



2nd Annual

Middle East Paediatric Medical Conference

27-29 June, 2019

Renaissance Istanbul Polat
Bosphorus Hotel, Istanbul, Turkey



Region's Premier Event Dedicated to Advancing Children Health

Join the Leading Paediatric Experts in Discussing the Latest in
Comprehensive Care and Treatment for Our Children

International Conference: 27-28 June 2019 | Post-conference workshops: 29 June 2019



PRESENTATIONS



WORKSHOPS



PANEL DISCUSSIONS



NETWORKING

Key Benefits of Attending

- **Hear** top regional and international experts discussing the most pressing paediatric conditions
- **Receive** the latest updates regarding common paediatric disorders
- **Review** the best strategies for controlling and preventing infections
- **Gain** Continuing Medical Education (CME) credit hours
- **Network**, meet and build relationships with peers in the field of paediatrics to build relationships and exchange knowledge

Media Partners



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Chairman of the Scientific Committee

Yasser Nakhlawi, MD, ABP, MMM, CMQ, EFQM, FAAP, Professor of Paediatrics, **Tulane University, USA**, Director of Clinical Affairs and Consultant Paediatrics, **Al Zahra private Hospital, UAE**

Scientific Committee

Doaa Said, PhD, MBA, Managing Director, **Maarefah Management-DMCC, UAE**

Huda Sadek, MBBCh, MRCPCH, CCT Paediatric, CCT Community Child Health, FRCPC, Consultant, Paediatric Gastroenterology Hepatology and Nutrition, **Sheikh Khalifa Medical City (SKMC), UAE**

Matouk Zbaeda, FRCPC, FRCPI, MSc, Consultant, Medical Director, **Cambridge Medical & Rehabilitation Center, UAE**

Yasser Nakhlawi, MD, ABP, MMM, CMQ, EFQM, FAAP, Professor of Paediatrics, **Tulane University, USA**, Director of Clinical Affairs and Consultant Paediatrics, **Al Zahra private Hospital, UAE**

Speakers Faculty

Ahmed Al Hammadi, MD, FRCPC, MBChB, Deputy Chairman, **Hamad Medical Corporation**, Division Chief of General Academic Paediatrics, **HMC and Sidra Medicine**, and Assistant Professor of Paediatrics, **Weill Cornell Medical College, Qatar**

Ahmed El Beleidy, MBBCh, MSc (Paed), MD, Professor of Paediatrics, Faculty of Medicine, **Cairo University, Egypt**

Alan Lucas, MRC Clinical Research Professor, Head of the Childhood Nutrition Centre, Institute of Child Health, **University College of London, United Kingdom**

Eman A. Al Maslamani, MD, CABP, Senior Consultant in Paediatric Infectious Disease, **Sidra Medicine**, Assistant Professor in Clinical Paediatrics, **Weill Cornell Medical College-Qatar** and the Program Director both for the Transitional Year Residency Program and Paediatric Infectious Diseases Fellowship Program, **Hamad Medical Corporation, Qatar**

Eric Thaulaw, Professor, Faculty of Medicine, **SUniversity of Oslo**, Head Section of Paediatric Cardiology, **Rikshospitalet University Hospital, Oslo, Norway**

Ghassan Dbaibo, MD, FAAP, Professor and Vice-Chair for Research and Faculty Development, Department of Paediatrics and Adolescent Medicine, Head, Division of Paediatric Infectious Diseases, Director, **Center for Infectious Diseases Research**, Co-Director, Primary Immunodeficiency Diseases Program, Professor, Department of Biochemistry and Molecular Genetics, **American University of Beirut, Lebanon**

Huda Sadek, MBBCh, MRCPCH, CCT Paediatric, CCT Community Child Health, FRCPC, Consultant, Paediatric Gastroenterology Hepatology and Nutrition, **Sheikh Khalifa Medical City (SKMC), UAE**

Jos Draaisma, Head of the Department of General Paediatrics, **Radboudumc Amalia Children's Hospital, Netherlands**

Junaid Khan, MD, FRCP, FAAF, FAAP, Consultant Neonatologist & Paediatrician, Chair of Paediatrics/NICU, **Al-Rahba Hospital (Johns Hopkins International), UAE**

