Pain Syndromes
- C.9. Temporomandibular Dysfunction

D. PRM in Other Specific Disabling Conditions in people with

- D.1. Cardiac and Vascular diseases
- D.2. Respiratory Diseases
- D.3. Cancer
- D.4. Chronic Pain
- D.5. Elderly patient (including the immobile patient)
- D.6. Children with disability
- D.7. Postural Instability and Recurrent Falls
- D.8. Needing Wound Care (promotion of tissue viability, prevention and treatment of Pressure Sores)
- D.9. Bladder and Bowel Disorders
- D.10. Disability and sexuality
- D.11. Language, Speech and Swallowing disorders
- D.12. Medico-legal assessment
- D.13. Other (i.e. rehabilitation in major burns, metabolic disorders, psychiatric disorders, hearing, visual and other , sensory disorders, etc.)

E. Integrative and Clinical Rehabilitation Sciences - PRM

- E.1. Services Research
- E.2. Comprehensive Intervention Research
- E.3. Administration, Management; PRM Health Accounts
- E.4. Short clinical research on best care including guidelines, organization, coordination, and education
- E.5. Standards and guidelines for the provision of best care (including Evidence Based Medicine)
- E.6. Quality management
- E.7. Scientific education and training of professionals
- E.8. Development and evaluation of the PRM team and multidisciplinary care
- E.9. Community-based rehabilitation issues
- E.10. Networks and pathways



REGISTRATIONS

You may only register online from the congress website www.esprm2016.com

REGISTRATION FEES

REGISTRATIONS	UNTIL Dec. 31, 2015	Jan. 01, 2016 to Apr. 01, 2016	ON SITE REGISTRATIONS
SPMFR members	€ 400.00	€ 600.00	€ 700.00
Normal full registration	€ 600.00	€ 700.00	€ 750.00
ESPRM, ISPRM Members & UEMS PRM Board Fellows	€ 550.00	€ 650.00	€ 700.00
Individual members of ESPRM	€ 450.00	€ 650.00	€ 700.00
PRM trainees, residents, allied health professionals, PHD students on proof only	€ 200.00	€ 300.00	€ 400.00
Exhibitors	€ 180.00	€ 180.00	€ 180.00
Accompanying persons	€ 150.00	€ 150.00	€ 150.00
Students of Medical Studies, Schools and Allied health schools on proof only	€ 100.00	€ 100.00	€ 100.00

REGISTRATION FEES INCLUDE

Participants

Admission to the Congress Halls and Exhibition Areas, Opening Ceremony & Welcome Reception, Lunches and Coffee Breaks, Congress Material, Certificate of Attendance.

Accompanying persons

Admission to the Opening Ceremony & Welcome Reception, City Tour.

Exhibitors

Admission to the Exhibition Areas, Opening Ceremony & Welcome Reception, Lunches and Coffee Breaks

Students

Admission to the Congress Halls and Exhibition Areas, Opening Ceremony & Welcome Reception, Lunches and Coffee Breaks, Congress Material, Certificate of Attendance.

Students' registration form must be accompanied by a letter from the head of department confirming their status and/or a valid student card.



European Congress of **PHYSICAL** and **REHABILITATION MEDICINE**

CALL FOR ABSTRACTS

We cordially invite you to submit your abstracts for poster and/or oral presentations to the 20th European Congress of Physical and Rehabilitation Medicine online from the congress website www.esprm2016.com

We would be delighted to receive your contributions to the scientific program and your support, which will result in a successful meeting.

Submission

Important Dates and Deadlines

Abstract Submission Deadline Oct. 15, 2015
Early bird registration Dec. 31, 2015

ACCOMMODATION

PCO Goldair Congress can assist you with your accommodation, during your travel to Estoril Portugal. Various hotels have been allocated for the ESPRM 2016 Congress near the congress venue. For hotel details and to download the accommodation form please visit the congress website www.esprm2016.com

HOTEL	CATEGORY	SINGLE ROOM RATE	DOUBLE ROOM RATE	DISTANCE FROM CONGRESS VENUE
Hotel Alvorada	3*	€ 85.00	€ 85.00	5 minutes walking
Hotel Inglaterra	4*	€ 120.00	€ 125.00	5 minutes walking
Estoril Eden Hotel	4*	€ 100.00	€ 110.00	15 minutes walking
Hotel Cascais Miragem	5*	€ 185.00	€ 200.00	20 minutes walking
Hotel Palacio Estoril	5*	€ 180.00	€ 195.00	5 minutes walking



GENERAL INFORMATION

Congress Venue

The Estoril Congress Center
www.estorilcc.com

Congress Language

The official language of the Congress is English.

Climate

The climate in Portugal varies considerably from one region to another and is influenced by the relief, latitude and proximity to the sea, which offers mild winters, especially in the Algarve.

Lisbon, Portugal's capital city, and the Estoril coast, are among the few cities in Western Europe located on an ocean.

Lisbon also has one of Europe's mildest climates and warmest winter (December to February) seasons.

Weather in Lisbon during the spring (March to May) has daytime temperatures that average over 17°C .

Electricity

The electric current in Portugal is 230/400 volts at a frequency of 50 hertz and sockets comply with European standards.

Passports and Visas

Citizens of the European Union, Bulgaria, Cyprus, Iceland, Liechtenstein, Norway, Romania and Switzerland need only an identity card to enter Portugal.

For visits of less than 90 days, a passport valid for at least three months after the end of their stay is necessary for visitors from

Albania, Andorra, Antigua and Barbuda, Argentina, Australia, Bahamas, Barbados, Bosnia-Herzegovina, Brazil, Brunei, Canada, Chile, Costa Rica, Croatia, Guatemala, Holy See, Honduras, Israel, Japan, Macedonia, Malaysia, Mauritius, Mexico, Monaco, Montenegro, New Zealand, Nicaragua, Panama, Paraguay, Saint Kitts and Nevis, San Marino, Serbia, Seychelles, Singapore, South Korea, United States of America, Uruguay, Venezuela, Special Administrative Regions of the People's Republic of China in Hong Kong and Macao and Taiwan territorial Authority.



CONTACT DETAILS



Professional Congress Organizer

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congress

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