



QRC: 3348

Price

One Day : \$462 inc. GST

Two Days: \$590 inc. GST

Date

22 - 23 Nov 2018

Venue

Oaks On Collins

480 Collins St , Melbourne, VI, 3000

CPD Hours

11 Hours | 0 Mins

Enrolled Nurses - Acute Care Conference - Melbourne 2018

2 Day Conference for EN's Seeking Acute Care Clinical Updates

Need for Program

Rapid changes in health care, including technology, have resulted in a steep rise in the acuity of patients across all clinical settings. People who may have once been cared for in a high-dependency setting are now routinely cared for on general wards. As new knowledge emerges at frightening speeds and some previous practices are now seen to be outdated, being well-informed is an imperative for enrolled nurses who care for patients requiring acute care. There is a timely need for formal education that provides enrolled nurses with key clinical updates on a range of acute care topics.

Purpose of Program

The purpose of this program is to provide enrolled nurses with key clinical updates on a range of acute care topics and, thereby, to improve outcomes for patients with increasingly complex conditions.

Learning Outcomes

At the conclusion of this program it is expected that the participants will be able to:

- Implement and evaluate care that reflects best-available nursing evidence, so that safe and quality care is provided
- Apply knowledge of common post-operative complications to identify, prevent, and manage a patient who is deteriorating
- Respond timely to changes in a patient's condition with appropriate assessment within your scope of practice
- Provide preventative action for people with health risks to avoid acute illness

Program Schedule

Day One

8:30AM Registration for Day One

9:00

Welcome & Introduction

9:05

Geoff Ahern

Why Turf Wars Make no Sense - Or do They?

Turf wars are often associated with territory or status and can sabotage positive outcomes for patient care. They can also make the work environment unpleasant. Respecting each other's roles, scope of practice, and responsibilities without drawing lines in the sand is important. This session will illustrate how interprofessional collaboration gets the best results. It will also give you insights into your own capacity for communicating appropriately with others. Topics include:

- Turf wars as a natural part of being human
- Calling it out – identifying causes of tension between ENs and RNs
- The politics of power – causes of turf wars
- Why collaboration gets the best results...

10:00

Geoff Ahern

Mental Status Examination and the Acutely Unwell Adult

It is essential that all enrolled nurses, not just those working in mental health settings, have the knowledge, skills, and confidence to perform an acute mental status examination. This practical session will draw on relevant case studies to demonstrate how to assess an acutely unwell person who is experiencing mental distress. It includes:

- What is distress and what clinical situations can this be seen in?
- What factors can lead someone to become acutely unwell?
- How do we conduct a mental status examination?
- Caring during a crisis – practical tips on what to say and do to support a person...

11:00 Morning Tea

11:30

TBA

Perioperative Emergencies - The Role of the EEN

Endorsed enrolled nurses who work in the perioperative setting as an instrument or circulating nurse play a vital role in the management of surgical patients. If you work in this environment or are thinking about transitioning to this challenging yet rewarding setting, this session will provide insight into the endorsed enrolled nurses' role. It will focus on care specific to emergency situations

and includes:

- What is the scope of practice of an EEN in this area?
- Which skills and abilities are highly sought of EENs working in the perioperative setting?
- What are the most common perioperative emergencies?
- How can EEN's contribute to the multidisciplinary management of these emergencies?

12:15

Associate Professor Louis Roller

Managing Acute Pain - Review of Scheduled Medicines

Enrolled nurses who are authorised to administer medicines will be familiar with scheduled medicines. Often prescribed for the management of acute pain, Schedule 4 and 8 medicines such as codeine, morphine, and oxycodone can be administered via oral and subcutaneous routes. There have been recent changes to the scheduling of some of these medicines. As well, newer medicines such as tapentadol have been introduced. This session enables ENs to gain a comprehensive update on:

- What causes acute pain?
- How effective are non-pharmacological approaches?
- What's happening with the rescheduling of codeine?
- What are the basic pharmacological actions, important interactions, and possible side effects of:
 - Codeine, plus common codeine combinations?
 - Oxycodone?
 - Tapentadol?

1:15PM Lunch and Networking

2:15

Leanne Boase

Anaphylaxis - Time to Act Quickly!

Anaphylactic reactions affect the entire body and have potentially life-threatening consequences. They may be caused by exposure to a food allergy or even a medication. Due to its often unpredictable and rapid onset, a timely approach to responding is vital. Could you confidently and rapidly recognise anaphylaxis? This session will bring you up to speed on:

- What is anaphylaxis?
- How can you recognise its signs and symptoms?
- Why are auto-injectors used?
- Can all ENs administer adrenaline via an auto-injector in an emergency situation?
- What about follow-up care?