Khalaf Gargary, MBChB, DCH, CABP Consultant Paediatrician, Associate Professor of Paediatrics, **University of Duhok - Heevi Paediatric Teaching Hospital, Iraq**

Khaled Zamel, MD, FACNS, Senior Attending and Chief of Paediatric Neurology, **Sidra Medicine**, Associate Professor of Clinical Paediatrics, **Weill-Cornell Medical College** and Adjunct Assistant Professor of Neurology, **Ohio State University, Ohio, US**

Matouk Zbaeda, FRCPC, FRCPI, MSc, Consultant, Medical Director, **Cambridge Medical & Rehabilitation Center, UAE**

Mehdi Adeli, MD, FAAAAI, FAAAAI, FAAP, A.B.A.I, ABP, Senior Consultant, Allergy and Immunology, Paediatrics Department, **Sidra Health**, Assistant Professor, **Weill Cornell Medicine, Qatar**

Najwa Khuri-Bulos, MD, FIDSA, CIC, Distinguished Professor of Paediatrics and Infectious Diseases, **University of Jordan, Jordan**, Adjunct Professor, Paediatrics Infectious Diseases, **Vanderbilt University, USA**

Nicholas Greene, Professor of Developmental Neurobiology, **UCL Great Ormond Street Institute of Child Health, UCL, UK**

Tawfeg Ben Omran, MD, FRCPC, FCCMG, Senior Consultant, Head of Genetic Medicine, **Sidra Medicine, Qatar**

Yasser Nakhlawi, MD, ABP, MMM, CMQ, EFQM, FAAP, Professor of Paediatrics, **Tulane University, USA**, Director of Clinical Affairs and Consultant Paediatrics, **Al Zahra private Hospital, UAE**

About the Conference

The **Middle East Paediatric Medical Conference** is a unique platform where experts and key opinion leaders share their experience about key issues and controversial topics in child health.

The programme will also facilitate insightful debates on the most strategic issues regarding pathogenesis, management and prevention of serious paediatric and neonatal disorders. The conference will review updated treatment modalities and discuss key challenges faced by our physicians in specific areas related to metabolic disorders, nutrition, gastroenterology, paediatric pulmonary, infectious diseases and vaccines, behavioural disorders and more.

Who should attend?

- General Paediatricians
- Specialist Paediatricians
- Neonatologists
- Midwives and Nurses
- Family Physicians
- General Practitioners
- Pharmacists
- Public Health Government Officials



Conference Day One: Thursday, 27th June 2019

08:00-08:40 Registration, Coffee and Networking
08:40-08:50 Welcome from Maarefah Management
08:50-09:00 Chairman's welcome and opening remarks

Gastroenterology and Nutrition

09:00-09:30 Challenges of infant nutrition & mental development
Khaled Zamel, MD, FACNS
09:30-10:00 Metabolic Screening & Diagnostic Approach to Inborn Errors of Metabolism
Junaid Khan, MD, FRCP, FAAF, FAAP
10:00-10:30 Update on food allergy in children
Mehdi Adeli, MD, FAAAAI, FAAAAI, FAAP, A.B.A.I., ABP
10:30-11:00 Networking Coffee Break
11:00-11:30 Failure to thrive
Yasser Nakhlawi, MD, ABP, MMM, CMQ, EFQM, FAAP
11:30-12:00 Adequate Vitamin D3 Supplementation & it's effect on the Prevalence of Asthma and Food Allergies in children
Alan Lucas, MRC
12:00-12:30 End of session, Q&A and Quiz
12:30-13:30 Networking and Lunch Break

Hot Topics in Paediatrics

13:30-14:00 Medical eponyms: what lessons can we learn from the history of great medical scientists
Ahmed El-Beleidy, MBBCh, MSc (Paed)
14:00-14:30 Published studies that could change the way you practice
Ahmed Al Hammadi, MD, FRCPCH, MBChB
14:30-15:00 Defying cases in Paediatric diagnosis
Yasser Nakhlawi, MD, ABP, MMM, CMQ, EFQM, FAAP
15:00-15:30 Networking Coffee Break
15:30-16:00 Clinical Governance and Paediatricians
Matouk Zbaeda, FRCPCH, FRCPI, MSc
16:00-16:30 End of session, Q&A and Quiz

