

Celebrating the 20th Annual International Congress

Frontiers in Colorectal and Intestinal Disease

Spotlight on Inflammatory Bowel Disease

9–11 November 2022



ST MARK'S
THE NATIONAL
BOWEL HOSPITAL

Please join us in person at this live event, or as part of our large international audience online!
This year we will be at the magnificent Glazier Hall, 9 Montague Close, London Bridge, London SE1 9DD



Sir Alan Parks
Visiting Professor

Amy Lightner
Cleveland Clinic
USA

Sir Francis Avery Jones
Visiting Professor

Iris Dotan
Rabin Medical
Centre, Israel

John Lennard Jones
State of the Art Lecture

Charlie Lees
University of
Edinburgh, UK



www.stmarksacademicinstitute.org.uk





Dean's Welcome

Welcome to our 20th Annual International Congress

It is my pleasure and privilege as Dean of St Mark's Academic Institute to welcome you to London and to this our **20th Annual Frontiers** in Colorectal and Intestinal Disease. This year the spotlight is on **inflammatory bowel disease**. We look forward to welcoming a face-to-face audience to the magnificent Glazier Hall, 9 Montague Place, London Bridge, London, SE1 9DD. In addition, we are delighted to welcome our on-line audience from around the world. We will be making full use of high-quality audio-visual facilities to give our audience an excellent experience, whether you are with us in person, or joining us from elsewhere in the world.

The Congress will cover a broad range of topics, all of which are multi-disciplinary, and encompass real issues that we deal with day-to-day in our clinics, presented by leading experts. We will also present cutting edge research, and are honoured to have **Iris Dotan** (Israel) as our Sir Francis Avery Jones Visiting Professor, **Amy Lightner** (USA) as our Sir Alan Parks Visiting Professor, and **Charlie Lees** (UK), delivering the Professor John Lennard Jones lecture. We will combine medical, endoscopic, surgical, nursing and nutritional expertise throughout the programme, and also ensure that our patients' voice is heard.

The Congress is organised into a number of plenary sessions. On Wednesday, we have sessions focussing on ulcerative colitis and the pouch. On Thursday, we will start with the endoscopy team talking all things IBD, followed by sessions on stricturing and perianal Crohn's disease. On Friday, we will look at the role of nutrition in IBD, ways of improving the quality of life of IBD patients, and the difficult issue of cancer and IBD.

We conclude our symposium with an interactive informal session with all the leading lights coming together for what should be an enlightening and entertaining discussion in "Have I got views for you".

We would like to take this opportunity to express our gratitude to all sponsors for their support and contribution to this Congress.

We hope that you will find the next few days interesting, stimulating, educational and, at times, controversial.

We wish you an enjoyable time in London for the 20th Anniversary of the Frontiers Congress.

Professor Ailsa Hart, Dean



*From the top: Naila Arebi, Ravi Misra,
Calum Moulton, Nikolaos Kamperidis,
Warren Hyer, Zarah Perry-Woodford, Sue Clark*



09:15 Welcome from the Dean Ailsa Hart

09:30 Emergency management of inflammatory bowel disease

In this session, we will look at medical and surgical management of acute severe colitis and acute presentations of Crohn's disease

Chairs: Phil Tozer, Ailsa Hart

09:30 Acute severe colitis: looking at the problem through a new lens Tim Raine

09:50 Acute presentations of Crohn's disease Janindra Warusavitarne

10:10 Emergency management of IBD needs an MDT – cases with MDT input

Presenters: Phil Tozer, Ailsa Hart

Panel: Patient, Tim Raine, Lisa Younge, Gabriela Poufou, Calum Moulton, Phil Lung

11:00 Break

11:30 Ulcerative colitis: addressing the tricky aspects of management

In this session, we will discuss other causes masquerading as ulcerative colitis, optimal choice of medical therapy for ulcerative colitis and surgical decision-making in ulcerative colitis

Chairs: Naila Arebi, Akash Mehta

11:30 The inflamed rectum – is it really UC that you see? Ravi Misra

11:50 The ever-increasing menu of medical options for ulcerative colitis – how to choose?

Nick Powell

12:10 Surgical options for ulcerative colitis – when and how to choose? Phil Tozer

12:30 Case discussions with the MDT

Presenters: Naila Arebi, Akash Mehta

Panel: Phil Tozer, Iris Dotan, Nick Powell, Lisa Younge, Adriana Martinez

13:00 Lunch

13:00 Lunch time symposium **Galápagos**
Pioneering for patients



14:00 The Pouch in 2022 and beyond

In this session, we will discuss how to counsel patients for pouch surgery, how to develop and deliver a pouch service, and practical aspects of how to manage a pouch behaving badly

Chairs: Sue Clark, Nik Kamperidis

14:00 What should a national pouch service look like? Peter Sagar

14:15 Counselling patients for pouch surgery and achieving the best outcomes Richard Brady

14:30 Role of pouch specialist nurse Zarah Perry-Woodford

14:40 Sir Frances Avery Jones Lecture

Pouch insights: a man-made model of IBD and how to manage the pouch behaving badly – Iris Dotan



