

WORKSHOP

Advanced Family Based Treatment (FBT) for Anorexia Nervosa

By Kim Hurst

Friday 27 November, 2017

at

**Lawrence House, Rosemount Campus
Cartwright Street, Windsor, BRISBANE**



WORKSHOP DETAILS

This practical workshop focuses on strengthening and enhancing therapist skills when faced with potential challenges in both treatment and implementation. Using a variety of It will specifically explore management of predictors of poor treatment response including Parental criticism; Rigidity and perfectionism; Emotional dysregulation in the adolescent and limited progress (e.g. slow or no weight gain, parent and couple difficulties). The workshop involves a combination of didactic presentation and readings, discussion of clinical material and skill building exercises.

For more details and to register: www.anzaed.org.au/afbt-brisbane

PRESENTER

Kim Hurst is a certified Family Based Treatment (FBT) therapist with Training Institute for Child & Adolescent Eating Disorders. She is a Senior Psychologist and Clinical Lead for the Robina Private Hospital Eating Disorders Day Program. Prior to this she was a founding member of the Gold Coast CYMHS Eating Disorder Program (EDP) and has exclusively offered FBT for over ten years successfully with over 80 families. Kim has delivered FBT as an education package and provided specialist supervision for several years. Kim is in the process of being awarded her PhD and has also published several journal articles and book chapter on FBT for adolescent anorexia and has presented at several local, national and international conferences.

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