Allergy & Genetics

16:30-17:00 Managing eczema in children
Mehdi Adeli, MD, FAAAAI, FAAAAI, FAAP, A.B.A.I., ABP
17:00-17:30 Newborn genetic screening for spinal muscular atrophy
Tawfeg Ben Omran
17:30-18:00 New approaches in managing allergic diseases
Nicholas Greene
18:00-18:30 End of session, Q&A and Quiz
18:30 Closing remarks from the chairman and end of Conference Day One

Conference Day Two: Friday, 28th June 2019

08:00-08:40 Registration, Coffee and Networking
08:40-08:50 Welcome from Maarefah Management
08:50-09:00 Chairman's welcome and opening remarks

Mental Health and Neurology

09:00-09:30 Early Childhood Neurodevelopment
Huda Sadek, MBBCh, MRCPCH, CCT
09:30-10:00 Updates in Neonatal Hypoxic Ischemic Encephalopathy
Nicholas Greene
10:00-10:30 The Application of chronic cerebellar stimulation in the treatment of Epilepsy
Khaled Zamel, MD, FACNS
10:30-11:00 End of session, Q&A and Quiz
11:00-11:30 Networking Coffee Break

Respiratory and Pulmonary

11:30-12:00 Influence of upper airway obstruction by enlarged tonsils and adenoids upon recurrent infection of the lower airway in childhood
Erik Thaulaw
12:00-12:30 Global variations in prevalence of Asthma Symptoms
Jos Draaisma
12:30-13:30 Networking and Lunch Break
13:30-14:00 Update on managing pneumonia in children
Mehdi Adeli, MD, FAAAAI, FAAAAI, FAAP, A.B.A.I., ABP
14:00-14:30 End of session, Q&A and Quiz

Infectious Diseases and Vaccination

14:30-15:00 Polio Eradication
Najwa Khuri-Bulos, MD, FIDSA, CIC
15:00-15:30 New updates on vaccination
Khalaf Gargary, MBChB, DCH, CABP
15:30-16:00 Networking Coffee Break
16:00-16:30 Antibiotic stewardship in paediatrics
Eman A. Al Maslamani, MD, CABP
16:30-17:00 Adolescent vaccination
Ghassan Dbaibo, M.D., FAAP
17:00-17:30 Emerging viral infections in children
Eman A. Al Maslamani, MD, CABP
17:30-18:00 End of session, Q&A and Quiz
18:00 Closing remarks from the chairman and end of Conference Day Two

Post Conference Workshops:

Saturday, 29th June 2019

08:00-09:00 Registration, Coffee and Networking

09:00-11:00 | Workshop A: Cow's milk protein allergy: clinical presentations, diagnosis and management

Cow's milk protein allergy (CMPA) is the abnormal response to proteins found in cow's milk or products containing milk proteins and is a common allergic problem for infants and young children. The clinical presentation can be difficult because the typical symptoms are not specific to CMPA alone and instead are common in children; diagnosis and management of complex cases can be challenging and impact quality of life. This workshop is designed to help physicians and other healthcare professionals diagnose and manage cow's milk allergy in their practices.

KEY LEARNING OBJECTIVES

Upon completion of this workshop, participants should be able to:

- Describe the prevalence and natural history of cow's milk allergy
- Identify the symptoms seen with cow's milk allergy
- Review the current and up-to-date management and effective strategies for practical allergy management of cow's milk
- Select appropriate diagnostic testing and tools and interpret test results to make an accurate diagnosis of cow's milk allergy
- Explain the nutritional risks of cow's milk allergy
- Demonstrate how to replace the nutrients lost on the milk elimination diet through appropriate substitution
- Referral to an Allergist

Ahmed El-Beleidy, MBBCh, MSc (Paed), MD, Professor of Paediatrics, Faculty of Medicine, **Cairo University, Egypt**

11:00-11:30 Networking Coffee Break

11:30-13:30 | Workshop B: Antibiotic Stewardship

Antibiotic overuse and misuse is a major public health problem and hampers the ability of antibiotics and other antimicrobials to successfully treat infections. Properly coordinated antibiotic stewardship programs and intervention strategies can work to reverse this alarming trend and help ensure that patients get the right antibiotics at the right time for the right duration.