15:10 Panel discussion Phil Tozer, Iris Dotan, Peter Sagar, Richard Brady, Zarah Perry-Woodford

15:30 Break

16:00 IBD as a lifelong disease

In this session, we will discuss how to transition IBD patients for optimal outcomes and how to counsel IBD patients who are considering starting a family

Chairs: Ayesha Akbar, Kay Crook

16:00 Transitioning IBD patients: doing it right Warren Hyer

16:20 Pregnancy and IBD: answering patients' questions Ailsa Hart

16:40 Break

16:50 John Nicholls Prize

Chair: Danilo Miskovic

Panel: John Nicholls, Iris Dotan



16:50 John Nicholls Prize Lecture

17:10 Close



Consultant Nurse Pouch & Stoma Care Zarah Perry-Woodford and Stoma Nurse Azam Shamsi; Dr Ravi Misra with Dr Niyomi Anantharajah (FY1); Dr Nik Kamperidis in clinic





*From the top: Misha Kabir, Lisa Younge,
Arun Gupta, Akash Mehta, Phil Tozer,
Brian Saunders, Adam Humphries, Ana Wilson*



09:00 Welcome from the Dean Ailsa Hart

09:05 Shining the endoscopic light on IBD

In this session, we will discuss doing the basics right in endoscopy, using scoring systems, recognising lesions, and we will look at the future of artificial intelligence in endoscopy

Chairs: Brian Saunders, Ana Wilson

09:05 Interactive endoscopy – to include diagnostic colonoscopy and scoring systems for IBD, how to perform and report pouchoscopy, endoscopic dilatation and capsule endoscopy
Brian Saunders, Ana Wilson, Adam Humphries, Maggie Vance

10:40 At the frontiers: artificial intelligence in IBD endoscopy Ahmir Ahmad

11:00 Break

11:30 Surveillance in IBD

In this session, we will discuss how to optimise endoscopic surveillance in IBD, what to do when you find dysplasia, how to communicate risk with patients, and endoscopic and surgical options for managing dysplasia

Chairs: Ana Wilson, Brian Saunders

11:30 Practical masterclass: performing the best surveillance colonoscopy Ana Wilson

11:40 Help, I've found dysplasia – what next? James East

11:50 Colectomy is suggested, but the patient doesn't want it – what next? Misha Kabir

12:00 Can we do better – is genomics getting closer? Ibrahim Al-Bakir

12:10 Practical masterclass: ESD in IBD Noriko Suzuki

12:20 The surgical debate in dysplasia management: total or segmental resection Amy Lightner

12:30 Insight into the dysplasia MDT

Presenters: Ana Wilson, Misha Kabir

Panel: Brian Saunders, Amy Lightner, Omar Faiz, Morgan Moorghen, Adam Humphries

13:00 Lunch

13:00 Lunch time symposium



14:00 **Strictureing Crohn's disease**

In this session, we will discuss the difficult phenotype of stricturing Crohn's disease with state-of-the-art lectures on pathogenesis, assessment, medical, nutritional and surgical management

Chairs: Akash Mehta, Ailsa Hart

14:00 Frontiers in assessment and management of Crohn's strictures **Florian Rieder**

14:20 Role of dietitian in stricture management **Alison Culkin**

14:30 Endoscopic management of strictures **Adam Humphries**

14:40 **Sir Alan Parks Lecture**

Surgery for Crohn's disease in 2022 and beyond
Amy Lightner



15:10 Panel Discussion **Amy Lightner, Alison Culkin, Arun Gupta, Florian Rieder, Adam Humphries**

15:35 **Break**

16:00 **Perianal Crohn's disease: getting to the bottom of it**

In this session, we will look at multi-disciplinary management of perianal Crohn's disease and management at the frontiers

Chairs: Phil Tozer, Naila Arebi

16:00 The future of successful perianal Crohn's management **Nick Powell**

16:10 Surgical repair to close perianal fistulas **Phil Tozer**

16:25 Everything we need to know about stem cells for perianal CD **Amy Lightner**

16:40 Insight into the perianal fistula MDT

Presenters: **Phil Tozer, Naila Arebi**

Panel: **Nick Powell, Amy Lightner, Phil Lung, Madhoor Ramdeen**

17:00 **Close**



*Professor Brian Saunders and Dr Adam Humphries, The Wolfson Unit for Endoscopy;
the St Mark's Dietitians Team; Mr Phil Tozer; Mr Akash Mehta*





*From the top: Danilo Miskovic, Rona Moss-Morris,
Omar Faiz, Suzanne Donnelly, Janindra
Warusavitarne, Simon Gabe, Gabriela Poufou*



09:00 Welcome from the Dean Ailsa Hart

09:05 Nutrition and IBD

In this session, we will look at the role of diet in the cause of IBD and how diet can be modified in disease management. We will also cover optimising nutrition to achieve optimal surgical outcomes and how to recognise the problem of intestinal failure, when to refer for specialist support and how to manage medically and surgically

Chairs: Simon Gabe, Carolynne Vaizey

09:05 John Lennard Jones State of the Art Lecture

Is diet the cause of IBD and how close are we to dietary therapy for managing IBD?
Professor Charlie Lees



