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Type Registration	Definition	Price
Group rate	Register 20 or more	\$40
Individual Rate	Single Registration	\$65

Course #	Course Title	
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Webinar Cancellation Policy: Motivations, Inc. reserves the right to discontinue or reschedule a course from our listing of options. Should you have already registered, you will receive a full refund. Participants may receive a full refund when requesting cancellation 24 hours prior to the the webinar. After that time, a credit for a future Motivations event may be awarded.

Special Needs Requests: Please email us any special needs related to vision, hearing, accessibility or any other considerations to completing the course so we can assist in advance.



Motivations, Inc.
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WEBINAR

#7429 What The Non-Pelvic Health PT Needs to Know About the Pelvic Floor and Incontinence

Instructor: Deborah B. Riczo, PT, DPT, MEd

Audience: Physical Therapists, Occupational Therapists, and Assistants, and Athletic Trainers

Delivery Options:
Live Webinar
or Self-Study Options

SUMMARY: While rehab clinicians work with patients who are incontinent, treatment plan modifications/ additions often do not happen if that clinician doesn't have advanced training in the pelvic region. Rehab clinicians who do not have this advanced training may not screen for incontinence, as they feel this is outside of their scope of practice/knowledge base. The presence of incontinence can give the rehab clinician important information and improve overall effectiveness of treatment. Referral to the appropriate provider when indicated is also crucial to the overall rehab of the patient.

This course will review pelvic floor anatomy and the dynamic relationships that exist in the pelvis, normal function of the pelvic floor, common dysfunctions in women that can be related to incontinence, and review the current clinical practice guidelines for urgency and urinary frequency incontinence for adult women (McAuley, 2023). Course instruction method includes lecture, demonstration, videos, case studies and questions/answers.

PRESENTER: Deborah B. Riczo, PT, MEd, DPT has over 30 years of clinical practice as a physical therapist in a large urban county hospital with a broad range of experience including women's health. She is the author of books "Sacroiliac Pain," 2018 OPTP, Minn., "Back and Pelvic Girdle Pain in Pregnancy and Postpartum," 2020, OPTP, Minn., and journal article "What you need to know about sacroiliac dysfunction" Orthopaedic Nursing. 2023;42(1). She has many presentations to health care providers at international/national & state conferences and continuing education platforms. This includes "Pelvic Floor" Dominican Republic Physiatry Association, Punta Cana 2023, and Pelvic Girdle Pain: Case Study of a 28-year-old female who is 5 months pregnant seen at non-profit center, Ohio Physical Therapy LEAP Conference, 2023. Deborah is the founder of Riczo Health Education, 2011 and has an active Instagram @RiczoHealthEducation where she posts daily for consumer education. *Financial*— Receives a teaching honorarium from Motivations Inc. *Nonfinancial*— No relevant nonfinancial relationship exists.

OBJECTIVES: Upon completion of this course, the participant will be able to:

1. Name the functions of the pelvic floor muscle
2. List common dysfunctions of the pelvic floor muscle that can contribute to incontinence
3. Identify interventions supported by current best evidence to address impairments associated with urinary urge incontinence (UUI), urinary urgency, and/or urinary frequency.

FORMAT: This is a 3-hour course equivalent to 3 CEU's or 0.3 CEUs offered as a live webinar or self-study.

For Live courses, the content is presented via an internet website displaying real time power points. Learners will receive a course instruction link. Instructors lecture through livestreaming internet on your computer. Questions may be asked during the webinar using the chat feature or the "raise hand" feature for live discussion.

For Recorded courses, learners will not be able to participate in real time with questions.

PT CEU's: Motivations Inc is an approved provider of Physical Therapy continuing education by these professional bodies: Texas Chapter of the American Physical Therapy Association, ILDPR- Illinois Department of Professional Regulation Approved PT CE Sponsor, NY- New York State Education Department, Office of the Professions. Physical Therapy Board of California. Many state boards recognize these for pre-approval purposes. Contact us if you would like verification a state.

ATC CEU's: Motivations, Inc. (BOC AP #P2549) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 3 Category A hours/CEU's.



Motivations Inc. is an AOTA Approved Provider of professional development. Course approval ID# 09147. This Distance Learning-Interactive or Distance Learning-Independent activity is offered at 0.3 CEUs, Introductory Level, Occupational Therapy Service Delivery/Foundational Knowledge. The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures.

AGENDA:

Pre-Study: 30 Minutes Plan to read the course materials, references and review the post test before the start time. Please be prepared to share patient case study and related question during the discussion time.

Introduction and anatomy review (30 min)

Introduction of speaker/scope of problem/definition and types of incontinence

Anatomy review and dynamics

Function of the pelvic floor (20 min)

Function

Dysfunctions related to incontinence

Interventions supported by current best practice (60 minutes)

Questions/Answers (10 min)

Post-test: 30 Minutes Research, identify, and submit your post-test question answers on the online form. This is an open book test you can take multiple times if needed to obtain the 70% score. Complete the evaluation feedback survey and needs assessment. Obtain and save your auto-emailed certificate for your files.