

[Menu](#)

## Center for Continuing Education

### Disease Management Clinical Decisions

# Urinary Incontinence in Women

**Release date:** September 18, 2020

**Expiration date:** September 18, 2023

**Estimated Time of Completion:** 1 hour

#### Description

Each lesson in the Disease Management Clinical Decisions series provides a brief, case-based review of management strategies related to the topic. Questions and multiple-choice answers about the case presented include the rationale for the correct answer. Throughout this case-based lesson, you may proceed to the next question once you answer the question correctly.

#### Learning Objectives

After completing this case the reader should be able to:

- Review the epidemiology and risk factors for urinary incontinence in women.
- Accurately diagnose and treat overactive bladder cases.
- Accurately diagnose and treat female urinary incontinence.

#### Target Audience

Directed to primary care physicians including family practitioners and internists.

#### Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this enduring material for a maximum of **1.0 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

**ABA MOC:** This activity contributes to the CME component of the American Board of Anesthesiology's redesigned Maintenance of Certification in Anesthesiology™ (MOCA®) program, known as MOCA 2.0®. Please consult the ABA website, [www.theABA.org](http://www.theABA.org), for a list of all MOCA 2.0 requirements.

*Maintenance of Certification in Anesthesiology™ program and MOCA® are registered trademarks of The American Board of Anesthesiology®. MOCA 2.0® is a trademark of The American Board of Anesthesiology®.*

Your credit will be reported to the ABA within 30 days of claiming credit.

**ABIM MOC:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 1.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Your credit will be reported to the ABIM within 30 days of claiming credit.

**ABO MOC:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to satisfy the Lifelong Learning, Self-Assessment, Improvement in Medical Practice and/or Patient Safety requirements for the American Board of Ophthalmology's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting MOC credit.

Your credit will be reported to the ABO within 30 days of claiming credit.

**ABOHNS CC:** Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn their required annual part II self-assessment credit in the American Board Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to satisfy the Lifelong Learning, Self-Assessment, Improvement in Medical Practice and/or Patient Safety requirements for the American Board of Ophthalmology's Maintenance of Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting MOC credit.

Your credit will be reported to the ABO within 30 days of claiming credit.

**ABP MOC:** Successful completion of this CME activity, which includes participation in the activity and individual assessment of and feedback to the learner, enables the learner to earn up to 1.0 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

Your credit will be reported to the ABP within 30 days of claiming credit.

**ABS MOC:** This activity qualifies for 1.0 self-assessment credits toward Part 2 of the American Board of Surgery (ABS) Maintenance of Certification (MOC) Program.

Please Note: It is the participant's responsibility to self-report their participation to the American Board of Surgery, per board policy.

## Activity Director and Faculty

### Activity Director

**Anthony Fernandez, MD, PhD**

Director, Medical and Inpatient Dermatology

W.D. Steck Chair of Clinical Dermatology

Medical Co-Director, Center for Continuing Education

Cleveland Clinic

### Faculty

**Courtenay K. Moore, MD**

Associate Professor of Surgery

Cleveland Clinic Lerner College of Medicine

Staff

Female Pelvic Medicine and Reconstructive Surgery

Glickman Urologic and Kidney Institute

Cleveland Clinic

## CME Disclaimer

The information in this educational activity is provided for general medical education purposes only and is not meant to substitute for the independent medical judgment of a physician relative to diagnostic and treatment options of a specific patient's medical condition. The viewpoints expressed in this CME activity are those of the authors/faculty. They do not represent an endorsement by The Cleveland Clinic Foundation. In no event will The Cleveland Clinic Foundation be liable for any decision made or action taken in reliance upon the information provided through this CME activity.

## Disclosures

In accordance with the Standards for Commercial Support issued by the Accreditation Council for Continuing Medical Education (ACCME), The Cleveland Clinic Foundation Center for Continuing Education requires resolution of all faculty conflicts of interest to ensure CME activities are free of commercial bias.

The following faculty have indicated that he may have a relationship, which in the context of his presentation(s), could be perceived as a potential conflict of interest:

**Anthony Fernandez, MD, PhD**

|                        |                                                                                           |
|------------------------|-------------------------------------------------------------------------------------------|
| Novartis               | Consulting; Independent contractor (including contracted research); Teaching and Speaking |
| Abbvie Pharmaceuticals | Consulting; Teaching and Speaking                                                         |
| Celgene Corporation    | Consulting                                                                                |
| Mallinckrodt Inc.      | Independent contractor (including contracted research);<br>Teaching and Speaking          |
| Pfizer, Inc.           | Independent contractor (including contracted research)                                    |
| Roche Pharmaceuticals  | Principal Investigator for a Phase III Clinical Trial                                     |

The following faculty have indicated she has no relationship which, in the context of her presentation(s), could be perceived as a potential conflict of interest:

**Courtenay K. Moore, MD**

### Begin Activity

*This CME activity was produced by The Cleveland Clinic Foundation Center for Continuing Education.*