

Reducing & Managing Pressure Ulcers at the End of Life

Second National Conference

Monday 21 January 2019 De Vere West One Conference Centre, London

10% card payments discount*
15% group booking discount**



Chair and Speakers Include:

Marie Cooper

Practice Development Lead
Hospice UK

Trudie Young

Director of Education and Training
Welsh Wound Innovation Centre

Supporting Organisations



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'Pressure ulcers at end of life should be classified in the same way as all pressure ulcers, and not be given a separate category.' NHS Improvement June 2018

Wounds are a common occurrence in patients with terminal illnesses, it has been estimated that approximately one third of palliative care patients will experience a pressure ulcer. Pressure wounds are seen most often in elderly and terminally ill patients as a result skin failure — a naturally occurring process commonly associated with terminal illness wherein the skin begins to break down and die. At the end of life multiple risk factors can lead to pressure ulcers. The prevention and management of pressure ulcers at the end of life must also be balanced alongside the patients preferences presenting ethical dilemmas such as when prevention and active management should stop in the last days of life. This national conference focuses on the reduction and management of pressure ulcers at the end of life, from risk assessment to controlling pain and discomfort in the last days of life.

This event will enable you to:

- Network with colleagues who are working to improve pressure ulcer management at the end of life
- Learn from outstanding practice in prevention of pressure ulcers at the end of life
- Reflect on national developments and learning
- Understand the implications of and Implement the June 2018 Revised Recommendations for Pressure Ulcers in End of Life Care
- Develop your skills in the management of pressure ulcers, and reducing pain and discomfort at the end of life for patients with pressure ulcers
- Learn from case studies in managing pressure ulcers at the end of life in hospitals, at home and in hospices
- Understand how to effectively manage oncology pressure ulcers and malignant wounds
- Identify key strategies for managing ethical dilemmas with regard to refusal of treatment and when active treatment and management should stop
- Understand how to optimize nutrition and hydration to reduce the risk of pressure ulcers at the end of life
- Develop your skills in root cause analysis and learning from pressure ulcers
- Self assess and reflect on your own practice
- Gain cpd accreditation points contributing to professional development and revalidation evidence

100% of delegates at our previous conference on this subject would recommend it to a colleague

Follow the conversation on twitter #PUEndofLife

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10.00 Chairman's Introduction

Marie Cooper

Practice Development Lead
Hospice UK

10.15 Pressure Ulcers at the End of Life

Trudie Young

Director of Education and Training
Welsh Wound Innovation Centre

- the scale of the problem
- pressure ulcer risk at the end of life
- implications of the June 2018 NHS Improvement recommendations for Pressure Ulcers in End of Life Care
- ethical dilemmas: patients preferences and when terminally ill patients refuse pressure ulcer prevention and care
- pressure ulcer care in the last day of life: when should we stop prevention measures?

10.45 Pressure Ulcer Prevention at the End of Life

Speaker to be announced

- skin changes at the end of life
- supporting staff to prevent, recognise and manage pressure ulcers towards the end of life
- what works in reducing pressure ulcers at the End of Life
- practical experiences and tips

11.15 Question and answers, followed by tea & coffee at 11.25

11.50 EXTENDED SESSION: Managing pressure ulcers at the End of Life

Tina Chambers

Past Chair Tissue Viability Society,
Tissue Viability Consultant Educator and Advisor

- Definitions and reporting of pressure ulcers - New guidance 2018
- Pressure ulcer classification
- How pressure ulcers develop and the implications for care at the end of life
- Pressure ulcer risk assessment
- Managing patient and carers expectation in prevention and management of pressure ulcers

12.50 Question and answers, followed by lunch at 13.00

Pressure Ulcers at the End of Life: Case Studies in Practice

13.45 Reducing and managing pressure ulcers at home

Prof Jackie Stephen-Haynes

Professor & Consultant Nurse in Tissue Viability
Worcestershire Health and Care NHS Trust
& Chair Wound Care Alliance UK

- improving pressure ulcer prevention for end of life patients at home
- training carers to support the reduction of pressure ulcers
- our experience

14.15 Reducing and managing pressure ulcers in hospices

Anne Nash

Consultant Nurse
St Christopher's Hospice

- working to reduce pressure ulcers in hospices
- issues we see and prevention methods we use
- managing and reducing pain and discomfort associated with pressure ulcers
- comfort v healing
- working with patients to educate and improve practice

14.40 Case Study: Oncology Pressure Ulcers and Malignant Wounds

Teresa Rocha

Clinical Nurse Specialist in Tissue Viability
Royal Marsden NHS Foundation Trust

- reducing pressure ulcers in oncology
- pressure ulcers and malignant wounds
- our experience in the Royal Marsden

15.00 Case Study: Older People in Care Homes Reducing Pressure Ulcers in Care Homes Improvement Programme

Lesley Cruickshank

Quality Innovation Manager
Essex County Council

- why do pressure ulcers happen in care homes?
- how can we reduce pressure ulcers in care homes?
- changing the culture to drive improvement: our experience

15.20 Question and answers, followed by tea & coffee at 15.30

15.45 Nutrition and Hydration and Pressure Ulcers

Alison Smith

Prescribing Support Consultant Dietitian Herts Valley CCG
& Chair of the Older People Specialist Group British Dietetic Association

- nutrition and hydration and pressure ulcers
- issues and challenges at the end of life
- our experience

16.15 Root Cause Analysis and investigation of pressure ulcers at the end of life including the Duty of Candour

Mike O'Connell

Legal Services Practitioner

- a step by step guide to carrying out a root cause analysis of a avoidable Pressure Ulcer
- principles of effective RCA investigation
- learning from investigations and ensuring change occurs
- understanding your requirements under the duty of candour

17.00 Question and answers, followed by close

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Pressure Ulcers at the End of Life

Friday 12th January 2019

De Vere West One Conference Centre, London

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The PDF will be emailed out after the conference, please fill in the 'Your Details' section above, ensuring your email address is clear and the 'Payment' section..

For more information contact Healthcare Conferences UK on **01932 429933** or email **jayne@hc-uk.org.uk**

Venue

De Vere West One Conference Centre, 9-10 Portland Place, London, W1B 1PR. A map of the venue will be sent with confirmation of your booking.

Date Monday 21st October 2018

Conference Fee

- ☐ £365 + VAT (£438.00) for NHS, Social care, private healthcare organisations and universities.
- ☐ £300 + VAT (£360.00) for voluntary sector / charities.
- ☐ £495 + VAT (£594.00) for commercial organisations.

The fee includes lunch, refreshments and a copy of the conference handbook. VAT at 20%.

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