KEY LEARNING OBJECTIVES

Upon completion of this workshop, participants should be able to:

- Describe the basic mechanisms of antimicrobial resistance
- Evaluate components of effective antimicrobial stewardship programs
- Review and implement antimicrobial stewardship interventions in different paediatric populations including outpatient settings and long-term care facilities
- Understand advances in antimicrobial therapeutics, including such things as new agents to patient care

Eman A. Al Maslamani, MD, CABP, Senior Consultant in Paediatric Infectious Disease, **Sidra Medicine**, Assistant Professor in Clinical Paediatrics, **Weill Cornell Medical College-Qatar** and the Program Director both for the Transitional Year Residency Program and Paediatric Infectious Diseases Fellowship Program, **Hamad Medical Corporation, Qatar**

13:30-14:30 Networking and Lunch Break

14:30-16:30 | Workshop C: Difficult Diagnosis in Paediatrics

Navigating the multitude of possible diagnosis, interventions and treatment can be challenging for physicians. This workshop will cover the redflags and unusual diagnostic challenges in children and will also highlight the updates on new tools for diagnosis, treatments and management of a broad range of diseases involving children.

KEY LEARNING OBJECTIVES

Upon completion of this workshop, participants should be able to:

- Evaluate diagnoses of children presenting some of the more common difficult problems
- Identify spectrum of disease categories affecting children in the Middle East region
- Identify measures for controlling such diseases in children
- Discuss treatment protocol based on evidence

Yasser Nakhlawi, MD, ABP, MMM, CMQ, EFQM, FAAP, Professor of Paediatrics, **Tulane University, USA**, Director of Clinical Affairs and Consultant Paediatrics, **Al Zahra private Hospital, UAE**

16:30 End of Workshop Day

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**Middle East Paediatric
Medical Conference**
27-29 June, 2019
Istanbul, Turkey

4 WAYS TO REGISTER

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☐ **Silver** "Silver package does not include access to workshops"

☐ **Gold** "Gold package includes access to workshops"

☐ **1 Day Workshop**

DELEGATE DETAILS

Please complete in BLOCK CAPITALS as information is used to produce delegate badges. Please photocopy for additional delegates and/or delegate with different addresses.

DELEGATE 1 ☐ Mr ☐ Mrs ☐ Ms ☐ Dr ☐ Other

Name: _____

Organisation: _____

Title: _____

Tel: _____

Fax: _____

Email: _____

Website Address: _____

Nationality: _____

Age Group: ☐ 18-24 ☐ 25-34 ☐ 35-44 ☐ 44-54 ☐ 55-64 ☐ 65+

CONFERENCE PACKAGES

GOLD PACKAGE: (2-day conference +1-day workshops)

Doctors	USD 1,049
Nurses / Residents	USD 699
Students	USD 599
Solution Providers / Pharma Companies	USD 2,399

SILVER PACKAGE: (2-day conference only)

Doctors	USD 849
Nurses / Residents	USD 499
Students	USD 399
Solution Providers / Pharma Companies	USD 2,199

PAYMENT METHOD

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☐ By Credit Card

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TEAM DISCOUNTS

Team discounts available on request.
Check for special group discount- applicable for 3 or more registrations.
For more information send an email to: info@mepmc.com

VENUE AND ACCOMMODATION

Venue: Renaissance Istanbul Polat Bosphorus Hotel,
Istanbul, Turkey
Address: Barbaros Bulvari No: 145, Besiktas, Istanbul 34349
Turkey
Tel: +90 212 340 70 00
Website: www.renaissanceistanbulbosporus.com

Hotel and travel costs are not included in the registration fee

ROOM RESERVATION

Special rate for room accommodation is available at the hotel.
You may contact our representative for more information at
info@mepmc.com



TERMS AND CONDITIONS

Registration and Payment Policy

- All participants must register prior to conference admission.
- Pre-registered participants are advised to present a copy of their registration/payment slip at the onsite registration desk.
- Payment is due at the time of registration and includes lunches, refreshments, conference materials and certificate of attendance.
- Your registration will not be confirmed until payment is received in full.
- EFT / Direct Deposit to be effected as per bank details on the invoice.
- Payment should be made within 7 days of invoice date.
- Payment can also be done through credit card or Paypal.

Discounts

- All early bird discounts require payment at the time of registration and before the early bird deadline in order to receive any discount.
- Discount offers cannot be combined with any other offer.