09:30 Peri-operative optimisation in IBD: the role of diet Gabriela Poufou

09:50 When the going gets short... when inflammatory bowel disease turns to intestinal failure
Suzanne Donnelly

10:10 What to do with medications in intestinal failure Uchu Meade

10:30 Enterocutaneous fistula management: optimising a patient's needs – surgical principles, medical and dietary management and wound care

Presenters: Simon Gabe, Akash Mehta

Panel: Suzanne Donnelly, Richard Holman, Carolynne Vaizey, Uchu Meade, Mia Small

11:15 Break

11:45 Hitting the goal of improving quality of life in IBD

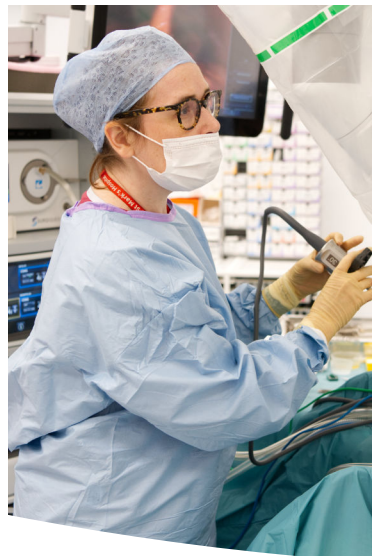
In this session, we will discuss the impact of difficult symptoms such as pain and fatigue on quality of life in IBD and consider best approaches to manage them

Chairs: Lisa Younge, Ana Wilson

11:45 Boosting quality of life – managing distress in IBD Rona Moss-Morris

12:00 Measuring success & getting the best patient reported outcomes for IBD
Laith Al-Rubaiy

12:10 Management of psychological issues in IBD patients Calum Moulton



12:30 Lunch

13:30 Cancer and IBD

In this session, we will look at the management and outcomes of IBD patients who develop cancer, including surgical decision-making and robotic surgery. We will also look at medical therapies for treating IBD in patients with previous cancers. Finally, we will look at state-of-the-art management of checkpoint inhibitor colitis

Chairs: Danilo Miskovic, Elaine Burns

13:30 Surgical Decision Making - segmental versus total (case based discussion)
Sue Clark in conversation with Amy Lightner and Ian Jenkins

13:55 Neoadjuvant and adjuvant cancer treatment in IBD Kai-Keen Shiu

14:10 How we do it: robotic restorative proctocolectomy – surgical adaptations for the IBD patient Danilo Miskovic, Omar Faiz

14:55 How to manage IBD in a patient who has had a previous cancer Iris Dotan

15:10 State of the art: management of checkpoint inhibitor colitis Ollie Brain

15:30 Break

16:00 “Have I got views for you” in IBD

An interactive informal session by leading experts in the field of inflammatory bowel disease in which 2 teams will share their own views and perspectives in IBD management, challenges in service delivery and pushing the boundaries in inflammatory bowel disease care

Chairs: Ailsa Hart, Phil Tozer

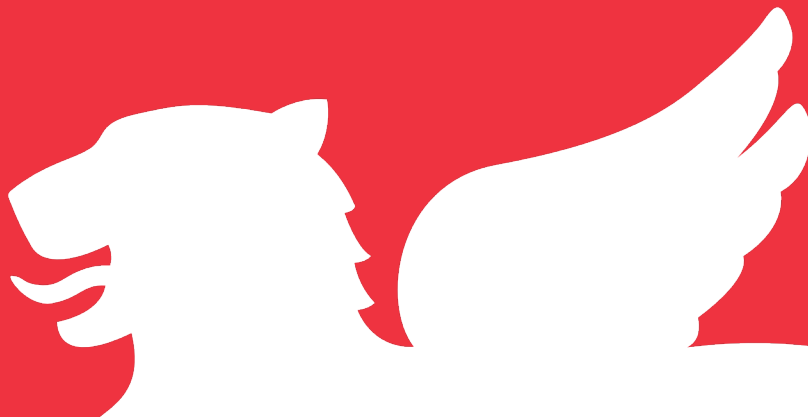
Panel: Amy Lightner, Iris Dotan, Charlie Lees, Omar Faiz, Danilo Miskovic, Lisa Younge

16:30 Close



Dr Suzanne Donnelly with Dr Richard Holman; Prof. Omar Faiz; Mr Ian Jenkins; Mr Danilo Miskovic





We would like to thank our sponsors



Galápagos
Pioneering for patients

Frontiers 2022 is endorsed by



European
Crohn's and Colitis
Organisation



PLEASE HELP US TO SUPPORT THE ST MARK'S ACADEMIC INSTITUTE

The St Mark's Academic Institute is part funded by the St Mark's Hospital Foundation. We rely on charitable donations to support education and research at St Mark's Hospital, which includes our educational output. If you would like to support us we would appreciate it.

www.stmarkshospitalfoundation.org.uk/donate

email: info@stmarksacademicinstitute.org.uk

Frontiers 2022 Programme v2.4, 10 August 2022



www.stmarksacademicinstitute.org.uk