3:00 Afternoon Tea

3:30

Leanne Boase

Asthma - Emergency Management in Adults and Children

Could you identify if someone was experiencing a life-threatening asthma event? How confident are

you that you could recognise if a child were deteriorating? Asthma flare-ups, regardless of their severity, can be terrifying. When this occurs, it is vital that all health professionals, including enrolled nurses, are up-to-date and can respond effectively. This session will improve your clinical confidence in recognising and responding to an emergency asthma situation. It includes:

- How does asthma become life-threatening?
- What is a “flare-up”?
- What are the steps required to manage severe asthma?
- How do you manage asthma emergencies in children?

4:30 Close of Day One of Conference

Day Two

9:00AM Commencement of Day Two

9:00

Michelle Robins

Metabolic Meltdown? - Diabetic Ketoacidosis in Adults

Often the focus of diabetes management can centre on preventing long-term complications. However, the prevalence of diabetes means that enrolled nurses who work in acute care settings, such as emergency departments, will also encounter people with acute metabolic complications of diabetes. Diabetic ketoacidosis (DKA) is one such example. This session looks at its clinical management, gives a guide to practice, and explains:

- How does a shortage of insulin cause DKA?
- Why can DKA be linked to stress and acute illness?
- How would a person present?
- What is the enrolled nurses’ role in recognising DKA?

10:00

Melinda Brooks

Refresh Your Aseptic Technique!

In acute care settings, where patients may be immunocompromised, preventing healthcare associated infections is essential. Aseptic technique represents a cornerstone of care and, while it is seen as a mandatory skill, it’s not always practised correctly. This session reviews key aspects of correct aseptic technique. Come away feeling competent and confident in your ability. Topics include:

- What are the principles of aseptic technique?
- What level of precautions are required for basic clinical procedures?
- How does it change for invasive clinical procedures?
- What are the consequences of poor aseptic technique?

11:00 Morning Tea

11:30

Fran Pearce

How to Make Evidence Work in Practice

The Nursing and Midwifery Board of Australia's enrolled nurse standards of practice outlines that ENs must "provide nursing care that is informed by researched evidence" (NMBA, 2016). In unfamiliar situations, you as an EN are expected to source new information and incorporate evidence into your practice. This useful session will demonstrate how high-quality evidence can be realistically applied to your practice. Using practical case examples specific to the EN's scope of practice, it will invite you to consider:

- What is the scope of practice of an EEN in this area?
- Which skills and abilities are highly sought of EENs working in the perioperative setting?
- What are the most common perioperative emergencies?
- How can EEN's contribute to the multidisciplinary management of these emergencies?

12:15

Fran Pearce

Orthopaedic Assessment and Emergencies - An Update

Every year, musculoskeletal disorders represent a huge number of hospitalisations, particularly in acute care settings such as emergency departments or acute surgical units. Orthopaedic assessment is a specialised skill that lays the foundations for the best health outcomes for people with bone, joint, and connective tissue disorders. This session will clarify the golden rules of an orthopaedic assessment. It includes:

- When is an orthopaedic assessment indicated?
- What are the core principles of an orthopaedic assessment?
- How would you recognise an orthopaedic emergency?
- What is the Enrolled Nurses' role during urgent clinical situations including:
 - Acute fractures
 - Compartment syndrome

1:15PM Lunch and Networking

2:15

Renee Di Giuseppe

Postoperative Complications - A Guide for ENs

Modern surgical nursing places a huge emphasis on all nurses' having the ability to assess changes in the whole person, not just the "surgical site". When providing postoperative care, how can we recognise early signs that a person's health may be deteriorating? How can we ensure that we are confident in our knowledge and ability to take the necessary action and prevent complications? This session will identify common cardiac and respiratory complications following surgery and includes:

- What is atelectasis?
- How would you recognise a potential pulmonary embolism?
- What are the most common arrhythmias that can occur postoperatively?
- What changes to a person's vital signs may indicate bleeding?
- What are the appropriate actions following these clinical changes?

3:15 Afternoon Tea

3:45

Claire Diffey

Eating Disorders in Acute Care - Empowering Enrolled Nurses

Enrolled nurses in the inpatient setting may be required to provide the bulk of nursing care to a person with an eating disorder. This is often due to the need for constant observations and meal support. This can be a distressing experience for the person and the enrolled nurse. An in-depth understanding of the causes, consequences, and management of eating disorders in the inpatient setting is likely to empower enrolled nurses to provide holistic care and extend their scope of practice. This session discusses:

- What are the symptoms and possible warning signs of an eating disorder?
- Why do these behaviours result in physical complications?
- What is the role of an enrolled nurse while supervising a person with an eating disorder?
- How should you respond if you suspect challenging behavioural cues?

4:30 Close of Conference and Evaluations

Presenters

Renee Di Giuseppe

Renee Di Giuseppe is a Registered Nurse: critical care. She works in the intensive care unit at a large private hospital in Melbourne and holds a master of health science (critical care). Renee has a great passion for nursing, with experience as a clinical teacher for undergraduate nursing students. She is heavily involved in clinical teaching in the intensive care unit.

