

RADEASIA

ANKLE MRI

30 DAY GUIDED Online Mini Fellowship



GUIDED LEARNING

View and assess dicoms



VIDEO EXPLANATIONS OF HOW TO FIND ABNORMALITIES

Video calls to discuss cases and topics



ASK QUESTIONS AND GET ANSWERS

Learn a structured way to assess and report



DESIGNED TO HELP YOU RETAIN AND REMEMBER MORE

WITH WEEKLY VIDEO CALLS TO CLEAR DOUBTS AND ANSWER QUESTIONS

REPORT MORE CONFIDENTLY: TOPICS COVERED

1. SEQUENCES/ REPORTING STRUCTURE/ APPROACH TO ASSESSING A SCAN
2. MEDIAL LIGAMENTS
 - DELTOID LIGAMENT (SUPERFICIAL AND DEEP COMPONENTS)
 - NORMAL ANATOMY AND MRI APPEARANCE
 - STRAIN/ PARTIAL AND FULL THICKNESS TEARS, AVULSIONS AND SCARRING
3. LATERAL LIGAMENTS
 - ATFL, CFL, PTFL
 - NORMAL ANATOMY AND MRI APPEARANCE
 - STRAIN/ PARTIAL AND FULL THICKNESS TEARS, AVULSIONS AND SCARRING
4. SYNDESMOSIS AND SYNDESMOTIC LIGAMENTS
 - AITFL, PITFL, TRANSVERSE AND INTERMALLEOLAR LIGAMENTS, INTEROSSEOUS MEMBRANE
 - NORMAL ANATOMY AND MRI APPEARANCE
 - PARTIAL AND FULL THICKNESS TEARS AND SCARRING
 - PERIOSTEAL STRIPPING
5. SPRING LIGAMENT
 - CALCaneo NAVICULAR AND PLANTAR COMPONENTS
 - NORMAL ANATOMY AND MRI APPEARANCE OF THE VARIOUS COMPONENTS
 - DEGENERATION, PARTIAL THICKNESS AND FULL THICKNESS TEARS
6. TIBIALIS POSTERIOR TENDON
 - NORMAL ANATOMY AND MRI APPEARANCE
 - TENDONOSIS, TENOSYNOVITIS, PARTIAL AND FULL THICKNESS TEARS AND RUPTURES

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TOPICS COVERED

7. SECONDARY EFFECTS OF SPRING LIGAMENT TEARS AND TIBIALIS POSTERIOR DYSFUNCTION

- PES PLANUS/ HINDFOOT VALGUS

8. PERONEAL TENDONS

- PERONEUS BREVIS AND PERONEUS LONGUS
 - NORMAL ANATOMY AND MRI APPEARANCE
 - TENDONOSIS, TENOSYNOVITIS, PARTIAL/ FULL THICKNESS TEARS AND RUPTURES
 - PERONEAL TUBERCLE
- PERONEAL RETINACULUM AND SUBLUXATION/ DISLOCATION

9. ANTERIOR COMPARTMENT TENDONS

- TIBIALIS ANTERIOR, EXTENSOR HALLICUS AND EXTENSOR DIGITORUM
 - TENDONOSIS, TENOSYNOVITIS, PARTIAL/ FULL THICKNESS TEARS AND RUPTURES

10. ACHILLES TENDON

- NORMAL ANATOMY AND MRI APPEARANCE
- PARATENONITIS, BURSITIS, TENDONOSIS, PARTIAL/ FULL THICKNESS TEARS AND RUPTURES
- PLANTARIS TENDON RUPTURE

11. PLANTAR FASCIA

- NORMAL ANATOMY AND MRI APPEARANCE
- FASCIITIS AND TEARS

12. ANKLE IMPINGEMENT SYNDROMES

- NORMAL ANATOMY AND MRI APPEARANCE
- MRI APPEARANCE OF THE VARIOUS ANKLE IMPINGEMENT SYNDROMES

13. OSSICLES AND INSTABILITY

- OS NAVICULARE, OS PERONEUM AND OS TRIGONUM
 - NORMAL ANATOMY AND MRI APPEARANCE
 - APPEARANCE OF STABLE AND UNSTABLE OSSICLES

HERE'S WHAT THE WORKSHOPS have done for others like you

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Thanks again for the fantastic course. I'm back at work and I changed my MRI protocols and sequences. I did my first 2 Knee MRI's and when the time came to report,

- I was so confident and sure about my diagnosis.
- I was able to implement what you taught us and make a clear diagnosis.
- I'm sure my referring clinicians will also be happy after this.



Dr Zeem Ebrahim
Cape Town, Knee and Shoulder Mini Fellowship
March 2020

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<https://bit.ly/radiologyonline>

Learn *by Doing*