Cancellation Policy

- Registration cancellations must be notified in writing by Email: info@mepmc.com.
- Cancellations received 30 working days prior the event will receive a refund of the registration fees, less an administration charge of 100 USD of the conference fee.
- Cancellations made after, as well as 'no shows', are not eligible for a refund.
- Refunds will be processed 2 months after the event completion date.

Liability

- It is our right to amend any part of the conference' programme if necessary at any time.
- We will not be held liable for damages of any nature sustained by delegates or accompanying persons, or loss of, or damage to their personal property as a result of attending the conference or its related events.
- While every consideration has been taken when presenting the demographics of the attendees in the programme, the exact demographics of the conference attendees is not guaranteed and can not be held responsible for the same.

All attendees entering Turkey will need to apply for an entry short term visa. It is an easy online 3 step process to purchase an evisa. Please visit this website to obtain your evisa.
<https://www.evisa.gov.tr/en/>

Any questions regarding your evisa should be directed to contacts listed on the government evisa website. <https://www.evisa.gov.tr/en/feedback/>

For more information
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CME Accredited Conferences

2019 Events	Dates	Location
Dubai International Nursing and Midwifery Congress	24-25 Jan 2019	Dubai, UAE
Arab International Paediatric Medical Congress	14-16 Feb 2019	Dubai, UAE
Arab International Neonatal Medical Congress	14-16 Feb 2019	Dubai, UAE
International Cold Chain Management Congress *	26-28 Feb 2019	Riyadh, KSA
Middle East International Adult Vaccination Forum	14-15 Mar 2019	Manama, Bahrain
Middle East Pharma Cold Chain Congress *	19-21 Mar 2019	Dubai, UAE
Dubai International Paediatric Neurology Congress	04-06 Apr 2019	Dubai, UAE
Middle East Laboratory and Diagnostics Congress	18-20 Apr 2019	Dubai, UAE
RAK International Psychiatry Congress	19-20 Apr 2019	RAK, UAE
Dubai International Conference on Infectious Diseases and Vaccination	25-27 Apr 2019	Dubai, UAE
Dubai International Paediatric Dermatology Congress	25-27 Apr 2019	Dubai, UAE
GCC Healthcare Innovation Congress	28-29 Apr 2019	Dubai, UAE
Middle East Healthcare Financing Summit *	18-19 June 2019	Abu Dhabi, UAE
Middle East Healthcare Revolution Summit *	18-19 June 2019	Abu Dhabi, UAE
Middle East International Nursing and Midwifery Congress	21-22 June 2019	Dubai, UAE
Middle East Paediatric Medical Conference	27-29 June 2019	Istanbul, Turkey
Middle East Infectious Diseases Conference	28-29 June 2019	Istanbul, Turkey
Middle East International Pharmacy Conference	09-10 July 2019	Cairo, Egypt
Arab International Pharmacy Congress	16-18 Sept 2019	Riyadh, KSA
MENA International Orthopaedic Congress	19-21 Sept 2019	Dubai, UAE
MENA Women's Health Congress	26-28 Sept 2019	Dubai, UAE
MENA Health Insurance Congress *	01-02 Oct 2019	Dubai, UAE
Dubai International Asthma, Allergy and COPD Forum	04-05 Oct 2019	Dubai, UAE
Oman Paediatric Congress	10-12 Oct 2019	Muscat, Oman
Saudi International Laboratory and Diagnostics Congress	13-15 Oct 2019	Jeddah, KSA
Dubai International ID Week	16-20 Oct 2019	Dubai, UAE
GCC Pharmacy Congress	24-26 Oct 2019	Dubai, UAE
MENA Physical Medicine and Rehabilitation Congress	31 Oct-02 Nov 2019	Dubai, UAE
International Paediatric Medical Congress	14-16 Nov 2019	Dubai, UAE
International Neonatal Medical Congress	14-16 Nov 2019	Dubai, UAE
Middle East Pharma Excellence Congress *	19-20 Nov 2019	Dubai, UAE
MENA Pharma Manufacturing Congress and Exhibition *	03-05 Dec 2019	Riyadh, KSA
Egypt Healthcare Advancement Summit	10-12 Dec 2019	Cairo, Egypt

* Not a CME Accredited Event