Michelle Robins

Michelle is a credentialled diabetes educator with 23 years experience in many aspects of diabetes care and education. She is currently employed as a nurse practitioner by Northern Health. Her past employment, as a diabetes educator, has included major tertiary hospital settings - including St Vincent's Hospital Melbourne, Melbourne Division of General Practice, Melbourne Extended Care and Rehabilitation Service, and, in Queensland, Logan/Beaudesert Health Service. Michelle has served on more than 40 diabetes-related committees, written book chapters and is consistently highly evaluated in her teaching role.

Melinda Brooks

Melinda Brooks has worked in wound management for more than 20 years in a variety of settings from the Victorian Adult Burns Unit, to community nursing, to research and lecturing in wound care at both Monash and Latrobe Universities. Melinda works in private practice as a Nurse Practitioner in wound management, following her endorsement in 2013. Her work is mainly in aged care and the community, providing consultancy and education. In 2016, Melinda and two colleagues began *Wounds R Us* - a collaboration which provides wound management education to clinicians around Melbourne. Melinda has presented at many state and national conferences and thrives on teaching others about the importance of holistic wound management. Melinda is currently a member of the Wounds Australia Education Pillar and committee member of the Wounds Australia national conference 2018.

Louis Roller

Associate Professor Louis Roller has been an academic at the Faculty of Pharmacy and Pharmaceutical Sciences Monash University for over 50 years. He was on the Pharmacy Board of Victoria for 22 years and has significantly contributed to many editions of various pharmaceutical compendia, including the Therapeutic Guidelines, particularly the Antibiotic Guidelines. He is the author of hundreds of scientific and professional articles and has a passion for evidence-based knowledge. He lectures to pharmacists, medical practitioners, nurses, podiatrists, and optometrists on a variety of therapeutic topics, particularly antibiotics, as well as giving many talks to the University of the Third Age on various medication-related issues. As at the end of April, he had delivered 42 talks to U3A Stonnington and an equivalent number to other U3A groups. With Dr Jenny Gowan, over the last 20 years, he has written articles on disease state management in the Australian Journal of Pharmacy. In 2012, he was made a life member of the Australasian Pharmaceutical Sciences Association and, in 2014, he was awarded the life-long achievement award of the Pharmaceutical Society of Australia.

Leanne Boase

Leanne Boase is a Nurse Practitioner with a background in critical care and paediatrics. She currently practices across four GP clinics in Melbourne. She has also built, owned, and operated her own GP practice and is now a director of the Prime Medical Property Group, developing and building properties in the health sector. Leanne also does business planning and is the author of "Medical Business Management", aimed at assisting Health Professionals to start their own businesses. Leanne is a fellow of the Australian College of Nurse Practitioners. She works as a casual academic. Her qualifications include a Master of Nursing (Nurse Practitioner) and a Master of Health Science (Education).

Geoffrey Ahern

Geoffrey Ahern is a senior mental health clinician who works with the Victorian Police on a specialised mental health emergency response team called PACER (Police And Clinician Emergency Response). PACER clinicians are on the road with the police responding immediately to triple zero emergency calls that involve mental health. Geoff trained initially as a Registered Nurse in the early 90s. Over the years, he has gained extensive experience in emergency and trauma, rural nursing, alcohol and other drug counselling, and psychiatric nursing across both the public and private sectors. He also holds a Masters of Health Science (Mental Health and AOD) and is a PhD candidate with Deakin University. When Geoff isn't working with the police you can find him conducting freelance education for various public and private organisations, raising community awareness and recognition of people developing mental health problems, and averting crisis situations similar to those he sees on the road with police. As an educator, he has been involved in one-on-one mentoring and staff in-services, right through to full-time lecturing at a tertiary level. Geoff is a passionate and creative teacher, bringing to his audience stories and experiences that give life and meaning to the subject areas that he teaches.

Fran Pearce

Fran Pearce is an education coordinator at a large metropolitan teaching hospital. She has extensive experience in orthopaedic nursing, including orthopaedic case management and nurse unit management, in both Australia and Northern Ireland. Fran regularly lectures on the topic of orthopaedics and is consistently highly evaluated by those who attend her sessions.

Claire Diffey

Claire Diffey is the Manager of the Victorian Centre of Excellence in Eating Disorders (CEED), the state-wide program within the Victorian health department with the role and commitment to the provision of quality services to those with eating disorders and their families. CEED provides leadership and support to a range of services and clinicians through clinical case consultation services, professional development & training, service development and resource development. Claire is a credentialed Mental Health Nurse, member of the Australian College of Mental Health Nurses (ACMHN), a trained family and couples therapist with Clinical Member of the Australian Association of Family Therapy (AAFT), and executive member of the Australian and New Zealand Academy for Eating Disorders (ANZAED) 2012-2016. Claire also operates a private practice as an individual, couples, and family therapist and has over 35 years' experience in the mental health sector. She has extensive experience and skills in consultation, education, training and service development in a broad range of service and educational systems. Family empowerment and recovery focused approaches are a central aspect of her and CEED's work in supporting and collaborating with and welfare and health services across Victoria in their delivery of eating disorders treatments.

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